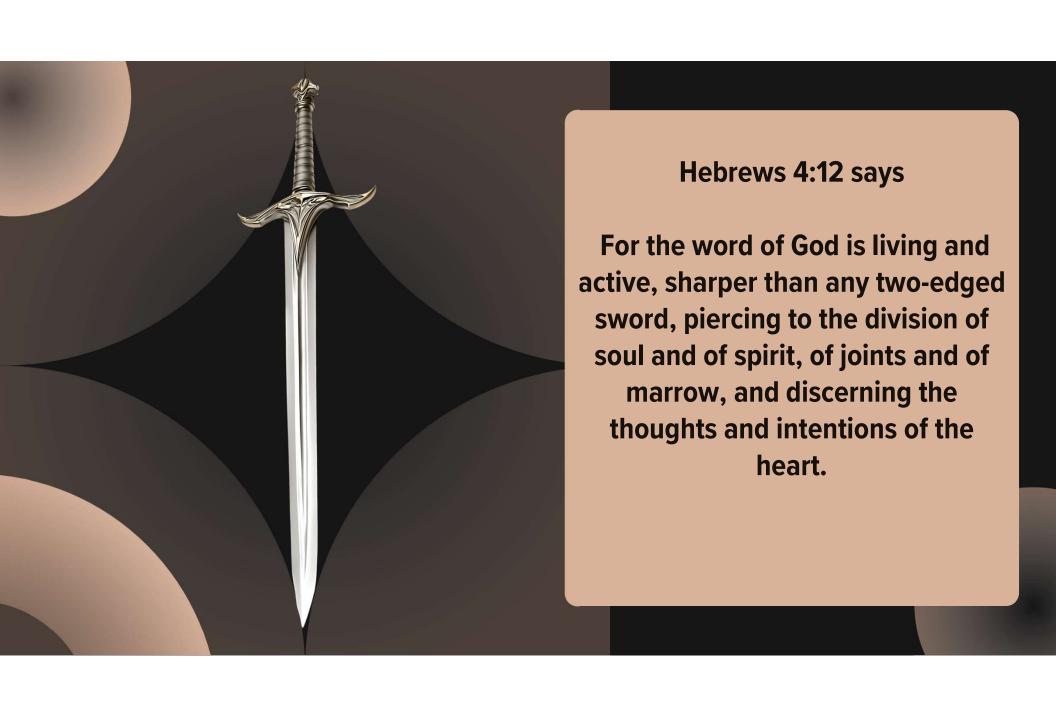
# The Power of Words: What We Speak & What We Keep











## The Power of Our Words

### What's one negative thought you often believe about yourself?

- Romans 12:2 says to be transformed by the renewing of your mind
- Ephesians 4:29 Watch the way you talk. Let nothing foul or dirty come out of your mouth.
  Say only what helps, each word a gift.







I will not fear, because God is with me Isaiah 41:10

I do not have a spirit of fear, but of power, love, and a sound mind 2 Timothy 1:7

His perfect love casts out all fear 1 John 4:18





#### **Proverbs 18**

20 From the fruit of a man's mouth his stomach is satisfied; he is satisfied by the yield of his lips.

21 Death and life are in the power of the tongue, and those who love it will eat its fruits.

#### Speak LIFE