



Jesus

Understands

All this took place to fulfill what the Lord had said through the prophet: “The virgin will conceive and give birth to a son, and they will call him Immanuel” (which means “God with us”). When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. ²⁵ But he did not consummate their marriage until she gave birth to a son. And he gave him the name Jesus. Matthew 1:18-2

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶ Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. Hebrews 4:15-16 NIV

This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. Hebrews 4:15-16 NLT

*We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin. So let's walk right up to him and get what he is so ready to give. Take the mercy, accept the help.
Hebrews 4:15-16 Message*

In all their distress he too was distressed,
and the angel of his presence saved
them. In his love and mercy he
redeemed them; he lifted them up and
carried them all the days of old.

Isaiah 65:9

*When they suffered, he suffered
also. Isaiah 63:9 ICB*

In all their troubles, he was troubled, too. He didn't send someone else to help them. He did it himself, in person. Out of his own love and pity he redeemed them. He rescued them and carried them along... Isaiah 63:9 Message

A MESSAGE FOR CHRISTMAS:

The One sitting on the throne
became a human being and
experienced everything that you
and I would experience, and He
understands.



THREE THINGS THAT JESUS UNDERSTANDS:

1. He understands relationships.

“Isn’t this the carpenter? Isn’t this Mary’s son and the brother of James, Joseph, Judas and Simon? Aren’t his sisters here with us?”

Mark 6:3

When his family heard what was happening, they tried to take him away. “He’s out of his mind,” they said. Mark 3:21 NLT

2. He understands Life.

*For this reason he had to be made like them, fully human in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people.
Hebrews 2:17 NIV*

That's why he had to enter into every detail of human life. Then, when he came before God as high priest to get rid of the people's sins, he would have already experienced it all himself—all the pain, all the testing—and would be able to help where help was needed. Hebrews 2:17 Message

3. He understands Pain.

- He experienced the pain of grief.
- He understands the pain of rejection.

He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem. Isaiah 53:3 NIV

- He understands physical pain.

Surely he took up our pain and bore our suffering. Isaiah 53:3 NIV

Surely he took up our pain and bore our suffering. Isaiah 53:3 NIV