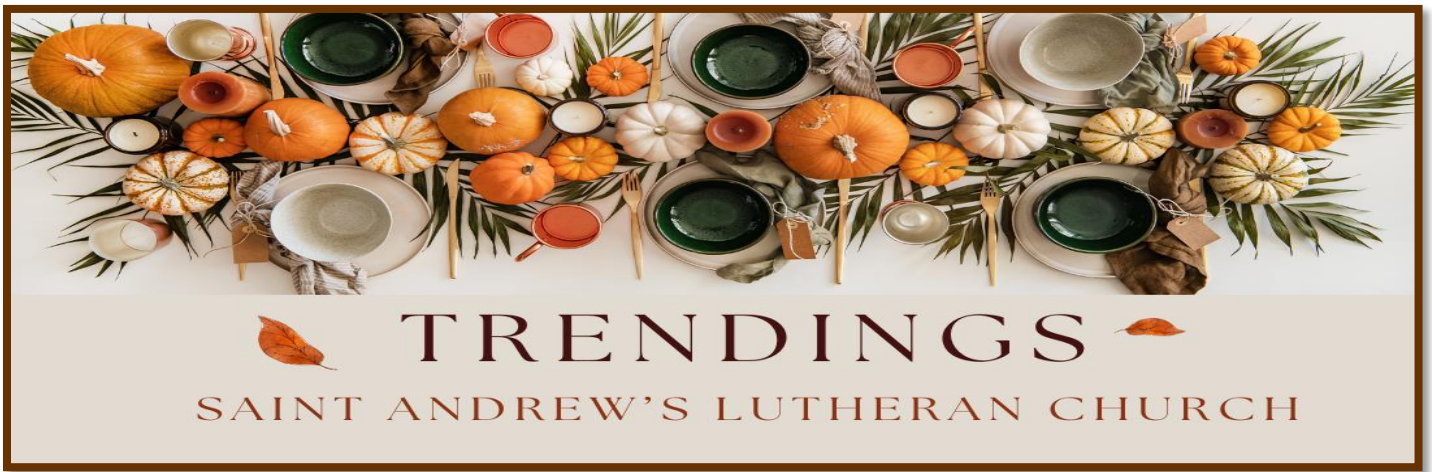




November 12, 2025

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

Live in love, not hate.
Live in hope, not anger.
Live in truth, not rumor.
Live in kindness, not rudeness.
Live in generosity, not selfishness.
Live in peace, not frustration.
Live in joy, not doubt.
Live in movement, not fear.
Live in love.

Rachel Marie Martin

Lantern Hill Mission Trip participants! **\$100 deposit** needs to be in Doug's hands by Sunday, November 16th!! Payments can be made via check to Saint Andrew's Lutheran Church with "Lantern Hill Trip Deposit" in the memo. Payments can be mailed to: Saint Andrew's Lutheran Church; c/o Doug Johnson, 2650 148th Ave SE, Bellevue, WA 98007.

Upcoming Memorial Service:

Jan Benson's Celebration of Life service is Saturday, November 15th at 2 PM.

Jan loved bright colors and jewel tones – the family invites you to wear bright colors to celebrate her life!

Upcoming Greeters and Coffee Hosts:

November 16: Joyce & Brady Kasper, Greeters; Sherry Grindeland, Coffee host

November 23: Greeter – Could be you! Jean Wahlstrom and Marvin Kananan,
Coffee Hosts

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.
Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, November 16th at Saint Andrews:

9:00 AM Adults: **Meet our LDS Neighbors**
 Sunday School - (Pre-K - 5th Grade!)
10:00 AM Worship in-person in the Sanctuary and livestreamed
11:00 AM **Parks Anniversary Celebration**
 Knit Wits

Readings for November 16

Isaiah 9:1-7

John 8:12-16

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Join Pastor Lara in the Library or on ZOOM for Bible Study on Tuesdays at 10:00 AM. Email Pastor (pastor@salc.church) for the ZOOM link.

O.W.L.S.
Older, Wiser Lutheran Saints
Tuesday, November 18, 2025
11:45 AM



Let's Gather for Lunch
and sharing!

- Join us at 11:45 AM as we gather to share a meal and conversation!
- Please bring a dish to share.

