



St. Paul's News Bulletin

Nov. 16, 2025

Welcome Everyone! Please join us after the service for coffee & goodies. If you are new to St. Paul's, please ask for a welcome package.

Church calendars: The 2026 Canadian Church Calendars are available for \$7 each. There is a table in the Parish Hall near the nametags.



Candy Cane Soap Fundraiser: St. Paul's is selling all-natural Candy Cane Soap as a fundraiser just in time for Christmas. It's gentle, moisturizing, nourishing and eco-friendly. You can buy 6 Candy Cane Soap Boxes for \$25 – so you pay for 5 and **get 1 FREE**. For each bundle, \$9 goes to St. Paul's General Fund. **You can order until Dec. 7. Delivery will be on Dec. 14.** To order, send an e-transfer to gift@stpaulscalgary.ca with **SOAP** in the Comments. For more information, see **Ingrid**.

Christmas Tea & Market: A Christmas Tea & mini market will be held on **Saturday, Nov. 29, from 10 a.m. to 3 p.m.** Admission price is \$5. We need donations of books, gently used Christmas decorations, baking and raffle items for the market. We also need dainties, sandwiches (uncut) and small cookies for the tea. Please see **Laura Anne** or **Ingrid** for more details.



Blue Christmas: A service on Saturday, **Dec. 6 at 2 p.m.** includes a time of sharing and support and a service of anointing & healing.

African Christmas Dinner SOLD OUT: Tickets for our Christmas Dinner, on Saturday, **Dec. 13** at 6 p.m. have already **sold out**. If you don't have a ticket, you are welcome to join us at 7:15 p.m. for carol singing and a talent show. If you would like to perform a carol, see Laura Anne.

Ladies Christmas Party: A potluck supper and exchange of Made-in-Canada gifts (optional) will be featured. Please sign-up in the Church Hall by the Mitten Basket or email Julie by **Dec. 12**.



Veterans Association Food Bank: We are collecting non-perishable food donations for veterans until the end of November. We have already filled and donated two boxes. Look for marked boxes in the hall.



Mitten Basket: We're collecting mittens, toques, and scarves for all ages to support those in need. The basket is in the Hall. Donations welcome.

St. Mary's Food Pantry: We have a bin beside the freezer to collect donations of non-perishable food as part of an interfaith food drive for students at St. Mary's University. Deadline for donations is Thursday, **Nov. 20**.

Alpha Prayer Vigil: Volunteers are needed to pray during Alpha Wednesday evenings until **Dec. 10**. See signup sheet in the Parish Hall.

Living Waters deadline on Wednesday: The deadline for the Dec/Jan issue of *Living Waters* is Wednesday, **Nov. 19**. Submit content to office@stpaulscalgary.ca

Altar Guild needs new members: Help is needed preparing for services by setting up and cleaning up the communion vessels, flowers, candles, linens, etc. Training is available. Contact Barb Leinweber or the Parish Office if you can help.

St. Paul's Anglican Church
7 Sunmills Green SE T2X 3P6
Phone: 403 256-1428
e-mail: office@stpaulscalgary.ca
website: www.stpaulscalgary.ca
Incumbent: The Rev'd Tony Hilling
Assistants: The Rev'd Cyril Haynes
The Rev'd Betty Nadurak
Wardens: Paul Bourgeois & Ingrid Bolton
Deputy Warden: Muyl Ekomwenrenren
Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)
X: [@stpaulscalgary](https://www.x.com/stpaulscalgary)
Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)
YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

Get a good start on Christmas shopping by checking out the Alonside Hope World of Gifts. It's in the Anglican Journal or on the website. It opens the way to giving that helps many people have a happy Christmas.



5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 30.**

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **Meets Thursdays at 1 p.m.**

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** Holy Eucharist 10 a.m.
Handchimes Practice 11:30 –12 p.m.
Word to World Ministries Canada: 2 - 3 p.m.
Philippines Independent Church (IFI): 4 p.m.
- Monday:** Walking Group: 1 p.m. (see the St. Paul's website under events for locations)
St. Paul's Stringers rehearsal: 7:30 p.m.
Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** Girl Guides: 6:30 – 8 p.m.
Parish council: 7 p.m. (2nd Tuesday of the month)
- Wednesday:** Morning Prayer: 9:30 a.m.
Bible Study: 10:30 a.m.
Hunger for Healing: 11:30 a.m. (in the Chapel Room)
Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** Grief Support Group: 1:00 p.m.
TOPS (Taking off Pounds Sensibly): 6:00 p.m.
Choir Practice: 7:30 p.m.
(If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:** Handchimes Practice 10 - 11 a.m.
S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
Coffee House: 7 p.m. second Friday on alternate months. **Next date is Jan. 16**
- Saturday:** Ladies Luncheon: 11:20 am - 4th Saturdays. **Next date is Jan. 24.**
Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month Check website to confirm location). **Next date is Jan. 17 @ St. Paul's.**

Welcome to newcomers and visitors



St. Paul's welcomes newcomers and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

- Nov. 21 – *Craft Supply Fair* 5:30 – 9: p.m.
- Nov. 22 – *Craft Supply Fair* 10 – 4 p.m.
- Dec. 12 – *Winter Celebration* 6 – 9:30 p.m.

Our Ministries

MUSIC GROUP: Paul Bourgeois

Purpose: To provide music and music leadership for our worship services. The choir leads the music throughout the year at the 10 a.m. Sunday service, as well as other special seasonal services such as Christmas and Holy Week.

Practice: Typically, our practices are held Thursday evening at the church at 7:30 pm. Our practice sessions are normally about one and a half hours long.

Materials: We ask you to bring your voice and enthusiasm. (There is a brief audition) The ability to read music would be an asset but is certainly not required. The music is provided and Sunday selections are e-mailed to the group a few days before practice.

Fellowship: We try to get together as a group with our spouses a couple of times a year for some relaxation and fellowship.

Stewardship Reflections:

“...Rather, we wanted to present ourselves as a model for you, so that you might imitate us.”
2 THESSALONIANS 3:9

Most people who live a grateful and generous lifestyle don't go around bragging about it. But through their words and actions, others do take notice. They notice because of the joy and peace that results and others desire this in their own life. Know that the way you live your life may be the only interaction others may have with our Catholic faith.

Financial News

Our deficit at the end of October was \$19,717. Thank you to everyone for helping support our mission financially in these challenging times.



CHRISTMAS SERVICES

Dec. 21 - Nine Lessons & Carols & Children's Pageant: 10 a.m. at St. Paul's

Dec. 21 - King's College Lessons & Carols: 4 p.m. at Historical Chapel in Midnapore

Dec. 24 – Christmas Eve service 6 p.m. Hand chimes and then 15 minutes of carolling prior to service

Dec. 24 – Christmas Eve service 10 p.m. Carolling 15 minutes prior to service

Dec. 25 – Nativity of the Lord - 10 a.m.

Dec. 28 – Sunday service with 12 Days of Christmas song.