

St. Paul's News Bulletin

Oct. 19, 2025

Welcome Everyone! Please join us after the service for coffee & goodies. If you are new to St. Paul's, we would be happy to provide a welcome package.



Open to Blessings: This fundraiser is off to a great start with more than \$1,400 raised the first week. The Open to Blessings Fundraiser has created a Wall of Blessings by the front door. For a donation of \$30, you get a heart-shaped Post-It note. You are invited to write the name of a ministry, person or event at St. Paul's that has been a blessing to you, then add it to the wall. Proceeds will help pay for new hardware for the front doors, with the added bonus of a handicap accessible opener. The target is \$5,000. This fundraiser will run until **Nov. 9**. See Kathleen on Sundays or Chizoba in the office weekdays to participate.

Operation Christmas Child: Last year St. Paul's filled 51 shoeboxes with gifts to share the Good News of Jesus around the world. Watch for update or talk to Laure.



Coffee House: The next St. Paul's Stringers Coffee House will be **Nov. 14** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!

Living Waters: The deadline for the Dec/Jan issue of *Living Waters* is Wednesday, **Nov. 19**. Please submit material to office@stpaulscalgary.ca

Christmas Market: A Christmas Market will be held Saturday, **Nov. 29** 10 a.m. to 3 p.m. with artisans, a hotdog café, raffle and prizes.

Ladies Christmas Party: A potluck supper and exchange of made-in-Canada gifts (optional) will be just part of the fun at on **Dec. 16** at 6 p.m. Please RSVP to Julie by **Dec. 12**. See Living Waters or posters in the parish hall for details.

Christmas Dinner: The annual St. Paul's Christmas Dinner will be Saturday, **Dec. 13** at 6 p.m. Watch for details.

Morning Prayer: A service of Morning Prayer is held Wednesdays at 9:30 a.m. All are welcome.

Mitten Basket: We're collecting mittens, toques, and scarves for all ages to support those in need. The basket is in the Hall. Donations can be dropped off on Sundays or during office hours.

Veteran Food Bank: We are collecting non-perishable donations for the veteran's food bank now and throughout the month of October & November. Look for marked boxes in the hall.

Pledge Cards: Tell Out My Soul. Cards are available from the sidespeople, as well as on our website under Stewardship. **Pledge cards are to be returned on All Saints' Sunday, Nov. 2.** They can be placed on the collection plate during the offertory hymn. To return your card early, please leave it with Chizoba in the parish office.

Sundance on the Green Craft Fair: A craft and bake sale at will be held at Sundance on the Green on Saturday, **Nov. 1**, 9 a.m. to 1 p.m.

Alpha Prayer Vigil: Volunteers are needed to pray for participants and leaders from home for 90 minutes each Wednesday evening until Dec. 10. Materials with prayer suggestions will be provided. There will also be prayer vigils on Friday, Nov. 7 & Saturday, Nov. 8. Please look for the signup sheet in the Parish Hall or see Dinah.



St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

e-mail: office@stpaulscalgary.ca

website: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

Wardens: Paul Bourgeois & Ingrid Bolton

Deputy Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://twitter.com/stpaulscalgary)

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach



Alongside Hope

This time of year, we give thanks for our many blessings - especially for good harvests and the abundance of food. It's also a moment to remember that millions around the world face severe food shortages and even starvation. Please consider sharing your good fortune by supporting *Alongside Hope* and its food security programs. Your generosity can help bring nourishment and hope to those in urgent need.

5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **Nov. 30**.

Inreach Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

Chemo Care Bag: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **Meets Thursday at 1 p.m.**

Hunger for Healing, a Christian Twelve Step Programme, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Servers: we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

Card Ministry: If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact Pauline Payne at 403-988-2546 or email her at

Pauline_payne1@yahoo.com.

Casserole Ministry: If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available**. Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

We are looking for volunteers to be **Sacramental Assistants**. Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** Holy Eucharist 10 a.m.
Handchimes Practice 11:30 –12 p.m.
Word to World Ministries Canada: 2 - 3 p.m.
Philippines Independent Church (IFI): 4 p.m.
- Monday:** Walking Group: 1 p.m. (see the St. Paul's website under events for locations)
St. Paul's Stringers rehearsal: 7:30 p.m.
Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** Girl Guides: 6:30 – 8 p.m.
Parish council: 7 p.m. (2nd Tuesday of the month)
- Wednesday:** Morning Prayer: 9:30 a.m.
Bible Study: 10:30 a.m.
Hunger for Healing: 11:30 a.m. (in the Chapel Room)
Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:** Grief Support Group: 1:00 p.m.
TOPS (Taking off Pounds Sensibly): 6:00 p.m.
Choir Practice: 7:30 p.m.
(If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:** Handchimes Practice 10 - 11 a.m.
S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
Coffee House: 7 p.m. second Friday on alternate months. **Next date is Nov. 14**
- Saturday:** Ladies Luncheon: 11:20 am -2nd Saturdays. **Next date is Nov. 15.**
Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month
Check website to confirm location). **Next date is Nov. 15 at St. Peter's.**



Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby by the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.

Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

Donation Drop Off for Craft Supply Fair – Nov. 10 – Nov. 14 from 9 a.m. – to 3 p.m.

Nov. 21 – Craft Supply Fair, 5:30 – 9: p.m.

Nov. 22 – Craft Supply Fair, 10 – 4 p.m.

Dec. 12 – Winter Celebration, 6 – 9:30 p.m.

Our Ministries

SERVERS: Cheryl Scott

Those interested in serving must be in Grade 6 or older and go through some training. The time commitment is small, with you arriving about 20 minutes before the service and staying through the service. The schedule is made up about six months at a time.

SACRAMENTAL ASSISTANTS: Ed Mullaney

Each Sunday at the 10:00 a.m. service, two people are needed to help at communion by administering the chalices. This is such a joy, and if you think it is something that might interest you, please contact the Parish Office. Training will be provided.

LESSON READERS: Robbie Collier

The requirements for this ministry are the ability to read clearly and slowly in front of a group of people. The schedule is made up well in advance, and you are given your reading to prepare. The time commitment is the amount of time you need to prepare and to be at the service early on your scheduled day.

Stewardship Reflections:

"...proclaim the word, be persistent whether it is convenient or inconvenient..." 2 TIMOTHY 4:2

It is not always convenient to be a good steward, especially when all the temptations of our busy and materialistic world get in the way. Now add our own pride and ego into the equation and living a stewardship lifestyle may be downright uncomfortable! Remember, God didn't call us to be comfortable. He never said that we would have an easy life. Rather, He called us to be faithful!

Financial News

Our deficit at the end of September was \$14,143. Thank you to everyone for helping support our mission financially in these challenging times.



Diocesan Office Open House

Come see the renovated offices at St. Edmund's House on Nov. 1

All are invited to **St. Edmund's House Open House**, taking place on **Saturday, Nov. 1** from **1:30 to 5:00 p.m.** There will be a Eucharist Service followed by a Wine & Cheese. Any questions about either event can be directed to **The Rev. Charmaine Evans.**

Morning Prayer Services at St. Edmund's House:

The Diocese Office has resumed holding Morning Prayer services each Wednesday morning at 9:00 a.m. All are welcome to drop by and join.

Fall 2025 Cursillo weekends

The Men's Cursillo weekend runs Oct. 30–Nov. 2; the Women's is Nov. 6–9. To learn more or register, please speak with Kerin Spaargaren, Debra or Dan Brisbin.