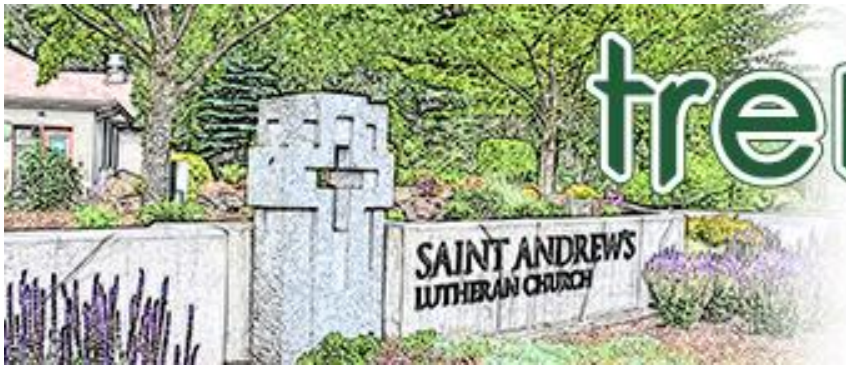




trendings



October 29, 2025

Growing Together in Christ to Love and Serve All People

Remember to "FALL BACK" one hour Saturday night – Daylight Savings Time Ends. (Yay! An extra hour of sleep!!)

Prayer of the Week:

Almighty God, gracious Lord, we thank you that your Holy Spirit renews the church in every age. Pour out your Holy Spirit on your faithful people. Keep them steadfast in your word, protect and comfort them in times of trial, defend them against all enemies of the gospel, and bestow on the church your saving peace, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Prayer of the Day for Reformation Day, ELW p.58

Upcoming Memorial Services:

Mary Dahlgren's Celebration of Life service is Saturday, November 1st at 2 PM.

Jan Benson's Celebration of Life service is Saturday, November 15th at 2 PM.

Ruth Miller's family is planning her Celebration of Life for June, 2026.

Upcoming Greeters and Coffee Hosts:.

November 2: Mikel Oswalt and Joyce Arnold, Greeters; Mark Davis, Coffee host.

November 9: Diane & Andy Hogle, Greeters; Johannes Grad, Coffee host

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, November 2nd at Saint Andrews: *All Saints Sunday.*

9:00 AM Adults: "Meet your neighbors"

Sunday School - (Pre-K - 5th Grade!)

10:00 AM Worship in-person in the Sanctuary and livestreamed

Readings for November 2

All Saints Sunday

Ephesians 1:11-23

Luke 6:17-31

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Come to Bible Study! You can meet in person in the Library at 10:00 AM or via ZOOM, contact Pastor Lara for the ZOOM link. (pastor@salc.church)

Bell Choir Rehearsals resume November 11th!
Opportunities for You!





Volunteers keep our church operating. *Remember – we offer free training!*

Greeters! Say 'hello' on Sunday mornings!

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 AM so this is an 8:15 AM start time. Clean up about 11:15 AM, after worship service. To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529 or email sherry@salc.church

Nominating Committee: The 2026 Nominating Committee is currently working to identify candidates for the 2026 Congregation Council election at our next annual meeting. Please consider recommending candidates you feel a worthy leader to serve on the Council. Recommendations should be made by completing a "Nominating Request Form" available in the Narthex and placing it in the appropriate collection box located there or speaking with a member of the Nominating Committee (Dan Johnson-Chair, Aaron Davis, Christine Zomorodian, Gary Rudolph). The deadline for receiving suggested nominations is November 18th. If you have questions, please talk with any member of the committee.



The Health and Wholeness ministry thanks all of you who have signed up to be blood donors for our drive in January. Please note the recently posted signup sheet on the Health and Wholeness bulletin board in the narthex, for those of you who still thinking about it. **We have a tentative date of January 22.** Stay tuned for more information! Questions can be directed to Terri or Kathy. *Do you need information on donating? Who's eligible: donation restrictions?* Head to the [BloodworksNW website!](https://www.bloodworksNW.org) Bloodworks Northwest will be at Adult Education hour on **November 23rd** to provide general information and answer questions. *Terri Anderson*

Did you know ... that the ELCA has publications you can have sent directly to your email?? The "[Café](#)" from the Women of the ELCA offers podcast, faith reflections and other topics. [Living Lutheran](#) offers up a variety of articles – from congregational life to ELCA policy to information for children and families. Check them out and subscribe!



