

The Pilgrimage of Discipleship

Humility – A Soul of Contentment

Psalm 131 – Pastor JD Winters – Sunday, May 4, 2025

A faithful pilgrim doesn't _____ others.

- Philippians 2:3-4

A faithful pilgrim doesn't _____ their own importance.

- Philippians 3:7-9

Humility involves healthy _____, not unrestrained _____.

- Philippians 3:12-16

Contentment is _____ and takes _____.

- Philippians 4:11-13

Humility and contentment are keys to a _____ soul.

So, put your _____ in the Lord.

- John 4:34-36

Questions for Further Discussion:

(Great for Life Groups, family devotionals, or with a friend)

1. In what ways do you see ambition being praised around you in everyday life? How can buying into an overly ambitious life be at odds with finding peace for our souls?
2. What should we aspire to? What are healthy aspirations? How is that different from unhealthy ambitions?
3. The psalm says, "I have calmed and quieted myself." How can we work to find calm and quiet in our lives? What could you do to practice disciplines of quiet time with the Lord?
4. What is the relationship between humility and contentment? Does one lead to the other? What is their impact on other areas of life?
5. Read Philippians (all four chapters). Paul writes with joy despite being imprisoned. How come? What has Paul learned about humility? What has he learned about ambition? What is the basis for those things? How does a faith rooted in the work of Christ help us in these areas?