





November 6, 2025

Who doesn't like a hot bowl of soup on a chilly autumn day?



Join us at Okotoks United Church on Monday November 10, between noon and 2:30, for bowl of yummy hot soup and a bun - all for the low cost of \$7! Coffee/tea and a dessert are included.



Bake Sale & Intimate Café

Shop a unique selection of hand-crafted items from local artisans.

For more information, please contact the Church office at 403-938-4357. or okunited@telus.net.

NEWS FROM ST. ANDREW'S UNITED Written by P. Marie Wedderburn



By the transfer of her church membership on Thanksgiving Sunday, we welcomed Wanda le Roux.

The October 26th service saw twenty-three people join Karen Pryznyk for worship. Citing various verses from the book of Amos, Karen entitled her message

"You Might Be a Prophet." At the time of Amos there were two kingdoms in what had previously been Israel: the southern kingdom of Judah and the northern kingdom of Israel. Amos was a shepherd and faithful follower of God who lived in Judah and was told to go and prophecy to the rulers of Israel which he did. The rulers of Israel knew better but had turned to other gods (Amos 5:25). God's prophecy through the prophet Amos is in Amos chapter 9. Karen asked us in today's world whether we might be a prophet to our own people who have turned to worship other idols. How do we answer this?

On Sunday November 2nd (Julia's birthday), twenty-eight people joined her for worship which included communion. We heard the scripture Ephesians 4:14-16 and Julia's message was entitled "Growing Up." Her message began by saying that we are all on a spiritual journey. She went on to tell us parts of her life's story. What Julia shared with us is her story to tell and not mine. However, there were some statements Julia made that can be told and these include the following: we have to make our own community; if God made everyone, God loves everyone; God is the essence of our being. On the spiritual journey we are all on, I ask what parts of our life story have and continue to enhance this spiritual journey now and into the future?

FIRESIDE BOOK CLUB

2nd Tuesday of each month, at 1:00 pm in the Youth Room.

November's Read: Personal Librarian by Marie Benedict/Victoria Christopher Murray Check the church website to see what we're reading and discussing!

You are welcome to attend on a regular basis or simply if a book sounds interesting to you!

Please contact Janet Page at 587-363-5423 to join.

Are you seeking physical, mental or spiritual healing? Come experience a healing session! To book a session, please contact: Gisela Dyck at 403-938-2506





DECEMBER 7TH @ 2:00 PM

THE CURZON FAMILY
PHILHARMONIC JAZZ
THE MEN'S GROUP CHORUS
TRUDY HIPWELL

St. Andrew's United-Church, DeWinton

FOR TICKETS. (587)226 3839

SORRY NO TICKETS AT THE DOOR



Need a soulful, pick-me-up moment midweek?
Join us for worship,
Wednesdays at 10:00 am in the chapel.

Thank you Jacket Racket Volunteers for another successful Jacket Racket program!



and thank you, Karen Pryznyk, for being such an amazing coordinator!

Children 5 and up are invited to Sunday School during service at Okotoks United!

Foremost Pastoral Charge
A prayer for Adele M whose partner passed away.

Castor: Knox Pastoral Charge





PROFILE

Gita has 2 levels of Integrated Community Drumming Circle (ICDC) plus Gentle Therapeutic Drumming training from Circles of Rhythm (a welllaved and well-established company based out of Calgary, Alberta, Canada, with 25+ years in business they hold beautiful Circles every Friday evening throughout the year) and has been facilitating drumming circles, large and small, at various places around the community since 2016, including – but not limited to – schools, Okotoks Children's Festival, Canada Day events, refirement homes, community centres, Foothills Wellness Retreat events, and private

Gita has worked by herself and/or in collaboration with several other ICDCtrained facilitators so you may be seeing several of us at different event offerings.



FOOTHILLS SPIRITUAL LIFE CENTRE presents

DRUMMING CIRCLE

GITA GRAHAME

from Infinite Rhythms

Friday November 14th

7:00 - 9:00 p.m.

Okotoks United Church

43 Riverside Drive

Entrance by donation (suggested donation \$15.00)

www.okunited.ca



CHRISTMAS MARKET

OVER 25 VENDORS

Christmas photos in the morning with Lilyfire Photography (10am-1pm)
Calgary Fiddlers (2:15 & 3:00)
performing in the afternoon

SATURDAY NOVEMBER 22, 2025 10AM-4PM (FREE ENTRY)

DeWinton Community Hall 114 MacLeod Trail E, DeWinton



PROFILE

Swamini VishwaPratibha Maa was born in Calgary, Canada. After attaining a BSc. in Cellular and Microbial Biology, she realized it had taught her nothing about the true meaning of life, or God. The seeking began. It took her from Canada, to California, and finally to India. The first part of this journey is described in her memoir: "Inside the Wall: from Hollywood, to Homeless, to Higher Consciausness".

After thirty years on the path, she was initiated as a Sannyas of the Mahanirvani Akarda in India. After many trials, tests, and initiations, she was abruptly sent away from India, back to Calgary. Within months Paramahamsa Vishwananada flew to Canada and became her satguru. During her first visit to His ashram, Shree Peetha Nilaya, in Germany, she was immediately initiated as a Swamini in His monastic order.



FOOTHILLS SPIRITUAL LIFE CENTRE presents

SPIRITUALITY SPEAKER SERIES

SWAMINI VISHWAPRATIBHA MAA

Spirituality in Hinduism

"Sanatana Dharma, the Eternal Path"

Discussion & Refreshments to follow

Thursday November 20th

7:00 – 9:00 p.m.

Okotoks United Church

43 Riverside Drive

Entrance by donation (proceeds to Foothills Spiritual Life Centre)

www.okunited.ca



Need an apartment-sized deep freeze? It's free as long as you retrieve it yourself! Contact Dianne @ 403-404-9620 if interested.

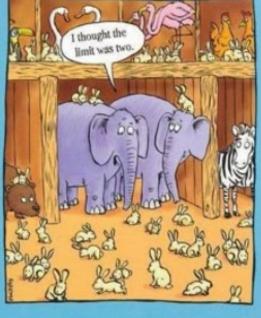
DINNER 6:00 PM

SATURDAY, NOV. 15



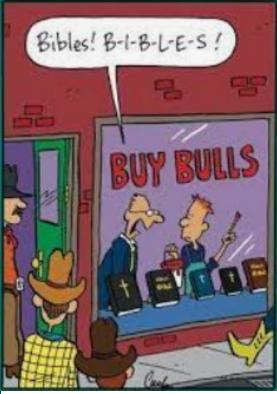
Laughter .. not only the best medicine but the cheapest.





DAY 39 ON THE ARK.







So single that when they ask for an emergency contact, I just put down: Jesus 🤎

