



Diocesan Anglican Church Women  
Volume 16, Issue 2 — November 2025  
Diocese of Fredericton

# *ACW Launching Out*

## OUR PURPOSE

- *To unite women in a fellowship of worship, study, and offering which will deepen and strengthen their own spiritual lives, and lead them into Christian service in parish, community, diocese, nation, and world.*
- *To work for and sustain an informed interest in the mission of the Church.*



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PUBLIC DOMAIN

Ceremonial guards march by the Tomb of the Unknown Soldier at the National War Memorial in Ottawa, Canada.

*Launching Out is posted on the Anglican Diocese of Fredericton website ([anglican.nb.ca](http://anglican.nb.ca).) Members, please post or circulate this newsletter in your ACW branches as you are able to do safely.*

## ACW upcoming meeting locations

Clip & save for future reference

### FOR SEPTEMBER QUIET DAY

2025 – Shediac deanery  
2026 – Miramichi Chaleur deanery  
2027 – Woodstock deanery  
2028 – Kingston & the Kennebecasis deanery  
2029 – Fredericton York deanery  
2030 – Saint John Lancaster deanery  
2031 – St. Andrews deanery ?

### FOR THE MAY ANNUAL MEETING

2025 – Fredericton York  
2026 – Shediac  
2027 – Miramichi Chaleur  
2028 – Woodstock  
2029 – Saint John Lancaster  
2030 – Kingston and the Kennebecasis  
2031 – St. Andrews ?

### *How to donate via e-transfer, to the diocese and to Camp Medley:*

For donations earmarked for various missions and people, send an e-transfer to [finance@diofton.ca](mailto:finance@diofton.ca)

To donate to Camp Medley, send an e-transfer to [finance@campmedley.ca](mailto:finance@campmedley.ca)

**IMPORTANT:** When using e-transfer for any donation, we require the sender to note the recipient of the donation (i.e., Camp Medley, Paul Jeffries, Pennies & Sparrows, etc.) and include the sender's name and mailing address so we can send you a donation receipt.

### Book of Remembrance - Roll of Honour -

Our Book of Remembrance/Roll of Honour custodian is Jill Stewart. Please notify Jill and your Deanery representative with the names of those who should be entered into the Book of Remembrance. If you would like to put a member on the Roll of Honour, please contact

Jill at 506-228-4905  
or 506-210-2719;  
email: [jillstewah@gmail.com](mailto:jillstewah@gmail.com); mail: 70  
McLeod Road, Bay  
du Vin, NB E1N 5R4



### *ACW Launching Out*

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Diocese of Fredericton  
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Submit articles up to 600 words.  
Articles may be edited as necessary  
for length and clarity. Please send to:

Gisele McKnight, editor,  
< [gmcknight@diofton.ca](mailto:gmcknight@diofton.ca) >

12 Spruce St., Sussex, NB E4E 1L9



# Fredericton/York deanery report — a disappointing day

Fredericton/York Deanery held their meeting at St. Michael's Minto on Thursday, Oct. 16. The day started with snacks and then our church service conducted by the Rev. Harley Clowater.

There were only two present from a visiting church. Eva Morton and Carol Wilson came from St. Thomas Stanley so that changed our agenda.

At roll call, 2 St. Thomas, 3 St. Michaels, 2 St. Augustine.

Bonnie read the minutes from the 2024 meeting held at St. Johns, Oromocto. There was no treasurer's report at this time.

We received \$60 for registration and this morning's church collection was \$125. Eva made a motion to designate the money for the Farraline Home flooring fund. This was seconded by Brenda Barton; motion carried.

Reports were given. St. Thomas will be celebrating their 146 year on Nov.1. St. Augustine will be joining St. Michael's ACW as their church has now closed, and St. Michael's report was read.

I read a report sent from St. Peter's telling the deanery that they dissolved their branch. They disbursed their remaining funds to different outreach programs.

That pretty much covered any business. We honored our deceased member in the church service so no service was needed and installation for next year was not



Kathleen Snow, centre, in black, was the guest speaker at the Fredericton-York deanery meeting Oct. 16. Kathleen is the worldwide president of Mothers' Union, and a member of Christ Church Cathedral in Fredericton.

done, as no one wanted to take it on.

