



Diocese of Athabasca

Sunday School Lesson Plan – Sunday, December 7, 2025

Here's a **Sunday School Lesson Plan** for young children (ages 4–8) using the **Revised Common Lectionary readings** for **December 7, 2025 – Second Sunday of Advent (Year A)**

Bible Verses: Is 11:1-10; Ps 72:1-7, 18-19; Rom 15:4-13; Mt 3:1-12

Theme: *“Preparing Our Hearts for Jesus”*

Based on: **Isaiah 11:1-10; Psalm 72:1-7, 18-19; Romans 15:4-13; Matthew 3:1-12**

Lesson Overview

Lesson Title: Preparing the Way for Jesus

Theme: God is sending Jesus, the Prince of Peace. We can get our hearts ready for Him.

Big Idea: God promised a Savior who will bring peace, love, and hope to everyone.

Lesson Focus for Kids: Advent is a time to get ready—not just by decorating or waiting, but by being kind, loving, and listening to God.

Scripture Readings (Kid-Friendly Language)

- **Isaiah 11:1–10:**
“Out of a tree stump will grow a new branch! It will be full of life and bring hope. The Spirit of the Lord will rest on him—he will be wise, strong, and full of peace. Even wild animals will live together in peace when he comes.”
 - **Psalm 72:1–7, 18–19:**
“God’s chosen King will be fair and kind. He will help people who are poor and bring peace that lasts forever.”
 - **Romans 15:4–13:**
“God gives us hope through His Word. Be happy together, and praise God with one heart!”
 - **Matthew 3:1–12:**
“John the Baptist told everyone, ‘Get ready! The Lord is coming! Change your hearts and do what is right.’”
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Welcome & Opening Prayer / Circle Time

Welcome:

Sit in a circle. Ask:

“What do you do to get ready for something special—like a birthday, a trip, or Christmas?”

Let the children share. Explain that *Advent* means *getting ready for Jesus’ coming*.

Opening Prayer:

“Dear God, thank You for loving us and sending Jesus. Help us to get our hearts ready for Him by being kind and loving this week. Amen.”



Memory Verse

“Prepare the way for the Lord.” – *Matthew 3:3*

Practice saying it with hand motions:

- “Prepare” (pretend to sweep)
 - “the way” (point ahead)
 - “for the Lord” (point up)
-



Bible Story Time

Story Summary (in simple language):

John the Baptist lived in the desert. He wore clothes made of camel hair and ate honey and bugs! He told people to stop doing wrong things and get ready because someone very special—Jesus—was coming soon! John said Jesus would bring God’s love and make everything new and good again.

Discussion Questions:

- Who was John the Baptist?
- What did he tell people to do?
- How can *we* get ready for Jesus?
(Examples: being kind, saying sorry, helping others)

Craft / Activity

Craft Option 1: “Advent Path – Preparing the Way”

Supplies:

Paper, markers, glue, stickers, and strips of yellow paper (to be “path stones”).

Instructions:

1. Draw a path leading to a heart with “Jesus” written inside.
2. On each “stone,” children write or draw ways they can prepare their hearts (help Mom, share, pray, say sorry, etc.).
3. Glue the stones along the path.
4. Add sparkly stars or stickers around it.

Craft Option 2: John the Baptist Puppet

Supplies: Paper bag or craft stick, brown paper (for camel hair clothes), markers, yarn. Make John with wild hair and write “Prepare the Way!” on his robe.

Game: “Clear the Path!”

How to Play:

Make an obstacle course with chairs, cones, or pillows.

Tell children they are “preparing the way for Jesus.”

They must clear the path by picking up or moving obstacles while saying kind words like “Peace,” “Love,” “Hope,” “Joy.”

This reinforces the idea that Advent is a time to prepare hearts and minds.

Song Suggestions

- “Prepare Ye the Way of the Lord” (Godspell – simple chorus)
 - “This Little Light of Mine”
 - “He’s Got the Whole World in His Hands”
 - “Come, Thou Long-Expected Jesus” (first verse only)
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Snack Suggestions

- **Honey & Crackers:** to remember John the Baptist.
 - **Fruit Cups:** symbolize new life and freshness.
 - **Water or Juice:** talk about baptism and being clean inside and out.
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Wrap Up & Reflections

Sit in a circle again and ask:

- What did John tell the people to do?
- How can we get ready for Jesus this week?
(Let kids give answers like “pray,” “be kind,” “help at home.”)

Say together:

“We can prepare the way for Jesus by loving others!”

Closing Prayer

“Thank You, God, for sending Jesus, our Prince of Peace. Help us to get ready by loving You and others. Amen.”

Take Home Idea

Give each child a **‘Preparing for Jesus’ Advent Tracker** — a small sheet with 7 boxes for the week.

Each day they can draw or write one way they showed kindness or peace.

