

Sermon Notes

Miracle Drug - 1Chron 16:29

November 16, 2025

I. Introduction

This miracle drug, if taken weekly, will add 7 years to life expectancy, increase happiness, decrease depression, and make you healthier, happier, and longer-lived than those who don't take it. Harvard

- any guesses as to what is the happiest country in the world... taking into account social support, health care, life expectancy, freedom, generosity, education, culture, etc...
1. Finland (x8) 2. Denmark 3. Iceland 12. New Zealand 24. America 140. Afghanistan
- are you happy and satisfied with your life... Gallup poll indicates only 47% of Americans are... is there any miracle drug that could increase your happiness...
- there is a miracle drug that increases happiness... weekly church attendance... pray...
1Chron 16:29... "give the Lord glory... bring your offering... come before Him... worship Him..."
Psa 95:6... "come, let us worship and bow down..."
Matt 18:12-20... "where two or three are gathered in My name, I am there..."
Acts 2:42-47... "believers devoted themselves to the apostles teaching, fellowship, sharing meals, prayer... met together, gave together, worshipped together... the Lord added to those being saved..."
1Cor 5:4... "there is power when you are assembled in the name of Jesus..."
Col 3:12-16... "let message about Christ fill your lives... teach, counsel, sing with thanks..."
Heb 10:24-25... "don't neglect to gather together... but encourage each other daily..."

II. Miracle Drug

- entering into a time traditionally known as *the Holidays*... Thanksgiving and Christmas... Old English *haligdaeg*... literally holy day... distinctly Christian... holiday is a holy day...
Exo 35:2... "work 6 days... on the 7th... you are to have a holy day... a Sabbath of rest..."
Isa 58:13... "keep Sabbath day holy... speak of it with delight as the Lord's holy day..."
Col 2:16-23... "don't let anyone judge you for what you eat or drink... or not celebrating certain holy days or Sabbaths... these are only shadows of reality to come... Christ himself is that reality..."
- holidays are not always the most wonderful time of year... so what can we do to combat negative feelings... make conscious choice to be thankful for God's goodness...
1Chron 16... "give thanks to the Lord... proclaim His deeds... He is good..."
1Chron 22:30... "every morning and evening... give thanks and praise to God..."
Psa 28:7... "my heart celebrates... I give thanks to the Lord with song..."
Psa 138:4... "all will give You thanks when they hear what You have promised..."
1Cor 15:57... "thanks be to God who gives us the victory thru Jesus Christ..."
Eph 1:16... "I never stop giving thanks for you as I remember you in prayer..."
Col 3:17... "whatever you do... in word or deed... give thanks to God..."
1Thess 5:18... "give thanks in everything... this is God's will for you in Christ..."
- easier to give thanks when you focus on the eternal... not the temporary...
2Cor 4:8-18... "afflicted, perplexed, persecuted, knocked down... everything for your benefit... as grace extends more and more... causes thanksgiving to increase... present troubles small and won't last very long... produce goodness that vastly outweighs them and will last forever... don't look at troubles we see now... fix your gaze on things not seen... the things which will last forever..."
2Cor 5:1-7... "we groan in this tent... always confident... walk by faith, not by sight..."

- often can be very short-term in our thinking... *I want it, and I want it now*... being thankful addresses our long-term needs... cleansing short-term... salvation long-term...
Luke 17:11-14... "ten lepers met Him... *Jesus, have mercy on us... go, show yourselves to the priests*... as they went, they were cleansed..."
katharizo... make clean; a leper, to cleanse by curing; purity in Levitical sense...
Luke 17:15-19... "one saw he was healed, returned, with loud voice gave glory to God, thanking Him... *were not 10 cleansed, where are the others, go your way, faith has made you whole*..."
ioamoi/sozo... to make whole; make well, heal, restore to health; eternal salvation...

- giving thanks in everything is not easy... but is important... look at the progression...
God is Close to the Brokenhearted
Psa 34:18... "God is near to the brokenhearted... saves those crushed in spirit..."
Isa 57:15... "I lived with the oppressed... I revive the spirit of the lowly..."
Matt 11:28-30... "come to Me all who are weary and burdened... I will give you rest..."

Thanks/Praise is Often a Sacrifice

- Psa 116:17... "I will offer you a sacrifice of thanksgiving..."
Acts 16:16-34... "flogged, prison, stocks... sang praises... released... saved..."
Heb 13:15... "offer sacrifice of praise to God... fruit of our lips giving thanks..."
sacrifice... give up something (anger, worry) for something more important (joy, peace)...

A Thankful Heart Prepares the Way

- 2Sam 22... "praised the Lord... saved from my enemies... I will give thanks..."
2Chron 20... "singing... giving thanks to the Lord... rejoiced over enemies..."
Psa 50... "giving thanks is sacrifice that honors Me... I will reveal to you My salvation..."
yesh'a... deliverance, salvation, rescue, safety, welfare, prosperity, victory...

Joy is Coming

- Job 8:21... "He will fill your mouth with laughter... and your lips with joy..."
Psa 30:5... "His favor lasts a lifetime... sorrow during the night... joy comes in the morning..."
Heb 12:2... "for the joy that lay before Him... He endured the cross..."

- God doesn't need thanks and praise... knows power it has and wants you to use it...
Psa 18... "frees me from my enemies... I will give thanks to You... sing Your praises..."
Psa 118:21... "I will give thanks... because You have become my salvation..."
Dan 2:23... "I offer thanks... because You have given wisdom and power..."
John 6:8-23... "after giving thanks... the people had as much as they wanted..."
John 11:38-44... "*Father, I thank You... Lazarus, come out... dead was raised*..."
Rom 7:24-25... "who will rescue me from sin... thanks to God, thru Jesus..."
Phil 4:4-9... "rejoice always... with thanksgiving... peace will be with you..."
1Tim 1:12-17... "give thanks... He has strengthened me... demonstrated His patience..."
- being thankful is not a holiday... it's a habit that will dramatically improve your life...
Exo 14-16... "murmur, complain... rejoice, give thanks... murmur, complain..."
Num 14... "all Israel complained... *corpses will fall in wilderness because you have complained*..."
Job 35:13-14... "God does not listen to empty cries... how much less when you complain..."
1Cor 10:10-11... "don't complain as they did... written as warnings to us..."
- remember... thanksgiving is a choice... not determined by circumstances... actually determined by how much you trust God and His promises... choose wisely... pray...
Psa 138:4... "all will give You thanks when they hear what You have promised..."
2Cor 9:11... "you will be enriched in every way... which produces thanks..."
Eph 5:4... "obscene, foolish talk not for you... let there be thanksgiving to God..."
Col 2:6-7 **MSG**... "my counsel is simple... go with what you've been given... received Christ, now *live* Him... you're deeply rooted in Him... you know your way around the faith... do what you've been taught... school's out... quit studying and start living it... let your living spill over into thanksgiving..."
Col 2:7... "rooted in Him... established in faith... overflowing in it with thanksgiving..."