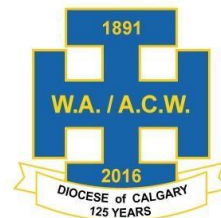




Calgary Diocesan Anglican Church Women Fall 2025 Newsletter



Loving and mysterious God! How much we have to give thanks for. Your immeasurable goodness has sustained the generations of pilgrims who have dared to follow you. Wherever you lead, love and compassion are the ever-burning lamps behind which we stumble and dance, lighting unknown paths, and decorating the roads we believe we have seen before. With you, every day is an adventure and all journeys are made possible. We praise and worship you O God!

Anglican Church Women Prayer

Anglican Church Women Prayer



***Almighty God, our heavenly Father, who sent your blessed Son into the world to be the Saviour of all; Grant us a deep sense of gratitude for your grace and mercy towards us. Enable us by your Spirit to reveal your love in prayer and work and stewardship, so that your salvation may become known to all people, and your Name glorified throughout the earth: through Jesus Christ our Lord.
Amen***

President's Report



Well, here we are in the Fall Newsletter and the weather, where I am least, still glorious, warm and sunny with cool nights. What a perfect gift from the Creator. We are continuing to celebrate our theme this year of "Come and Journey with our Saviour-Being a Pilgrim."

This summer I was involved with our local theatre which put on the musical Prince of Egypt. It portrayed part of Moses' journey with Christ, and what a journey he had. This journey highlighted the importance of trusting in God's guidance even when faced with challenges and uncertainty. A Pilgrimage, whether physical or not, hopefully gives us spiritual growth and deepens our faith.

I hope that when you join in with our activities you also find gains in your spirituality and faith.

Our Board has been quite active since I wrote in the last Newsletter. The Annual in-person June



Retreat was held in Canmore, on National Indigenous Day. If you lived anywhere else but Canmore, the drive getting there was horrible but once there what a wonderful day. Thanks again to Theresa and her helpers for putting it all together. What a lovely surprise seeing all the decorations and displays when we walked into the church hall.

The day started with a Eucharist service beginning with a smudge ceremony and later Rev. Tony Snow, a United Church Indigenous minister spoke about the Indigenous people's journey through

time in Canada. It was also a great opportunity for me to meet many who I had only known by name.

Our labyrinth walk was held in August. I had not visited the Silver Springs Botanical Gardens before, much less the Labyrinth Walk there. We met for a visit, picnic and an opportunity to walk the labyrinth, where our thoughts and prayers could be with nature and our Father. I found it very moving, walking the course of the labyrinth in the peace and quiet, deep in my own thoughts. It's yet another way of "Journeying with our Saviour".



We have just, this month, held our Silver Cross Day at St. Peter's Church to honour all Silver Cross ladies in the diocese. Thanks to Ann Bright for organizing this uplifting and enjoyable day.

Margaret Newton, your Vice-President and I attended the 2025 ACW National President's Conference hosted virtually by the Diocese of New Westminster. This is a yearly 2-day Conference alternating virtually and in-person each year. We enjoyed a Eucharist Service, messages from the Executive of the National Board, Guest speakers, and an Annual General Meeting. You will find reports in more detail from both Margaret and me in this newsletter.

We can now be looking forward to our Hymn Sing, our Service of Lessons and Carols, on December 07 this year. And our Book Study led by Rev. Betty Piwowar. These are all on Zoom, so let us know and we will send the links.

In Faith,
Valerie Jensen,



The Nicene Creed

Shared from the 2025 ACW Newsletters from the Diocese of Toronto and New Westminster

2025 marks the 1700th anniversary of the original development of the Nicene Creed.

The Nicene Creed originally dates from the year 325 when it was agreed by the First Council of Nicaea. Part of the purpose of developing the creed was to give expression to the understanding of God as Trinity. This means that Christians believe in one God in three persons – Father, Son and Holy Spirit.

The Nicene Creed is a summary of core Christian beliefs regularly used in worship.

Since 325, the creed has been modified, expanding particularly on the description of the Holy Spirit. Some of these modifications were not accepted by all churches and remain a point of disagreement between western and eastern churches.

The Nicene Creed is nevertheless the most widely accepted creed in the Christian faith, used by many denominations including the Anglican Communion. It is a reminder of the common faith we share – both with Christians around the world today and throughout history with all those who have affirmed these words over the last seventeen centuries.