Program: My
favorite recipe!

1. What's your favorite food memory?
2. Why is it important?
3. Please bring a recipe to share (Kathy will copy!)

Advent Fair
Sunday, November 30 ~ 9:00 AM
Fellowship Hall
Prepare for the season:
Make your Advent Wreath
Create Christmas Cards and Crafts
Get your Advent devotional materials.
BAKE SALE!!
We will also be packing our (80)
Emergency "No Cook" food bags for Hopelink!

The Advent Fair is coming! Can you help at a 'creation station'?

Can you provide baked goods for the Bake Sale?

Contact Sherry (sherry@salc.church) to assist.

Remember - we pack our No Cook Food bags that day, too!!

SAVE THE DATE!



*You're invited to
celebrate on Sunday,
November 16th .*

*Head to the
Fellowship Hall
following worship for
food, beverages and
toasts to the enduring
couple!*

Volunteer Opportunity to Support KidVantage

Saturday, **November 22** | 9:00 am - 12:00 noon or 1:00 pm - 4:00pm |

KidVantage in Issaquah

Volunteers are needed for a work party at KidVantage on Saturday, **November 22**. There are two shifts 9:00 am to noon and 1:00 to 4:00 pm.

Our volunteers will be helping Saint Andrew's member Liz Rudolph sort, prep and package toys for holiday gifting. Liz volunteers at KidVantage and helps oversee the toy storage and distribution. The minimum age for youth to help is 14.

To volunteer, contact Liz Rudolph (lizzyrudolph@gmail.com) or Dick Szabo (dick.szabo@comcast.net) or sign up [HERE!](#)

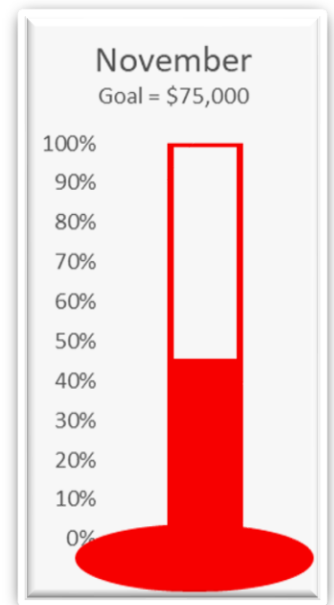


Treasurer\$ Note\$

Outlook for the Remainder of 2025

To reach our budget goals and address a deficit of \$73,776, Saint Andrew's congregation must raise \$223,634 during the final two months of the year. Last year, contributions totaled \$65,087 in November and \$138,758 in December. Based on this history, our targets for 2025 are set at \$75,000 for November and \$148,366 for December. Achieving these goals is possible with the support and generosity of our church community.

The progress toward meeting the November goal of \$75,000 is being tracked and displayed on the thermometer graphic to the right, allowing everyone to see how close we are to reaching this important milestone.



Encouragement for Thanksgiving Giving

As Thanksgiving approaches, it is a meaningful time to reflect on the blessings we have received – both individually and as a church family. We encourage everyone to consider making a generous Thanksgiving offering to help support the mission and ongoing work of Saint Andrew's.

For those eligible, making Qualified Charitable Deductions from retirement accounts may offer tax benefits by reducing taxable income. Please explore this option if it is available to you.

Contact Information

If you have any questions about these financial figures or the overall budget status, please contact Treasurer Bill Brueggemann at Bill@salc.church.



Healing Prayer FAQ

By Cheryl Jurrus, Health and Wholeness Committee

I have been participating in the Healing Prayer Ministry for many years now at our church. Here are some questions we hear from time to time.

Why do people go to the back of the church to the kneeling stations on the third Sunday of the month?

Some people come for prayer for their own healing, pain, depression, sorrow, or other situations that arise (jobs, divorce, etc.)

Others offer prayers for friends and family or events in our world.

Sometimes prayers of thanksgiving and praise are requested.

What prayer does the Healing Prayer Minister use?

We have all attended training sessions and learned the general parts of prayers of supplication. I always begin with praise for this opportunity to worship and pray together. I request God's healing touch for the situation that has been brought to me. I use touch on the shoulder during the prayer and offer to anoint with oil afterwards.

