

ST. PAUL THE ANGLICAN CHURCH CONTACT

Connecting with your parish family November 2025

REVLECTION

When I was around 8 years old, my Dad was taking guitar lessons at the University of Pretoria. Often he would take my sister and me along on his Vespa — Dad, his guitar, and the two of us tucked in wherever we could fit. I remember riding on the floorboard in front of him. Before long I was taking piano lessons too. The music rooms were soundproof, so instead of the sounds of instruments, I remember the quiet — the kind of quiet that made you feel something important was happening inside. Music has always been part of my life, even if I've never been particularly proficient.

This winter, I've taken on a new project: learning the alto saxophone. I found a thirty-year-old Selmer Bundy II, a little worn but full of character. What fascinates me most about the sax is twofold. First, its extraordinary engineering — a marvel of precision where each pad, spring, and key works together to create a single, seamless voice. And second, the way sound becomes physical — how I feel it on my lips and in my fingers. It's not just sound you hear, it's sound you "inhabit".

Continued on the next page

REVLECTION	1-2
WARDEN'S CORNER	3
ADVENT STUDY INFO	3
AUTUMN DECORATION	4
DEACON'S CORNER	5
MEET SOLVEIG	5
TREASURER'S REPORT	6
PRAYER SHAWL MINISTRY	6
IN & AROUND THE OFFICE	7
CHRISTMAS MARKET	8
COMPANIONS	8
MOVIES THAT MOVED ME	9
ALONGSIDE HOPE	10
NEW PARKING INFO	10
GARDEN PARTY	11
SUNDAY LUNCH	12
ORDER OF THE DIOCESE	12
NEW ORGAN!	13
LIAM PISTOR RECITAL	14
CHOIR & THRESHOLD	15
THE ORGAN BENCH	16
COMMUNITY EVENTS	16
CHRIST CHURCH CHOIR	17
CHRISTMAS SCHEDULE	18
ONGOING WORSHIP	18

REVLECTION - Cont'd

The more I practice, the more I realise that faith is something like that. The structure of an instrument — its keys and rods and carefully designed curves — reminds me of the structures of our faith: Scripture, liturgy, tradition, and community. They may seem rigid or mechanical at times but they exist to make music possible. Without them, there's no way for the breath — for the Spirit — to take form.

And yet, all that beautiful engineering means nothing until breath moves through it. The player must bring life and soul, must feel the vibration of the reed, must allow the music to become part of their own body. In the same way, our faith becomes alive only when it is breathed into — when prayer, compassion, and love animate the framework that holds us.

I've been thinking about that as life at St. Paul's continues in its full, joyful rhythm. Winter here is anything but quiet — the calendar is full and the pace rarely slows — and yet, even in all that activity, the same truth holds. Beneath every meeting, every service, every note of our shared life together, the Spirit moves — steady as breath, giving shape and soul to all we do. Perhaps that's what it means to live faith in a different key: to let the familiar structures of our life sound with new depth, new colour, and the grace of the Spirit moving through us.

Reverend Vernon Foster



REVEREND VERNON, BRINGING RHYTHM & COLOUR TO ST. PAUL'S





FROM THE CHURCH WARDEN'S CORNER

I thought I would do something a bit different in this column and tell you about my journey of faith. I call myself a "lifelong" or "cradle" Anglican. I was baptized (or "christened" as we termed it back then) at two months old in the Church of the Good Shepherd in Toronto. My mother and father met at this church in the "AYP" (Anglican Young People) whose members had great fun putting on plays for the community and congregation.

Dad was a small town prairie boy and mum was a recent émigré from Scotland. Both had grown up in the church. When they found themselves in the "big city", they obviously gravitated towards the Anglican Church in their neighbourhood. They were married at the Church of the Good Shepherd.

We moved to Brandon Manitoba when I was still a child and worshipped at St. Mary the Virgin where I have fond memories of attending Anglican Church Women strawberry socials and Sunday school picnics. We went back to my mother's home town (Greenock) for four years and joined the congregation of St. John the Evangelist, the church my mother attended as a child and young woman before emigrating to Canada in her twenties. Once back in Brandon we joined St. Matthew's Cathedral where I worshipped until I left home for University in Saskatoon. I spent 30 years in Saskatoon building my career and volunteering in many different organizations. Funnily enough I never got into the habit of attending church although we always enjoyed services at St. John's Cathedral whenever Mother (AKA the Holy Roller) came to visit! However, I tried to be the hands and feet of Jesus in my community and worshipped Him in the beauty of His creation during all those years.

