



Message Outline

Doug Kyle

October 26, 2025

1 Thessalonians 3:1-13

Hope Renewed

SERIES: *Hope on the Horizon: Remedy for Doomscrolling*

3 BURDENS THAT DRAIN OUR HOPE

- When we worry about the _____
1 Thes 3:1,6
- When we're uprooted by _____
1 Thes 3:2-4;7-8
- When we're alone in the _____
1 Thes 3:5;9-10

3 BLESSINGS THAT RENEW OUR HOPE

- God connects us with His _____
1 Thes 3:11
- God fills us with His _____
1 Thes 3:12
- God strengthens us with His _____
1 Thes 3:13



Questions for Further Reflection & Discussion

Fall Session 2025

Hope Renewed | *Hope on the Horizon – Remedy for Doomscrolling*

1 Thessalonians 3:1-13 | October 26, 2025

1. What's the longest you like to be away from your phone before you get uncomfortable?
2. Read 1 Thessalonians chapter 3 and review the sermon outline. What stands out for you?
3. Paul was deeply concerned about the Thessalonians (see especially vs. 1 and vs. 5). Does this surprise you about Paul? How does this enhance your view of him?
4. What does Paul's concern for the Thessalonians show us about how we are designed to care for one another?
5. Look at vs. 3. Paul expected that trials would come. How might embracing that reality actually strengthen our hope instead of weakening it?
6. In verse 8, Paul says he "really lives" because of their faith. What does that reveal about the encouragement we receive from each other's perseverance?
7. Paul prays that God would "clear the way" for connection (vs. 11). What might God be inviting you to clear out of the way to deepen Christian friendships or community?
8. How have you seen God grow your faith, courage, or patience over time? How does recalling that growth renew your hope in the present?
9. Extra credit: For a deeper dive into Sunday's message, check out the Unhurried with Doug Kyle podcast on YouTube or wherever you get your podcasts.