We had a lovely lunch. In the afternoon, the ladies from St. Thomas thanked the Parish of Minto and Chipman for their hospitality and fellowship.

While waiting for guest speaker Kathleen Snow, worldwide president of Mothers' Union, we discussed the future of these deanery meetings.

A lot of work goes into planning for these meetings, and consider-

ing the low attendance, maybe it should be up for discussion with other deaneries about its future.

Kathleen gave a great talk which was very interesting. Some of the ACW members were new to MU ministry. The kitchen girls came up to hear her speak. We ended with grace and safe travelling prayer.

**Respectfully Submitted,**  
**Marie Hargrove, secretary/ Bonnie Anderson, president**

## **A note from Bonnie Anderson, president of Minto ACW and the Fredericton/ York Deanery**

*To the Deanery Churches of Fredericton/York, regarding our deanery meeting held Oct. 16:*

We were very disappointed in the turnout for our meeting. Only

two other ACW members attended. They were from St. Thomas Church, Stanley.

With our parish, we made a group of 10, including kitchen help.

A lot of preparation went into planning and making this day. That was the major conversation of the day.

If this is a sign of what is to come,

then maybe it's time to consider just having one meeting and that being the Diocesan meeting held in May.

I don't have any knowledge of any of the other deaneries in our diocese, but it would be worthwhile to see what they are experiencing.



## Branch Treasurer's Report Form

Please read information carefully before completing the form.



Date: \_\_\_\_\_

Deanery: \_\_\_\_\_

Church: \_\_\_\_\_

Place: \_\_\_\_\_

Divinity Scholarship Fund ..... \_\_\_\_\_

Administration Fund - \$50 per Branch ..... \_\_\_\_\_

Social Action Fund – At least \$25 per Branch ..... \_\_\_\_\_

Extra-Cent-A-Day Fund..... \_\_\_\_\_

Our Fair Share..... \_\_\_\_\_

Farraline Home..... \_\_\_\_\_

**Farraline Home (carpet fund)** ..... \_\_\_\_\_

Diocesan Camps Projects..... \_\_\_\_\_

Camp Medley..... \_\_\_\_\_

Camp Brookwood..... \_\_\_\_\_

Paul Jeffries' Stipend..... \_\_\_\_\_

Bishop McAllister College, Uganda..... \_\_\_\_\_

Helen Burton Fund ..... \_\_\_\_\_

PWRDF - Alongside Hope..... \_\_\_\_\_

Council of the North..... \_\_\_\_\_

Threshold Ministries (*Church Army renamed*) ..... \_\_\_\_\_

Kara and Nelson Mejia-Michigan mission..... \_\_\_\_\_

Anglican Foundation of Canada - ACW Trust Fund..... \_\_\_\_\_

Other ..... \_\_\_\_\_

**TOTAL:** ..... \_\_\_\_\_

Name of Branch Treasurer: \_\_\_\_\_ Phone# \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_ E-mail: \_\_\_\_\_



PLEASE make **cheque** payable to: **ACW, Diocese of Fredericton**

and mail to: Cathy Lutes, Diocesan ACW Treasurer, 87 Venus Crescent, Hanwell, NB E3C 1N1

(E-mail: [lutescathy@hotmail.com](mailto:lutescathy@hotmail.com)) Phone: 506-447-8695

## Diocesan Treasurer's Report - November 2025

This will be a short report. I injured myself on Oct. 2 and I've been pretty much out of commission since. My recovery is slow, but improving each day.

But I do have some very important information for you all as we go forward.

We just finished our third quarter in our finances. The third quarter was pretty slow and not much activity to report.

I'm hoping to start receiving all the donations and branch dues in these next few weeks. We are still receiving mail here.

Canon Paul Jeffries has retired from Bishop McAllister College and is no longer receiving a Stipend from the Diocese. Canon Paul is still at the college, but just to help with the transition.

He is receiving CPP and a church pension from the days he was in Canada, but he will still need assistance from those who care.

I'm still collecting money for his Stipend and I'll be sending it to another priest in N.B. who deposits Canon Paul's cheques into a Canadian account.

Please don't send stipend money to the Diocese, it won't be sent to him, but put into the College fund and I don't know how long they will be doing this.

