

### 1. The Table as the Centre of Gravity

The sermon teaches that the early church's "centre of gravity" was the table, not the temple.

In your own life, which "centre" is stronger—temple (services, events) or table (shared life, meals, community)? Why?

#### 2. Koinonia vs. Individualism

The message contrasts biblical *koinonia* (shared life) with Western individualism.

Where do you notice individualism shaping your walk with Jesus, and what might it look like to move toward shared life instead?

#### 3. "An Un-tabled Faith is an Unstable Faith"

Reflect on the idea that faith deteriorates in isolation.

When have you experienced your faith weakening in isolation or strengthening in community? What does that reveal about your need for others?

# 4. Hearing God's Voice Through Community

The sermon argues that isolation amplifies the enemy's lies, while community amplifies God's voice.

Who are the people in your life that help you hear God's truth—and what step could you take to invite them closer?

# 5. Becoming More Fully Human at the Table

Community reveals and heals limitations, fears, and weaknesses.

What part of your life or character might God want to grow or heal through deeper relationships with other believers?

## 6. Adding a Leaf to Your Table

Three practical "leaves" were suggested: family, spiritual family, and the wider church.

Which 'leaf' is God inviting you to add right now, and what concrete action will you take this week to do it?

# 7. Participation, Not Spectating

The sermon said that sitting at the table turns us from spectators into participants.

Where is Jesus inviting you to move from watching to contributing within the church community?