



October 12, 2025 4pm



Welcome to The AbbeyChurch

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here in Jesus' name.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

Land Acknowledgement

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək'wəṇən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands.

We pause in silence to remember and to recall the land under our feet, the hidden rivers, the trees and flowers and shifting seasons. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Opening Loop and Tolling of the Bells

Invocation Song: Come Holy Ghost

Come Holy Ghost. Come God and Lord - with all your grace on us outpoured.
Come Holy Light. Come guide divine - now cause the Word of Life to shine.

Come Holy Fire and Comfort true. Grant us the will your work to do.
Lord, by your power prepare our hearts. Where we are weak, Lord strength impart.

That bravely here we may afford - our life and death to you our Lord.

Alleluia. (x3) *Martin Luther with Ward / Best - belovedchurch.org Church of the Beloved*

Welcome + Land Acknowledgement

Gathering our hearts to worship God. Bell x 3

Body Prayer

Margot Spence

Please rise in body or in spirit as we sing, and our community altar is set.

Opening Song: Almighty God

Almighty God to you all hearts are open - search and know our thoughts and anxious fears
Wash us in the fountain of your mercy - come with your light, we cannot hide from you

Almighty God to you all hearts are open - with gratitude we raise our song to you
Come and fill the praises of your people - in grace and truth You make us new again
Alleluia Alleluia Alleluia

Almighty God to you all hearts are open - we long for more than what this world provides
No shallow spring will ever satisfy us - Your river deep floods over everything
Alleluia Alleluia Alleluia

Almighty God to you all hearts are open - you take away our sickness and our sin
Oh lamb of God we gather at your table - in bread and wine, you have supplied our needs
Alleluia Alleluia Alleluia *McCracken/Leonard / Jordan 2105 Integrity's Alleluia / CCLI*

The Poem

chosen by Molly LeBlanc - Poet-in-Residence

We Proclaim

The First Reading: Hebrew Prophets

A reading from the prophet Jeremiah (29:1,4-7)

These are the words of the letter that the prophet Jeremiah sent from Jerusalem to the remaining elders among the exiles and to the priests, the prophets, and all the people whom Nebuchadnezzar had taken into exile from Jerusalem to Babylon...Thus says the LORD of hosts, the God of Israel, to all the exiles whom I have sent into exile from Jerusalem to Babylon: Build houses and live in them; plant gardens and eat what they produce. Take wives and have sons and daughters; take wives for your sons, and give your daughters in marriage, that they may bear sons and daughters; multiply there, and do not decrease. But seek the welfare of the city where I have sent you into exile, and pray to the LORD on its behalf, for in its welfare you will find your welfare. ... The word of the Lord. **Thanks be to God.**

We chant our psalm together - please join along as you wish.

Psalm 66 Jubilate Deo *(selected verses)*

Be joyful in God, all you lands * be joyful, all the earth.
sing the glory of the divine name; * sing the glory of God's praise.
All the earth bows down before you, * sings to you, sings out your name."
Come now and see the works of God, *
how wonderful you are, O God, in your doing toward all people.
You turned the sea into dry land, so that they went through the water on foot, *
and there we rejoiced in you.
In your might you rule for ever; your eyes keep watch over the nations; *
let no rebel rise up against you.
Bless our God, you peoples; * make the voice of God's praise to be heard;
who holds our souls in life, * and will not allow our feet to slip.
For you, O God, have proved us; * you have tried us just as silver is tried.
You brought us into the snare; * you laid heavy burdens upon our backs.
You let enemies ride over our heads; we went through fire and water; *
but you brought us out into a place of refreshment.
In truth God has heard me * and has attended to the voice of my prayer.
Blessed be God, who has not rejected my prayer, * nor withheld steadfast love from me.

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel

The Gospel Acclamation Jesus, Let Your Kingdom Come

Hallelu, Hallelujah! Jesus, let your kingdom come! x2

May the works of my hands bring You joy. x2

Hallelu, Hallelujah! Jesus let your kingdom come! X4

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The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to Luke . (17:11-19)

On the way to Jerusalem, Jesus was going through the region between Samaria and Galilee. As he entered a village, ten men who had leprosy approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice. He prostrated himself at Jesus's feet and thanked him. And he was a Samaritan. Then Jesus asked, "Were not ten made clean? So where are the other nine? Did none of them return to give glory to God except this foreigner?" Then he said to him, "Get up and go on your way; your faith has made you well."

...Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

Gospel Acclamation (Repeated)

Hallelu, Hallelujah! Jesus, let your kingdom come! x2

May the words from my mouth speak Your Peace! X2

Hallelu, Hallelujah! Jesus let your kingdom come! X4

Porter's Gate / CCLI

Sermon

Matt Humphrey, ec

Bell. Silence for reflection. Bell.

Please rise in body or in spirit as we affirm our faith and remember our ancient Story of trust:

Credo

We believe in God Almighty, Maker of all heav'n and earth;
And in Jesus Christ, our Saviour: God's own Son of matchless worth;
By the Spirit was conceived of the virgin Mary born,
God in whom we have believed: God Almighty Three-in-One.

Suffered under Pontius Pilate, on the cross, he bled and died;
Placed within the grave so silent, where for three days he did lie;
Then the stone-sealed tomb was empty; we believe he did arise;
Triumphed o'er the grave forever, over death he is the Christ.

Into heaven he ascended - seated at God's own right hand
'Til he comes again in glory, gracious judge o'er every land;
We confess the Holy Spirit who was sent through Christ the Son
Who is Lord and giver of life - God, the Spirit, Three-in-One.
We believe the Church of Jesus, *catholic it 'ere remains;
We are one through all the ages, the communion of the saints.
We believe sins are forgiven, our bodies shall be raised
Everlasting life the promise may God's holy name be praised.

*or, universal

Mindy Deckard; arr. Bruce Benedict / Rob S verses © 2006 Cardiphonia Music / CCLI

Our Prayers

During this time, over these next few songs, you are invited to pray quietly or come forward to write prayers of thanksgiving, petition or remembrance and place them on the gratitude tree or in the prayer weave.

Song: Come Healing

O gather up the brokenness and bring it to me now
The fragrance of those promises you never dared to vow
The splinters that you carry, the cross you left behind
Come healing of the body, Come healing of the mind
And let the heavens hear it, the penitential hymn
Come healing of the spirit, Come healing of the limb

Behold the gates of mercy in arbitrary space
And none of us deserving The cruelty or the grace
O solitude of longing where love has been confined
Come healing of the body, Come healing of the mind
O see the darkness yielding That tore the light apart
Come healing of the reason Come healing of the heart

O troubled dust concealing an undivided love
The heart beneath is teaching to the broken heart above
Let the heavens falter, let the earth proclaim
Come healing of the altar Come healing of the name

O longing of the branches to lift the little bud
O longing of the arteries To purify the blood
And let the heavens hear it the penitential hymn
Come healing of the spirit, Come healing of the limb
O let the heavens hear it, the penitential hymn
Come healing of the spirit, Come healing of the limb

Leonard Cohen. Sony Music

Song: You Shall Reign

Come broken, come captive - come all you who mourn

Oh groaning creation, rejoice.

A child, a Saviour our healing you bring.

What freedom! What consolation!

You shall reign (You shall reign), You shall reign. You shall reign (You shall reign), Your shall reign.

You'll order Your kingdom - with justice and peace

Oh merciful one, oh Lamb of God

All nations, all people All heaven and earth - will bow down and to You proclaim

El reignara, (El reignara) El Reignara El reignara, (El reignara) El Reignara

Tom Wuest, alt. Used with permission / Brass Trumpet Publishing

Song: Just a Closer Walk with Thee

I am weak but Thou art strong; Jesus, keep me from all wrong;

I'll be satisfied as long as I walk, let me walk close to Thee.

Refrain: Just a closer walk with Thee, grant it, Jesus, is my plea,

Daily walking close to Thee, Let it be, dear Lord, let it be.

Thro' this world of toil and snares, If I falter, Lord, who cares?

Who with me my burden shares? None but Thee, dear Lord, none but Thee. *Refrain.*

When my feeble life is o'er, Time for me will be no more;

Guide me gently, safely o'er To Thy kingdom shore, to Thy shore. *Refrain.*

Anonymous / Public Domain / 19th c.

Collecting Prayer

Lucy and the Youth

The Confession

Let us pray, saying -

Walking in the footsteps of our ancestors in faith, we cry - Jesus, have mercy on us!

Let us offer to God all we wish to carry no longer.

(the band plays - you are welcomed to sing along as you confess)

In the time of my confession, in the hour of my deepest need

When the pool of tears beneath my feet floods every newborn seed

There's a dying voice within me reaching out somewhere

Toiling in the danger and the morals of despair

Don't have the inclination to look back on any mistake

Like Cain, I now behold this chain of events that I must break

In the fury of the moment, I can see the master's hand

In every leaf that trembles, in every grain of sand. Bob Dylan.

The Absolution / Assurance of Grace

The Peace

The peace of Christ be always with you! **And also with you.**

You are invited to share a sign of peace to those near you.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet.

All donations are eligible for a charitable tax receipt.

The Offertory Song: All Are Welcome

May God build a house where love can dwell and all can safely live,
a place where saints and children tell how hearts learn to forgive.
Built of hopes and dreams and visions, rock of faith and vault of grace;
here the love of Christ shall end divisions.

All are welcome, all are welcome, all are welcome in this place.

May God build a house where prophets speak, and words are strong and true,
where all God's children dare to seek to dream God's reign anew.
Here the cross shall stand as witness and as symbol of God's grace;
here as one we claim the faith of Jesus.... All are welcome...

May God build a house where love is found in water, wine and wheat:
a banquet hall on holy ground where peace and justice meet.
Here the love of God, through Jesus, is revealed in time and space;
as we share in Christ the feast that frees us. All are welcome...

May God build a house where hands will reach beyond the wood and stone
to heal and strengthen, serve and teach, and live the Word they've known.
Here the outcast and the stranger bear the image of God's face;
let us bring an end to fear and danger. All are welcome...

May God build a house where all are named, their songs and visions heard
and loved and treasured, taught and claimed as words within the Word.
Built of tears and cries and laughter, prayers of faith and songs of grace,
let this house proclaim from floor to rafter. All are welcome...

Text: Marty Haugen, alt. 1994 GIA Publications, Inc. OneLicense

We Celebrate

*As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever
they find themselves in their spiritual journey. If you wish to come forward to receive a blessing
rather than bread and wine, place your hands across your chest.*

Prayer Over The Gifts

Bountiful God,

We are grateful

**You have given us this day
and have given us this way
to say thank You.**

And so we ask You

**to take our small thank you
into Your great act of thanksgiving**

You, Lord of the loaves and fishes

You, Lord of the wheat and grapes

You who are from God,

with God and for God

You in whom all is all. Amen *(mary jo leddy, alt.)*

The Great Thanksgiving

God be with you! **And also with you!**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Holy God, How wonderful is the work of your hands! All of creation echoes the music of your praise. When sin had scarred the world, You made a covenant to renew the whole of creation. You embraced a people as your own and filled them with longing - for a peace that would last and for a justice that would never fail.

Glory to you forever and ever.

Through countless generations your people hungered for the bread of freedom. From them you raised up Jesus, the living bread, in whom all our hungers are filled. You have given your Holy Spirit as a mighty stream to refresh and renew the face of the earth. Therefore with the company of heaven and all of your creation we sing

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory. Hosanna in the highest.

+Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

While Jesus was eating with his disciples, he took a loaf of bread, and after blessing it, broke it, gave it to them, and said: "Take, this is my body. Do this in remembrance of me."

As supper was ending, Jesus took the wine and after blessing it, poured it, gave it to them and said, take, this is my blood, do this in remembrance of me.

Glory to you forever and ever.

Holy God we give you thanks for the mystery of faith given to us in Jesus your Child:

Christ has died, Christ is risen, Christ will come again. (x2)

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that with grateful hearts, we may be a people of hope, justice, and love. As grain was scattered across this land then gathered and made one in this bread, so may your church, scattered to the ends of the earth, be gathered and made one in your love.

Amen.

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

Our *Father (*or Parent, or Abba, or Amma, or Source, or Mother)

who art in heaven, hallowed be thy name, thy kingdom come,

Thy will be done, on earth as it is in heaven. Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory. Forever and ever. Amen.

Silence is kept

These are the gifts of God - for the people of God - given for the life of the world.

Thanks be to God!

All are welcome (none compelled!) to receive at Jesus' table!

The bread is gf/vegan from [The art of slow food](#) and is made with "Spring water, psyllium husk, ground flax, sorghum flour, tapioca flour, natural levain (wild yeast) and sea salt"

Wine (Port) is in the larger common cup & grape juice in the individual cups.

Please refrain from dipping the bread.

Song (pre-recorded): **Agnus Dei / Lamb of God** Tom Wuest / Brass Trumpet Publishing

Communion Song: Jesus Feed Us

Again and again and again to this table we come
Once a people estranged now as one in your name

In your mercy and grace forgiven of what we've confessed
By your body and blood one last thing we request

To you we pray Jesus feed us

Feed us Jesus. Feed us Jesus - with your healing love

St. Benedicts Table, Winnipeg. Gord Johnson / Signpost Music 2008 / CCLI

Communion Song: In the Lord

In the Lord I'll be ever thankful - In the Lord, I will rejoice

Look to God, do not be afraid.

Lift up your voices the Lord is near.

Lift up your voices the Lord is near.

Ateliers et Presses de Taize / Taize Community, France / OneLicense

We Are Sent

The Prayer After Communion

[we say together] **God of our hope, in this eucharist we find the source of all your blessings. Nourished in these holy mysteries, may we, with our lives, give you continual thanks and praise. This we ask in the name of Jesus. Amen.**

The Commissioning and Blessing

Beloveds, we pray that you will be filled with the knowledge of God's will and that your life will continue to bear fruit in every good work. Take heed that you fulfil the ministry that God has given you; live in the light, care for the sick, walk in the ways of peace, do not forsake the breaking of bread, practice resurrection and seek the peace and welfare of the city to which you are called.

In the name of the Trinity of Love, we bless you, we give thanks for you, we hold you in our prayers and we commission you.

Go forth dear friends, with our blessings and our prayers, go forth in the power of the risen Christ. Go forth as a herald of the coming kingdom, go forth and bear witness in all that you do, to the love of God, the redemption of Christ and the comfort of the Holy Spirit.

Amen, thanks be to God!

Closing Song: Love Divine All Loves Excelling

Love divine, all loves excelling, Joy of heav'n to earth come down:
fix in us thy humble dwelling, all thy faithful mercies crown:
Jesus, thou art all compassion, pure, unbounded love thou art;
visit us with thy salvation, enter ev'ry trembling heart.

Come, Almighty to deliver, let us all thy life receive;
Suddenly return, and never, nevermore thy temples leave.
Thee we would be always blessing, serve thee as thy hosts above,
pray and praise thee without ceasing, glory in thy perfect love.

Finish, then, thy new creation; pure and spotless let us be:
let us see thy great salvation perfectly restored in thee;
changed from glory into glory, 'til on earth You make Your place,
'til we cast our crowns before thee, lost in wonder, love, and praise.

Charles Wesley / Public Domain, alt. (tune: Hyfrydol)

Sending:

Go in peace, joy, love, grace and gratitude to follow Christ - and to serve the people.

Thanks be to God! Alleluia, Alleluia!

You are very welcome to join us for a Thanksgiving potluck immediately following our worship today (whether you have a contribution or NOT)!

Next week is our small church gathering - talk to us if you haven't signed up yet.

Our next whole gathered worship will be on October 26th.



October 12th - 4pm - AbbeyChurch 10th Anniversary Celebration!
Worship with Potluck Feast to follow!

Weekday Prayer

@ Emmaus/AbbeyChurch *Upper Room* (off the Balmoral parking lot, metal stairs up)

Mondays at 9 am - Morning Prayer with Centering Prayer

- approx 45 mins - in-person only.

NO Monday AM PRAYER THIS WEEK (tomorrow) DUE TO THE HOLIDAY.

- approx 25 mins - in-person and online.

Thursdays at 8:15 am - morning prayer - The Upper Room and online on zoom.

Fridays at 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link

Donations to our Common Life and Ministry

We are so grateful for your presence with us! A huge thank you to everyone who supported our ministry in 2024 and made it possible to continue to thrive in the place God has called us to. If you are interested in donating to our common life, you can now send offerings by **e-transfer to treasurer@emmauscommunity.ca** or talk to Lynn, our treasurer to sign up for monthly giving (PAR)! There's also a point of sale machine at the back table for debit or credit donations. Or give through Canadahelps by clicking the QR code here: All donations are eligible for a charitable receipt for income tax purposes.



Youth Group - *Every 2nd and 4th Tuesday at 4pm* here at the church. All youth are welcome for this social and hang out time!

Youth Formation with optional Baptism or Confirmation at Easter - starting in October - talk to Meagan or Lucy or email: youth@abbeychurch.ca

Library Work Days The Emmaus Community is having a Library Work day on **NEXT Saturday October 18th between 1 and 4 pm**. After a few work days we think we have found the most productive and efficient method of cataloguing the books. To make this work we would love 6 people to help for a minimum of 2 hours. If you can help or have questions, please contact Lynn Mills at library@emmauscommunity.ca

WANNA CHAT? Reach out to us at admin@emmauscommunity.ca

WEEKLY NEWSLETTER - Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here:

<https://www.abbeychurch.ca/subscribers>

October - November 2025

Home Church Groups :: *Gospel-based Discipleship*

At AbbeyChurch, we celebrate a rich worship gathering every Sunday at 4:00! As we come upon our 10th anniversary (October 4) we are remembering the small roots of this ragtag community – which was originally lay-led and met in parks, houses, and a make-shift theatre long before it inhabited a Church building! And we are taking Church back into our homes every other week for a time to get to know one another more deeply!

We are doing this every other Sunday afternoon beginning on October 5 and ending just before Advent. (On the alternate Sundays we will continue to gather in person for regular worship with music and Communion). Our format will follow the lead of the self-determining indigenous Church (in this case, primarily in the Anglican tradition – but also informed by United Church traditions) in a practice they call “Gospel-based Discipleship.” We gather and have time to check in, we read the Gospel aloud and listen attentively, three times, with three prompts to listen, and we offer prayers together. We meet in small groups at 4pm as usual - and will be no more than an hour.

October 5 - Home Church meets

October 12 - AbbeyChurch worship - 10th!!!

October 19 - Home Church meets

October 26 - AbbeyChurch worship

November 2 - Home Church meets

November 9 - AbbeyChurch worship

November 16 - Home Church meets

November 23 - AbbeyChurch worship
(and annual community meeting/potluck).

November 30 - AbbeyChurch Advent begins and back to weekly AbbeyChurch worship!

These groups will be hosted by different AbbeyFolk across the city:

James Bay - Fernwood - North Park - Brentwood Bay - Oak Bay + Youth Formation

Signup at AbbeyChurch or by emailing matt@abbeychurch.ca

admin@abbeychurch.ca + www.abbeychurch.ca

778.557.4166 We would love to connect.

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