Retirement brought my husband and I to Nanaimo thirteen years ago. I began attending St. Paul's and was grateful for the opportunity to once again worship every Sunday sitting beside my dear Mother. As the years went by I got more and more involved in the life of St. Paul's and have been honoured to serve as your churchwarden for almost five years. Where does the time go? I am the churchwarden with responsibility for human resources and have the privilege of getting to know all of our staff and supporting them in any way I can. As I said in a previous column, being a churchwarden is not for the faint of heart. It is a true calling and I am so happy that Jesus called me to serve my St. Paul's family in this way.

From your Churchwarden Joy Adams Bauer

ADVENT STUDY

ADVENT STUDY will start on November 25/26 and will run for four weeks

Tuesday evenings – 6:00 to 7:00 pm (on-line via Zoom)

Wednesday following morning service – 12:30 pm to 1:30 pm (St. John Room)

After Advent is over, our regular **Faith Conversations** will resume following the Wednesday service at noon in St. John. All are welcome to join. Coffee & tea are provided, please feel free to bring your lunch.

ST. PAUL'S SANCTUARY, BEAUTIFULLY DECORATED FOR AUTUMN







Special thanks to the Altar Guild for their hard work and skill in putting together these beautiful seasonal decorations.

Photos taken by Churchwarden Joy Adams Bauer

DEACON'S CORNER

It has been a busy and interesting fall so far for Deacons on the Island. In early October, we came together in Parksville for a two-day retreat with Bishop Anna and Ansley, Director of Deacons. There are now five of us ordained and serving in Parishes throughout the Island with another five in discernment. There is considerable growth as the Diocese continues in its commitment to establish and expand the Diaconate here. We had the opportunity to spend time with Bishop Anna who spoke with us about Empire and colonization, a topic she will continue to speak about at the We Together conference coming up soon. Part of our time was spent preparing for the Easter Vigil service — cannot start that too soon it seems!

I am also delighted to be serving on a Discernment committee in Qualicum Beach, where a candidate is aspiring to become a Deacon in that Parish community. We meet every 3 to 4 weeks over a 6-9 month timeframe so it is an opportunity to get to know both the candidate and the folks serving on the committee from St. Mark's.

About a year ago I stepped onto the Board of Directors for Nanaimo Foodshare Society, our partners in the Monday Lunch Program. This month I took on the role of Vice-Chair on the Board and am looking forward to getting more involved with them. I will be speaking at the Nanaimo Rotary Club about Foodshare and it's role in sustainable food supply and knowledge in later on this month. Please let me know if you would like to hear more about Foodshare and their programs!

In love and blessings,

Reverend Helen L.

MEET OUR NEW FACILITY & COMMUNICATIONS COORDINATOR

For those that I haven't yet had the pleasure to meet, my name is Sólveig (pronounced SOUL-vey) — it is a Scandinavian name, my family is from Iceland. I grew up in Nanaimo but moved away as a teenager. I did my undergrad in Ontario, and lived in Germany and Québec before moving back to the Island to be closer to family. I'm so glad to be back on the 'Wet' Coast!

When not at St. Paul's, I wear many hats. I am currently working on my Master's degree in history of medicine, specifically the involvement of the Anglican Church in early modern health care. I also run a small business as a knitwear designer.

My partner and I live in a small loft that we completely renovated together. I've learned so much in the process & we're currently working on some oak shelving for our kitchen. In my spare time, I love gardening—my father and I share a large vegetable garden. We are most famous for our garlic, every year we plant over 300! I also enjoy cooking and try to spend as much time as I can outside hiking, kayaking (and fishing from my kayak), and swimming. This past summer, I completed my first kayak camping trip to the Broken Group Islands and saw everything from whales, wolves, and bears, to pigeon guillemots!

Thank you for all of your warm welcomes for my first few months at St. Paul's, meeting all of you has made this transition much easier. I am so happy to be a part of the wonderful team here! And if we haven't yet met I person, please feel free to stop by my office to say hi.