Church House Publishing (Church of England) has produced a series of reflections, *We Believe: Exploring the Nicene Creed*. It offers twenty-four daily Bible readings and reflections to help you pray and reflect on the Nicene Creed's timeless truths. (www.churchofengland.org and click - Faith & Life and then click - What We Believe)

COOKS CORNER

Pumpkin Muffins with Streusel topping

By Jennifer Segal Servings: 12 muffins

For the Topping

- 5 tablespoons all-purpose flour
- 5 tablespoons unsalted butter, melted
- 5 tablespoons demerara sugar (also called raw cane sugar or turbinado)
- $\frac{3}{4}$ cup chopped pecans (or other preferred nuts) I use almonds because of allergies
- $\frac{1}{4}$ teaspoon cinnamon

For the Muffins

- 2 cups all-purpose flour, spooned into measuring cup and leveled-off
- $\frac{1}{2}$ teaspoon salt
- $\frac{1}{2}$ teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon ground cloves
- 1 teaspoon ground cinnamon
- 1 teaspoon ground nutmeg
- $\frac{3}{4}$ cup ($1\frac{1}{2}$ sticks) unsalted butter, softened
- $1\frac{1}{2}$ cups granulated sugar
- 2 large eggs
- 1 15-ounce (425-g) can 100% pure pumpkin

Instructions

1. Preheat the oven to 350°F. Spray a standard muffin pan with non-stick cooking spray.



2. Begin with the topping: Combine the flour, butter, demerara sugar, chopped pecans and cinnamon in a small bowl. The mixture will be quite wet. Set aside.
3. Move on to the muffins: In a medium bowl, whisk together the flour, salt, baking powder, baking soda, cloves, cinnamon and nutmeg. Set aside.
4. In the bowl of an electric mixer, beat the butter and sugar at low speed until just blended. Add the eggs one at a time, beating well after each addition; continue beating until very light and fluffy, a few minutes. Add the pumpkin and beat until combined, scraping down the sides of bowl as necessary. Add the flour mixture and mix on low speed until just combined.
5. Using an ice cream scoop or two spoons, transfer the batter to the prepared muffin pan, filling each cup completely full. Using your fingers, divide the topping evenly over the batter. Bake for 35 to 40 minutes, or until a cake tester or toothpick comes out clean. Let the muffins cool in the pan for 10 minutes, then turn out onto rack to cool completely.

Notes

- This recipe makes 12 large muffins. For smaller muffins, divide the batter into 18 muffin cups and bake for 30 minutes.
- **Freezer-Friendly Instructions:** The muffins can be frozen in an airtight container or sealable plastic bag for up to 3 months. Thaw for 3 to 4 hours on the countertop before serving. To reheat, wrap individual muffins in aluminum foil and place in a preheated 350°F oven until warm.

Submitted by Linda Holt



Do You Like sharing Good News with Others?
Do you like working with a great group of Ladies?
Do you like working on a computer?

We are stilling looking for a new Newsletter Team!

We are looking for a couple of ladies who would like to work together to help create 3 – 4 newsletters a year for the women of the Diocese of Calgary. We have several regular contributors who create a lot of content for us but we now require some people who are able to coordinate and compile everything into our Newsletter. (Note: we currently produce the newsletter in MS Word as that is what our contributors use and send to us in.)

While we do have our traditional newsletter and format, the new team would be able to express themselves creatively and the board would be excited to listen to any new direction a new volunteer would be interested in. We love to have new people come on board and take us to new places!

If you are interested in finding out more or would like to volunteer please contact us as soon as possible so that we start getting you involved! Linda A. has several templates she can share and also give you a good overview of what is needed in our Newsletters. (see contact list at end of this newsletter)



Report on the 2025 ACW National President's Conference

The 2025 ACW National President's Conference was hosted virtually by the Diocese of New Westminster on September 19-20, 2025. We logged in Friday morning and the opening Eucharist worship service was officiated by the Rev. Monte Tugwete.

The business part of the conference began after lunch with a welcome by National President Rosemarie Kingston, and greetings from Kelly Bowman from the Diocese of New Westminster. Kelly and her committee hosted this event, and a lot of work went into producing the virtual conference.

Next the election of officers concluded with our Vice President Margaret Newton taking on the role of National Secretary. CONGRATULATIONS Margaret!

We then received messages from Archbishop Shane Parker, our Primate and from Archbishop John Stephens of the Diocese of New Westminster. Michelle Hauser from the Anglican Foundation gave us updates, saying invest in the Church today for tomorrow. She talked about grants that all Dioceses across Canada can apply for, about their Say Yes to Kids initiative, the AFC Newsletter which we can all subscribe to, and about Diocese Partnerships. They also have a Grow Your Legacy Booklet available in book form or the Legacy Talk Toolkit online for reference for any Diocese to access.

Susan Watson from the Mother's Union explained about her passion for the Mother's Union and its activities across Canada. Will Postma talked about Alongside Hope (PWRDF) and all the humanitarian works they are in partnership with all over the world, including projects in Canada. He spoke to the name change of PWRDF to Alongside Hope and about how many people commented that the new name expresses what this organization brings. It would be worth your while to look up Alongside Hope online to see all their projects and partnerships.