Clothing Needed! From October 2025 through February 2026

Dorcas Circle will be collecting men's and women's clothing and toiletries for Compass Housing Alliance in Seattle. There is a 'clothing' bin near the elevator for your donations. **ALL DONATED CLOTHING ITEMS MUST BE NEW, UNWASHED, AND IN UNOPENED ORIGINAL PACKAGING.**

Women's clothing is most needed in sizes Medium through Extra Large.

- Underwear
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

Men's clothing is most needed in sizes Large and Extra Large.

- Boxer shorts
- White T-shirts
- Long sleeve T- shirts
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

A message from Compass Housing:

As the federal government shutdown drags on, SNAP benefits — the essential food assistance thousands rely on in the Puget Sound — will not be distributed in November.

For many Compass residents, already living far below King County's average income, this situation means one thing: less food for themselves and their families.

In response, Compass Housing Alliance is mobilizing every available resource — from faith partners and community nonprofits to local food banks and business supporters to ensure *no one* in our housing goes hungry. *Yet we cannot do it alone. We need your help now.*

Your gift today will put food on tables and hope in hearts. Your support of Compass Housing Alliance will enable our residents to face this crisis. Whether it is by helping us to purchase groceries, procure grocery gift cards, or provide meals, you will ensure that no one falls through the cracks.

"We are reaching out to our partners, and they're taking this disruption as seriously as we are," says Teena Ellison, Compass Senior Director of Housing and Services. "We're stepping up. We'll do what it takes. No one will go hungry — not on our watch."

Food security is not optional. It's fundamental. Join us in meeting this critical situation facing our neighbors by sending a gift today. Only together can we address this urgent need and help Compass families stay nourished and strong. *Your generosity can make a real difference — right here, right now.*

We are grateful to you for being a caring neighbor at this vital time. If you are able: [DONATE HERE.](#)

Food of the Months – October & November

This year, again, we will be packing Emergency Bags for the Hopelink Food Bank. So, during the months of October and November, we will be collecting the food items to go in the Emergency Bags. Hopelink has asked that we pack “No-Cook” bags as we did last year. They need these to support those with no access to cooking facilities (homeless).

The items in these bags need to be able to be eaten directly without being heated or the use of a can opener. These need to be things that can be eaten cold and plain.

****All canned items must have a pop-top lid.** Only soups and meals are in cans.

****PAY ATTENTION TO SIZES.** Keeping the weight down is important for homeless.

Bigger sizes can't be used.

****MAKE SURE TO CHECK EXPIRATION DATES.** They need to be on or after February 2026.

There are seven different items that go in each “No-Cook” Emergency Bag. We will be collecting these items during October and November:

Here are the seven items we will be collecting:

1 - **Peanut Butter** – (~16 oz. plastic jar – no-stir)

1 - **Applesauce or Fruit Cups Package** – (packages of 4 or 6 cups (about 4 ounce cups), kept in original packaging so that it contains the label, ex: peaches, pears, fruit cocktail, applesauce)

2 - **Pouched Meat or Jerky** – (beef jerky or meat sticks (like slim Jims) , pouched meat like tuna, chicken, salmon (Starkist is a common brand) Common sizes for both are about 2.5 - 3 ounces.)

2 - **Canned Meals/Soups** – (ex: ~15-20 oz, ex: chili, beef stew, canned ravioli, hearty Progresso soups (such as: beef pot roast, chicken pot pie, Italian Wedding, etc. – **Pop-Top lid**)

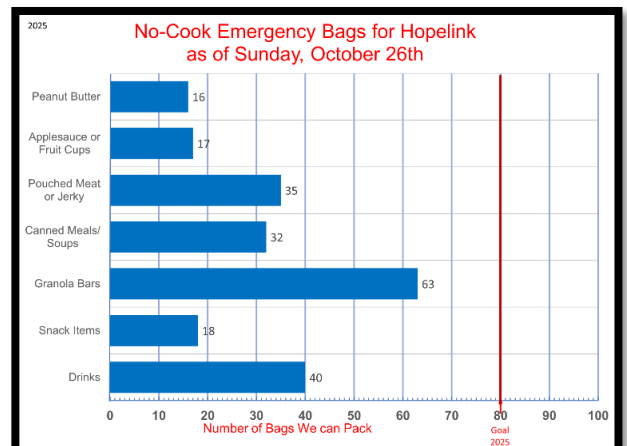
6 - **Granola Bars** – (look for ones that are at least 150 – 200 calories each – total at least 1,000 calories)