TREASURER'S REPORT

TREASURER'S REPORT for the THIRD QUARTER ending SEPTEMBER 30, 2025

- 1. The operating bank account at Coastal Community Credit Union (CCCU) is in deficit of \$64,448. This is after borrowing \$20,000 from the Aviso Wealth (previously Wood Gundy) investments account. So, the bank account deficit is actually \$84,448. The plan is to be less reliant on our project funds and borrow from our investments to support our bank deficit. The funds borrowed from our investments will be accounted for clearly on our financial statements with the intention to repay the loan when we can.
- 2. We continue to run a very significant operating deficit (our expenses exceed our income). At September 30th, our operating deficit was roughly \$81,000. We had budgeted for a deficit of \$83,000. So short of a miracle, we will end the year with a very large operating deficit.
- 3. Our hope to reducing our on-going operating deficit is by growing our parish. We are seeing increases in the attendance at our services and that is a good thing. As in our personal lives, our costs at the Parish continue to grow faster than our incomes. As good stewards, we are all called to be generous with our time, talents and treasures. The Parish always appreciates your gifts.

Syd

PRAYER SHAWL MINISTRY

"We don't heal in isolation, but in community."

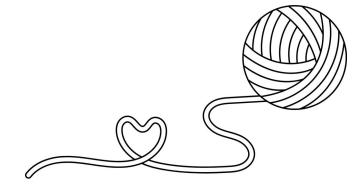
S. Kelley Harrell

We knit or crochet simple patterns to create shawls. When finished, Reverend Vernon blesses the shawls during the 10:30 Sunday worship service. The prayer shawl ministry then distributes the shawls as we learn of needs or requests. Many talented knitters and crocheters in our parish share their gifts. We are grateful to offer a tangible reminder of God's love and comfort, as well as the prayers of our parish, to that in need.

Thank you to the devoted women in our Prayer Shawl Ministry: Patricia, Diane, Catherine, Lynn, Shirley, and Yvonne.

If you have never knitted or crocheted before but want to learn, we invite you to join us! The Prayer Shawl Ministry meets on the first and third Thursday of each month, from one to three o'clock in the St. Mark room. We pray, share, and work on projects together. All are welcome, regardless of experience—come and be part of our welcoming community!

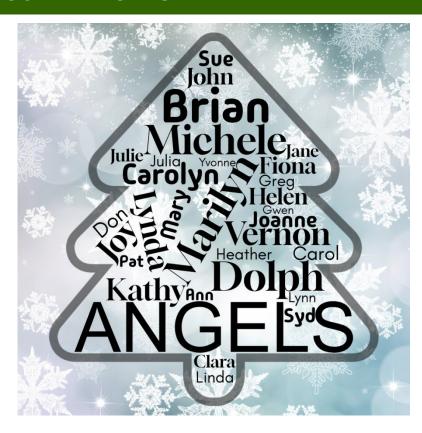
Yvonne



IN AND AROUND THE OFFICE

I can't tell you when it happened...or how... but sometime over the past few months our church office has turned into a hive of hustle and bustle - *all week long*! Now I know this is a good sign and I ask your apology if I've sounded like a broken record, moaning about how busy I am. Especially when so often I am offered help by amazing people who are at the church, giving freely of their time and their talent to make St. Paul's a vibrant community. So the next time I sigh heavily if you ask how I'm doing, just smile — it will remind me there are angels among us.

Gillian, your Parish Administrator



VOLUNTEERS GOING OVER AND ABOVE - OR UP AND OVER!



Where is that paper clip?



Dressed for dinner?



Who's that up on our roof?

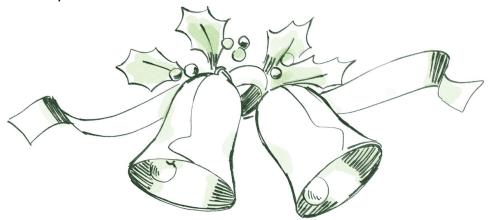
CHRISTMAS MARKETPLACE NOVEMBER 29, 2025 - 11:00 AM - 2:00 PM

St. Paul's annual Christmas Marketplace is coming up fast! We hope to see you there on **November 29th from 11am—2pm.**

Entry to the Christmas Market is free. We will have a multitude of wares to purchase, a silent auction, and a variety of live seasonal music, including an organist, choristers, and Irish music.

A delicious Christmas Tea (with sweet and savoury treats) will be available for \$20, you can purchase tickets at the door. Seatings for the tea are at 11:30am & 12:45pm. You can buy tickets ahead of time by calling the church office at (250) 753-2523 or emailing admin@stpaulsnanaimo.ca.

