



CREATED TO BE LIKE GOD

EPHESIANS 4:17-24 (BSB)

17 So I tell you this, and insist on it in the Lord,
that you must no longer walk as the Gentiles do,
in the futility of their thinking. 18 They are
darkened in their understanding and alienated
from the life of God because of the ignorance that
is in them due to the hardness of their hearts.
19 Having lost all sense of shame, they have given
themselves over to sensuality for the practice of
every kind of impurity, with a craving for more.

20But this is not the way you came to know Christ. 21Surely you heard of Him and were taught in Him—in keeping with the truth that is in Jesus— 22to put off your former way of life, your old self, which is being corrupted by its deceitful desires; 23to be renewed in the spirit of your minds; 24and to put on the new self, **created to be like God in true righteousness and holiness.**

**OLD SELF
DARKNESS
FOLLY**

4:17–5:25

**NEW SELF
LIGHT
WISDOM**

17 “So...”

Blessings	One Family	God's Grace	Bring Glory
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Wisdom	Strengthened	Build
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Immeasurably More

“I tell you this...”

17 "I tell you this and insist on
it in the Lord"

17 “you must no longer walk as
the Gentiles do, in the futility of
their thinking.”

Is It Sinful to Date a Non-Christian?

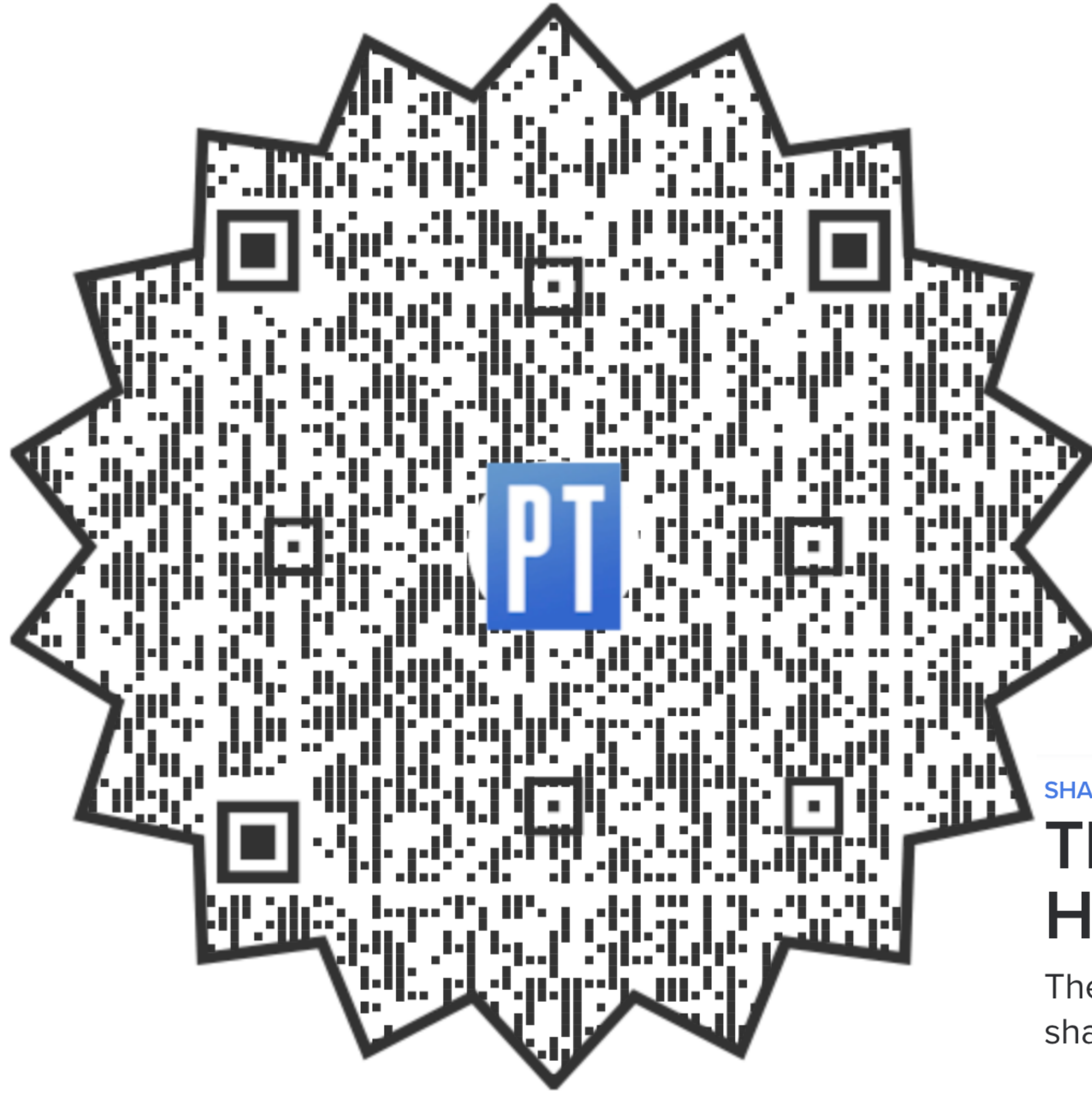


6:06

17 “you must no longer walk as
the Gentiles do, in the futility
of their thinking.”

18 “They are darkened in their understanding and alienated from the life of God because of the ignorance that is in them due to the hardness of their hearts.”

19 “Having lost all sense of shame,
they have given themselves over to
sensuality for the practice of every
kind of impurity, with a craving for
more.”