The prayer always ends in the name of Jesus. Jesus promised us, *"You may ask me for anything in my name and I will do it."* John 14:13

Why do you use anointing oil?

This is an ancient rite going back to the prophet Samuel anointing David. (1 Samuel 16:13). It was also practiced widely in the New Testament.

We use aromatic oils that have herbal properties that have been blessed in a special church service. We also have pure olive oil for anyone who requests it.

Who can be a Healing Prayer Minister?

If you are interested in becoming a Healing Prayer Minister, contact Cheryl Jurrus. We will be having more training classes in the coming year. *"For everyone who asks, receives; he who seeks, finds; and to him who knocks, the door will be opened."* Matthew 7:8.

"Be joyful in hope, patient in affliction, and faithful in prayer." (Romans 12:12)

Prayer is something we are called to do. It is not just a suggestion, it is part of our faith-life. Maybe even part of our DNA?





Volunteers keep our church operating. *Remember – we offer free training!*

Greeters! Say 'hello' on Sunday mornings!

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 AM so this is an 8:15 AM start time. Clean up about 11:15 AM, after worship service. To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529 or email sherry@salc.church

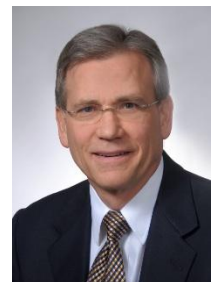
Nominating Committee: The 2026 Nominating Committee is currently working to identify candidates for the 2026 Congregation Council election at our next annual meeting. Please consider recommending candidates you feel a worthy leader to serve on the Council. Recommendations should be made by completing a "Nominating Request Form" available in the Narthex and placing it in the appropriate collection box located there or speaking with a member of the Nominating Committee (Dan Johnson-Chair, Aaron Davis, Christine Zomorodian, Gary Rudolph). The deadline for receiving suggested nominations is November 18th. If you have questions, please talk with any member of the committee.



Sunday, November 16th Adult Education Hour – Meet Our LDS Neighbors!

We welcome **Gary Gessel**, President, Seattle Washington Temple, The Church of Jesus Christ of Latter-day Saints and his wife, Debra, to our Adult Education Hour.

Gary has served actively in the Church of Jesus Christ of Latter-day Saints beginning as a missionary in New Zealand at age 19. He has served as a Bishop, Stake President, Mission President, and Temple President.



Gary and his wife Debra have been married 48 years. They

raised 5 children in University Place, Wa where they have lived for about 40 years, and are most proud of their children and 13 grandchildren.

Gary is a retired senior executive within the automotive, banking, food processing, manufacturing, and window & door industries. Gary served as President and CFO with Milgard Windows & Doors for 25 years until retirement in 2017. He then worked for several years as Managing Director of ACT Capital Advisors in Mergers and Acquisitions.



Clothing Needed! From October 2025 through February 2026

Dorcas Circle will be collecting men's and women's clothing and toiletries for Compass Housing Alliance in Seattle. There is a 'clothing' bin near the elevator for your donations. **ALL DONATED CLOTHING ITEMS MUST BE NEW, UNWASHED, AND IN UNOPENED ORIGINAL PACKAGING.**

Women's clothing is most needed in sizes Medium through Extra Large.

- Underwear
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

Men's clothing is most needed in sizes Large and Extra Large.

- Boxer shorts
- White T-shirts
- Long sleeve T-shirts
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

Did you know...

Saint Andrew's supports many organizations almost year-round. You will see the **collection bins** in the Narthex near the elevator.

- **Used Clothing:** We collect your gently used/clean clothing for men in the Porchlight Community.
- **New Clothing:** Men's and Women's NEW clothing is collected for our friends at Compass Housing.
- **Personal Care items:** We collect razors, soap, shampoo/conditioner, hand/body lotion.

Please note the correct bins when you drop off your items.

NOTE: we will keep you posted about specific drives that happen during the year (like the Lutheran World Relief kits) and mark bins accordingly.

We are also collecting PRESCRIPTION PILL BOTTLES to recycle. Find that bin by the others.

Share the Spirit of Giving: The Saint Andrew's Congregation members help make the holidays special for clients of Bridge Disability Ministries by filling some Christmas Wishes. We have four clients waiting to be "adopted." These are disabled adults without families. Talk to Fellowship Coordinator Sherry Grindeland about this opportunity. Call her at 425-746-2529 or sherry@salc.church.

