



*Taste and see that
the Lord is good.*

PSALM 34:8

Ladies of Calvary Memorial Church

Bible Study Tip

Things I continue to work on to help me spend time in His Word.*

SPACE in my schedule daily:

- Discovering the time of day that works best for me so I can be consistent, focused, and faithful to spend this quality time in His Word
- Early AMs? Lunch hours? Mid-afternoons? Evenings?
- Set aside all electronics to minimize distractions and interruptions.

PLACE:

- Desk in extra bedroom? Dining room table? Coffee shop? Downtown library? Patio table? Park?
- Gather my necessary “tools” and try to keep them in the same location (Bible, writing utensils, highlighters, spiral notebook, 3-ring binder with paper and dividers, journal, Post-It notes/tabs, and “good ole” index cards to write down Scripture that jumps out to meditate on and perhaps memorize.
- When I have completed a study, how will I organize my final compilation of notes? File folders? 3-ring binder? Where will I store for future references?
- Do I file these notes by Books of the Bible? Topically? Alphabetically?

FACE this study time with “book-end prayer” (At the start and at the end)

- I ask God to lead and guide me as I read. Asking Him to help my heart to be transformed through better understanding of the Scripture, His attributes, and His promises. May I be obedient to Him and honor Him throughout my life with my words and actions.
- An opening prayer from Scripture: “Open my eyes, that I may behold wondrous things out of your law.” Psalm 119:18 (ESV).
- I offer a prayer of thanks when I am done with this special time with Him.
- A closing prayer from His Word: “Oh give thanks to the LORD, for He is good; His steadfast love endures forever!” I Chronicles 16:34 (ESV).

Enjoy the journey of being faithful in studying His Word and discovering what routines works best for you!

Pray the Word

Isaiah 50:4 (ESV) The Lord God has given me the tongue of those who are taught, that I may know how to sustain with a word him who is weary. Morning by morning he awakens; he awakens my ear to hear as those who are taught.

Let's pray Isaiah 50:4 back to Him:

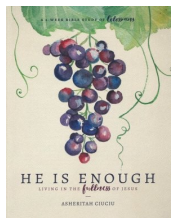
Lord, may my tongue always give evidence that I have been taught by you. As as you teach me, please help me to know how to sustain my weary and hurting sister with Your Word. I love that You promise to awaken my ear morning by morning . . . oh Lord, I long to hear what you want to teach me!

*Special thanks to Sue Shepard of Appleton, Wisconsin who so graciously gave us permission to use her article.

Think about it: God wants full custody, not just weekend visits.

Ladies Community Groups

Sisters in Christ —Colossians



This study began Sept 2, and the ladies meet every Tue, at 9:15 am. This 12-week Bible study for women focuses on the book of Colossians. Each day's study is designed to help readers understand the sufficiency and sovereignty of Jesus, offering three parts: a "Snack" (a bite-size morsel of truth), a "Feast" (a deep dive into the Bible study), and a "Serve" challenge (putting theory into practice).

LADIES STUDY GROUPS—Philippians is being studied by three different groups: Zoom on Tue, 6-7 pm; in-person on Wed in the home of Linda Specht, 6:15-7:15 pm; and in-person in the home of Edi Halverson on Fri, 10-11 am.

Coming in 2026:



Tim Keller ascribed our "dismembered" understanding of the Bible to the fact that we "read the Bible as a series of disconnected stories, each with a "moral" for how we

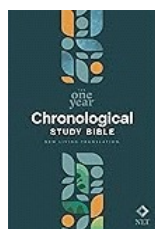
should live our lives. It is not. Rather it comprises a single story telling us how the human race got into its present condition and how God through Jesus Christ has come and will come to put things right.

When we read the whole Bible as one story we learn the God of the Old Testament is not aloof, angry, and judgmental, but kind, gracious, long-suffering, and merciful.



Let 2026 be the year you dive deeper into the story of the Bible! Whether it's your first read-through or one of many, there's always something new to discover.

God's Word fuels evangelism, discipleship, missions, and apologetics—and it never stops working. Together, we'll uncover how the story changes everything.



This study will start January 6, 2026 and follow the schedule you see above for the Philippians studies. Please touch base with Linda Specht for more details or if you would like her to order a book for you. You will need this specific Bible and a notebook.



Periodically a church family could use a helping hand with a meal (or several). Maybe a new baby has joined their ranks, someone has been in hospital, or maybe they have suffered the death of a loved one. Moriah Davis tries to touch base to see what would be most helpful for the family. If you would be willing to assist someone with a meal, please contact Moriah so you can be added to her on-call list.



CMC Library Corner

with Susan James



by Nancy DeMoss Wolgemuth

The Titus 2 model of older women living out the gospel alongside younger women is vital. It's how we all thrive, how we are adorned, and how we adorn the gospel . . . together.

Imagine older women investing themselves in the lives of younger women, blessing whole families and churches. Imagine younger women widening their circle to include women who've walked further down the road. Imagine women of all ages and seasons being transformed by the gospel, displaying its beauty, and making it believable to those around them.

This rich study of the instructions to women in Titus 2 provides a roadmap to help you experience the kind of community and influence God designed you to have in the church and the world. Stop in the CMC Library and check out this book.



Cup of Christmas Tea

The Names of Jesus
Monday, December 8, 2025
7 pm



First attempt at a Ladies Newsletter! We have emailed this to most of the ladies at CMC, and have made some hard copies which can be found in the Connection & Information Ctrs. If you are still waiting for your email copy, please send us your email address.



Women's Ministries Committee:
Jan Wahlen, Moriah Davis, Susan James,
Laura Maurer, Sherry Peterson, Linda Specht

Calvary Memorial Church
Equipping • Building • Nurturing for Christ • Ephesians 4:12-13
401 Washington Avenue • Astoria, OR 97103 • 503.327.7228 • www.cmc-astoria.org



Revive Our Hearts – True Woman 25

Inspiring women to love the Word, be transformed by it, and share its wonders with others.

Psalm 119:18 (ESV) Open my eyes, that I may behold wondrous things out of Your law.

TW25 is taking place in Indianapolis Oct 2-4, and there is still time to register to attend this event in person. **OR** you can attend CMC's one-day retreat for ladies (high school and up) on Sat, Oct 25. We will be presenting several of the messages, have several great break-out sessions, and enjoy some delicious food and various snacks. Please "Save the Date" – more details will be available after Oct 5. The cost for this special day will be \$25 for adults and \$15 for students.

CALENDAR

Tuesday Morning

9:15 am/CMC – *Sisters in Christ*

6:00 pm/Zoom – **Philippians**

Wednesday Evening

6:15 pm/Linda Specht's – **Philippians**

Friday Morning

10:00 am/Edi Halverson's – **Philippians**

Saturday, October 25

The Word – Behold the Wonder

Revive Our Hearts TW25 Condensed

Monday, December 8

7 pm – *Cup of Christmas Tea*

Potato Chip Clusters

submitted by Melody Gustavson
(taste-tested and approved by Linda Specht)

1 bag of either white or chocolate chips – melt with 1 tsp of oil and stir till creamy.

Add in 2 cups of coarsely crushed ridged chips and ½ cup of nuts of your choice; mix to a substantial consistency.

Drop by spoonful onto a parchment or wax paper and freeze at least 1 hour or till set. Keep in air tight container.

