

THE FRUIT OF THE SPIRIT

Part 5: Kindness/Goodness

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law. Galatians 5:22-23 NASB

You can't learn fruit. Fruit
is the byproduct of who we
are.

TWO ASPECTS OF KINDNESS:

- An Inner Disposition

- ▶ “Kindness is an inner disposition which delights in cheerfully advancing the happiness of others and in meeting their needs, fulfilling their wishes, and removing their distresses.”

- An Outward Demonstration

- ▶ “Kindness is goodness in action. It’s an expression of love that does something to bless and benefit others.”

- ▶ “Kindness is the medium through which the love of God becomes tangible through believers.”

THE KINDNESS OF GOD

He has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy.”

Acts 14:17

And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus,⁷ in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. Ephesians 2:6-7

Or do you show contempt for the riches of his kindness, forbearance and patience, not realizing that God's kindness is intended to lead you to repentance? Romans 2:4

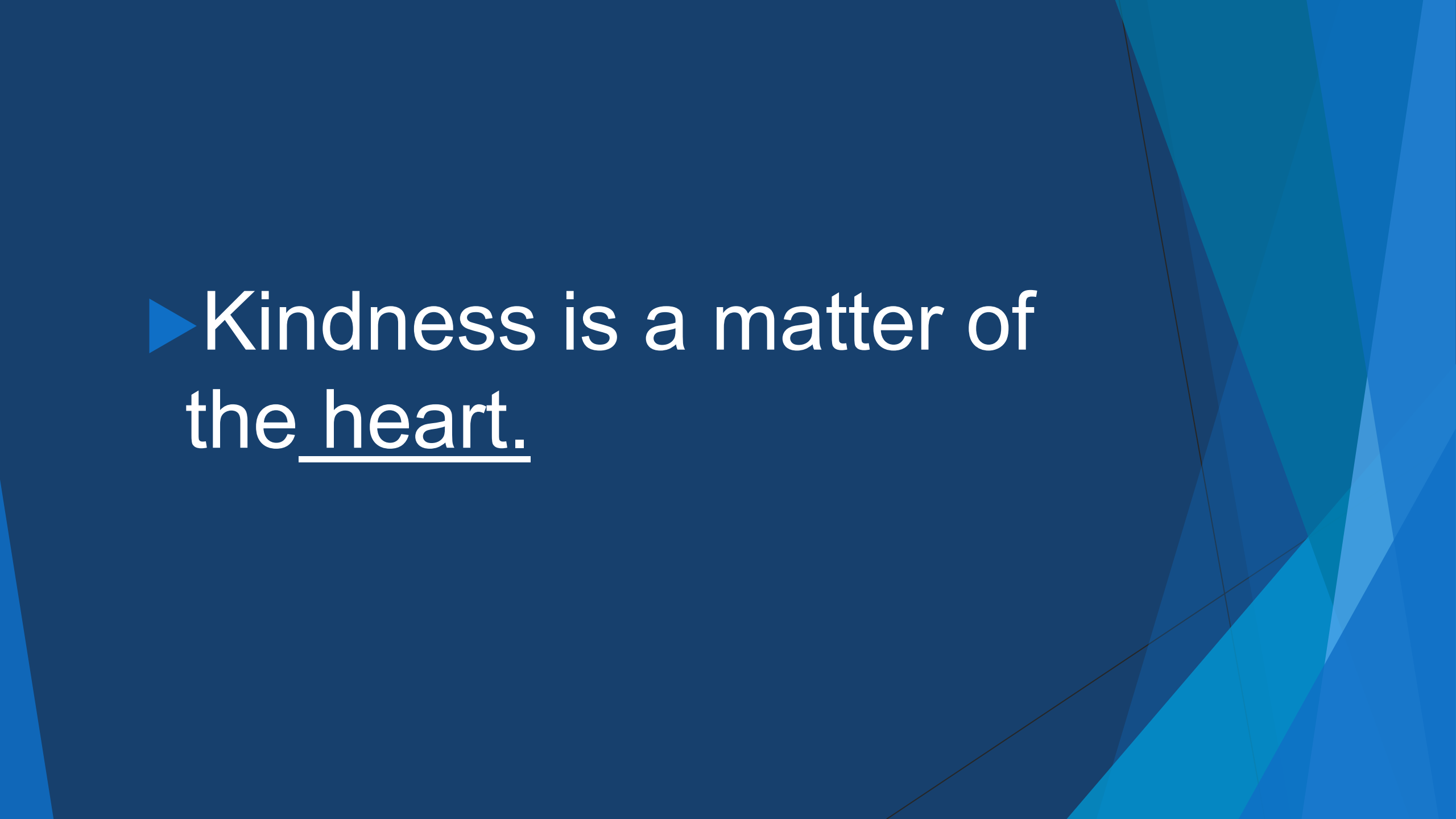
It's God's kindness that
ultimately wins our heart
and draws us toward
himself.

