Post-Traumatic Growth - 2 Corinthians 12:2-10

Pastor Raoul Robles - Sunday, September 7, 2025

Reliance on God moves us from weakness to strength.	
SHRINKING	
From the	
It's natural for us to shrink from physical suffering or obstact	cles
From anguish.	
When we're physically worn down, all sorts of things happe	n to
us mentally and emotionally.	
From defeat.	

All of us need to know God answers prayer.

SUFFICIENCY

In	•
	Christ pours out His grace so we might take comfort in His will and purposes for us.
In	·

From self-reliance to God-reliance: God's grace is sufficient for any trauma, trial, or time.

From isolation to community: Share a meal with someone at a potluck and you have contact...Carry a meal to someone in a moment of difficulty and you have community.

Reliance on God moves us from weakness to strength; from agony to ecstasy; from the Cross to the Resurrection