Encourage them to bring it back next Sunday.

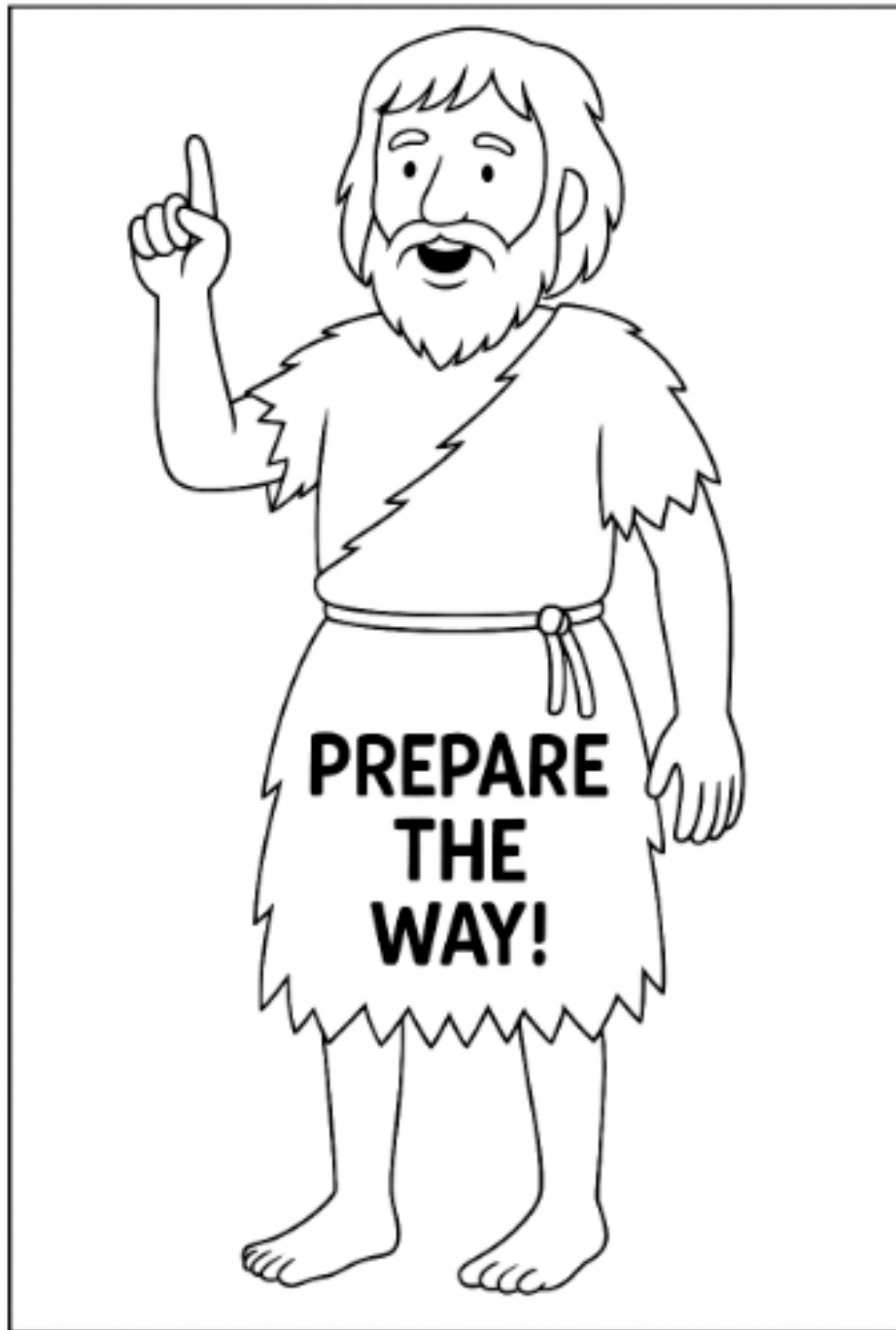
Teacher Notes

- Focus on **hope and preparation**, not fear or judgment in John’s message.
- Use simple language to explain Advent as “*waiting and getting ready for Jesus.*”
- Encourage participation and movement; short attention spans thrive with rhythm and variety.
- Option: Light the **second Advent candle (Peace)** and explain its meaning.

Preparing Our Hearts for Jesus!

Second Sunday of Advent

PREPARE THE WAY!