We then broke up into groups of each Ecclesiastical Province for discussion of two questions and a general discussion of Zoom v/s in person activities.

The two questions were

What do we want to be as ACW?

Why do you belong to the ACW?

These questions brought about some great discussion in my group. I challenge you to think about your response to each. The conference organizer is going to be sending out each group's answers at a later date. I do think the questions are good ones. Do we cherish the ACW organization or not?

Day 2, Saturday, started with another welcome from Rosemarie Kingston, Prayers by Chaplain Rev. Miranda Sutherland, followed by the installation of the Officers. Margaret and I left the meeting at this point as our Diocese Silver Cross Lunch was on the same day and we both wanted to attend to celebrate with our Silver Cross sisters.

We are aware that the next conference will be hosted by the Diocese of Athabasca in Grand Prairie in 2026.

Respectfully submitted by
Val Jensen
President



Copy of the Calgary ACW Report given to the National ACW Conference 2025

The ACW of the Diocese of Calgary continue to cherish and uphold the women of our parish. This is accomplished by face to face and Zoom fellowship, events to share information and ideas, and invitations to speakers to present on our theme of this year, 'Come and Journey with Our Saviour'.

At our Spring Conference and 2025 Annual General Meeting I became President and with the supportive guidance of the members of the board am slowly finding my way.

Since last September, our ladies have joined together for a Fall Zoom Retreat, two Labyrinth Walks, a Spring Conference and AGM and an in-person retreat held in June on National Indigenous Day. This important day was celebrated by opening our Eucharist service with a smudge ceremony and Rev. Tony Snow, a United Church Indigenous minister, spoke to us about the Indigenous journey in Canada.

We also held a Silver Cross Luncheon and service in September last year; honoring those ladies who have been presented with the Silver Cross. At each event, speakers shared with us inspiring and interesting stories highlighting our theme.

Zoom is a great blessing to us. Using this technology a fun Hymn Sing get together is held monthly; our Book Study is held throughout the year; and a Service of the Lessons and Carols is enjoyed for Christmas.

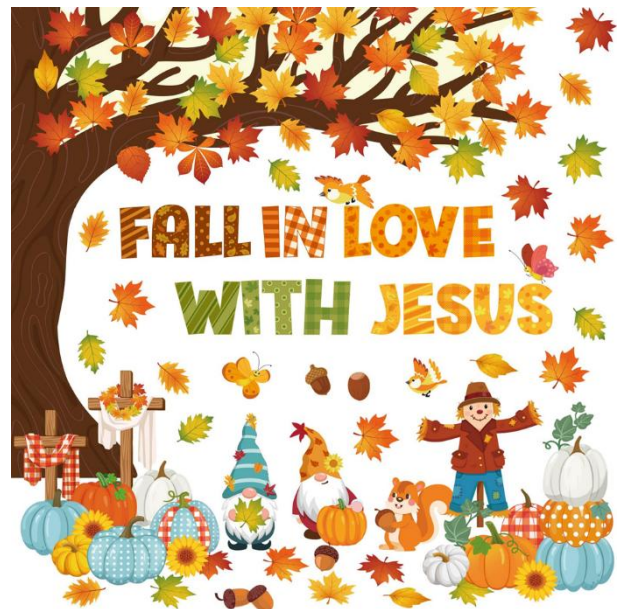
Additionally, our board continues to produce a newsletter, maintain a Facebook page, update our archives, order and distribute the Church Calendar, and add to the Book of Remembrance.

Our ACW has disbursed funds (Sept. 2024 to present) to:

- Anglican Diocese of Edmonton – for the rebuilding of St. Mary's and St. George's Anglican Church, Jasper, which was destroyed by fire*
- Anglican Foundation - Archbishop Linda Nicholls Theological Fund*
- Halo Air Rescue Ambulance, Medicine Hat*
- Anglican Foundation - ACW Council of the North Retired Clergy Fund*
- St. Edmund's Foodbank Outreach Association*
- Palliative Care Society of Box Valley*

My sincere thanks go out to the ladies of the Diocese of Calgary for all they contribute to our successes each year.

*In Faith,
Valerie Jensen
President
Calgary ACW Diocese Board*



Vice -President's Message

The following is the Homily by Jet [James] Takaoka at the Opening Worship of the ACW National President's Conference September 19, 2025

Jet Takaoka is the new BC Regional Representative for the Canadian Foodgrains Bank. Jet, originally from Halifax, NS, moved to BC with his partner Joan over 30 years ago. After studying at Trinity Western Seminary, he was a church planting pastor for several years before entering the world of fundraising.



