

August 13, 2025

The Right Reverend Phyllis Spiegel
Episcopal Diocese of Utah
75 S 200 E
Salt Lake City, UT 84111

Dear Bishop Spiegel,

With great pleasure, St. Luke's Episcopal Church would like to nominate Nancy Conrow for the Sara Napper Missioner Award. Whether we have known Nancy for 14 months or more than 25 years, all of us have received the gifts of her Presence, Generosity and Graciousness.

To know Nancy is to know you are in the presence of deep spiritual integrity, with remarkable gifts of generosity, graciousness and creativity - all of which are on public display: from the many living spaces she has designed, staged or decorated for family and friends to the many thousands of hours she has given through her skills in floral arranging. Her love for St. Luke's and its spiritual community may be best expressed by these floral arrangements that she personally arranges and has donated for decades. Who can forget the stunning pieces she creates for St. Luke's at Christmas Eve and Easter!

To know Nancy's presence is to know you have her undivided attention, as though you might be the only person in the room and that you are seen and heard. As a Vestry colleague has said of her, "She was always willing to listen to all sides of a discussion. What made her really great was her experiences and her wisdom that she shared ... I noticed people often came up to her to thank her for her generosity or her time with various causes in and outside of the church."

To know Nancy is to learn about the deeper meaning of spirituality: As a 20+ year member and a convener for Autumn Gospel, a ministry for women in the second half of life, a member describes Nancy's reflections as "profound, yet always delivered in her quiet and modest way." Her leadership of the group has been capped by her warmth, wit and gentle prompting that creates safe space for discussion.

To know Nancy is to witness the kindness that defines her. A longtime parishioner sums it up: "Project" is her middle name. 'No job too tall, no job too small' for Nancy. She is all about helping others."

From relocating an elderly parishioner to St. George, UT, to decorating and staging many people's homes, Nancy has done it all. In addition, Nancy opens her own home to host numerous church gatherings, her guest apartment for housing, and her garage space for storage. Her kindness extends to our church building as well: Nancy gave the Sunday school a facelift when she purchased new carpet and painted the Sunday school wing and administrative office area.

To know Nancy, her gifts of presence, generosity and graciousness, is to find a loyal companion on the Way who makes us feel loved, forgiven and free—special always, in all ways. A parishioner's story reflects her regard for others:

"... Nancy and I were supposed to co-host a St. Luke's brunch serving egg soufflé and cinnamon rolls to a dozen or so people. In preparation, Nancy left the cinnamon rolls on the counter next to her toaster oven. Her precious standard poodle "Stella" jumped up and turned the toaster oven "on" and her house went up like a match box. Nancy was at a matinee at the Egyptian theatre and had someone call me to cancel the brunch. Nancy was more concerned about inconveniencing people by having to cancel than her house ablaze."

We are grateful for the impact Nancy has had on our individual lives of faith and on the parish community as a whole and believe her to be a deserving recipient of this honor.

Faithfully,



The Reverend Ashley Wright, Rector, and

The Parish of St. Luke's