So please send stipend money to the ACW Diocese of Fredericton account, addressed to me.



Cathy Lutes

The Revs. Kara and Nelson Mejia are no longer ministering in Honduras. They have moved to Michigan, USA. I'm not going to get into details here, but you can read all about their new ministry online at *NB Anglican*.

Their new ministry is helping a church's mission program by getting material translated into Spanish to help the Spanish churches with whom this church is connected.

They are hoping that this will help open doors for their own Spanish ministry in the future. They are still in need of financial assistance and will appreciate anything ACW branches can send along.

Again, the Diocese no longer funds Kara and Nelson, so if you still want to support them, send your donations to the ACW Diocese of Fredericton account and send it to me. I have an

address to forward the money to them that Kara has given me.

If you were to support the Flooring Fund for Farraline Place, please send that donation as well to the ACW account to me. The board wants me to save the money for them. If the money is sent to the home, it just gets put into the general fund and not saved for the flooring.

**I am going to remind you all of the following:** I have been warned by the bank that it will not accept any cheques that are not filled out properly. They would not allow me to deposit a cheque that didn't have "Fredericton" on the cheque a few weeks ago.

Please make the cheque out to **"ACW Diocese of Fredericton."** I will be returning cheques to the senders to have them filled out properly.

Peggy and I enjoyed our time with the Woodstock Deanery as they held their Annual and also with the Shediak Deanery in Aulac as they held Quiet Day.

Unfortunately, because of my injury, we could not attend the annual meeting in Miramichi/Chaleur or even our own Deanery, Fredericton/York. I'm so sorry to have disappointed so many.

As your branches gather again this fall, I want to wish you all a safe and blessed year.

***Your sister in Christ, Cathy J. Lutes,  
Diocesan ACW treasurer***



### Reminders from Launching Out

- The deadline for submissions is always the 22nd of the month before publication: Aug. 22 for September; Oct. 22 for November; Jan. 22 for February and March 22 for April.
- Launching Out needs your news! Please consider sharing your news so it can be included in the next publication of Launching Out. Don't hide it under a bushel — let it shine! Send to: gmcknight@diofton.ca





## Can we imagine a new way to be the ACW?

“When the Son of Man comes, will He find faith on the earth?” (Luke 18:8b)

I was looking forward to the Fredericton/York Deanery Annual meeting on Oct. 16.

Two of us from the Parish of Stanley drove to Minto and ducked raindrops to enter the church for registration.

We were 10 minutes shy of 10 o'clock, so we expected to see a bevy of ladies mingling, drinking

coffee and enjoying muffins.

We walked in the door and saw about five people. Assuming that everyone else was later than us, we asked who else was coming, and we were told, “You’re it.”

It was an annual meeting, with a date set months before, and less than 10 people were present.

The ladies of Minto and Chipman had spent many hours preparing for this event, printing booklets and bulletins, arranging music and a service of Holy Communion.

They had cooked a lovely luncheon of turkey pot pie, gingerbread and whipped cream, tea, coffee, as well as mountains of muffins.

They had also invited a guest speaker who gave us a terrific presentation which was truly inspiring.

We had driven from Fredericton and could have transported anyone who needed a ride, but no one reached out asking for one.

The business meeting was shorter than usual because none of the executive were present with the necessary documents. It felt very awkward.

Apparently the organizers were not informed until the day before that this would happen.

Given that so much work had gone into preparing this meeting, I think the hosts should have been treated with more consideration.

But, all that being said, I was impressed by the faithfulness of the ladies who hosted, and who have been showing up over the years to ensure that the work of ACW continues throughout this diocese.

I commend the ladies of Minto, Chipman, and Stanley who continue to show up and participate in this ministry.

Sadly, of the eight ACWs that attended the Fredericton/York meeting last year, all but three have disbanded.

What does this tell us? Are we to

look for new ways to be Anglican Church women? Should we unite with Mothers’ Union?

Should we do away with deanery meetings, and concentrate on the annual diocesan one?

Should we have a better system of communication so that car-pooling could be arranged for all gatherings?

From reading E-news I gather that the annual Quiet Day was a success, and I also heard positive feedback from the seniors’ retreat at Camp Medley.