Jet worked for many years at HOPE International Development Agency and then at Mennonite Central Committee. He is passionate about helping the world's most vulnerable people to have necessities such as clean water and nutritious food. He has visited numerous countries throughout the global south and has seen first-hand how compassionate generosity transforms life for individuals, families, and entire communities.

But he also believes in the transforming effect of generosity on those who give. Jet says, "It's not about begging on behalf of the poor. It's about inviting people into a relationship; a relationship where both the giver and the receiver benefit."

Jet and Joan have four adult children and currently reside in Delta, BC.

Rev. Jet started off his sermon with a delightful picture of three young women sitting on the running board of a truck from the early 1940s. He quickly explained that they were "Farmerettes" and he would share more about them later.

He then went on to read a passage from the last chapter of Proverbs 31's Ode to a Capable Wife – verses 10 to 31.

10 A capable wife who can find? She is far more precious than jewels.

11 The heart of her husband trusts in her, and he will have no lack of gain.

12 She does him good, and not harm, all the days of her life.

13 She seeks wool and flax, and works with willing hands

... 20 She opens her hand to the poor, and reaches out her hands to the needy.

... 25 Strength and dignity are her clothing, and she laughs at the time to come.

26 She opens her mouth with wisdom, and the teaching of kindness is on her tongue.

... 30 Charm is deceitful, and beauty is vain, but a woman who fears the Lord is to be praised.

[I will leave this with you to read it in it's entirety.]



Did you know that in the Hebrew scriptures the next book was Ruth? Ruth's story is one of many wonderful women of the Bible and her story is certainly well known but I would like to point out a few things about Ruth. She was part of an agrarian society, she was a widow, she was vulnerable, she is a foreigner and from a land that is at odds with Isreal. She made her living gleaning in someone's field which was not entirely safe! She was filled with dignity, strength and beauty.

Did you know that in Canada in 2025 Women earn 87% of what men earn?

Ruth's story is not dissimilar to many stories we have heard from our Alongside Hope representatives. There is a common meme known in particular to aid groups of all kinds "Women eat last, Women eat least". We know this to be a truism but do want to accept this?

Did you know that 44% of women and girls who had ever been in an intimate partner relationship—or about 6.2 million women aged 15 and over —reported experiencing some kind of psychological, physical, or sexual abuse in the context of an intimate relationship in their lifetime (since the age of 15)? 187 women and girls lost their lives because of violence in Canada in 2024.

There is a crisis around the world and we can't be blind to it! *[Information inserted by Margaret and taken from approved sources.]*

Rev. Jet went on to tell us that God's heart is all about love and justice.

Think about the story of Eve – she did slip by eating the apple from the tree of good and evil – but - she is the mother of all of us. We also were encouraged to think of Judge Debra, Queen Esther and Lydia from the NT. Each of them were in difficult situations and God helped them make good decisions that saved their families and peoples.

Going back to Ruth, if you have read the genealogies in the Gospels of Matthew and Luke, you will know that Ruth is directly related to Jesus! And in Chapter 4 of the Book of Ruth, you will know that Ruth is the great, grandmother of King David!

If God's heart is with the vulnerable why are our hearts not?



We are the hands and feet of God.

Rev. Jet shared a wonderful story of a successful group of women who had with the help of Alongside Hope and the Canadian Food Grains had been taught how to grow mushrooms. Mushrooms are not the easiest crop but the area the ladies lived in it would be possible to be successful. It takes a lot of work to grow mushrooms that are good for harvesting and selling at the market. Jet showed us a photo of a very happy woman and she had just received her first pay check \$20.00 USD. I didn't write down the ladies name [my apologies] but she was barely surviving and was feeding her family before herself. Their land was no longer able to produce food and the situation was heart breaking. But the Hope and Good News about this project is that in a matter of months she and the other ladies of her co-operative will each be earning \$50. To \$60. USD a month!

Further Thoughts from Rev. Jet to ponder [all his statements are thought provoking to me]

All people matter to our God.

God sees women as really mattering in the world.

And We have to speak out about injustice!

AMEN

Submitted by Margaret Newton



.....I was fascinated when Rev. Jet told us about the Farmerettes. I had heard about the idea of asking women and girls to go and work on the farms during the first and second world war due to the men going to the front lines so of course I had to do a little more research. I hope you will enjoy this look back at history on the following page.....

Submitted by Margaret Newton



Farmerettes - How Prairie women helped the Second World War effort as 'farmerettes' in B.C. Article by Louise BigEagle · CBC News · July 2, 2023

Eighty years ago, British Columbia faced an agricultural labour shortage driven by the Second World War. It made a call to Prairie women for help. The program, known as the Women's Land Army, recruited women to work in orchards and on farms, to replace the shortage caused by men shipping off to Europe.