Corner of Blessing

Food of the Month November

This year, again, we will be packing Emergency Bags for the Hopelink Food Bank. So, during the months of October and November, we will be collecting the food items to go in the Emergency Bags. Hopelink has asked that we pack “No-Cook” bags as we did last year. They need these to support those with no access to cooking facilities (homeless). **We will pack 80 at the Advent Fair!!**

The items in these bags need to be able to be eaten directly without being heated or the use of a can opener. These need to be things that can be eaten cold and plain.

****All canned items must have a pop-top lid.** Only soups and meals are in cans.

****PAY ATTENTION TO SIZES.** Keeping the weight down is important for homeless. Bigger sizes can't be used.

****MAKE SURE TO CHECK EXPIRATION DATES.** They need to be on or after February 2026.

There are seven different items that go in each “No-Cook” Emergency Bag. We will be collecting these items during October and November:

Here are the seven items we will be collecting:

1 - **Peanut Butter** – (~16 oz. plastic jar – no-stir)

1 - **Applesauce or Fruit Cups Package** – (packages of 4 or 6 cups (about 4 ounce cups), kept in original packaging so that it contains the label, ex: peaches, pears, fruit cocktail, applesauce)

2 - **Pouched Meat or Jerky** – (beef jerky or meat sticks (like slim Jims) , pouched meat like tuna, chicken, salmon (Starkist is a common brand) Common sizes for both are about 2.5 - 3 ounces.)

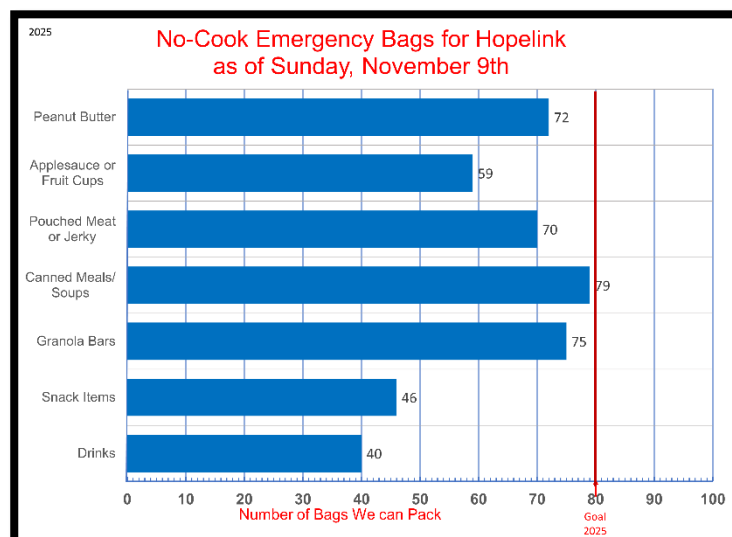
2 - **Canned Meals/Soups** – (ex: ~15-20 oz, ex: chili, beef stew, canned ravioli, hearty Progresso soups (such as: beef pot roast, chicken pot pie, Italian Wedding, etc. – **Pop-Top lid**)

6 - **Granola Bars** – (look for ones that are at least 150 – 200 calories each – total at least 1,000 calories)

5 - **Snack Items** (high in calories & will not crush easily. Ex: dried fruit, nuts, trail mix. Individual packages – look for ones that are at least 100 – 150 calories each - total at least 500 calories)

2 - **Shelf-Stable Drinks** – (Something that does not require refrigeration and will not puncture easily. Ex: juice boxes, water, protein shakes.)

Here is the progress chart as of November 11th . Check here to see what is needed to pack the most emergency bags: **Note the most needed items this week are Peanut Butter, Drinks, Applesauce/Fruit Cups and Snack Items.**



Helping the People Effectuated by Devastating Storms In Western Alaska and the Caribbean



Western Alaska was hit hard by the remains of Typhoon Halong and so much was destroyed just as winter is setting in. Homes have been damaged and destroyed, critical infrastructure compromised, and subsistence resources disrupted. Then Hurricane Melissa has hit Jamaica and the Caribbean, causing extensive damage. You may be wondering how you can help the thousands of people affected by these storms.

