



Sermon Based Questions

"That Ship Has NOT Sailed: Boundaries" – Nathan Blais

November 2, 2025

This week's message taught that healthy relationships **require** healthy boundaries. From the creation of the world to the 10 commandments, God's limits bring order, protection, and room to flourish.

Share

1. What's one "boundary" from your childhood that made no sense to you at the time—but you now understand as an adult?
2. When you hear the word *boundaries*, do you think of restriction or protection? Why?

Discuss

3. *Genesis 1:1–25* - describes how God created boundaries that brought order and life out of chaos. Discuss the following claim "wherever there is chaos - you need to establish a boundary".
4. Read - *Psalms 119:97* - why would David *love* God's law? What does that passage communicate about God's reasons for creating boundaries?

Reflect

5. Where do you currently feel **chaos** in your life — and what **boundary** might begin to bring order to it?
6. What is the difference between **healthy generosity** and **unhealthy sacrifice**? Describe a time when perhaps you got this wrong and how you could do it differently in the future.
7. A lack of boundaries in your life may result in some of the following: Loss of identity, being with the wrong people, giving others freedom without responsibility, doing too much for others, being controlled by others. Which of these do you identify most with and why?

Apply

8. What's one specific relational boundary you sense God prompting you to establish or strengthen this week?
9. How can you communicate that boundary in a way that's clear, loving, and honors Christ?

Take a moment to pray as a group for wisdom to create boundaries that reflect God's order and love—so that each person can flourish in healthy, godly relationships.