Hundreds of women participated during and just after the war. Some of the food they were picking was even sent to help Canada's soldiers and allies in Europe. Kelsey Lonie, a University of Regina historian, wrote her master's thesis on this chapter of history and her own grandmother's experience travelling from Saskatchewan to take part in the program.

Lonie said the Great Depression, and its effect on agriculture in Saskatchewan, may have made women more eager to follow opportunity in B.C. It was an opportunity to be paid for work they would normally do for free on their own family farms, plus an opportunity to travel to a new province.

Give the Farmer a Hand!

Join the Volunteer Field Fighters



The call for help goes all along the line—to every able-bodied man, woman, boy and girl. Today, the farmer is working from dawn to dark in the hectic race against time. Will you take over part of the farmer's work? You'll be well paid for the time you put in—week-ends, vacation, or all season. The work will suit you right down to the ground—it'll be like mixing business with pleasure. Ask your friends to go with you, too! Scan this ad for work clothes and accessories. Buy only what you need and there'll be enough goods to go around.

What the Farmer and Farmerette Should Wear!

Accessories

Pocket Comb and Nail File — Put up in neat leatherette case with dome fastener. Colors khaki and navy. Limited quantity. Special, per set **15c**

Pad and Envelopes—Handy size writing pad and 25 blue-lined envelopes. Come early! While they last, both for **11c**

Andrews' Liver Salts — A refresher and conditioner. 4-oz. tin .. **44c**

Dr. Lyons' Tooth Powder — Do as your dentist does—use tooth powder .. **28c**

Colgate's Facial Soaps—Assortment includes White Rose, Lilac, Coleo, Hollywood. All one price, 4 for **15c**

Assorted Soaps — Odex Palmolive, Royal York Carbolic and Jergen's soaps. Your choice, each .. **5c**

LADIES' AND GIRLS' COMBINATION OVERALLS

Choice of covert cloth, drill, etc., with short or long sleeves, button and zipper fronts. Sizes 12 to 20. **1.98**
Special .. **—Bargain Basement**

WOMEN'S AND MISSES' COTTON BLOUSES

Broadcloth and printed cottons in plain shades and candy stripes. **89c**
Sizes 12 to 20. Special .. **—Bargain Basement**

WOMEN'S, GIRLS' ANKLE SOCKS

Fine, cool, cotton knits in assorted colors. Sizes 5½ to 8½ and 8½ to 10. **12c**
Special, pair .. **—Bargain Basement**

TURBANS

The handy headgear for farm work. Spun rayon turbans in assorted colors. Special, each **23c**
..... **—Bargain Basement**



The call was a success. Within a day of the ads going out, B.C. had all the women it needed, Lonie said.

Women left small rural towns and farms, got on trains to B.C. and were placed on farms, especially in the Okanagan where fresh fruit needed to be picked.

The press of the time called them "farmerettes."

Lonie said she heard her grandmother tell stories of working on orchards in B.C., but at the time didn't know anything about the Women's Land Army.

"She had a really great experience. She said she had never been on a train in her life. She was from just north of Prince Albert, and so she and her sister got on the train.

She heard about a Women's Land Army program in Ontario and put together the pieces.

"I thought that sounds really familiar to what my grandmother did in British Columbia," said Lonie.

Lonie wanted to know more about it and dug deeper, eventually leading to her thesis. She said the living conditions for the women weren't great but were most likely similar to what they already had on the Prairies. There was no indoor plumbing, no electricity, just a few girls living together in cabins in remote areas of B.C. They worked 10 hours a day for 10 weeks, then went back home. Lonie said. "It was just literally like a vacation for them."

Other countries such as the U.K., the U.S. and Australia had similar programs and now share this great history of women pitching into the war effort.

Lonie said she hopes to get more stories from people who had family participate in this program and include them in a book she is writing on the topic.



From The Chaplain's Desk

I'm sorry I missed the Silver Cross last week, but from all reports it went very well. One more cataract and a hip to go! Which brings us to the topic for today: The spirituality of Aging. This is the last season of our lives, and potentially one of the hardest. What "Golden Years" we might ask ourselves? If you are younger, this may help you with parents as you tackle the "sandwich generation" with teens and elderly parents needing your time. You will live though it! I am thinking we are short on geriatric ministry in our churches. Maybe that needs to be my next focus, as I experience these years. At St. Martin's, where I am the honorary assistant, we draw from two assisted living homes in the neighbourhood. I love ministry in our church as people cope with the hard decisions of leaving their homes, downsizing etc. but I see camaraderie, and companionship in their groups. We also have other age groups, but the older women are the group that relates to me best. I hear other churches decry too many old people, but maybe that is a ministry we are all missing.