Perhaps that’s the sort of ministry we need to be concentrating on. Some of our hospitals have invited churches to lead worship services, and we all know that nursing homes welcome as many volunteers as they can get.

Should we be less about business and more about spiritual care?

It’s easy to complain, but a lot harder to come up with positive suggestions.

I’m an optimist by inclination, so I certainly think we should be open to the possibility of change.

Can we imagine a new way of being ACW? Can we open ourselves up to see where our Lord is leading us?

Is our shepherd leading us into new pastures?

The Rev. Harley Clowater, presiding at Holy Communion for our meeting, had us read the 23rd Psalm in the King James Version. I think these timeless words might inspire us:

*“He makes me to lie down in green pastures: he leads me beside the still waters. He restores my soul; he leads me in paths of righteousness for his name’s sake . . .”*

Jesus Christ is the same yesterday, today, and forever. But we aren’t.

**Blessings, Eva**



**H**appy fall to all the ACW members.

As usual fall has been very busy. I attended a few Deanery meeting, though not as many as wanted too.

Health and natural disasters are something you can't control. My travel buddy has been under the weather, and so has my house.

As of today, my travel buddy is on the mend, and the roof repair is complete.

I did have a wonderful time at Quiet Day. Lunch was delicious. The craft was fun. I used mine for Lego flowers, and my daughter-in-law used hers for a pencil holder.

I attended the annual fundraising gala for Farraline Place. It was a fun night. We enjoyed a chicken dinner.

We were entertained by a wonderful choir with beautiful voices. I am sorry to say I did not hear the



**Our crafts from Quiet Day.**

name of the choir or where they were from. The bake table, live auction and your choice auction were fun and I believe it was a huge success.

We were sorry to hear Judy, the long-time director of Farraline Place is retiring the end of October. We appreciate all the hard work, all of her strength and compassion she put into caring for all the residents. She

truly made it their home. We wish her all the best.

Christmas is right around the corner. Please remember cards for residents of Farraline Place, cards for the ladies in your group who can't go to meetings, and food for the food banks.

I hope you all have a wonderful Christmas and a joyous new year.

During the Christmas season, the Mission to Seafarers in Saint John runs Santa At Sea, providing gifts to seafarers visiting our port. With your help, the Mission distributes these Christmas packages to seafarers on several ships.

Items needed: Shampoo, shave cream, toothpaste, tooth brush, dental floss, mouth wash, body wash, deodorant, disposable razors, lip balm, combs, hand lotion, Kleenex, hand sanitizer, gloves, socks, scarf, toque, playing cards, game books, Sudoku books, pens, note pads, Canada souvenir (pin/magnet/key chain), candy (individually wrapped), chocolate bars, nuts, chips, gum, Christmas card.

**Saint John  
Mission to Seafarers**



For information, open hours and pick-ups, call Tony: 506-635-1731 or email: [hello@sjseafarers.com](mailto:hello@sjseafarers.com)

**Important notes:** Due to port security controls, do not wrap items | Cash is always welcome so we can buy what is needed (tax receipts issued) | Usual shortages: Gloves, scarves, shampoo, deodorant, shave cream, hand lotion, lip balm | Drop off donations at the Mission (92 Tilley Lane, Saint John) preferably by Dec. 15.

*May the blessings  
of Christmas  
remain with  
you throughout  
the year.*



# Lancaster-Saint John Deanery meeting report

The annual meeting of the Lancaster-Saint John Deanery ACW took place on Sept. 23, hosted by the Oak Point branch.

Following a service of Holy Communion at St. Paul's, and after dealing with the usual Deanery business of reports and elections, members and guests, including Diane Todd, VP of the Diocesan ACW, enjoyed an informative talk on the origins and varied operations of the Mission to Seafarers by the Rev. Eric Phinney, the mission's current regional director of Canada.

Lunch was a delicious potluck style buffet held at Branch 87 of the Royal Canadian Legion, and during same, a traditional 'brown bag' sale was held.

After lunch, Deanery president Donna Middleton called the meeting to order to complete the day's business.

Flowers from the memorial



**ABOVE LEFT:** The tables were set for a delicious potluck lunch at the Deanery meeting of the Lancaster-Saint John ACW.

