

Reflections on



*Making time for Jesus this
Christmas season*

Welcome to our Christmas series 'The Colours of Christmas'.

Each week is designed to help us reflect on the true meaning of Christmas through the vibrant colours of the season.

Each session is built around a Christmas colour - green, red, white, blue and gold - bringing to life the message of Jesus.

This booklet is for all people (families, groups, couples, friends) to use together as they prepare for Christmas.

You might like to use all or parts of each session when you gather, at meal times, for a cuppa or during group times - as a once off or over the course of a week.

As you share in this series, may God bless you with a fresh understanding of the gift of Jesus and a new joy for the Christmas season.

And may you find much joy in sharing the gift of Jesus with others.

Special thanks to truewaykids.com for their wonderful resources. For more fabulous family friendly Colours of Christmas resources please visit this link <https://truewaykids.com/colours-of-christmas/>

You might like to even have a listen and sing-a-long with the theme song <https://youtu.be/BaA6f-YL0LA>



 *Our Saviour*

Green – Everlasting Life through Jesus



Opening Reflection

What comes to mind when you think of the colour green?

Has it ever held spiritual meaning for you?

How might the symbol of green—growth, vitality, life—deepen our appreciation of Jesus' gift of everlasting life?

Open the Bible

Read John 3:16-17

Thinking about the verse “everyone who believes in Him shall not perish but have eternal life”, what does “eternal life” mean to you—not just after death, but now?

According to the Bible verse, what does it take to have eternal life?

Read Isaiah 9:6-7

This is one of many prophecies that speak of God's promise to send a Saviour.

How does God's faithfulness in fulfilling His promises encourage your faith today?

Why do you think Isaiah thought the people needed to know this?

Jesus is Eternal

Jesus is the Alpha and Omega—eternal, not just born at Christmas (see Revelation 22:13). Through God He has always existed.

When you reflect on the Christmas story, how does the ‘eternal’ part of Jesus fit into the picture?

How might remembering Jesus as eternal affect your day-to-day trust in Him?

Spiritual Growth

Just as evergreens stay vibrant in winter, how have you experienced spiritual growth in life's "winter" seasons?

Jesus said, "I am the vine; you are the branches" (John 15:5). What spiritual practices help you remain connected to the Vine?
How can you use visual cues like the colour green during the Christmas season to remind you of God's promises and presence?
In what ways can you intentionally grow in your faith this season?
Who in your life needs to hear the hope of everlasting life in Jesus? How can you gently share it? (Can you use something green to provide this opportunity?)

Closing Reflection

What is resonating with you from today's discussion?
How might you live differently today because you know that everlasting life has already begun in Jesus?

Prayer

You might like to pray this prayer or your own.

Dear God, Thank you for your promise of everlasting life. Thank you for sending Jesus, who has been and will always be, to bring us this life.

Help us to remember that your love and your promises never fail.

In Jesus' name, Amen.

Family Activity

Make an Advent Wreath together. You might like to make a paper plate one. You will find a template in the church hall.

"For God so loved the world that he gave his one and only son, that everyone who believes in him shall not perish but have eternal life."

– John 3:16

Red – The Love and Sacrifice of Jesus



Opening Reflection

What does the colour red typically symbolise for you—during Christmas or otherwise?

How does connecting red with Jesus' love and sacrifice affect the way you see this season?

Open the Bible

Read Romans 5:8 aloud: *“But God proves His love for us in this: While we were still sinners, Christ died for us.”*

What stands out to you in this verse about the nature of God's love?

Love and Sacrifice

Jesus didn't wait for us to be perfect—He gave His life *while we were still sinners*. How does that shape your understanding of grace?

In your life, what does sacrificial love look like—in relationships, parenting, community? What are some ways you can reflect Jesus' love and grace to others this week, especially those who you find difficult to love?

Jesus said, *“Greater love has no one than this: to lay down one's life for one's friends”* (John 15:13). How can we live out this kind of love in practical ways?

Read Matthew 1:18–25

How do Mary and Joseph respond to God's unexpected message?

What can we learn from their trust and obedience?

The Name of Jesus

The angel told Joseph to name the child *Jesus*, meaning *“God saves.”*

Why is the meaning of Jesus' name significant to you?

Can you share a time when knowing that “God saves” brought you peace or changed your perspective?

Closing Reflection

How has your understanding of Jesus' love deepened through this session?

What is one way you will intentionally carry the meaning of *red*—love and sacrifice—into your Christmas season?

Prayer

You might like to pray this prayer or your own.

Dear God, Thank you for sending Jesus to save us. Thank you for the great love that he showed by dying on the cross for our sins.

Help us to remember his sacrifice and to show love to others, just as you love us.

In Jesus' name, Amen.

Family Activity

Make some bunting with the names of Jesus on it and hang it up at home. You might like to use the 'Names of Jesus Garland' template in the church hall.

“But God proves his love for us in this, while we were still sinners, Christ died for us.” – Romans 5:8

White – The Light of Jesus

Opening Reflection

What are some white things that you see around at Christmas?

What does the colour white symbolise for you—especially during Christmas?

How does the idea of light breaking into darkness resonate with your own experience of Jesus?



Open the Bible

Read John 1:1–9 together.

What phrases or images stand out to you most in this passage?

Why do they matter?

Read John 8:12. Jesus says, *“I am the light of the world. Whoever follows me will never walk in darkness...”*

How does following Jesus result in walking in the light?

The Light that Guides

Jesus is described as the light that helps us see truth and find our way.

Can you share a time when Jesus’ light brought clarity in a time of darkness or confusion?

