

SERMON NOTES: October 19, 2025

When God Reigns In Jonah 1:17-2:10

1. YHWH Appointed: 1:17

“I called out to the LORD, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice. For you cast me into the deep, into the heart of the seas, and the flood surrounded me;” (Jon 2:2–3).

3. YHWH Spoke: 2:10

“But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the LORD! And the LORD spoke to the fish, and it vomited Jonah out upon the dry land.” (Jon 2:9–10).

Life Group Study Questions

When God Reigns In

Jonah 1:17-2:10

1. Read Jonah 1:17 and Jonah 2:10. Why do you think these two acts of God are the bookends to this story of Jonah and the great fish?

2. Why do you think God chose to save Jonah through something as unexpected as a fish?

Have you ever experienced God's mercy in the midst of your own mistakes or rebellion?

3. Read Jonah 2:1–2. What phrases in Jonah's prayer show a heart of repentance or renewed faith?

When you feel "in the depths," what helps you remember to cry out to God instead of giving up?

4. Jonah says, "You hurled me into the deep... all your waves and breakers swept over me" (2:3). What does this reveal about Jonah's understanding of God's control over his situation?

How does believing in God's sovereignty change the way we view His discipline and our trials?

5. Read Jonah 2:7. What does it mean to "remember the Lord" in times of crisis? How can we practice remembering God daily—before we hit rock bottom?

6. Read Jonah 2:8. What kinds of "worthless idols" do people today cling to instead of God?

How can this verse challenge you to identify and turn from modern idols in your own life?

7. Read Jonah 2:9. What is involved in Jonah's repentance? How does this verse point us forward to the gospel of Jesus Christ?

8. Read Jonah 2:10. God commands the fish to release Jonah. What does this act symbolize spiritually? How does Jonah's deliverance foreshadow God's power to give us new life after repentance?