NEW! This year we will also have a fabulous Children's section of our Christmas Market. Come by to enjoy interactive & lively games (with prizes)! There will also be a beautiful selection of items for all ages to purchase, perfect for gifting this holiday season.



COMPANIONS: DISCOVERING GOD'S RHYTHM

Companions: Discovering God's Rhythm is a ten-month online program for women who are seeking, discerning, and desiring a closer relationship with God and others. I was thankful to be accepted to this program which started this September.

If you are interested in joining the 2026 iteration of this program, applications start January 1—May 1, 2026. There are bursaries available if needed and all books are paid for. Currently the program is on Zoom, but there may be an added residential program as well. This will be decided by December. Accommodation would be free for participants.

For more information

- visit <u>www.ssjd.org</u>
- contact Shannon Epp, Companions Coordinator at <u>companions@ssjd.ca</u>
- or please speak with me

Julie

MOVIES THAT MOVED ME

Each year, as an Oblate of the Sisters of Saint John Divine, I journey to the convent in North York (Toronto) to enter into the life of the Sisters. Oblates discern a vocation to make a self-offering to God alongside and in partnership with the Sisters. This self offering is a life of prayer and service to the Sisterhood, my parish, and community. I was blessed to do my final promises this year.

This year, I attended an 8 day silent retreat. Bishop Helen from Qu'appelle Diocese in Saskatchewan used movies—parables of today's society—to examine belonging, believing, and becoming. Next time you are going to watch a movie, consider watching through spiritual eyes. These are the questions that Bishop Helen gave us to do just that:

When watching a movie through a biblical lens, consider asking the following questions:

- 1. What are the central themes/ Examine how themes like redemption, sacrifice, love, and forgiveness are portrayed. Do they align with biblical teachings?
- 2. Who are the characters and what roles do they play? Analyze their journeys and transformations. Are there parallels to biblical figures or stories?
- 3. What moral dilemmas are presented? Reflect on the ethical choices characters make. How do these choices resonate with biblical principles of right and wrong?
- 4. How does the story reflect God/s nature? Consider whether the movie portrays attributes of God, such as justice, grace, mercy, and truth.
- 5. What is the ultimate message or takeaway? Think about what the filmmakers are communicating. Does it encourage faith, hope, and love, or does it challenge those beliefs?
- 6. Analyze how the setting influences the story, considering its cultural and historical context. Are there biblical parallels in the setting that enhance the narrative?
- 7. Identify symbols and metaphors in the film and explore their deeper spiritual meanings. How do these symbols connect to biblical concepts?
- 8. Examine the significance of suffering and redemption in the film. Explore how these elements are portrayed and how they reflect biblical narratives about suffering and salvation.
- 9. Consider how the relationships in the film mirror biblical teachings. Analyze the dynamics between characters and identify examples of agape love, community, and fellowship.
- 10. Reflect on the questions the film raises about faith and belief. Consider how the movie challenges or supports your understanding of faith and how it relates to your personal beliefs.

Julie

ALONGSIDE HOPE (PWRDF)

This year, due to global emergencies, Alongside Hope has focused on world relief. The Resilience Fund responded to the programs impacted by the cancellation of U.S. funds; thank you to those who donated to the urgent response.

For current news on Alongside Hope, please take a look at our bulletin board in the Narthex which we update each month. There you will also find a copy of the new catalogue including gifts for Christmas and year round. Purchases from the catalogue support Alongside Hope programs.

Wild Ride: This year, we are raising funds for 8 health clinics in Mozambique. Visit AlongsideHope.org to see stories of how people (including Bishop Clara) are raising funds.

Are you interested in learning more about Alongside Hope? I have been the Parish Representative for 4+ years, time for new plans, ideas, and perspectives. Each parish in the Diocese has a representative and there is much support from the Diocese and from the National Office. If you are interested in this, please look at our website, bulletin board, and information on the Narthex table. I also welcome anyone who wishes to speak with me about Alongside Hope.



UPDATED PARKING INFORMATION!

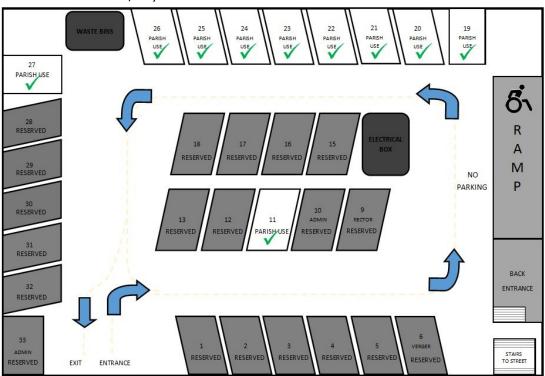
Monday—Friday until 5:30pm

Spaces available along the fence and spots 11 & 27

All other spaces are reserved for fee paying clients.

