Just three words

## "How Are You?"

November 16, 2025 Colossians 1:15-21; 1 Timothy 4:7-8; Ephesians 6:1 Just three words

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Spiritually—	Spiritually—
Emotionally—	Emotionally—
Physically—	Physically—
Work—	Work—
Family/Friends—	Family/Friends—
Application:	Application:
Step 1: Change your focus. Colossians 3:1-4	Step 1: Change your focus. Colossians 3:1-4
Step 2: Cancel your old ways. Colossians 3:5-11	Step 2: Cancel your old ways. Colossians 3:5-11
Step 3: Create new paths forward. Colossians 3:12-17	Step 3: Create new paths forward. Colossians 3:12-17

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