5 - **Snack Items** (high in calories & will not crush easily. Ex: dried fruit, nuts, trail mix. Individual packages – look for ones that are at least 100 – 150 calories each - total at least 500 calories)

2 - **Shelf-Stable Drinks** – (Something that does not require refrigeration and will not puncture easily. Ex: juice boxes, water, protein shakes.)

Here is the progress chart as of October 26th. Check here to see what is needed to pack the most emergency bags: **Note the most needed items this week are Peanut Butter,**

Applesauce/Fruit Cups and Snack Items.





Lunchtime at Sophia's Place!

St. Andrew's will once again provide the lunch for the ladies at the Sophia's Place Shelter.

It will be a meat loaf/mashed potatoes, (and more!) meal.

If you would like to provide an item for the lunch, or want to learn more, please contact Joyce Arnold. **She will be collecting food and pantry supplies on Tuesday, Nov.25th.** The lunch will be served on Wednesday, November 26th.

Also, news from The Sophia Way:



COMING HOME!

A Celebration of Hope, Change and FUN!

Join friends of The Sophia Way for an evening of joy and community!

On Friday, November 14th, we will gather with live

music, dinner, wine, and even, an auction!

It's the annual fundraiser, to help support the women dealing with homelessness on our Eastside. We want to fill our St. Andrew's table!

In December, The Sophia Way will be filling gift bags for the 168 women who are in the two shelters, housed by Sophia Way, or living outside.

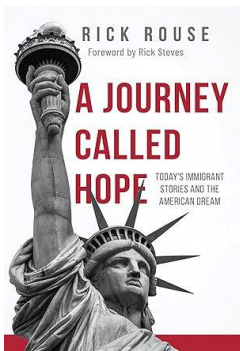
Many suggestions for donations will be on the Amazon Sophia Way wish list.

Also, look for the gift card tags on our Love Tree in November!

And, as always, if you would like to visit Sophia's Place, join Joyce Arnold on a Wednesday morning!

Joyce and John Arnold will be attending this event supporting The Sophia Way. Who can join them?? **Friday, November 14th, 6:30 – 8:30 PM at the Bellevue Hilton.**

Contact Joyce (arnoldaj44@hotmail.com) to join them!



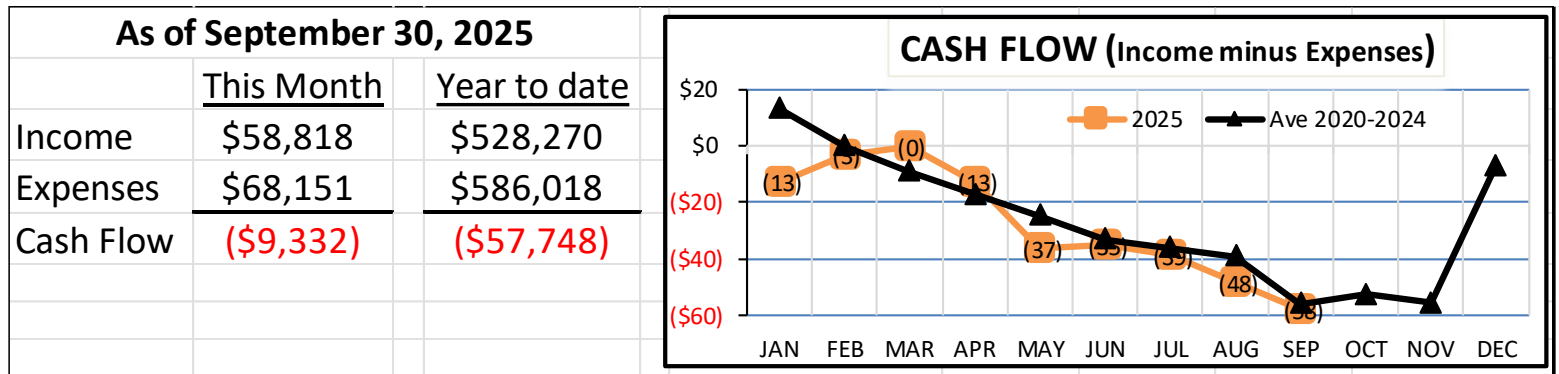
Saint Andrew's Women's Book Group (Formerly WEBS)