On that note I want to suggest a book that can help us with the spirituality and decisions of aging. The title is "God Isn't Finished with Me Yet" by Barbara Lee. It is out of the Roman Catholic Church and it in particular refers to Ignition spirituality. I had no problem with that, but some might. She explains it enough that it complements and does not distract. She talks about using it in decision making, downsizing, and enhancing our spiritual life. It is a book of 126 pages and an easy read. I read over half the first night! It is on Amazon for about \$18.

Enjoy God's gift of Fall.

Betty+



NEWSLETTER SUBSCRIPTIONS

Just a reminder regarding Newsletter subscriptions. The cost to print and distribute the Newsletter is approximately two-thirds more than the funds received for subscriptions. Due to the increasing costs of printing and postage, we are urging you to subscribe via E-mail if you are able. Those who receive the Newsletter by Email are subsidizing those who receive it by Mail as this helps to defray the cost of producing the Newsletter. We thank you for your support.

The cost is \$10.00 per year for both hardcopy and email versions. Please make your cheque payable to ACW – Diocese of Calgary and mail it to:

Mary Dymond, 212 Lake Moraine Place S.E., Calgary, Alberta, T2J 2Y9.

Please include your Name and Mailing Address and your email address if you would like your Newsletter emailed.



The Diocese of Calgary ACW
Invites you to a Zoom Hymn Sing

Sunday, December 7th at 7:00 pm
Please join us for a
Service of Lessons and Carols



Please register at:
margmoore49@gmail.com
or phone: 403-734-2130

Calgary Diocesan ACW
Brochure of

*Pilgrimages, Retreats,
Historic churches,
Labyrinths and Stations of
the Cross in Alberta*



**“Come and Journey with our Saviour-
Being a Pilgrim”**

In keeping with this year's conference/retreat theme of Journey's and Pilgrimage the ACW Board has put together a brochure of special places in Alberta to visit. "A pilgrimage isn't about how far you go. It's about setting out with purpose, letting each step become prayer." For a copy of the brochure please contact Linda Holt at lin-sid@telus.net.

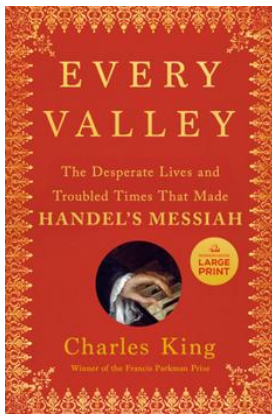
National ACW Prayer Partner

Every year at the National President's Conference the different ACW's across Canada are assigned a Prayer Partner so that the ladies in each Diocese can lift up ladies from different parts of the county with prayer. This year Calgary has been chosen to pray for the Diocese of Fredericton in New Brunswick. A quick search online found a picture from their 2025 AGM; please pray for these ladies and all in their Diocese over the coming year. If you'd like to see their latest news you can visit their information at <https://nb.anglican.ca/ministries/acw>



Book Review

Diocesan ACW Book Review by Linda Holt



Every Valley

The Desperate Lives and Trouble Times That Made HANDEL'S MESSIAH

By Charles King

"Every Valley shall be exalted, and every Mountain and Hill made low, the Crooked straight and the Rough places plain."

I received this book for Christmas, (a wonderful gift from my husband) and read it through the spring of this year. King has captured the stories of Handel's time in the British Isles, and he outlines how the Messiah's joyous message captured the hearts of the people during a time of social, political and musical catastrophes.

Handel had been the kapellmeister for Georg Ludwig, the Prince Elector of Hanover in Germany, and had travelled and performed in all of the large cities in Europe, including London. Britain, since the time of Restoration, had been sending offers to the continent for artists, musicians and actors to help revitalize their theatre and musical productions and to help rebuild and revitalize London. Cromwell's Commonwealth had virtually destroyed the theatre, and the great fire of 1666 had destroyed vast numbers of buildings. There was a sense of urgency and excitement in England. From the one bridge that crossed the Thames, Handel counted over 2000 ships; the age of trade in the Empire had arrived! It was also a time of very troubled political rule.

Handel first stayed for the summer season productions but eventually moved to Britain, a country that would support him and then forget him and then support him again! Queen Anne, granted Handel an annual pension of two hundred pounds, (illegally, as Handel wasn't a British subject!) Unfortunately, Anne died shortly afterwards, and the "run" of Georges began! Georg Ludwig became King George I, but not without some struggles with the Jacobites.



After presenting numerous Italian operas, (Handel had started three commercial opera companies to entertain the English nobility), he discovered that the population wanted something more English. He began his work on the Messiah with the librettist Charles Jennens, who was a rich but miserably hypochondriac book collector. Charles used phrases from the King James Bible, the new Anglican Prayer Book and then with additional sources, sorted his thoughts into a personal belief. He started with a hopeful worldview and then worked backward to tell a story about existence. There was no clear, continuous story line. Jennens used incidents from the Bible and the sacred words themselves gathered from both the Old and the New Testaments, edited by his own hand for meaning and clarity. He told Handel that the subject is "The Messiah". It was an Oratorio for overcoming personal misery.