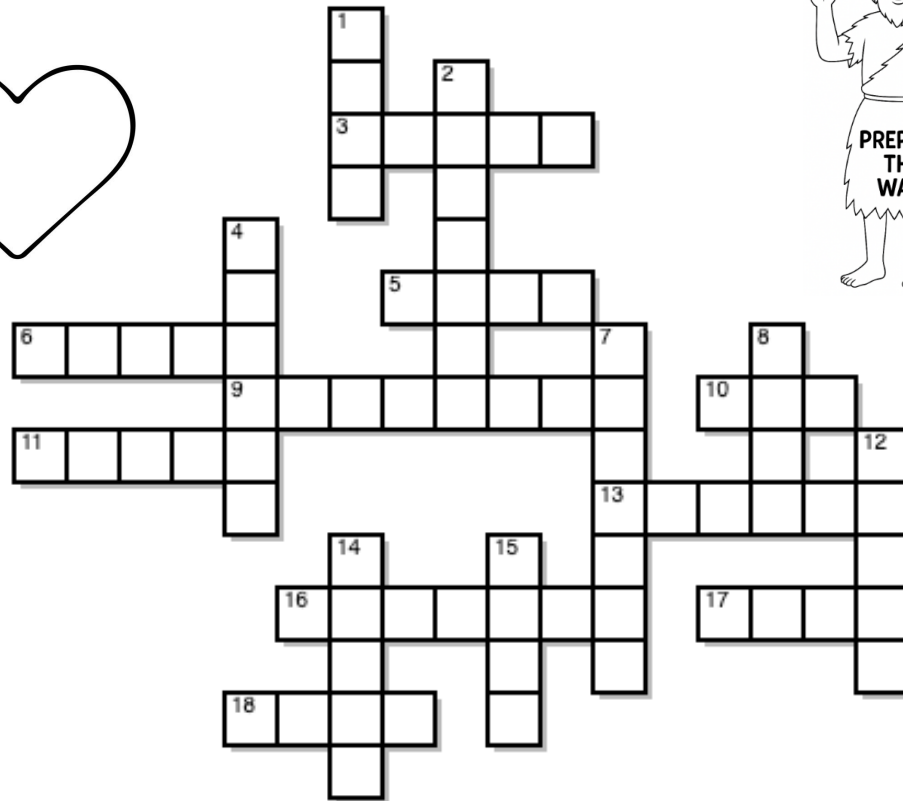
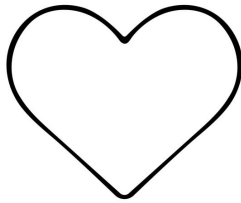
Preparing Our Hearts for Jesus!

Second Sunday of Advent



Preparing Our Hearts for Jesus

Second Sunday of Advent



ACROSS

- 3 Prepared
- 5 Gentle
- 6 Messiah
- 9 Jointly
- 10 Deity
- 11 Tranquil
- 13 Son of the King
- 16 Rescuer
- 17 Just
- 18 Wish

DOWN

- 1 Master
- 2 Person who baptises
- 4 Hear
- 7 Make ready
- 8 Prophet
- 12 Ticker
- 14 Content
- 15 Endearment

First Sunday of Advent

Hope



Second Sunday of Advent

Peace



Third Sunday of Advent

Love



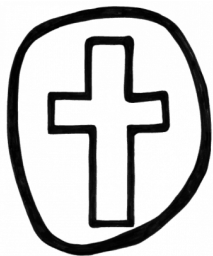
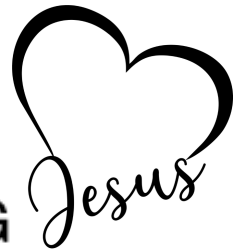
Fourth Sunday of Advent

Joy



Preparing Our Hearts for Jesus

Second Sunday of Advent



R E H E A R T Y J J P G
U D C D Q J F L P O P J
O X O A K N I A T P H L
I G N I E S N O I T A N
V T N Y T P G X Q R N H
A D S E D E R A P E R P
S R N I T Y E V O L R H
J O L H T G D L Y I O D
E L E X B P L A N P B D
S R R T M V A C E L T J
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S P V J X B D G P M G R