We will meet promptly at 10:00 am on Wednesdays **through November 19th.**

We will end on time at 11:30 am. All women are invited to join us in the Library or on Zoom. We meet together to learn, share our stories, pray, and encourage service. And, we laugh a lot!

The book, "A Journey Called Hope", is available through Chalice Press (ask Carol Schneider about a discount code) or Amazon (\$19.99). Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for the reading/discussion schedule and Zoom link.

Treasurer\$ Note\$



Financial Overview for September 2025

At the end of September 2025, expenses exceeded income by \$57,748. This result is consistent with financial patterns observed in previous years, as reflected in the referenced CASH FLOW graph. While this trend is typical for this time of year, there is concern that contributions received in October have been significantly lower than necessary to remain on track with the budget.

Outlook for the Remainder of 2025

Looking ahead to the final quarter of the year, the congregation faces a substantial challenge: raising \$271,730 to eliminate the current deficit and meet the approved budget goals. To address this, members are encouraged to consider making a special Thanksgiving offering, which would help reduce the deficit. Additionally, planning for year-end contributions is strongly encouraged. The congregation has always stepped up in December, and we are confident you will do so again.

1. For those who qualify, making a Qualified Charitable Deduction from retirement accounts may help reduce taxable income for 2025, providing a beneficial option for contributing.

2. Contact Information

If you have any questions regarding these financial figures or the overall budget status, please contact Treasurer Bill Brueggemann at Bill@salc.church.

ANOTHER SUCCESSFUL LUTHERAN WORLD RELIEF DRIVE

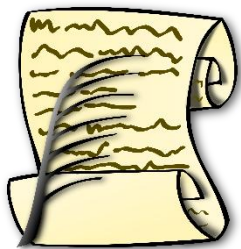
"A heartfelt thanks to the volunteers who gathered Monday to assemble and **pack 180 health kits** for the LWR drive. Your effort will help bring comfort and care to people in need both the US and around the world." Terri Anderson, CJ Tatum, Pat Chin, Jay Baxter, Art Gurtel, Janell Erickson and April Daniel. **WELL DONE!**



Youth & Family Ministry Events!!

Another great day of fun, games, costumes and candy!!





Hello from the Saint Andrew's Constitution Task Force!

The Constitution Task Force (CTF) was activated in March 2025 to consider a variety of topics which could potentially change the Saint Andrew's Constitution. This past summer, the CTF asked the congregation for input regarding two of these topics. Thank you to all who completed the CTF's questionnaire!

After several meetings of thoughtful discussion, including review of questionnaire responses, the CTF submitted to the Congregation Council its recommendations for changes to the Saint Andrew's Constitution. Major recommendations submitted to the Council include:

- Reducing the number of elected adult Council member positions from twelve (12) to nine (9).
- Keeping the normal term length for elected adult Council members at three (3) years.
- Allowing Council officers to serve three consecutive one-year terms in the same office, but only with unanimous Council approval. (Currently, officers are limited to serving two consecutive terms in the same office.)
- Providing the Council flexibility on whether or not to fill a vacancy on the Council.
- Allowing for a range of four to six members on the Nominating Committee (current requirement is six members.)

At its November meeting, the Congregation Council plans to vote on whether or not to forward these CTF recommendations to the congregation for approval. If you have feedback or input for the Council on any of these recommendations, please contact Council President Tom Getzinger, tomget@hotmail.com, or Constitution Task Force chair Susan Hegedus, susanhegedus@outlook.com, no later than **November 5, 2025**.

Ultimately, the congregation will vote on all CTF recommended changes to the Saint Andrew's Constitution as approved by the Council. Opportunities for reviewing all proposed Constitution change recommendations approved by the Council will occur later this fall.