The book also includes the story of contralto, Susannah Cibber, who appeared in the first performance of the Messiah, and how she was trafficked by her husband...her story is backstage tragedy. Early audiences took her delivery of Handel's serious recitatives about Christ's agony to be a personal appeal for restitution, since she, too, was "despised and rejected" and "acquainted with grief". The audiences loved her.

The author, Charles King is a professor of international affairs in Washington DC, and he sets Handel in the conflicts and contradictions of an unsettled society. Handel had travelled to London in 1710, arriving in a country, bogged down in revolution, political conspiracy and murder". While at the court, he had unofficially spied for his royal patrons at home in Germany while composing music to glorify the local Hanoverians, who captured the crown from the Stuart dynasty in 1714. King argues that the chorus in the *Messiah* salutes Christ as "Wonderful, Counsellor, the Prince of Peace" and was a coded tribute to George II. He notes that the Messiah tells you how "to live bravely in the face of disaster and defeat".

There are so many fascinating stories woven into this book. Handel's music represented the peak of "high Baroque" style: he developed Italian opera, polyphonic choral works and created new genres of English oratorio and the organ concerto. He introduced a new style into English church music. Using the *Messiah* as a focal point, this book looks into the social and political intrigues and the struggles and poor pay of these working artists. It delivers the story of the *Messiah* and is a masterpiece of hope.



Archivist Report – submitted by Linda Holt

September is the month when the Calgary Diocese of the Anglican Church Women gather to celebrate with our long standing ACW Members. The Silver Cross Luncheon has become a tradition and many, many women, who have been awarded the Silver Cross, meet to worship, share lunch together, hear a guest speaker and most importantly, visit. It is a joyful occasion.

In looking through our Archives, I noted numerous women who have received this Life Membership in the ACW, and so, I thought that I would tell you about one of them.

Her name was Winnifred Mabel Adlington Gray. She was born in Calgary on September 12th, 1920, and passed away on April 27th, 2011.



Winnifred Gray attended Sunalta, King Edward, and Central High Schools. Following her training at the Calgary General Hospital, she graduated as a Registered Nurse in 1942, before going on to the University of Toronto, again graduating in 1944 as a Public Health Nurse, and then returning to Calgary to practice until March 1947.

At age 27, she volunteered to join the medical staff of the Kangra Mission Hospital in India, where she spent 19 years. During her yearlong furloughs, she traveled across Canada from Vancouver to Newfoundland, speaking and sharing slides of her Anglican Church mission work in India. (There is a note in the Archives about Winnifred being invited as the Guest Speaker to the Calgary Deanery Meeting in Strathmore on

September 27th, 1963...The Life Members had met that month for their Corporate Communion on September 11th at 9:30 am!)

Winnifred resigned her position as Head Nurse in 1966, to come home to Calgary to look after her father. While working in Dr. Pow and Dr. Frances' medical office until retirement in the fall of 2003, she devoted many hours to raising funds for charities, completing the Terry Fox run, walking/biking up to 50 miles out to Turner Valley in the "Miles for Millions" fundraisers, then for 15 years, walking up to 16 kms and raising thousands of dollars in the annual MS Walks. She was a devoted "Friend

of Kananaskis” and spent many memorable camping trips in the mountains she loved. (She was remembered for riding her old bicycle to Banff and back!)

St. Stephen’s Women’s Auxiliary presented her with a Life Membership to their Auxiliary, “with love and gratitude for devoted service as missionary nurse in Maple Leaf Hospital, Kangra, India”, in October 1963. The Diocesan ACW President, Daisy Thompson presented Winnifred with a Life Membership to the Woman’s Auxiliary of the Anglican Church of Canada, “with love and gratitude for many years of devoted service in India. Presented by all Departments of the Woman’s Auxiliary in the Diocese of Calgary” in March 1964. (See the pictures below.)

Winnifred was also a staunch supporter of Mother’s Union in Calgary.

Winnifred passed away on April 27th, 2011, and will be remembered for her lifelong devotion to the church, her giving, caring, and reaching out, and her ever present sense of humor. She has led a truly inspiring life.

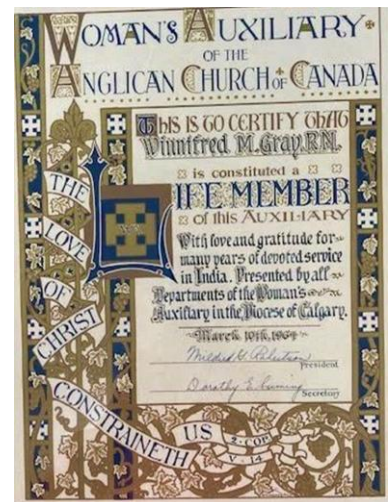
Winnifred is just one example of the women who have formed the foundation of the Anglican Church Women across Canada. She was dedicated, devoted and diligent in her service to God and her community.