**ABOVE RIGHT:** The Rev. Eric Phinney, regional director of the Mission to Seafarers in Canada, shows off the flag of this worldwide Anglican mission.



SUBMITTED PHOTO

service were distributed and the combined monies from collection, dues and brown bag sale were tallied and split between the

Mission to Seafarers and Faraline Place.

Next year's annual will be hosted by Grand-Bay Westfield.

St. Thomas Anglican Church

12 inch assorted plate \$25.00

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# Woodstock ACW annual deanery meeting report

Members of the ACW Woodstock Deanery met Sept. 9 at the Church of The Good Shepherd, Florenceville-Bristol. The day began with coffee and snacks provided by St. Luke's ACW.

The service of Holy Communion was led by the Rev Bob Lebanc, assisted by the Rev. Canon Bonnie LeBlanc. The theme of the service was "I was a stranger and you welcomed me."

Clara Pirie, deanery president, welcomed everyone. Jean Collicott replied to the welcome and noted she was glad to be in attendance and to get a chance to talk with everyone.

Readers were Peggy Green and Wilma Inman. Rev. Bonnie read the gospel for the day. Barb Smith read the Litany for Women with responses from the members.

Barb Smith read the names of deceased members since October 2024 from the Book of Remembrance. Flowers were placed on the organ in memory of them.

Following the service, Clara opened the meeting. The Courtesy Committee from St. Luke's will be Nancy Robinson and Linda Gouthro. Everyone joined in the members' prayer.

Clara welcomed the diocesan executive: president Peggy Boucher, treasurer Cathy Lutes and honorary president Debbie Edwards and her mother, Blanche Prince.

Roll call of branches: Parish of Woodstock - 8, Parish of Wicklow, Wilmot, Peel and Aberdeen - 9.

Barb Smith read the minutes from the meeting of October 2024. It was moved by Nancy Robinson, seconded by Jean Collicott to accept the minutes as read. Motion carried.

No business arising from the minutes. No correspondence.

Clara spoke briefly on her report, noting she was very impressed with the work being done by both branches. The quilt project, fostering closet, and visits to



**ACW members had a productive, enjoyable day at the annual deanery meeting held Sept. 9 in Florenceville-Bristol.**

Farraline Place are all very important ministries in our deanery.

Camp Brookwood Report: board member Barb Smith noted they are still struggling with numbers for each camp but those who attended this year had lots of fun.

At noon everyone moved to the church basement for lunch that was provided by the hosting ACW.

After lunch Wilma introduced the guest speaker, Susan McLaughlin, a navigator from Nursing Homes Without Walls, an organization affiliated with River View Manor. This organization helps people live longer in their homes, and to live a better quality of life. They currently have 150 clients. It was a very informative presentation.

Rev. Bonnie noted that other clergy from the deanery were unable to attend today. The Rev. Harold Boomer is away; the Rev. Canon Fran Bedell is not well; the Rev. Maria Shepherdson had an emergency.

Peggy Boucher gave a brief message on "When does your new year begin." What are the ACW goals for this year?

Honorary president Debbie Edwards spoke on the working of Alongside Hope and her trip to Ken-

ya as the diocesan representative. It was enlightening to see projects that we support — giving hope to those in need.

Alongside Hope is one of the top ranked charities in Canada.

Treasurer Cathy Lutes noted the ACW report form has been revised to include the carpet fund for Farraline Place.

The day's offering was dispersed equally to Alongside Hope (Solar Suitcase); Farraline Place carpet fund; and River View Manor nursing homes.

It was moved by Dorine Denique, seconded by Peggy Green to accept the Annual Report booklet, noting amendments. Motion carried.

Courtesy report: Linda Guthrie said it was a wonderful meeting, great food and great hospitality. Nancy Robinson thanked the hosting ACW for welcoming everyone, noted a very nice service and was very pleased with the information from the guest speaker.

The next annual meeting will be Sept. 8, 2026 at St Luke's, Woodstock.

Rev. Bonnie closed with prayer.  
**Submitted by Barb Smith, secretary,  
Deanery of Woodstock ACW.**

## Highlights of the 169th annual meeting of Kingston and Kennebecasis Deanery

The service of Holy Eucharist was celebrated by the Rev. Dan McMullin, assisted by catechist Tyler McKenna, at Trinity Anglican Church in Sussex Sept. 18, as part of the annual meeting of the deanery of Kingston and the Kennebecasis.

