

## **Midday Prayers from Commonprayer.net**

*(Amended, including Psalm, Scripture, and Collect for the Day)*

In the name of God, Creator, Word and Loving Spirit. **Amen.**

God is with you – **and also with you.**

Draw us into your love, Christ Jesus : **and deliver us from fear.**

**Lord, make us instruments of your peace.**

**Where there is hatred, let us sow love;**

**where there is injury, pardon;**

**where there is doubt, faith;**

**where there is despair, hope;**

**where there is darkness, light;**

**where there is sadness, joy.**

**O Divine Master, grant that we may not**

**so much seek to be consoled as to console,**

**to be understood as to understand,**

**to be loved as to love.**

**For it is in giving that we receive,**

**it is in pardoning that we are pardoned,**

**and it is in dying that we are born to eternal life.**

**Glory to God, Creator, Word and Loving Spirit,**

**as it was in the beginning, is now, and will be forever. Amen.**

### **Collect for the Day**

God for whom we watch and wait,

you sent John the Baptist

to prepare the way of your Son:

Give us courage to speak the truth,

to hunger for justice,

and to suffer for the cause of right,

with Jesus Christ our Lord. **Amen.**

### **Readings**

*(from <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/>)*

## **Psalm 80.1-8**

- 1 Hear, O Shepherd of Israel, ♦  
you that led Joseph like a flock;
- 2 Shine forth, you that are enthroned upon the cherubim, ♦  
before Ephraim, Benjamin and Manasseh.
- 3 Stir up your mighty strength ♦  
and come to our salvation.
- 4 Turn us again, O God; ♦  
show the light of your countenance, and we shall be saved.
- 5 O Lord God of hosts, ♦  
how long will you be angry at your people's prayer?
- 6 You feed them with the bread of tears; ♦  
you give them abundance of tears to drink.
- 7 You have made us the derision of our neighbours, ♦  
and our enemies laugh us to scorn.
- 8 Turn us again, O God of hosts; ♦  
show the light of your countenance, and we shall be saved.

**Glory to God, Creator, Word and Loving Spirit,  
as it was in the beginning, is now, and will be forever. Amen.**

## **Short Reading for the Day**

The beginning of the good news of Jesus Christ, the Son of God. As it is written in the prophet Isaiah, 'See, I am sending my messenger ahead of you, who will prepare your way; the voice of one crying out in the wilderness: "Prepare the way of the Lord, make his paths straight." ' John the baptizer appeared in the wilderness, proclaiming a baptism of repentance for the forgiveness of sins. And people from the whole Judean countryside were going out to him, and were baptized by him in the river Jordan, confessing their sins.

Mark 1.1-5

*A Reflection may be added*

In the language and form closest to our heart, we pray as Jesus taught his friends  
***Our Father...***

Make us worthy, Lord, to serve our siblings throughout the world, who live and die in poverty and pain. Give them today, through our hands, their daily bread and through our understanding love, give peace and joy. Amen

Blessed are the poor,  
**for theirs is the Kingdom of God.**

Blessed are the hungry,  
**for they shall be filled.**

Blessed are the meek,  
**for they shall inherit the earth.**

Blessed are the pure in heart,  
**for they shall see God.**

Blessed are those who mourn,  
**for they shall be comforted.**

Blessed are the merciful,  
**for they shall be shown mercy.**

Blessed are the peacemakers,  
**for they are the children of God.**

Blessed are those who are persecuted for righteousness and justice,  
**for great is their reward.**

*A time of open prayer*

Come, Holy Spirit. We pray that your fruit would be in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Dear Jesus, help us to spread your fragrance everywhere we go.

**Soul of Christ, sanctify me;**

**body of Christ, save me;**

**blood of Christ, inebriate me;**

**water from the side of Christ, wash me;**

**passion of Christ, strengthen me.**

**O good Jesus, hear me;**

**within your wounds hide me;**

**suffer me not to be separated from you;**

**from the malicious enemy, defend me;**

**in the hour of my death, call me,**

**and bid me come to you**

**that with your saints I may praise you  
forever and ever. Amen.**

**Through our lives and by our prayers : may your kingdom come!**

**In the name of the Creator, and of the living Word, and of the Holy Spirit. Amen.**