

Sermon Notes

Miracle Cure - Psa 52:8-9

November 23, 2025

I. Introduction

US depression rates are at their highest ever. Over 18% of all adults have been diagnosed with depression. Doubled in adults under 30 from 13% to 27% in the last 8 years. Females at especially high risk. 48-million Americans currently being treated for depression. Gallup Poll - Sept 2025

- a. not a real positive way to start an encouraging sermon, is it... one reason why is because people have forgotten how to be thankful... which leads to hopelessness and depression...
Psa 107:17-22... "fools were afflicted... oh that men would give thanks for His goodness..."
Rom 1:21-22... "wouldn't worship or give thanks... hearts darkened... became utter fools..."
2Tim 3:1-5... "hard times will come... people will be lovers of self... unthankful..."
- b. is there a miracle cure for depression, sickness, loneliness, trauma... pray...
Psa 52:8-9... "I am thriving in the house of God... I trust in God's faithful love... I will give thanks forever... in the presence of Your faithful people... put hope in Your name..."
Psa 107:8... "give thanks to the Lord for His wondrous works..."
Prov 16:20-24... "trust in the Lord and be joyful... pleasant words are health to the body..."
Prov 18:21... "tongue can bring life or death... bear the consequences of your words..."
Dan 2:23... "I offer thanks and praise... for You have given me wisdom and power..."
1Cor 16:57... "but thanks be to God... who gives us victory thru our Lord Jesus..."
Col 2:7... "let your life be built on Him... faith overflows with thankfulness..."
Col 3:12-16... "let the message about Christ fill your lives... sing with thanksgiving..."
3John 2... "I wish above all things... you prosper and be in good health..."

II. Miracle Cure

- a. trauma, sickness, difficulty, trouble, loneliness, depression are all real... not minimizing at all... but the miracle cure doesn't come when we focus on them... doesn't come when we fear God... comes when we tremble with awe because God is so, so good...
Deut 6:13... "fear the Lord your God... serve Him only..."
Psa 2:11... "serve the Lord with reverential awe... rejoice with trembling..."
Matt 4:10 (Deut 6:13)... "worship the Lord your God... serve Him only..."
Phil 2:12... "work out salvation (rescue, deliver, heal, keep safe) with fear and trembling..."
- b. sometimes cure comes immediately (miracle)... most often it takes time (harvest)... key is holding on to God's promises like a bulldog... refuse to be moved by what you see...
Exo 14:14... "the Lord will fight for you... you need only to be still..."
Psa 27:14... "wait for the Lord... be strong... let your heart be courageous... wait..."
Psa 62:5... "my soul waits in silence for God alone... my hope is from Him..."
Isa 40:31... "those who wait on the Lord shall renew their strength..."
Lam 3:25... "the Lord is good to those who wait for Him..."
Mark 4:13-20... "seed on good ground... produce 30, 60, 100 times what was sown..."
Mark 11:23-24... "everything you pray and ask for... believe you have received... will be yours..."
2Cor 1:20... "all God's promises are yes in Christ... that is why we say amen..."
2Cor 4:8-18... "don't look at troubles... fix your gaze on things unseen..."
2Thess 1:4... "we boast about your patience and faith in your troubles and hardships..."
Heb 6:12... "don't be lazy... imitate those who inherit God's promises thru faith and patience..."

- c. lots of parties during holidays... not forced to go... okay to say no... God throws parties every day... never forces us to come... gives invitation... password praise and thanks...
Psa 100... "shout with joy to the Lord... worship the Lord with gladness... come before Him singing with joy... He made us and we are His people... enter His gates with thanksgiving... His courts with praise... give thanks and praise His name... for the Lord is good... His unfailing love lasts forever..."
- d. from the very beginning... Thanksgiving was a holy day... all about giving thanks to God... not about football, turkey, pumpkin pie... it's about acknowledging God's goodness...

It is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly implore His favor. I proclaim that we all unite to render unto Him our sincere and humble thanks for His care and protection. George Washington - 1789

- e. so... we're invited to God's party... but what would be our motivation to go...
Psa 100:4-5... "give thanks and bless His name... because the Lord is good... His unfailing love endures forever... His faithfulness continues to each generation..."
- f. many people are motivated to give thanks only when it looks like there is something to be thankful for... don't let that be you... God's goodness, mercy, love, grace, and faithfulness are more than enough motivation to attend His party...
Gal 6:10... "as we have opportunity... do good to everyone... especially family of faith..."
Eph 4:31-32... "forgive one another... just as God forgave you in Christ..."
1Thess 5:15... "don't repay evil for evil... but always seek to do good..."
- g. you got invited to a party... you are motivated to go... what's gonna happen when you get there... celebration... the holydays should be a time of great celebration to God...
Psa 100:1-3... "shout with joy to the Lord... worship the Lord with gladness... come before Him singing with joy... know that the Lord is God..."
Psa 150... "hallelujah... praise God... praise Him with ram's horn, lyre, harp, tambourine, dancing, strings and flutes, clash of cymbals... let everything that breathes sing praise..."
- h. shout, worship, sing, praise... verbs... action steps... only 4 pilgrim women alive at 1st Thanksgiving... cooked for 140... still celebrated... children served the meal...
Rom 12:1... "because of all God has done... this is the way to worship..."
2Cor 8... "during severe trial... abundant joy and extreme poverty overflowed in a wealth of generosity... begged us for the privilege of sharing... gave first to the Lord... thanks be to God..."
- i. invitation... motivation... celebration... all because God is good... not based on your circumstances... but our confident expectation of good that God has planned for us...
Jer 29:11... "I know the plans I have for you... plans for good... give future and hope..."
2Cor 4:16-18 **MSG**... "not giving up... on the outside it looks like things are falling apart... on the inside, where God is making new life... not a day goes by without His grace... these hard times are small potatoes compared to the coming good times... the lavish celebration He has planned..."
1Thess 5:18... "give thanks in everything... my purpose is to bless you thru Christ..."
- j. the miracle drug and the miracle cure are tied together... the benefits of regular church attendance and being thankful have been proven... scientifically and biblically... but you get to choose... attending God's party is one of the best choices you'll ever make... pray...
Psa 36:8... "filled with abundance of Your house... drink from Your refreshing stream..."
Psa 52:8-9... "I am thriving in the house of God... I trust in God's faithful love forever... I praise You for what You have done... in the presence of Your faithful people... I put hope in Your name..."

One group wrote about things they were thankful for. Another wrote about daily irritations. A third wrote about negative past events. After 10 weeks, the group who wrote about gratitude was healthier and happier than either other group. The impact was greater than any other intervention. Univ of PA