If you have questions, please contact Tom Getzinger or Susan Hegedus.

Thank you!



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) has created a new logo and the website has been updated with events throughout the summer to mark on your calendars!

Be sure to check out the website [HERE](#).

Advent Evening Prayer



Sunday, November 30, 2025
@ Our Savior Lutheran Church
745 Front St S, Issaquah WA 98027

5pm Preview Session with the Writers
6pm Worship
6:30pm Treats & Fellowship

An Eastside Lutheran Church Community & Partners Event

Grünwald Guild Fall 2025 Art Classes

	September 21 - 26 In Residence: Artists in Community A mostly self-led open studio space within a supportive community of other makers. Open to all levels and mediums, but best for those with an idea of what they'd like to achieve, and who are comfortable with a self-guided process.	
	October 26 - 1 Binding Family Stories: Making Artist Books as Archives What is an artist book? How are they made, and how can we use them to create a meaningful record of our lives? If you've ever been curious about how books are made, enjoy journaling, collage, or family history, this class is for you! Open to all levels.	
	Enameling Glass: A Joyous Riot of Color Experience the one of a kind joy that comes from fusing glass and metal in a kiln to create unique and colorful jewelry, trinkets, or wall art! Open to all levels!	
	November 2 - 8 Fibers & Jubilation: Expressions of Liturgical Arts Participants are invited to co-create meaningful works of art—banners, paintings, textiles & centerpieces—that uplift community worship and enliven sacred spaces. All levels welcome!	
	Watercolor in the Sacred Milieu Whether a complete beginner, or an experienced painter, this class is aimed at helping participants expand their skill set and tap into their inner and outer environments to create meaningful and intentional watercolor paintings.	
	Raku-fired Enamelworks Raku is an ancient firing process where works are fired in an outdoor kiln—combined with enameling, participants will spend their week pulling shiny metal to the surface of their glass and metal fused piece.	
	Making Your Mark: Creating Unique Wheel Thrown Pottery Whether you're brand new to wheel throwing, or an experienced potter, this class will dive into how to be more intentional about the look of your work and teach all the components that go into creating identifiable work.	

About the Grünwald Guild

The Grünwald Guild is a non-profit arts education retreat center nestled in the Cascadian woodland. Throughout the year the Guild offers art classes and workshops in our studio spaces. When there are no scheduled programs, our facilities are available to groups and individuals for retreat, personal study, workshops, and more. Since 1980, sweet smelling ponderosa pine and rushing waters have welcomed people to come learn, grow and explore the intersection of art, faith, and community in Plain, WA. To find out more about classes or how you can get evolved, visit our website!

CALENDAR

Wednesday, October 29

9:30 AM CPR/AED training
10:00 AM Women's Book Group

Thursday, October 30

7:00 PM Choir Rehearsal

Friday, October 31

Office is closed. Happy Halloween

Saturday, November 1

2:00 PM Mary Dahlgren Memorial Service

Sunday, November 2

All Saints Sunday

9:00 AM Adult Education
Sunday School Preschool – 5th grade
10:00 AM **Worship**

Monday, November 3

10:00 AM Health & Wholeness Committee
1:00 PM Staff meeting
7:00 PM Executive Committee

Tuesday, November 4

Election Day! VOTE!!

8:30 AM Tuesday Morning Men
9:30 AM Dorcas Circle
10:00 AM Pastor's Bible Study

Wednesday, November 5

10:00 AM Women's Book Group

Thursday, November 6

2:00 PM Timber Ridge Worship
7:00 PM Choir Rehearsal

Friday, November 7

Office is closed.

Saturday, November 8

Sunday, November 9

9:00 AM Education Hour, *Bible Study*
Sunday School
10:00 AM Worship

Monday, November 10

1:00 PM Staff meeting
7:00 PM Congregational Council Meeting

Tuesday, November 11

Office is Closed – Veterans Day

8:30 AM Tuesday Morning Men
7:00 PM Bell Choir

Wednesday, November 12

10:00 AM Women's Book Group
1:00 PM Care Team Meeting
4:00 PM Adult Education Committee Meeting

You can access our
weekly online calendar
[HERE.](#)

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