Rev. Dan welcomed the ACW members and thanked them for their work and support in their respective churches and communities.

The ACW deanery banner was transferred from St. Luke's, Gondola Point. The business meeting commenced at 11 a.m. with our branch president Lydia Janes opening with prayer and welcoming members.

A lovely memorial service was conducted by our Book of Remembrance Custodian Jean McDonald. She read scripture from the gospel of St. John.

The Lord's Prayer was recited in unison and a carnation was placed in a vase for departed members.

Roll call was answered by 20 members present from six branches.

Before lunch Gisele McKnight spoke of the need in Sussex and surrounding area that inspired her to start a community pantry.

She received a call from CBC requesting an interview which generated many donations of non-perishable food, eggs, farm produce and cash donations for her pantry which can be found at 12 Spruce Street in Sussex.

A lovely lunch was enjoyed by all.

After lunch Beverly Floyd of Church of The Ascension, Apohaqui spoke about their successful fundraiser, two days of making apple pies and apple crisps.

She described how they advertise the event, receive orders, organize preparation and delivery with help from the community, with proceeds donated to the Sussex Sharing Club, Salvation Army and Apohaqui Elementary School



SUBMITTED PHOTOS



**TOP:** Ladies gathered Sept. 18 for the Kingston & The Kennebecasis Deanery annual meeting at Trinity Church, Sussex.

**ABOVE LEFT:** Gisele McKnight was a guest speaker.

**ABOVE RIGHT:** The deanery banner in place at the meeting Sept. 18.

Breakfast Club.

Lydia Janes of Trinity Sussex spoke about their fundraising project a Pie Slice.

The offering of the day will go to Farraline Place to help with carpeting expenses.

Diane Todd brought greetings from the Diocese.

The second speaker was Major Suzann Wiseman from the Salvation Army speaking on Pathway of Hope. It is a program of aiding people by listening and helping them to navigate

the system re: education, health, housing and integrating them into the community, churches and service.

They service Sussex and surrounding area. Their food pantry is open when food banks are closed. Their biggest goal is to fill tummies and keep food on the shelves.

Lydia closed the meeting with the ACW closing prayer.

*Respectively submitted by Joy Knox, secretary – treasurer.*





MCKNIGHT FILE PHOTO

Some of the Diocesan ACW executive are seen here, from left: treasurer Cathy Lutes, president Peggy Boucher, vice-president Diane Todd and past president/custodian of the Book of Remembrance and Roll of Honour Jill Stewart.

### Book of Remembrance; Roll of Honour

Got a name you want to submit? Don't wait!  
 Each year names are left off because they were submitted too late to be included.  
 Send to Jill Stewart at 506-228-4905 or 506-210-2719 or Email: jillstewah@gmail.com

### Your Diocesan ACW executive:

President Peggy Boucher; vice-president Diane Todd; treasurer Cathy Lutes; secretary Carolyn Pellow; past president and custodian of the Book of Remembrance and Roll of Honour Jill Stewart. Rosemarie Kingston is the liaison with Bishop McAllister College and the Pickett-Scovil Fund; Cathy Lutes and Peggy Boucher are the liaisons with Farraline Place.



# Advent Activities 2025

**Support a cause that supports the health of the earth**

**Tape some money on a vending machine**

**Listen for God's voice in music.**

**Set aside time and place to hear the Holy Spirit.**

**Pray for every neighbour on your street.**

- Read Luke 1:39-45
- Read Luke 2:1-20
- Read Luke 3:1-6
- Read Luke 3:7-18
- Read Luke 21:25-36
- Watch a film version of the Gospels, like The Chosen
- Study the life of Jesus written by scholars

**Write a gratitude note to a friend or family member and hide it in their pocket.**

**Smile and thank someone who serves you**

**Take a shut-in to lunch.  
Read to a child.**

**Give a treat to a community helper**

**Go an entire day without criticizing anyone**

**Listen more; talk less**

**Be kind to unkind people**

**Write a list of who and what you are thankful for this year**

**Reflect and record how much joy this Advent season has brought you**