

Problematic Sexual Behavior(PSB) Pathway

1. Stop Behavior



Support Groups
Others have what you want

12 Step Groups

For the Struggling

**SA - Sexoholics Anonymous
Men and Women**

- www.sa.org

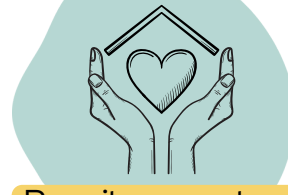
**SAA - Sex Addicts Anonymous
Men and Women.**

- www.SAA.org

For Spouses

- **The Table Support Zoom Group -**
Jennifer Goers - Text - 214-668-7896
- **S- Anon for Families**
[www. SANON.org](http://www.SANON.org)

2. Start Healing



Rewrite your story
Others trained to help you heal

Professional Counseling

STAND FREE Program

Rev. Chris and Jennifer Goers

Chris@lifeanglican.org 214-668-7287
Jennifer@lifeanglican.org 214-668-7896

- Internal Family Systems Therapy (IFS)
- Pastoral Counseling & Coaching
- Couples Packages Available

Marie Krebs Consulting - 469-212-9897
CSAT and APSATS in Austin

Dr. Jake Porter - 
CSAT - 855-602-2554 Houston based

3. Resources

For the Struggling

Books

- **SA White Book - 12 steps for SA**
- **AA Big Book - 12 steps for AA**
- **No Stones** (Women SA) Marnie Ferree
- **Surfing for God** - Michael John Cusick
- **Freedom Fight** - Ted Shimer
- **All Together You** - Jenna Reimersma
CSAT
- **Unwanted** - Jay Springer CSAT

Podcasts

- **Daily Reprieve Podcast**
- **Restoring the Soul** - Michael Cusick
- **Pure Desire Podcast**
- **Consider before Consuming**

For the Spouses

Books

- **Working the S-Anon Program -**
sanon.org
- **AA Big Book** 12 for AA
- **My Sexually Addicted Spouse** - Dr.
Barbara Steffens
- **All Together You** - Jenna Reimersma

Podcasts

- **Betrayal Recovery Radio** - Jake Porter
- **Therapy & Theology** - Lysa TerKeurst
- **Empowered Divorce** - Amie Woolsey

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