

Zoar Baptist Church — Sunday, October 12, 2025
Sermon Series: **JONAH: Living in a World with God & Sinners**
Sermon Title: *When Your Emotions Take Over*
Main Scripture Passage: Jonah 4:1-11 NLT
Main Point: Let God's Word lead your emotions.

TALK IT OVER

Key Scriptures & Points

Our God is a God of second chances.

Jonah 3:1 NLT

God is Watching, Waiting, and Willing.

Joel 2:12-13 NLT

Jonah 3:10 NLT

Jonah 4:1 NLT

When Your Emotions Take Over

It's possible to do God's work
without God's heart.

Emotions are a great companion,
but a terrible leader.

Jonah 4:2-3 NLT

God's Kingdom seems upside down.

Jonah 4:4 NLT

Just because you're feeling something
doesn't mean it's right.

Jonah 4:5 NLT

Unleashed emotions lead you away from God.

Jonah 4:6-8 NLT

God will take you where you don't want to go, to
get you where you need to be.

What happens when emotions take over?

Jonah 4:9-11 NLT

God gets the final Word.

Matthew 12:41 ESV

Joel 2:12-13 NLT

1 John 3:20 ESV

Every **chance** from God demands a **choice** from
you.

Start talking. Find a conversation starter to get you talking.

- What story (movie or book) left you with the biggest cliffhanger?

Start thinking. Ask a question to get you thinking.

- What has the story of Jonah taught you about God?
- Read **Jonah 4:1-11**. Where might your emotions be trying to take you away from the heart and will of God as they did with Jonah? How can you lead your emotions with God's Word?

Start sharing. Choose a question to create openness.

- Have you experienced a time when you got angry at something God allowed only to find out that He was teaching you a lesson for your good? What happens if we allow our anger or other emotions to take over?
- Where do you believe God is giving you another chance? What choice will you make this time?

Start praying. Be bold and pray with power.

Father, thank You for being a God of second chances. Help us to trust Your Will and Your plan, especially when it's different from what we want to see happen. Help us lead our emotions by the truth of Your Word. In Jesus' name we pray, amen.

Start doing. Commit to a step and live it out this week.

- What choice is God asking you to make? Determine to take that step this week. Share your decision with a trusted believer for accountability.