



# St. Paul's News Bulletin

Dec. 14, 2025

**Welcome Everyone! Please join us after the service for coffee & goodies.** If you are new to St. Paul's, please ask for a welcome package.



**Church calendars:** The 2026 Canadian Church Calendars are available for \$7 each. There is a table in the Parish Hall near the nametags.



**Candy Cane Soap Fundraiser:** You can pick up your soap **today**. There are a few boxes left over. If you are interested, please see Ingrid

**Coffee House:** The next St. Paul's Stringers Coffee House will be **Jan. 9** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!

**Annual Meeting of Parishioners Reports:** If you are in charge of any St. Paul's ministry or group, please submit your AMP report to the church office by email. The deadline is Wednesday, **Jan. 7, 2026**, but early submission is strongly encouraged.



## CHRISTMAS SERVICES

**Dec. 21 - Nine Lessons & Carols & Children's Pageant: 10 a.m. at St. Paul's**

**Dec. 21 - King's College Lessons & Carols: 4 p.m. at Historical Chapel in Midnapore**

**Dec. 24 – Christmas Eve service 6 p.m.**  
Hand chimes and then 15 minutes of carolling prior to service

**Dec. 24 – Christmas Eve service 10 p.m.**  
Carolling 15 minutes prior to service

**Dec. 25 – Nativity of the Lord - 10 a.m.**

**Dec. 28 – Sunday service with 12 Days of Christmas song.**

**Holiday office hours:** The St. Paul's administration office will close at **3 p.m. Dec. 24** and reopen on Wednesday, **Jan. 7**. Emails and messages will be checked periodically.

**Bulletin:** Deadline for announcements or bulletin items is Tuesday of each week. **Please note, there will one bulletin that covers services Dec. 24 to Jan. 4 inclusive, with a deadline of 9 a.m. on Monday, Dec. 22.** Please submit by email to the parish office.

**Men's Breakfast:** The next date is on Saturday, **Jan. 17** at St. Paul's at 8:30 a.m. All men 13+ are invited to join great food and fellowship!

**Living Waters:** The deadline for the **February/March** issue of *Living Waters* is Wednesday, **Jan. 21**. Please submit materials as early as possible to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Ladies' Luncheon – now 4<sup>th</sup> Saturday:** Ingrid Bolton, our Incumbent's Warden and Treasurer will be sharing God's plan for her life at Ladies' Lunch, on Saturday, **Jan. 24** starting at 11:20 a.m. **Please note the date change to fourth Saturday of the month moving forward.**

### St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

e-mail: [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

website: [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Paul Bourgeois & Ingrid Bolton

**Deputy Warden:** Muyi Ekomwenrenren

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**X:** [@stpaulscalgary](https://twitter.com/stpaulscalgary)

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCIdxfHv5pFYST--j8as1GVg>

# Outreach

**Today the Advent candle is for JOY.**

In joy and struggle, Alongside Hope engages in development work, responds to emergencies, and works to protect refugees. Share some joy this Christmas with a donation to PWRDF, or a gift from the Anglican World of Gifts catalogue, or by buying Fair Trade items. Together we can make a difference.



**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **March 29**.

**Inreach** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

**Chemo Care Bags:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet on the first & third Wednesdays of each month at 1 pm, in person. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office.

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no official leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

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## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**Card Ministry:** If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at [Pauline\\_payne1@yahoo.com](mailto:Pauline_payne1@yahoo.com)

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **help yourself to what is available**. Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

**We are looking for volunteers** to be **Sacramental Assistants**. Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:** Holy Eucharist 10 a.m.  
Handchimes Practice 11:30 –12 p.m.  
Word to World Ministries Canada: 2 - 3 p.m.  
Philippines Independent Church (IFI): 4 p.m.
- Monday:** Walking Group: 1 p.m. (see the St. Paul's website under events for locations)  
St. Paul's Stringers rehearsal: 7:30 p.m.  
Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** Girl Guides: 6:30 – 8 p.m.  
Parish council: 7 p.m. (2<sup>nd</sup> Tuesday of the month)
- Wednesday:** Morning Prayer: 9:30 a.m.  
Bible Study: 10:30 a.m.  
Hunger for Healing: 11:30 a.m. (in the Chapel Room)  
Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** Grief Support Group: 1:00 p.m.  
TOPS (Taking off Pounds Sensibly): 6:00 p.m.  
Choir Practice: 7:30 p.m.  
If you'd like to join the Choir, please contact Paul Bourgeois.
- Friday:** Handchimes Practice 10 - 11 a.m.  
S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)  
Coffee House: 7 p.m. second Friday on alternate months. **Next date is Jan. 9**
- Saturday:** Ladies Luncheon: 11:20 am – Changed from 2<sup>nd</sup> Saturdays to 4th Saturdays.  
**Next date is Jan. 24.**  
Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month  
Check website to confirm location). **Next date is Jan. 17 @ St. Paul's.**



## Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

# Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

# Our Ministries

## ADULT EDUCATION

### ***Wednesday Morning Bible Study***

This facilitated Wednesday morning Bible study group meets at 10:30 a.m., after the 9:30 a.m. service and runs until 11:30 a.m. Some of the group attends the service while others come for the study only. You may bring your own Bible or use one from the church. All are welcome and no previous experience is needed. For more information, contact the church office 403-256-1428.

### ***Wednesday Evening Bible Study***

The Wednesday evening bible study is via Zoom at 7:30 pm. To join this group please contact the Parish Office for the link.

## NURSERY

**Contact:** Parish Office

This ministry is offered to children not yet old enough for Sunday School, including the Sundays in the Summer. You are welcome to join our Nursery Ministry Team. You must have a love of children, be at least 13 years of age, and (if you're not an adult) have a babysitting course.

# Stewardship Reflections:

*"You too must be patient. Make your hearts firm, because the coming of the Lord is at hand."*

JAMES 5:8

Patience is another one of those things many of us struggle with. We want things to go according to our plan and our schedule; we like things to be convenient. Any change brings anxiety and fear. Through daily prayer God reveals to us what He wants us to do with the gifts He has given us. We are able to better align ourselves with God's will and His plan, which is far better than anything we can come up with on our own.

## ***Financial News***

Our deficit at the end of November was \$22,998. Thank you to everyone for helping support our mission financially in these challenging times.



## ***Diocesan News***

### **ACW Book Club by Zoom**

A Zoom Diocesan Anglican Church Women (ACW) Book Club, led by the Rev. Betty Piwowar, will start in January. You may attend on Tuesday afternoons from 1 – 2:30 p.m. beginning Jan. 13, or Wednesday evenings 7-8:30 p.m. beginning Jan. 14. Both continue weekly until the end of February. The book is *Inspired* by Rachel Held Evans. To register, email [dioceseofcalgaryacw@gmail.com](mailto:dioceseofcalgaryacw@gmail.com) or call 403-734-2130

## **Blue Christmas Service**

Anglican Fellowship of Prayer for the Diocese of Calgary will hold a Blue Christmas Service on Saturday, Dec. 20 at 11 a.m. with refreshments and fellowship at 1 p.m. at St. Edmund's House, 8336 34 Ave. N.W. Calgary. For information, email the AFP committee at [afpfellowship@gmail.com](mailto:afpfellowship@gmail.com)