



St. Paul's News Bulletin

Oct. 26, 2025

Welcome Everyone! Please join us after the service for coffee & goodies. If you are new to St. Paul's, we would be happy to provide a welcome package.

Time to pack Shoeboxes: The Operation Christmas Child boxes are here. Last year St. Paul's filled 51 shoeboxes to share the Good News of Jesus around the world. The boxes are on a table in the Parish Hall along with brochures explaining how to fill them, including the shipping donation. Boxes must be returned by **Nov. 16**. See Laure with questions.



Pledge Cards: Tell Out My Soul. Cards are available from the sidespeople, as well as on our website under Stewardship. **Pledge cards are due next week Sunday - Nov. 2.** They can be placed on the collection plate during the offertory hymn. To return your card early, please leave it with Chizoba in the parish office.



Open to Blessings Fundraiser: We are creating a Wall of Blessings to pay for handicap-accessible door hardware. For a donation of \$30, you get a heart-shaped Post-It to name a ministry, person or event at St. Paul's that has been a blessing to you, then add it to the wall. Please mark cheques or e-transfers with the word "Doors." The fundraiser will run until **Nov. 9**. See Kathleen on Sundays or Chizoba weekdays to participate.

Coffee House: The next St. Paul's Stringers Coffee House will be **Nov. 14** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!

Ladies' Luncheon: Saturday, **Nov. 15** starts at 11:20 a.m. **Please note the date change.** Brenda Hilling will be sharing her life and spiritual journey.

Men's Breakfast: The next date is on Saturday, **Nov. 15** at St. Peter's at 8:30 a.m. All men 13+ are invited to join great food and fellowship!

Christmas Market: A Christmas Market will be held Saturday, **Nov. 29** 10 a.m. to 3 p.m. with artisans, a hotdog café, raffle and prizes.



Blue Christmas: A service on Saturday, **Dec. 6** at 2 p.m. includes a time of sharing and support and a service of anointing & healing.

Ladies Christmas Party: A potluck supper and exchange of Made in Canada gifts (optional) will be featured **Dec. 16** at 6 p.m. RSVP to Julie by Dec. 12. See posters in the parish hall for details.

Christmas Dinner: St. Paul's Christmas Dinner will be Saturday, **Dec. 13** at 6 p.m. Watch for details.

Mitten Basket: We're collecting mittens, toques, and scarves for all ages to support those in need. The basket is in the Hall. We've already filled it once, let's do it again.

Veteran Food Bank: We are collecting non-perishable donations for the veteran's food bank now and through out the months of October & November. Look for marked boxes in the hall.



Sundance on the Green Craft Fair: A craft and bake sale at will be held at Sundance on the Green on Saturday, **Nov. 1**, 9 a.m. to 1 p.m.

Alpha Prayer Vigil: Volunteers are needed to pray during Alpha Wednesday evenings until Dec. 10, as well as Friday, Nov. 7 & Saturday, Nov. 8. See signup sheet in the Parish Hall or talk to Dinah.

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

e-mail: office@stpaulscalgary.ca

website: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens: Paul Bourgeois & Ingrid Bolton

Deputy Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: @stpaulscalgary

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

Alongside Hope (formerly PWRDF) works in many foreign countries, but also in Canada.

There are many projects with First Nations, helping preserve languages, and secure safe drinking water for example.

Your donations help, and together we are making a difference.



5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 30.**

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome.

If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality.

This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **Meets Thursday at 1 p.m.**

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist** 10 a.m.
 Handchimes Practice 11:30 –12 p.m.
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI): 4 p.m.
- Monday:** **Walking Group:** 1 p.m. (see the St. Paul's website under events for locations)
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** **Girl Guides:** 6:30 – 8 p.m.
 Parish council: 7 p.m. (2nd Tuesday of the month)
- Wednesday:** **Morning Prayer:** 9:30 a.m.
 Bible Study: 10:30 a.m.
 Hunger for Healing: 11:30 a.m. (in the Chapel Room)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** **Grief Support Group:** 1:00 p.m.
 TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 (If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:** **Handchimes Practice** 10 - 11 a.m.
 S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
 Coffee House: 7 p.m. second Friday on alternate months. **Next date is Nov. 14**
- Saturday:** **Ladies Luncheon:** 11:20 am -2nd Saturdays. **Next date is Nov. 15.**
 Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month
 Check website to confirm location). **Next date is Nov. 15 at St. Peter's.**



Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby by the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

Donation Drop Off for *Craft Supply Fair* – Nov. 10 – Nov. 14 from 9 a.m. – to 3 p.m.

Nov. 21 – *Craft Supply Fair*, 5:30 – 9: p.m.

Nov. 22 – *Craft Supply Fair*, 10 – 4 p.m.

Dec. 12 – *Winter Celebration*, 6 – 9:30 p.m.

Our Ministries

COUNTERS: Roxie Hall

The counters work in teams to tally and record in-person donations each week. Teams work on a rotating preset schedule.

PRAYER LEADERS: Dinah Breu

Taking a turn to lead the prayers of the people each Sunday morning is a labour of love for a small group of parishioners. If you feel that this is a ministry for you, please get in touch with Dinah at 403-256-1684. Training is offered and guidelines are provided for those who do this.

Anglican Fellowship of prayer: Dinah Breu

Educational materials from the Anglican Fellowship of Prayer (AFP), such as "How to" pamphlets (for Readers, for Prayers of the People and numerous other aspects of prayer) are made available through our Parish Representative.

Stewardship Reflections:

"...for whoever exalts himself will be humbled, and the one who humbles himself will be exalted." Luke 18:14

Pride and ego are the root causes of most of our sins. Thinking your time is so valuable or your talent is better than anyone else or your money gives you status is another way of making those things "gods" before God. Pride is the opposite of humility. Remember, all that we have and all that we are is a gift from God. We should be humbled by God's incredible generosity and be grateful for all we have been given. Ultimately, gratitude leads us to humility.

Financial News

Our deficit at the end of September was \$14,143. Thank you to everyone for helping support our mission financially in these challenging times.



Diocesan Office Open House

Come see the renovated offices at St. Edmund's House on Nov. 1

All are invited to **St. Edmund's House Open House**, taking place on **Saturday, Nov. 1** from **1:30 to 5:00 p.m.** There will be a Eucharist Service followed by a Wine & Cheese. Any questions about either event can be directed to **The Rev. Charmaine Evans.**

Morning Prayer Services at St. Edmund's House:

The Diocese Office has resumed holding Morning Prayer services each Wednesday morning at 9:00 am. All are welcome to drop by and join.

Fall 2025 Cursillo weekends

The Men's Cursillo weekend runs Oct. 30–Nov. 2; the Women's is Nov. 6–9. To learn more or register, please speak with Kerin Spaargaren, Debra or Dan Brisbin.