Bret Lyon, Ph.D., SEP, and
Sheila Rubin, MA, LMFT

Unlocking Shame

SHAME

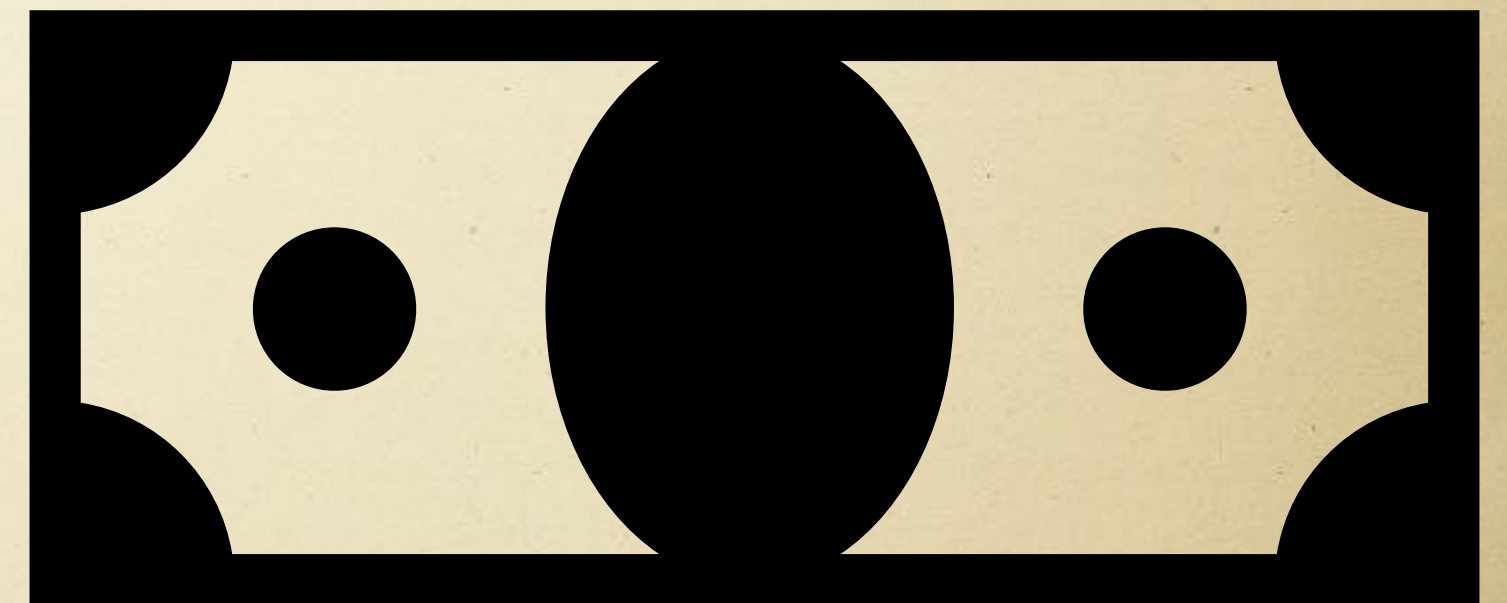
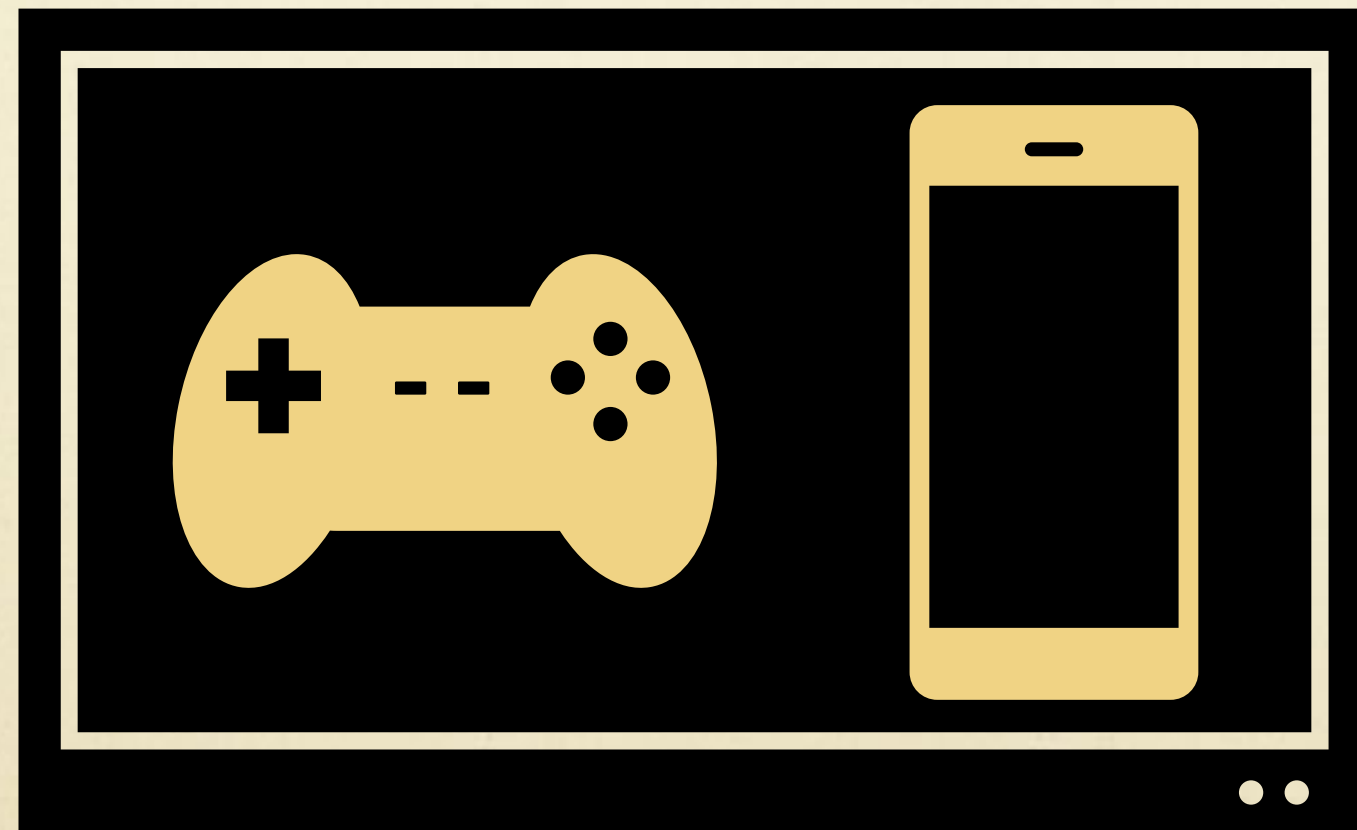
The Surprising Benefits of Healthy Shame

There's a world of difference between healthy and toxic shame.

20 But this is not the way you came to know
Christ [you were taught]

22 to put off your former way of life, your old
self,

22...your old self, which is being corrupted by
its deceitful desires;