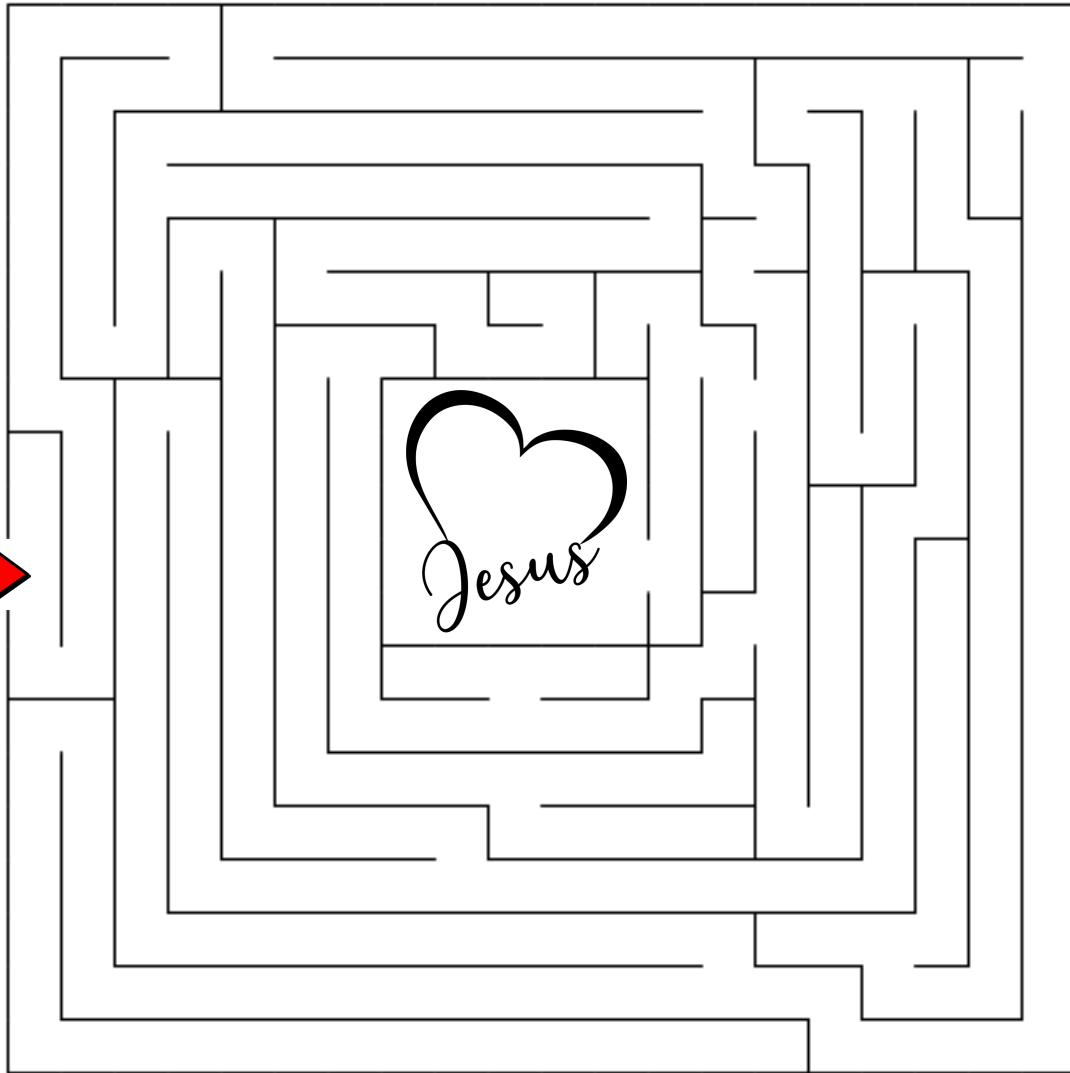
Prepare
Heart
Jesus
Prince
Peace
Saviour
Love
Hope
Listen

Kind
John
Baptist
Fair
Happy
God
Together
Lord
Ready

Preparing Our Hearts for Jesus!

Second Sunday of Advent

Find your
way to
Jesus'
heart.



Preparing Our Hearts for Jesus!

Second Sunday of Advent

Each letter in the phrase has been replaced with a random number. Try to decode the message.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

17		9	3	18	8	17	21	26		20	22	4													
15	17	8	5			15	3	8	26	24		10	22	24											
24	26	18	26	19	8	3	19	14	26	,	9	4	8												
8	5	26		22	19	26		15	5	22		17	13												
14	22	1	17	19	16		3	14	8	26	24														
1	26		17	13		1	22	24	26																
18	22	15	26	24	10	4	12		8	5	3	19													
17	,	3	19	6		17		3	1		19	22	8												
15	22	24	8	5	20		8	22																	
14	3	24	24	20		5	17	13																	
13	3	19	6	3	12	13		5	26																
15	17	12	12		9	3	18	8	17	21	26														
20	22	4		15	17	8	5		8	5	26														
5	22	12	20		13	18	17	24	17	8															
3	19	6		10	17	24	26																		



Crossword Answer Key:

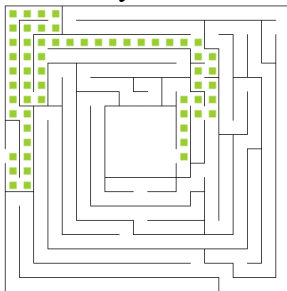
Across

- 3. Ready
- 5. Kind
- 6. Jesus
- 9. Together
- 10. God
- 11. Peace
- 13. Prince
- 16. Saviour
- 17. Fair
- 18. Hope

Down

- 1. Lord
- 2. Baptist
- 4. Listen
- 7. Prepare
- 8. John
- 12. Heart
- 14. Happy
- 15. Love

Maze Key



Cryptogram Key: Matthew 3:11

I baptize you with water for repentance, but the one who is coming after me is more powerful than I, and I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire.