



## **PUT ON YOUR NEW SELF**

***It's time to break free***

### **SCRIPTURE READING:**

**COLOSSIANS 3: 5 – 11**

**Philippians 3:12 ; Proverbs 4:23 ; Philippians 4: 8 ; Luke 6: 45 ;  
Genesis 3: 21 ; Luke 15: 22.**

Dear CLIC family

The questions are based on the sermon preached by sister Jasmine Lee on October 12<sup>th</sup> 2025. Please take time to reflect on the Scriptures above as part of your preparation for your small group discussions.

The audio recording of the sermon is available along with the slides at the following link:

<https://www.clichurch.com/podcasts/english-sermons/2025-10-12-put-on-your-new-self>

### **Discussion Points**

1. *What does it mean to "put to death" earthly desires in your daily walk with Christ? What are some practical steps you can take to resist and overcome these temptations in your life?*
2. *What "old clothes" or practices do you feel God is inviting you to let go of because they no longer reflect your new identity in Christ? How might you take the first step in that process?*
3. *How does understanding that Christ is "all and in all" shape the way we view ourselves and others?*
4. *How can embracing your identity in Christ bring freedom and hope to the areas of your life where you've felt stuck or discouraged?*