

Flint Hills Bible Church
Biblical Soul Care Sunday School
Summary Discussion - AI Use in Soul Care

I. Introduction

I have the privilege of preaching for the Christmas Eve service this year. This afternoon, I can get onto Chat GPT or some other AI tool, and ask it to generate a 3 point sermon outline over Luke chapter 2. I could ask it to give me an illustration for each of those points, and to do the whole thing in the style of John MacArthur. I could then memorize it, and preach it during that service. What are your thoughts about that?

Objectives:

We will consider the benefits and risks of using AI in soul care.

We will use questions to examine the risks and rewards of using AI in a variety of areas - specifically as believers desiring to please God.

II. AI Chatbots for Biblical Counseling

Helpful Article: "[The Use of AI in Biblical Counseling](#)" As we consider whether or not to use AI in soul care, there are three concerns raised by Josiah Falukos.

Authority: Who has God called to provide soul care/discipleship to His people?

Ephesians 4:11–13 (ESV) — 11 And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, **12** to equip the saints for the work of ministry, for building up the body of Christ, **13** until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,

1. Who does God call to do the work of ministry?
2. How can relying on AI in ministry lead to a failure of church leaders to obey Scripture?
3. Does all AI use in ministry lead to failure to obey Scripture?

1 Thessalonians 5:14 (ESV) — 14 And we urge you, brothers, admonish the idle, encourage the fainthearted, help the weak, be patient with them all.

Romans 15:14 (ESV) — 14 I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one another.

4. Who is Paul talking to in these passages?
5. How can AI aid you in obeying this command?
6. How can AI hinder you in obeying this command?

Authenticity: the second concern from the article is the question of who is producing the work. Revisiting the introduction - What is wrong with using AI to generate a sermon for Christmas Eve? Wouldn't it free up so much time? Couldn't it produce such great content that could be beneficial to the church?

The author uses a University of Princeton policy that requires students to cite Chat GPT as a source when students use it in their work. If a secular university requires this of their students, how much more should we be honest in the way we work?

Application: As we learned from the podcast series we listened to, most chatbots are informed by a secular, godless worldview. This will show up in the goals and methods of counsel given.

7. What would be the goals of AI Therapy?
8. What is the goal of Biblical counseling?
9. How would these differences result in different counsel?

III. How should believers use AI?

Here are some questions to work through as you think about AI use in your discipleship/soul care, and in your life more generally.

- a. Does this help me bring glory to God?
- b. Does this AI tool help or hinder me in my walk with the Lord/ministry/relationships/work/etc.?
- c. What skills or habits will I lose by using AI?
- d. What skills or habits will I gain by using AI?
- e. What am I doing (or planning to do) with the time saved by using AI?