First off, pray for the people impacted by these storms. May God's healing presence bring them peace and hope in their time of need and give strength to those working diligently to provide relief for the people affected.

Our Outreach and Servant Ministries Committee investigated how to best help the people affected in western Alaska. The ELCA Alaska Synod recommended providing support to The Western Alaska Disaster Relief Fund through the nonprofit The Alaska Community Foundation. The Alaska Community Foundation is partnering with the Alaska Federation of Natives, the Association of Village Council Presidents, the Alaska Native Tribal Health Consortium, Yukon Kuskokwim Health Corporation, Kawerak, Inc. Maniilaq Association and a number of other local, regional and statewide groups.

Our Outreach committee has directed \$900 from the New Opportunity fund to The Alaska Community Foundation for their "Western Alaska Disaster Relief Fund". The committee also directed \$925 from the New Opportunity Fund to Lutheran Disaster Response (LDR) to their "Hurricane Response" effort. LDR will use 100% of the funds to assist those affected by hurricanes.

If you would like to help the people in western Alaska, you can get more information or make a donation at The Alaska Community Foundation website [HERE!](#) If you would like to help the people affected by Hurricane Melissa in the Caribbean, you can get more information or make a donation at the LDR website [HERE!](#)



Global Mission

ELCA GLOBAL MISSION (for November 2025 Outreach Ministry focus)

As an ELCA congregation we are not only connected locally to the Northwest Washington Synod, but also to the churchwide ELCA working in various departments out of the Chicago offices. One of those departments is that of Global Mission which relates to the worldwide church, Lutheran as well as other denominations. Part of our synodical support goes to ELCA Global Mission outreach in addition to our budgeted item. Together we participate in larger projects and accomplish so much more than we can do as a single congregation.

From June 1998 through March 2010, Saint Andrew's supported Jean Wahlstrom and Marvin Kananen as full-time missionaries to serve in Tanzania under the supervision of the Evangelical Lutheran Church of Tanzania (ELCT). Since then we have continued our relationship with Global Mission as part of our Outreach budget.

Global Mission sends out a monthly e-news called *GLOBAL LINKS* that keeps us informed of their ministry. See ELCA.org/globalmission to subscribe. This last issue highlighted the following:

The Rev. Imad Mousa Dawood Haddad was elected bishop of the Evangelical Lutheran Church in Jordan and the Holy Land in June. In an address to the 2025 ELCA Churchwide Assembly, he spoke of the situation in the Holy Land and the challenges that his church faces. "As Lutherans, our churches are part of the same vine. You, too, are a church called to abide in Jesus and bear fruit," Haddad said.

ELCA Global Mission welcomed 20 new missionaries serving in 11 different countries at the ELCA Missionary Orientation in July. Our new global personnel are serving in roles such as pastors, teachers, Seminary Horizon International interns, coordinators and more. Over the two-week orientation with worship and fellowship, our new missionaries learned about missionary sponsorship, the companion synod program and the cultural context of their countries of service. Additionally, they learned about accompaniment (the ELCA's approach to global mission) and the MERGE justice principles (migration justice, environmental justice, racial justice, gender justice and economic justice) that influence their work and ministry.

Please keep our new missionaries and our companion churches in your prayers. Support a missionary! At ELCA.org/MissionaryGiving, you can make a gift to sponsor one of our ELCA missionaries. When you sponsor a missionary, you will receive regular updates about their ministry and work with local partners.



Lunchtime at Sophia's Place!

St. Andrew's will once again provide the lunch for the ladies at the Sophia's Place Shelter.

It will be a meat loaf/mashed potatoes, (and more!) meal.

If you would like to provide an item for the lunch, or want to learn more, please contact Joyce Arnold. **She will be collecting food and pantry supplies on Tuesday, Nov.25th.** The lunch will be served on Wednesday, November 26th.



COMING HOME!

A Celebration of Hope, Change and FUN!

Join friends of The Sophia Way for an evening of joy and community!

On Friday, November 14th, we will gather with live music, dinner, wine, and even, an auction! It's the annual fundraiser, to help support the women dealing with homelessness on our Eastside. We want to fill our St. Andrew's table!

