

Day 1: Battles in Every Season

Reading: 2 Samuel 21:15-22

Devotional: David's final battles remind us that every season of life brings challenges. Even our greatest heroes grow weary. Yet notice what happens—others step in, new warriors rise up, and God's purposes continue. Your current battle doesn't mean you've failed or that God has abandoned you. Like David, you may face giants throughout your entire journey. The question isn't whether battles will come, but how you'll respond. Will you allow hardship to define you, or will you let God's faithfulness be your identity? Today, acknowledge one current struggle, but then list three ways God has sustained you through it. Your battles are real, but they don't tell your whole story.

Day 2: More Than Our Troubles

Reading: Psalm 30:1-12

Devotional: David writes, "You turned my wailing into dancing; you removed my sackcloth and clothed me with joy." Notice he doesn't deny the wailing or the sackcloth—the pain was real. But it wasn't permanent, and it wasn't everything. You are more than your cell phone, more than your car, more than your job title, and certainly more than your current problem. Yes, you have troubles, but do they define you? Or does God's redemptive work in your life define you? Grief and joy can coexist. Pain and praise can live in the same heart. Today, practice holding both: acknowledge something difficult in your life, then immediately declare something true about God's character. You contain multitudes, not just misery.

Day 3: Commanded to Celebrate

Reading: Leviticus 23:1-8

Devotional: God didn't suggest festivals—He commanded them. Why? Because He knew His people would forget His goodness and fixate on their problems. Celebration isn't frivolous; it's obedient. It's not denying reality; it's remembering a bigger reality. God structured rhythms of rest and rejoicing into Israel's calendar because He understood human nature. We need regular reminders to stop fixing, stop striving, and simply enjoy what is. When was the last time you intentionally celebrated God's goodness? Not just felt grateful, but actually stopped everything to feast and rejoice? This week, schedule a celebration like an appointment with God. Set aside time to remember specific victories, blessings, and moments of grace. Make it sacred, make it intentional, make it joyful.

Day 4: Think About Such Things

Reading: Philippians 4:4-9

Devotional: Paul writes from prison—let that sink in. Chains on his wrists, uncertain future, physical discomfort, yet he commands: "Rejoice in the Lord always." Then he gives the secret: direct your thoughts intentionally toward what is true, noble, right, pure, lovely, and admirable. This isn't toxic positivity; it's spiritual warfare. Cynicism, bitterness, and complaint are easy—they require no effort. But celebration? That takes intentionality. It means searching for the good when bad surrounds you. It means training your eyes to spot God's fingerprints in ordinary moments. Today, practice this deliberately. In every conversation, in every room you enter, ask: "What is good here?" Then speak it aloud. Thank God for it. Watch how this practice transforms your perspective.

Day 5: A Week of Sacred Celebration

Reading: Psalm 100

Devotional: "Enter his gates with thanksgiving and his courts with praise." Notice the order—thanksgiving opens the gate to God's presence. This week, make Thanksgiving your entrance into every moment. When you wake: thanksgiving. When you eat: thanksgiving. When you see family: thanksgiving. When challenges arise: thanksgiving for God's presence in them. This isn't about pretending problems don't exist; it's about refusing to let problems be all that exists. Put down your sword. Step away from the wall. Let the unfinished project remain unfinished for a moment. Turn off the news. And simply enjoy what is. God has given you this week as a gift—not to fix everything, but to celebrate the One who holds everything. How will you make this week truly sacred? What will you celebrate that you've been too busy to notice?