Saturday—Sunday

All spaces available except for those reserved for Admin, Rector, & Verger (6, 9, 10, 33)



NEWS FROM THE GARDEN PARTY

When you read this the Garden Party will be planting the last few spring bulbs, cutting back and pruning our many shrubs and perennials and raking, raking, and yes more raking. Its always a bit of a challenge in our garden in the fall as we get a LOT of leaves from that big, gorgeous Oak by the parking lot. It also sends all those little acorns that crunch under your feet in the parking lot. We wish we could start harvesting them but in the meantime we are trying to keep people safe by clearing them as much as possible. There must be something religious one can say about the challenge of leaf blowing, raking, sweeping only to find it looking like we haven't done a thing 2 hours later! The Garden Party are indeed 'eternal Christian optimists'!

All those lovely oak leaves have provided a comfy winter blanket for the rockery garden.

More thanks go to Greg Brown for all his 'large pruning' of the big rhododendrons at the front of the church, the holly hedge and the many other trees at the front. Its wonderful to be able to sit and see the view of the harbour. Word has it that it might be trimmed even lower.

During the summer months like everywhere, our little garden suffered due to drought. And we learned from Andrew Mostad, our irrigation specialist, with Petrichor, that our irrigation system at the front is not adequate. We are hoping we can hire him to come and make improvements in the spring so all the rockery and back shrubs get access to irrigation.





Julia Roberts has been the 'constant gardener' and Gwen caught a picture of her during one of our summer days in the garden. I think its a special photo and as we trim the last rose blossom, and do the final prune it is an image to remember, as we watch our little garden go sleep for the winter.

We will of course continue to meet approximately every other Tuesday afternoon 1:30 - 3:30 during the winter to clean and prune here and there. And...would LOVE to have anyone interested, to join us! Please just call the office and they can contact us.

The Garden Party: Julia, Sarah, and Gwen

THANK YOU TO THE SUNDAY LUNCH TEAM!

This year, the approximate count of people who are living unhoused in Nanaimo is 700 and the estimate of those without homes is 1000. Beyond those numbers, there are many more who are vulnerable.

Much needs to change and it is important for us to find ways to provide dignity, food, and support to those struggle with poverty, lack of shelter and safety, and the systemic and cultural roots for the lack of affordable housing. Much is already being done in Nanaimo, but not everyone has three meals a day, and often no meal. We give thanks to Dolph and the rest of the Sunday Lunch volunteers for opening our hearts and doors to welcome all our neighbours who come for Sunday Lunch.

Julie

Order of the Diocese of BC Investiture

On Saturday October 25, the Anglican Diocese of British Columbia Award of Merit was presented at Christ Church Cathedral to Joanne Gloria Bevis of St. Paul, Nanaimo. A score of other long-standing lay leaders from other parishes were recognized for their various gifts of leadership as well.

Bishop Anna Greenwood-Lee made the presentations. As Joanne approached Bishop Anna, it was announced that Joanne, at 15 years of age, was an outstanding competitive runner — and was also leading Church of England summer Youth Camps. And more! And at her present 91 years of age, she continues to have the vision and energy to respond to human need well beyond the doors of this parish.





We at St. Paul's know that Joanne continues to galvanize the efforts of Anglicans and others in actions of social justice and mercy, here and now. That God's overflowing love, demonstrated best in Jesus of Nazareth, and alive in Joanne, inspires us: to meet human want both practically and with an eye to cherishing the dignity of every man and woman, boy and girl, whom we meet here and on our streets.

Joanne's motto: Hebrews 12: 1-2

Rev. Pat

WE ARE GETTING A NEW ORGAN!



I am **Clement**, the Church Mouse, and I am here to say,

The new organ campaign is well on its way;
The committee is enthusiastic, focused, and, beyond compare,

And I'll conduct the campaign with pizzazz and with flair;

Drop by the Narthex and say hello, that's **me** on the wall,

I'll be tracking our progress; that is **all** the donations, large or small!

Our Organ Replacement Fundraising Campaign officially begins on Sunday, November 16th. The committee has been meeting since August to make plans for raising funds in a myriad of interesting, and we hope, effective ways.

Firstly, all parishioners, current and past, and the wider community, will receive letters with information about our exciting organ replacement news, and ways to donate to the cause. Please check the mailboxes in the

Narthex for your letter, and please take, and deliver letters to those people who you might know, not able to attend church regularly.

Secondly, a fundraising Bridge Tournament, open to all, will be held on Valentine's Day, February 14th, 2026, at Oliver Woods Community Center, with a light luncheon, and Gift Card prizes. Partners are required. Tickets will be available at a cost of \$25 per person, or \$50 a team. In April, a special Art Auction, with a multicultural theme, also featuring epicurean delights, music and wine, will be held in the church hall.

More details regarding these two fundraising events will follow at a later date.

For further information or any questions regarding the organ replacement fundraising campaign, please do not hesitate to contact Lynda, at 778-269-2089.



Our new organ!

LIAM PISTOR: A PIANO AND ORGAN 'THANK YOU' RECITAL

What happens when an organ is dropped down a mine shaft? A flat miner.

If you read on the St. Paul's website under "events" and scroll back the calendar to June 1 of this year, you will find information on an amazing, accomplished young man - Liam Pistor. He has been using our "Cassie" to hone his keyboard skills on Tuesday mornings to the delight of all who happened to be at the church that day. So, as a thank you, it was his pleasure to put together a recital as a fund-raiser for the music ministry.

8 pieces were presented, 2 organ and one 6 piano (amazingly, 5 of the 6 piano pieces were played from memory) appropriately introduced and infused with humor at times. Liam played with artistic and technical skill that thrilled the house of about 75 that, at the end of the recital, evoked prolonged applause.

His encore, a composition (prepared for his UBC Diploma) entitled "Rhapsody for Two by One" was a jaw dropping technical, versatile, and exciting performance for both piano and clarinet, moving dextrously and smoothly between instruments and even playing both piano and clarinet simultaneously!

So, in the end, the audience left enriched (and awestruck) by the talent of this young man and our music ministry benefited to the "tune" of \$1400.00!

What happens when a piano is dropped on a military base? A flat major.

Brian



Congratulations to Liam for becoming the director of music at St Andrew's United Church! We hope he will continue to drop by at St Paul to exercise his talent here.

DO YOU LIKE TO SING?

ALL GOD'S CREATURES GOT A PLACE IN THE CHOIR

Remember when we sang that in church several weeks ago? Well, St. Paul's Choir has a few places that need filling. Whether you belong to the "Some sing low" group, or the "Some sing higher" one, if you like to sing, we need you!

The Choir gathers at 6:30 pm on Thursdays in the chancel to practice the service music for the following Sunday, and learn new anthem music. We are usually off home before 8:00 pm. We gather again at 9:30 am on Sunday morning, mainly to practice the anthem and the psalm. If you would like more information, please speak to Charles Harman, our Director of Music or give him a call at 250-755-1747. And remember the unsung perk of being in the Choir - if the Bishop comes to visit, or there is a major High Feast and the church is packed, choir members are always guaranteed a good seat!

So do join us to help tell the Gospel story and praise the Lord in music!

Sue G. (From the "Some sing higher" group)

THRESHOLD

If you are under the impression that Threshold is 'just another service' at St. Paul's you would be right in one sense. Yes, another service, but a service of prayer and song, calm and yet motivating. It is a place where a diverse collection of music is sung by everyone, worshipful prayers are offered with a verse of a song between prayers. A short reflection is given, followed by more music to send us on our way. For one hour, it is a time of refreshment from 4-5 p.m. on the second Sunday of each month. It is open to anyone who would like to bring their instrument and join in playing. What began with a couple of musicians, has now grown to be a merry band with a pianist, two violinists, two flautists and two guitars with the occasional djembe drum. The door is open welcoming all. Come, be blessed at the sunset of your day and leave with a song in your heart.



FROM THE ORGAN BENCH

Lost in Wonder, Love, and Praise...

I suppose we can forgive our ECUSA sister church for having usurped that title for one of their Hymn Supplements, which I now choose as an intro to the often fraught question of hymns — where did they come from; why is that hymn in (or not in!) our current hymnbook, Common Praise; why are we singing that hymn (or not)?

The original 'hymn book' was that of our Jewish forbears, The Psalms. Early Christianity simply adopted what was already codified in Scripture, easily available, poetic (at least to ancient ears), and which covered a wide range of topics and emotions. To this day, there are Christians for whom only The Psalms are considered fit for congregational singing.

Enter a burgeoning new Christian liturgy and oh! oh! here comes a whole lot of new ideas about what is fit as worship of the Almighty. First words borrowed directly from Scripture, then freer and freer translations and paraphrases of those scriptural sources composed by "fallible, unholy, man". In Europe, where Roman Christianity had assumed a dominant role, The Liturgy became so complex and decorated that the bulk of the early Protestant Reformers rejected almost all of it and decreed that only Psalms were fit as songs of worship. Lutherans and other less-severe branches of the Church assumed a much broader stance, preserving the essential parts of the Roman Missal as did the Church of England, where pitched battles between the two camps engendered assassinations, pillaging, and destruction of precious medieval treasures (the glass and statuary of Salisbury, for example) but left us with a vast treasury of choral music and hymnody unmatched in all of Christendom.

As we at St. Paul's anticipate our wonderful new organ, let us remember the upheavals of the past and how, ultimately, they left us with a priceless treasury of liturgical music and a vast body of congregational hymns which are in constant flux — from forgettable dregs to the sublime. May we steer a path through this vast wilderness which can lift every voice [to] sing in joyous songs of wonder, love, and praise!

Please note: we will be trying out a hymn-sing on the first Sunday of the month at 4pm for the first for the first quarter next year (jan/feb/mar 2026). Keep your eyes open for more info to come!

Soli Deo

Freeman

UPCOMING COMMUNITY EVENTS AT ST. PAUL'S

Sunday November 30th, 2—3p: Hospice Gathering to Remember (free event, all are welcome)

Join Nanaimo Community Hospice for an afternoon of candlelight remembrance, soothing music, and uplifting readings. Together, we will honor and remember our loved ones and find comfort in the warmth of community. Reverend Vernon Foster will open the service with a few words. Light refreshments will be provided following the service.

Friday December 12th, 8:30pm: Candlelight Concert Tribute to Queen & the Beatles

Friday December 19th, 8:30pm: Candlelight Concert Tribute to Coldplay

*Please note that these events are not organized by St. Paul's, for tickets & more information please visit the organizer's websites

CHRIST CHURCH CATHEDRAL CHOIR VISITS ST. PAUL'S

During our regular Sunday Service on June 29th, 2025, we welcomed Victoria's Christ Church Cathedral Choir. We were blessed to hear them augment our regular choir and it was quite spectacular! Directly after the service, the choir joined us for Sunday Lunch. This was a joint choir made up of the Cathedral Choir, Youth Choir, and Young Choristers as part of their four-day tour of the Diocese of Islands and Inlets, taking them all the way to Port McNeill with stops in Nanaimo and Courtney -Comox.







2025 ADVENT & CHRISTMAS AT ST. PAUL'S

Tuesdays Nov 25-Dec 16 — 6-7 PM Advent Study (online)

Wednesdays Nov 26-Dec 17— 12:30-1:30 PM Advent Study

Saturday, November 29th— 11 AM-2 PM Christmas Marketplace

Saturday, December 20th — 5:00 PM Advent Lessons & Carols

6:30 PM Pot-Luck Dinner

Sunday, December 21st — 8:00 AM Holy Communion (BCP)

10:30 AM Holy Eucharist (BAS)

Weds, December 24th — 4:00 PM Family Christmas Service

8:00 PM Candlelight Service

Thurs, December 25th —10:00 AM Traditional Christmas Service

CONTACT US

PARISH OFFICE HOURS:

9:30 AM—12:30 PM Monday—Friday

OFFICE PHONE:

250 753 2523

EMAIL:

admin@stpaulsnanaimo.ca OR facilities@stpaulsnanaimo.ca



Visit us on Facebook! FB.com/stpaulsnanaimo



Check out our website! stpaulsnanaimo.ca



Join our email list! Email: admin@stpaulsnanaimo



ONGOING WORSHIP

Morning Prayer:

Monday-Friday 8:30 AM — Zoom *excluding stat holidays

11 AM Mid-Week Service—BCP Wednesday — *in person only*

8 AM Holy Communion—BCP Sundays — *in person only*

10:30 AM Holy Eucharist—BAS

Sundays — Livestream & in person

4 PM Threshold

Second Sunday of each month in person

After-Service Fellowship

Sunday after each service socializing downstairs in the hall