



But anyone who needs wisdom should ask God... Wisdom will certainly be given to those who ask.

- James 1:5 (CEB)

**The Wisdom to know the difference between what is ours to change and what is our to accept begins when**

\_\_\_\_\_.

**We know the difference when** \_\_\_\_\_.

Desire first and foremost God's kingdom...— Matthew 6:33 (CEB)

**We know the difference when** \_\_\_\_\_.

My plans aren't your plans... my ways are higher than your ways...  
— Isaiah 55:8-9 (CEB)

**Other can help us** \_\_\_\_\_.

Without guidance, a people fall, but there is victory in many advisers  
— Proverbs 11:14 (CEB)

### **Reflection Questions:**

- † Where do you most need God's wisdom in your life right now?
- † How might seeking God's kingdom first bring clarity to your decisions?
- † Who helps you discern well and see more clearly ?

### **Challenge**

Choose one decision this week and seek God's wisdom before acting. Pray, listen, and invite someone you trust to help you discern the next right step.

### **Daily Prayer**

God of wisdom, guide my steps and shape my decisions.  
Teach me to seek Your kingdom first, trust Your higher ways,  
and listen for Your voice in prayer and community. Give me  
the wisdom to know what to change and what to place in Your  
hands. In Christ's name, Amen.

## **ReFocus Guide: The Wisdom to Know the Difference**

### **Focus:**

Wisdom is the quiet gift that helps us live with peace. It teaches us when to act, when to wait, and when to release what we cannot carry. While surrender and courage shape the beginning of the Serenity Prayer, wisdom holds it all together. This week, we turn our hearts toward God's guidance with listening, praying, and seeking wisdom through Scripture and community so we can discern the difference between what is ours to change and what is God's to hold.

### **Day 1: Ask God for Wisdom**

**Scripture:** James 1:5 (CEB)

But anyone who needs wisdom should ask God, whose very nature is to give to everyone without a second thought, without keeping score. Wisdom will certainly be given to those who ask.

### **Reflection:**

Wisdom begins not with knowing all the answers, but with asking the right questions. James assures us that God gives wisdom freely, generously, and without judgment. Wisdom grows when we admit we don't have it all figured out and turn to God for understanding. Peace begins when we seek God's guidance instead of relying on our own limited perspective.

### **Questions:**

What decision or situation do you most need God's wisdom for right now? How can you practice asking God for wisdom before acting this week?

### **Prayer:**

God of all wisdom, open my heart to Your guidance. Teach me to ask, to listen, and to trust what You reveal. Amen

### **Day 2: Seeking First God's Kingdom**

**Scripture:** Matthew 6:33—34 (CEB)

Instead, desire first and foremost God's kingdom and God's righteousness... So stop worrying about tomorrow...each day has troubles of its own.

**Reflection:**

Wisdom helps us sort the urgent from the important. Jesus reminds us that worry clouds our vision, but seeking God's kingdom brings clarity. When we put God first, our priorities realign. Wisdom helps us understand what matters today and what is not ours to control in the future. Peace grows when we stop trying to manage tomorrow and focus on following God right now.

**Questions:**

What worries tend to distract you from what truly matters? What would seeking God's kingdom first look like to you? What is hindering you from seeking God's kingdom first?

**Prayer:**

Holy God, help me desire Your kingdom above everything else. Clear away worry so I may follow You with a steady heart. Amen.

**Day 3: God's Ways Are Higher**

**Scripture:** Isaiah 55:8-9 (CEB)

My plans aren't your plans... my ways are higher than your ways...

**Reflection:**

Wisdom begins with humility. God sees what we cannot see and understands what we cannot yet imagine. When we trust God's higher ways, we release the pressure to have every detail figured out. Wisdom teaches us to hold our plans lightly and listen for God's direction. Peace comes when we remember that God's perspective is bigger, kinder, and wiser than our own.

**Questions:**

Where do you need to trust God's higher plan instead of insisting on your own? How does it bring you peace to know that God's understanding is far greater than yours?

**Prayer:**

God, Your ways are higher than mine. Give me the wisdom to trust Your plan and follow where You lead. Amen.

**Day 4: Discernment Through Prayer**

**Scripture:** Proverbs 11:14 (CEB)

Without guidance, a people fall, but there is victory in many advisers.

**Reflection:**

Courageous change begins in the mind when we let God reshape our thinking. The world teaches fear, comparison, and control, but God's Spirit teaches faith, love, and peace. When we open our hearts and minds to God, we begin to see ourselves and the world differently. Transformation always starts with surrender.

**Questions:**

What thoughts or habits might God be calling you to renew? How can you invite the Spirit to reshape your way of thinking this week?

**Prayer:**

God, renew my mind and help me see through Your eyes. Replace fear and doubt with trust and peace. Amen.

**Day 5: Wisdom in Community****Scripture:** Proverbs 11:14 (CEB)

Without guidance, a people fall, but there is victory in many advisers.

**Reflection:**

Wisdom is not meant to be found alone. A community of faith is important so we can listen, learn, and grow together. Sometimes wisdom comes through Scripture, sometimes through prayer, and often through trusted companions who help us see what we've missed. We discern well when we seek God together.

**Questions:**

Who in your life helps you see clearly and discern well? How might you invite someone to pray or think through a decision with you this week?

**Prayer:**

Loving God, thank You for the people who help me walk in wisdom. Guide me through Scripture, prayer, and community. Amen.

**Closing Prayer:**

God of wisdom, thank You for guiding me this week. Teach me to seek Your wisdom each day through Scripture, prayer, and the people who walk beside me. Help me understand what to change, what to accept, and how to walk forward with courage and peace. Let Your wisdom shape my decisions, my relationships, and my