How can we be more attentive to Jesus’ light in our lives, especially when the world feels overwhelming?

What are some practical ways you can reflect His light in your relationships, work, or community this week?

What helps you stay spiritually “bright” (reflecting Jesus’ light and walking in the light) and connected to Jesus?

Jesus Makes Us Clean

Isaiah 1:18 promises: *“Though your sins are like scarlet, they shall be as white as snow.”*

How does this image of cleansing help you understand God’s forgiveness?

Are there “marks” you’ve struggled to believe could be wiped clean?

How does this promise speak into that?

Closing Reflection

Which part of today's conversation most encouraged or challenged you?
Finish by reflecting silently (or sharing aloud): *"Lord, help me shine Your light by..."*

Prayer

Finish by reflecting or praying silently: *"Jesus, please help me shine your light in these places... (name the places)"*.

You might like to pray this prayer or your own.

*Dear God, Thank you for sending Jesus to be the light in the darkness.
Thank you for his purity and for making us pure when we ask for forgiveness.
Help us to live in a way that shines your light and reflects your love.
In Jesus' name, Amen.*

Family Activity

You could make a paper lantern to remind you that Jesus is the light of the world. There is a 'Light of the World Lantern' template in the church hall.

Jesus said, *"I am the light of the world. Whoever follows me will never walk in the darkness, but will have the light of life."* – John 8:12

Blue – The Peace of Jesus

Opening Reflection

What does the colour blue symbolise for you?
How does it connect to the idea of peace?
When in your life have you experienced true peace?
Was it tied to your circumstances—or something deeper?



Open the Bible

Before Jesus died for us, our sins made it hard to be close to God. Our sins (such as lying or being unkind) hurt our relationship with God, just like they damage our friendships or relationships with others. Jesus came to bring peace between us and God by taking away our sins.

Read John 14:27: *“Peace I leave with you; My peace I give you...”*

What stands out to you in this verse?

How is Jesus’ peace different from what the world offers? (Do you have a testimony to share about this?)

Peace with God

Jesus brought peace between us and God by dealing with sin.

How would you describe that “peace with God” to someone new to faith?

Are there any areas of your life where you struggle to rest in that peace right now?

What do you think it means to experience peace that *“surpasses understanding”* (Philippians 4:7)?

Read Luke 2:8–14, the angel’s announcement to the shepherds.

Why do you think the message of peace was the very first thing proclaimed after Jesus’ birth?

Peace with Others

Jesus calls us not only to receive peace, but to be *peacemakers*.

What does being a peacemaker look like in your relationships, family, or church?

Are there relationships in your life that need restoration or forgiveness?
How might you begin to be a bringer of peace?

Personal Application

How can you make space for Jesus' peace in your daily life—especially in the midst of busyness or stress in this season?

Who might God be calling you to share His peace with this week—through encouragement, reconciliation, or prayer?

Closing Reflection

What is resonating with you from today's discussion?

Prayer

Finish by reflecting or praying silently: *"Jesus, please be my peace when... (name situations)."*

You might like to pray this prayer or your own.

Dear God, Thank you for making peace between us through Jesus.

Help us to remember that no matter what happens, we can always find peace in you.

Please help us to share your peace with others.

In Jesus' name, Amen.

Family Activity

You might like to do a peaceful word search. You will find angelic 'The Peace of Jesus' word search handout in the church hall.

Jesus said, ***"Peace I leave with you, my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled, do not be afraid."*** – John 14:27

Gold – The Kingship of Jesus



Opening Reflection

What feelings or images come to mind when you think of the colour *gold*?

How does it connect to honour, value, or worship in your experience?

Open the Bible

Read Matthew 2:1–12, the story of the wise men.

What do you find most striking about their journey and response when they found Jesus?

The wise men brought gifts fit for a king—gold, frankincense, and myrrh. What does their offering of *gold* reveal about who they believed Jesus was?

Worshipping Jesus

The wise men *bowed down and worshipped* Jesus.

What does true worship look like for you—beyond music or church gatherings?

How can you honour Jesus as King in your home, workplace, or community this week?

Open the Bible

Read Revelation 19:16 “*And He has a name written on His robe and on His thigh: KING OF KINGS AND LORD OF LORDS.*”

What does this verse say about the kind of king Jesus is, both now and in eternity?

A Personal King

Jesus, the King of Kings, came to earth so that we could know him personally. Instead of being far away or hard to reach, Jesus invites us to talk to him anytime.

Jesus' kingship is both universal (ruling over all creation) and personal (reigning in our hearts).

Which aspect do you find easier—or harder—to grasp?

What might it look like in your daily life to live under the kingship of Jesus?

Many people, like Herod, resist Jesus' rule.

What are some subtle ways we might also try to keep control rather than letting Him reign?

Closing Reflection

We are reminded that Jesus will return in glory as the reigning forever King.

How does that promise give you hope or perspective for the present?

What might you need to do to prepare your heart for Jesus to reign in your heart?

Prayer

We are so thankful that Jesus is always near, ready to help and lead us in our lives. What a blessing that we can talk to him, the King of Kings, in prayer.

You might like to pray this prayer or your own.

Dear Jesus, Thank you for being the King of Kings.

Thank you for being my King. Please help me to make room for you in my heart.

Help us all to follow you and live in a way that honours you as our King.

In Jesus' name, Amen.

Family Activity

You could make a special crown to remind you of King Jesus. You will find a template in the church hall.

“And he has a name written on his robe and on his thigh, KING OF KINGS AND LORD OF LORDS.” – Revelation 19:16