



Part 1: I Am With You

One of the most common commands in scripture is to not be afraid, and the most common reason why we shouldn't fear, is because God is with us!

Discussion Questions

1. Fear affects all of us in different ways. How have you experienced fear shaping your decisions, thoughts, or behaviours—either in small or significant ways? What kinds of things tend to trigger fear in your life most often (e.g., future, family, finances, health, world events)? How does that fear typically show up—physically, emotionally, or spiritually?
2. Read Matthew 8:23–27. What stands out to you about the disciples' reaction to the storm? How does Jesus respond to their fear? What does this reveal about who He is? Jesus asks, “Why are you afraid, O you of little faith?” How might this question challenge us?
3. Read Joshua 1:6–9. Why do you think God repeats “Be strong and courageous” multiple times? How does the promise of God's presence shape Joshua's ability to lead?
4. Read Exodus 33:12–17? How does Moses respond to the idea of going without God's presence? What does this teach us about the kind of posture we can have toward God when facing fearful or uncertain situations?

Moving Forward

Fear can make our world small. Where in your life are you currently feeling fear or pressure—an area where it's easy to shrink back rather than step forward in faith? What might it look like for you to say, like Moses, “If Your presence doesn't go with me, I won't go” in that specific situation?