Joyce and John Arnold will be attending this event supporting The Sophia Way. Who can join them?? **Friday, November 14th, 6:30 - 8:30 PM at the Bellevue Hilton.** Contact Joyce (arnoldaj44@hotmail.com) to join them!



Saint Andrew's Constitution Task Force

The Constitution Task Force (CTF) has submitted to the Congregation Council its recommendations for changes to the Saint Andrew's Constitution. Major recommendations submitted to the Council include:

- Reducing the number of elected adult Council member positions from twelve (12) to nine (9).
- Keeping the normal term length for elected adult Council members at three (3) years.
- Allowing Council officers to serve three consecutive one-year terms in the same office, but only with unanimous Council approval. (Currently, officers are limited to serving two consecutive terms in the same office.)
- Providing the Council flexibility on whether or not to fill a vacancy on the Council.
- Allowing for a range of four to six members on the Nominating Committee (current requirement is six members.)

At its November 10 meeting, the Congregation Council plans to decide whether or not to forward these CTF recommendations to the congregation to vote on. If you have feedback or input for the Council on any of these recommendations, please contact Council President Tom Getzinger, tomget@hotmail.com, or Constitution Task Force chair Susan Hegedus, susanhegedus@outlook.com.

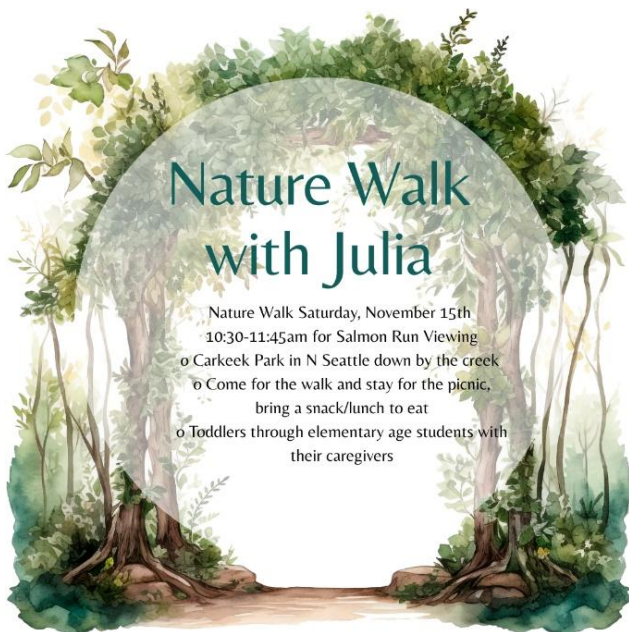
Thank you!



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) has created a new logo and the website has been updated with events throughout the summer to mark on your calendars!

Be sure to check out the website [HERE](#).



A celebration of light & hope.
Please join St. Luke's for our 27th annual
Saint Lucia Celebration
with a lunch of Swedish meatballs
(vegetarian meatballs also served)

Please bring 1 dozen cookies to share. Freewill offering.

Sunday, December 7th, 2025

@ 11:30am

We welcome children and youth to participate in the maiden & star boy pageant. Please pre-register (to make sure we have enough gowns.) Star boys, please wear a white shirt and black pants.

