



MISSION CREEK

Alliance Church

Light in the Darkness- Fear

1. The sermon describes fear as both something that can protect us and something that can shrink us. Where do you see healthy fear and unhealthy fear showing up in your own life right now?
2. The women at the tomb were afraid partly because they felt powerless. What situations in your life make you feel most aware of your own weakness or lack of control?
3. The message says, “Without Jesus all our fears will be realized, but with Jesus they won’t have the final word.” What fear in your life needs to be placed more fully in Jesus’ hands?
4. Adam and Eve hid because of shame. Are there parts of your story, struggles, or personality that you tend to hide from God or others? What makes that hard to share?
5. The sermon says the antidote to shame-based fear isn’t courage, but love. What would it look like for you to actually believe that Jesus sees you fully and still loves you?
6. Fear lives in the present, while anxiety lives in the future. What “what if” thoughts tend to dominate your mind, especially during stressful seasons like Christmas?

7. The angel's words to Mary were first, "The Lord is with you." How might your daily life change if you truly lived from the reality that God is near and with you in every fear?