*David asked, “Is there anyone still left
of the house of Saul to whom I can
show kindness for Jonathan’s sake?”
2 Samuel 9:1*

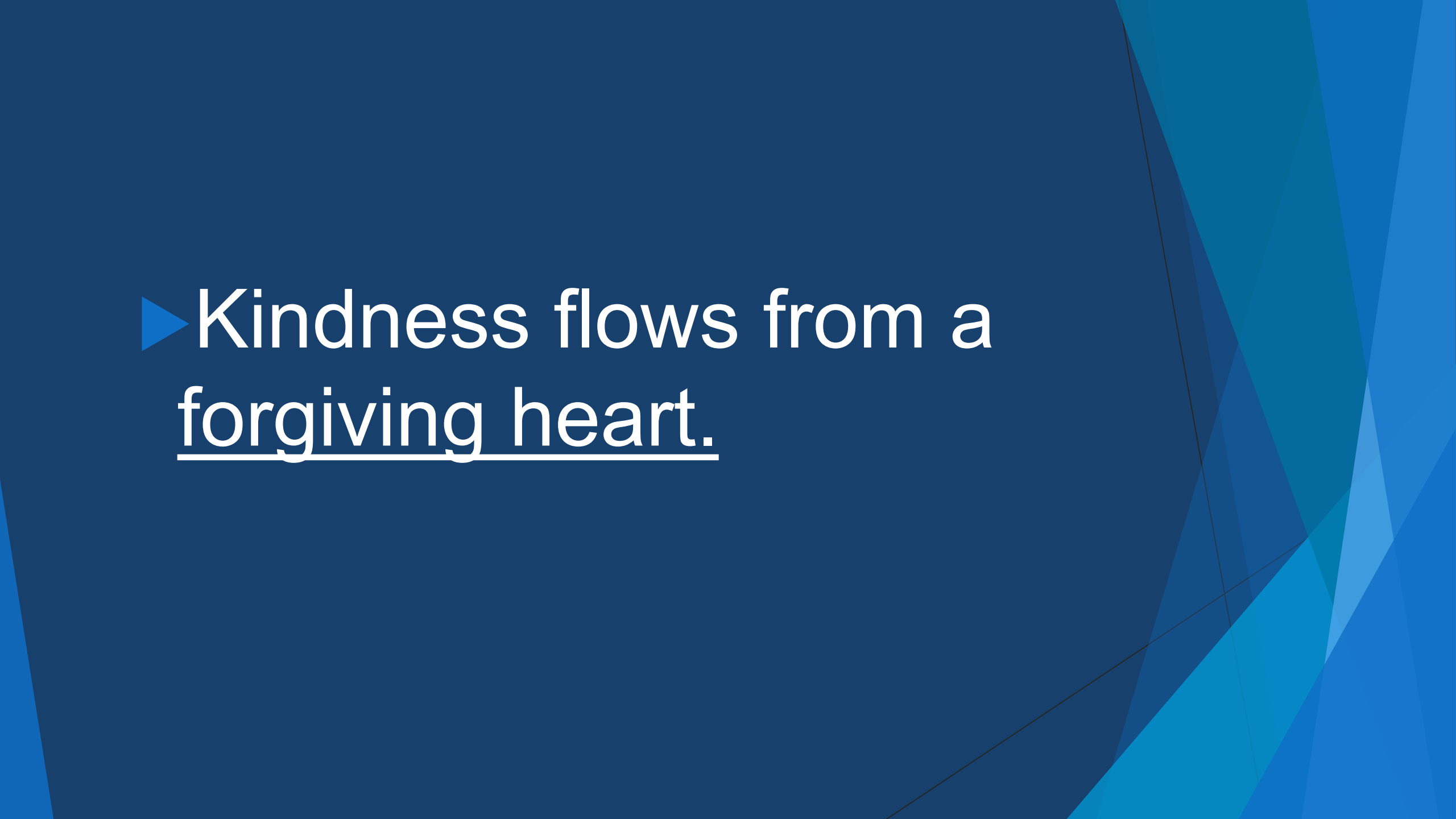
*“Don’t be afraid,” David said to him, “for I will surely show you kindness for the sake of your father Jonathan. I will restore to you all the land that belonged to your grandfather Saul, and you will always eat at my table.”⁸ Mephibosheth bowed down and said, “What is your servant, that you should notice a dead dog like me?”
(2 Samuel 9:7-8)*

*And be kind to one another,
tenderhearted, forgiving one another,
even as God in Christ forgave you.
Ephesians 4:32 NKJV*

▶ Kindness is a choice.



▶ Kindness is a matter of
the heart.

The background is a solid dark blue with a complex pattern of overlapping, semi-transparent geometric shapes in various shades of blue, creating a modern, abstract design.

▶ Kindness flows from a
forgiving heart.

So, as the Holy Spirit says: “Today, if you hear his voice, do not harden your heart as you did in the rebellion, during the time of testing in the wilderness...Hebrews 3:7-8

I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. Ezekiel 36:26