Overcoming Deceitful Desires

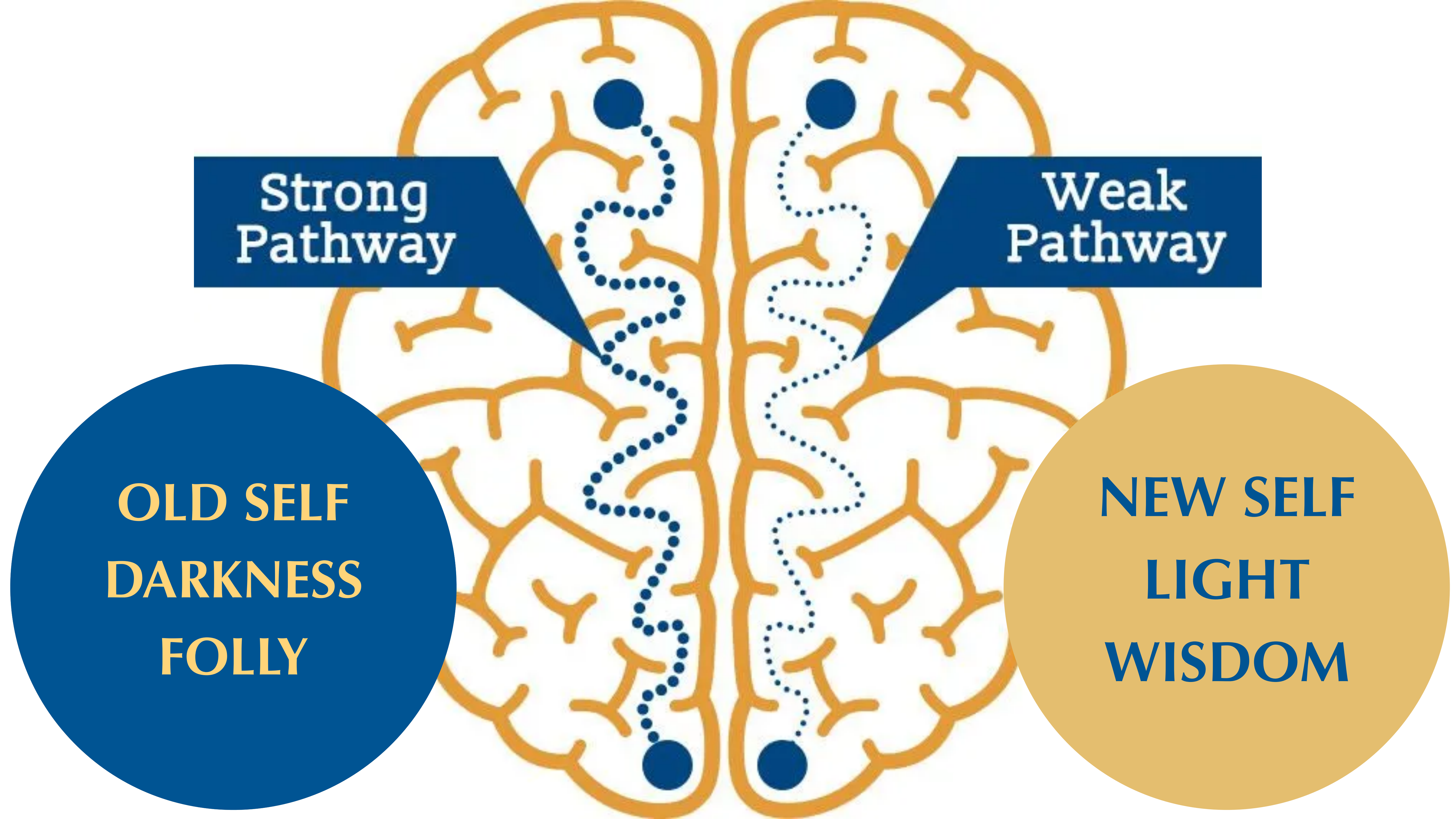
- Compare every desire to God's Word (Psalm 119:105)
- Invite accountability; light exposes deception (Eph 5:11)
- Stay satisfied in Christ (Psalm 16:11)
- spiritually starved souls fall for counterfeit joy

23 be renewed in the spirit (attitude)
of your minds;

As we daily lay aside our old behaviors
and replace them with godly ones, the
God of grace works in us through the
power of the Holy Spirit.

