

## Prayer and Fast for Deliverance from Addictions Template

1 John 5:13-15

These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life, and that ye may believe on the name of the Son of God. <sup>14</sup> And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: <sup>15</sup> And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him.

Petition:	To break the strongholds of addiction in the lives of our children and loved ones.
Beginning:	Start Date and Time: December 6, 2026 12:01am
End:	End Date and Time: December 8, 2026 12:01 am
Fast:	<p>Follow the leading of the Holy Spirit based on your medical condition:</p> <ul style="list-style-type: none"> <li>• <b>Day 0 – before the Fast and Intercession</b>, a 60-minute Zoom call.</li> <li>• <b>Day 1</b> – Partial Fast (skip one meal or whatever you have given up for 6 hours), and a 15-minute Zoom call.</li> <li>• <b>Day 2</b> – Sunrise to Sunset Fast (water only, or whatever you have given up for 12 hours), and a 15-minute Zoom call.</li> <li>• <b>Day 3</b> - Full Day Fast (liquids only, or whatever you have given up for 24 hours), and a 15-minute Zoom call.</li> <li>• <b>Follow-up</b> one day per week for three weeks – 15-minute Zoom calls.</li> </ul> <p><i>Note: The stated fast is a recommendation, choose the food medically sound for you and or the items from which you will forgo during the fast e.g. social media, Internet, Face Book, Secular TV... What you will relinquish in this time as a statement of submission to God that He and your loved ones are more treasured than your sacrifice.</i></p>
Faith Statement:	<p>Lord God, I believe and affirm that you are the true and living God. You, who created the world, the sun, the moon and the stars, the creator of all heavens and earth, the giver and sustainer of life. I affirm and believe you are the triune God: Father, Son and Holy Spirit. I believe that you came in the flesh as Jesus Christ, fully God and fully man, who is the Word, the truth and the light, to deliver us from sin and the whiles of the evil one, unto salvation. I believe that all good gifts and all good things come from you, therefore I trust and have faith in you that my children's lives and the lives of my loved ones, shall reflect the promise of Your peace, power, protection and have overcome the stronghold of all addictions through the power of your Word and Holy Spirit.</p> <p>In the name of Jesus, I believe in my heart and profess with the words of my mouth that your Word is true, and you have delivered them from the destruction of addition and all of its influencers. Amen.</p>
Purpose:	<p>List the names of the children, loved ones for whom you are seeking deliverance and from what addictions.</p> <ul style="list-style-type: none"> <li>•</li> <li>•</li> <li>•</li> <li>•</li> </ul> <p style="text-align: right;"><i>Use additional pages if needed</i></p>

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Bible Basis:	<p><b>Why we Fast:</b></p> <ul style="list-style-type: none"> <li>• <b>Psalm 35:13</b> <i>"But as for me, when they were sick, my clothing was sackcloth: I humbled my soul with fasting..."</i></li> <li>• <b>Joel 1:14</b> <i>"Sanctify ye a fast, call a solemn assembly: gather the elders and all the inhabitants of the land into the house of the Lord your God, and cry unto the Lord."</i></li> <li>• <b>James 4:7</b> <i>"Submit yourselves therefore to God. Resist the devil, and he will flee from you."</i></li> <li>• <b>1 Peter 5:7</b> <i>"Casting all your care upon him; for he careth for you."</i></li> </ul> <p><b>Fasting Principles and Insights:</b></p> <ul style="list-style-type: none"> <li>• <b>Isaiah 58:6-7</b> <i>Is not this the fast that I have chosen? to loosen the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh?</i></li> </ul> <p><b>Jesus Christ - Our Foundation for Intercession</b></p> <ul style="list-style-type: none"> <li>• <b>John 1:1-2</b> <i>In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God</i></li> <li>• <b>Hebrews 1:2</b> <i>Hath in these last days spoken unto us by his Son, whom he hath appointed heir of all things, by whom also he made the worlds;</i></li> <li>• <b>Acts 2:36</b> <i>Therefore let all the house of Israel know assuredly, that God hath made that same Jesus, whom ye have crucified, both Lord and Christ.</i></li> </ul> <p><b>Kingdom of Heaven:</b></p> <ul style="list-style-type: none"> <li>• <b>Matthew 3:2</b> <i>And saying, Repent ye: for the kingdom of heaven is at hand.</i></li> </ul> <p><b>Kingdom of Darkness:</b></p> <ul style="list-style-type: none"> <li>• <b>Colossians 1:13</b> <i>Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his dear Son:</i></li> </ul> <p><b>Strongholds</b></p> <ul style="list-style-type: none"> <li>• <b>John 10:10</b> <i>The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.</i></li> </ul> <p><b>Deliverance</b></p> <ul style="list-style-type: none"> <li>• <b>Romans 6:14</b> <i>For sin shall not have dominion over you: for ye are not under the law, but under grace.</i></li> <li>• <b>John 8:36</b> <i>"If the Son therefore shall make you free, ye shall be free indeed."</i></li> <li>• <b>2 Corinthians 10:3-5</b> <i>For though we walk in the flesh, we do not war after the flesh: 4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) 5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;</i></li> <li>• <b>Ephesians 6:10-18</b> <i>10 Finally, my brethren, be strong in the Lord, and in the power of his might. 11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. 13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having your loins girt about with truth, and having on the breastplate of</i></li> </ul>
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	<p>righteousness; 15 And your feet shod with the preparation of the gospel of peace; 16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God: 18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;</p> <p><b>Help:</b></p> <ul style="list-style-type: none"> <li>• <b>Proverbs 27:17</b> <i>Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.</i></li> <li>• <b>Mark 9:24</b> <i>And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.</i></li> </ul> <p><b>Intercession:</b></p> <p><b>Christ:</b></p> <ul style="list-style-type: none"> <li>• <b>Isaiah 59:16</b> <i>And he saw that there was no man, and wondered that there was no intercessor: therefore his arm brought salvation unto him; and his righteousness, it sustained him.</i></li> <li>• <b>Hebrews 7:25</b> <i>Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them.</i></li> </ul> <p><b>Believers:</b></p> <ul style="list-style-type: none"> <li>• <b>1 Timothy 2:1-2</b> <i>I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty.</i></li> </ul> <p><b>Authority:</b></p> <ul style="list-style-type: none"> <li>• <b>Matthew 16:19</b> <i>And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.</i></li> <li>• <b>Mark 11:23</b> <i>For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.</i></li> </ul> <p><b>Faith</b></p> <ul style="list-style-type: none"> <li>• <b>Proverbs 3:5-6</b> <i>Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.</i></li> <li>• <b>Hebrews 11:1</b> <i>Now faith is the substance of things hoped for, the evidence of things not seen.</i></li> <li>• <b>Hebrews 11:6</b> <i>But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.</i></li> </ul> <p><b>Christ is in our midst:</b></p> <ul style="list-style-type: none"> <li>• <b>Matthew 18:20</b> <i>For where two or three are gathered together in my name, there am I in the midst of them.</i></li> <li>• <b>Daniel 10:12</b> <i>Then said he unto me, Fear not, Daniel: for from the first day that thou didst set thine heart to understand, and to chasten thyself before thy God, thy words were heard, and I am come for thy words' sake.</i></li> </ul>
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This is the confidence that we have in Him, that whatsoever we ask in prayer believing, we shall receive (1 John 5:14). This is my fast and prayer in the name of Jesus Christ, Amen