Life Member Award
from St. Stephen’s Church
Women’s Auxiliary



Bishop Calvert, Winnifred Gray, Daisy Thompson



Life Member Award from
All Departments of the
Women’s Auxiliary in the
Diocese of Calgary

Silver Cross Report

The W.A. Life Members and Silver Cross Recipients’ Annual Meeting and Luncheon was held at St. Peter’s Calgary on September 20, 2025. Forty people were in attendance, including Archbishop Kerr-Wilson and our speaker, Rev. Joan Schellenberger. The day began with the Eucharist followed by a delicious lunch. Rev. Schellenberger gave us an inspiring talk on prayer, her own personal journey with prayer, and how the power of prayer can transform our lives.

The meeting is a great opportunity to socialize with women throughout the Diocese that you see infrequently. You do not have to belong to an “organized”



ACW to receive a Silver Cross. All "Anglican Church Women" who provide dedicated service to the Church and the wider community can be nominated for a Silver Cross.

I would encourage you to consider nominating someone from your congregation who deserves recognition for their service. A nomination form is included later in the Newsletter giving details of where to send the form. The cost of a Silver Cross is \$15.00. Next year's meeting will be on September 19, 2026, (always the third Saturday in September).

Respectfully submitted,
Mary Dymond

Anglican Church Women Website



The Anglican Church Women of the Diocese of Calgary website remains under re-construction and will hopefully return over the coming year with its new layout and lots of information. Please bear with us as it is a work in progress that requires many hours of our volunteers time! If you have any suggestions or contributions that you would like to submit please email them to Linda Anderson at lrbm.anderson@shaw.ca.

Welcome to the ANGLICAN WOMEN, DIOCESE OF CALGARY Facebook Page.

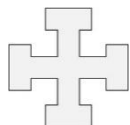
As of October 2025 we are at 206 followers and our posts have had over 2000 views in the last 60 days!! That's 2000 views!! Wow!

Please send me any information, pictures, news articles or inspirational memos that you would like to share across Facebook. I am always looking for items of interest to post. Please contact Margaret Newton-margmoore49@gmail.com

You can search in Facebook for Anglican Women, Diocese of Calgary (don't forget the comma!) and "follow" our page. By liking our page it boosts our visibility in Facebook.

PLEASE LIKE US 





ANGLICAN CHURCH WOMEN APPLICATION FOR SILVER CROSS

DATE: _____

PARISH: _____ TOWN/CITY: _____

PROPOSED RECIPIENT'S NAME: _____

ADDRESS: _____

_____ POSTAL CODE: _____

PLEASE GIVE A BRIEF OUTLINE OF SERVICE AS AN ANGLICAN CHURCH WOMAN TO THE
CHURCH AND/OR THE WIDER COMMUNITY

EXPECTED DATE OF PRESENTATION: _____

SIGNED: _____

POSITION HELD *(if applicable)*: _____

ADDRESS WHERE TO SEND THE PIN: _____

SEND APPLICATION TO: ANN BRIGHT 6012 LLOYD CRESENT S.W., CALGARY, ALBERTA, T3E 5V7, OR EMAIL: acbright@telus.net (PHONE: 403-249-4075)	COST OF PIN: \$15.00 – SEND TO MARY DYMOND, 212 LAKE MORaine PLACE S.E CALGARY, ALBERTA, T2J 2Y2 (PHONE: 403-512-0155)
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N.B. An “Anglican Church Women” Silver Cross may be awarded by any parish/group or by the Diocesan Board in recognition of long and devoted service to the Church and/or the wider community, or for outstanding service regardless of its duration. This should be regarded as an honour, not to be conferred lightly or merely as a compliment. Presentation should be made at a Church service or function.

A.C.W. BOARD OF THE CALGARY DIOCESE 2025

email: dioceseofcalgaryacw@gmail.com

Facebook: Anglican Women, Diocese of Calgary

Patrons: Archbishop, The Most Rev. Greg Kerr-Wilson & Mrs. Vicki Kerr-Wilson

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First Vice President	Margaret Newton	(403) 734-0031 margmoore49@gmail.com
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Appointments		
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Newsletter	Vacant	
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Silver Cross/Names of the Departed	Ann Bright	403-249-4075 acbright@telus.net
Publicity/Quilt Keeper	The Rev. Jennifer Ingram	(403) 948-6463 (587) 434-0405 (c) jennjmingram@gmail.com
Book of Remembrance	Valerie Jensen	403 653-2066 vjiensen@hotmail.com
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