— Our Daily Bread, RBC Ministries

24a put on the new self

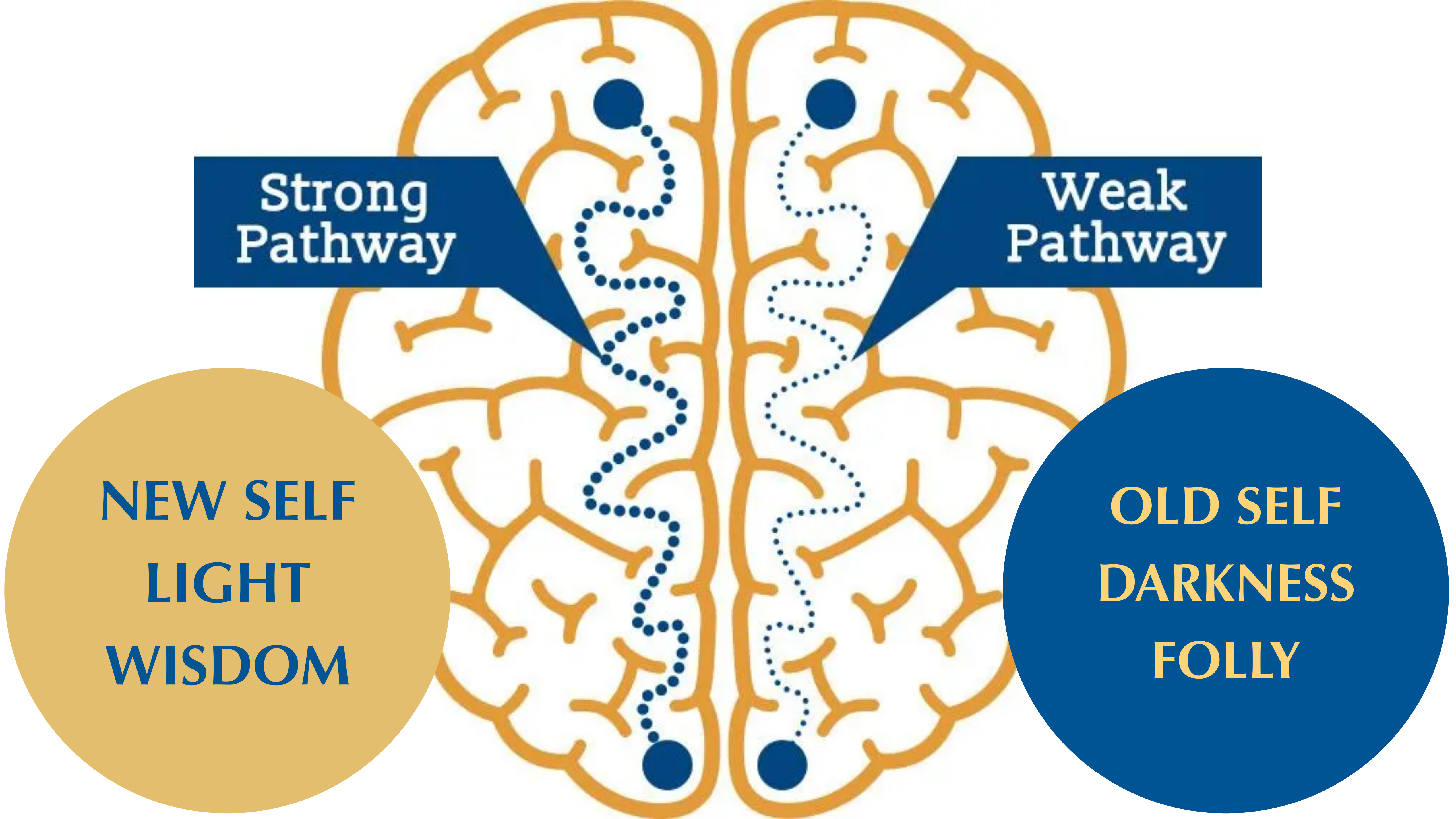
A stylized illustration of a human brain in orange outline. Inside the brain, there are four dark blue circular nodes, two in each hemisphere. Dotted blue lines represent neural pathways connecting these nodes. On the left hemisphere, a path is thicker and more direct, while on the right, it is thinner and more convoluted. Two blue callout boxes point to these paths. At the bottom, there are two large circles: a dark blue one on the left and a gold one on the right, each containing text.

**Strong
Pathway**

**Weak
Pathway**

**OLD SELF
DARKNESS
FOLLY**

**NEW SELF
LIGHT
WISDOM**



**Strong
Pathway**

**Weak
Pathway**

**NEW SELF
LIGHT
WISDOM**

**OLD SELF
DARKNESS
FOLLY**

“Paul doesn't tell them to become
someone new but to become the people
they truly are...”

— Tim Mackie, Bible Project

24b [*a people*] **CREATED TO BE LIKE GOD**
in true righteousness and holiness.

Eph 2:1 And you were dead in your trespasses and sins, 2 in which you used to walk when you conformed to the ways of this world and of the ruler of the power of the air, the spirit who is now at work in the sons of disobedience. 3 All of us also lived among them at one time, fulfilling the cravings of our flesh and indulging its desires and thoughts. Like the rest, we were by nature children of wrath. 4 But because of His great love for us, God, who is rich in mercy, 5 made us alive with Christ even when we were dead in our trespasses.