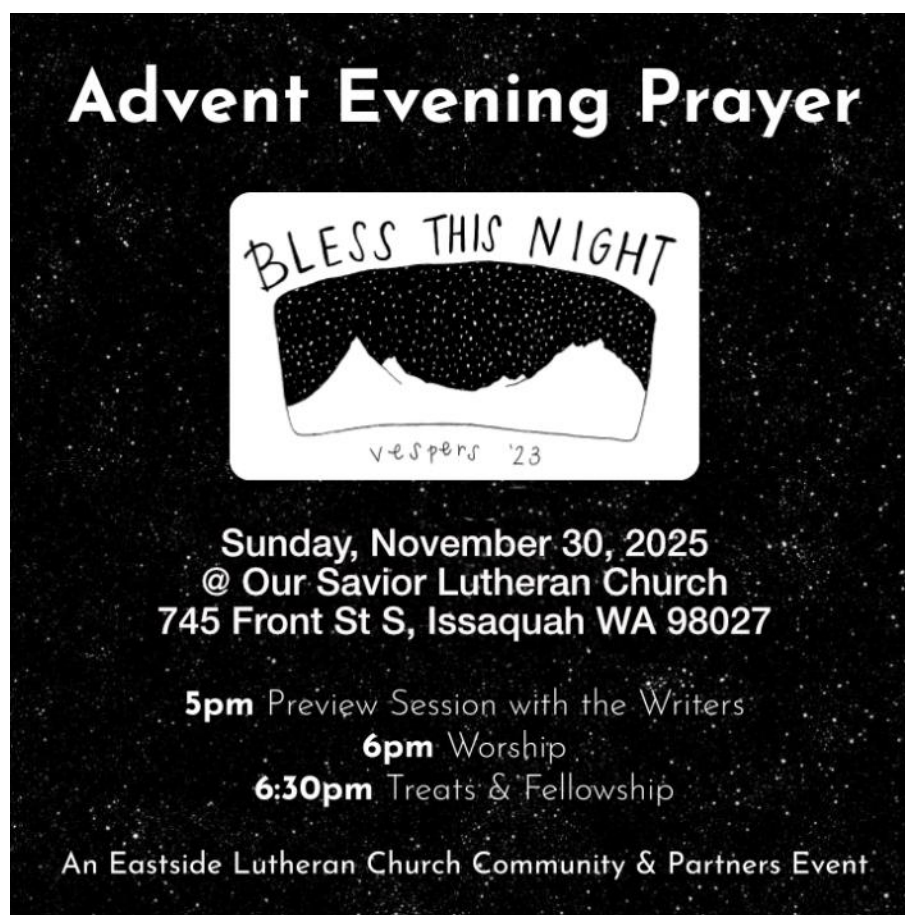


RSVP

St. Luke's Lutheran Church
3030 Bellevue Way NE Bellevue, WA 98004 (425) 822-7907 slukes.org



Holy Trinity Lutheran Church on Mercer Island will have mid-week Advent soup suppers and Holden Evening Prayer. If you're planning on attending, please sign up [HERE](#) so they have a head count for food.





PLU Christmas: All Shall Be Well: Join us for our beloved series of PLU Christmas Concerts as the Choir of the West, University Chorale, and University Symphony Orchestra present *All Shall Be Well*, a theme taken from the title of J.A.C. Redford's setting of Julian of Norwich's famous 14th-century text: "All shall be well, and all manner of thing shall be well." Leave inspired and transformed by the themes of hope, joy, peace, and love in works that celebrate the spirit of the Christmas season.

Tickets on sale November 4 at 10am

Order them online here: <https://www.plu.edu/christmas/>

Local Concert Date:

December 8 at 7:30pm in Benaroya Hall



CALENDAR

Wednesday, November 12

10:00 AM Women's Book Group
2:00 PM Care Team Meeting
4:00 PM Adult Education Committee Meeting

Thursday, November 13

7:00 PM Choir Rehearsal

Friday, November 14

Office is closed.

Saturday, November 15

2:00 PM Jan Benson Memorial Service

Sunday, November 16

9:00 AM Adult Education, *Our LDS Neighbors*
Sunday School Preschool – 5th grade
10:00 AM **Worship**
11:00 AM Knit Wits
Parks Anniversary Celebration

Monday, November 17

1:00 PM Staff meeting
6:30 PM Worship & Music Committee

Tuesday, November 18

8:30 AM Tuesday Morning Men
11:45 AM OWLS
7:00 PM Bell Choir

Wednesday, November 19

10:00 AM Women's Book Group, final meeting

Thursday, November 20

7:00 PM Choir Rehearsal

Friday, November 21

Office is closed.

Saturday, November 22

1:00 PM Song of Seattle Holiday Art Fair & Tea

Sunday, November 23

9:00 AM Adult Education,
Sunday School Preschool – 5th grade
10:00 AM **Worship**

Monday, November 24

1:00 PM Staff meeting
7:00 PM Outreach Committee

Tuesday, November 25

8:30 AM Tuesday Morning Men
2:00 PM Sophia Way Lunch drop off
7:00 PM Bell Choir

Wednesday, November 26

7:00 PM JEDI Committee meeting

Thursday, November 27 – THANKSGIVING!

Office is closed – Enjoy your turkey!

**You can access our
weekly online calendar
HERE.**

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

