

# St. Paul's News Bulletin

## Oct. 12, 2025

**Welcome Everyone! Please join us after the service for coffee & goodies.** If you are new to St. Paul's, we would be happy to provide a welcome package.



**Open to Blessings Fundraiser:** Are there blessings in your life that have come from walking through St. Paul's door? If yes, would you like to be a part of keeping those doors open? The Open to Blessings Fundraiser will create a Wall of Blessings by the front door. For a donation of \$30, you are invited to write the name of a ministry, person or event at St. Paul's that has been a blessing to you, then add it to the wall. Proceeds will help pay for new hardware for the doors. This fundraiser will run until **Nov. 9**. See Kathleen on Sundays or Chizoba in the office weekdays to participate.

**Operation Christmas Child:** Last year St. Paul's filled 51 shoeboxes with gifts to share the Good News of Jesus around the world. Watch for update or talk to Laure.



**Men's Breakfast:** The next date is Saturday, **Oct. 18** at St. Paul's at 8:30 a.m. All men 13+ are invited to join great food and fellowship!

**Coffee House:** The next St. Paul's Stringers Coffee House will be **Nov. 14** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly. All welcome!

**Living Waters:** The deadline for the Dec/Jan issue of *Living Waters* is Wednesday, **Nov. 19**. Please submit material to [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**Christmas Market:** A Christmas Market will be held Saturday, **Nov. 29** 10 a.m. to 3 p.m. with artisans, a hotdog café, raffle and prizes.

**In Person Prayer Group Meeting:** Date changed from Monday, **Oct. 13** to Tuesday, **Oct. 14** for this month only.

**Ladies Christmas Party:** A potluck supper and exchange of Made in Canada gifts (optional) will be just part of the fun at on **Dec. 16** at 6 p.m. Please RSVP to Julie by Dec. 12. See Living Waters or posters in the parish hall for details.

**Pledge Cards: Tell Out My Soul** is the theme for this year's Stewardship campaign. It's about telling others the Good News about the world and the One who made it! The cards encourage members to prayerfully commit their financial support to St. Paul's for the year ahead to help Parish Council budget realistically for 2026. When you make your promise to the church, please pray about it, discuss it with your family and discern how God is calling you to share your gifts. Cards are available from the sidespeople, as well as on our website under Stewardship. **Pledge cards are to be returned on All Saints' Sunday, Nov. 2.** They can be placed on the collection plate during the offertory hymn. To return your card early, please leave it with Chizoba in the parish office.

**Sundance on the Green Craft Fair:** A craft and bake sale at will be held at Sundance on the Green on Saturday, **Nov. 1**, 9 a.m. to 1 p.m.

**Alpha Prayer Vigil:** Volunteers are needed to pray for participants and leaders from home for 90 minutes each Wednesday evening until Dec. 10. Materials with prayer suggestions will be provided. There will also be prayer vigils on Friday, Nov. 7 & Saturday, Nov. 8. Please look for the signup sheet in the Parish Hall or see Dinah.



### St. Paul's Anglican Church

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**Phone:** 403 256-1428

**e-mail:** [office@stpaulscalgary.ca](mailto:office@stpaulscalgary.ca)

**website:** [www.stpaulscalgary.ca](http://www.stpaulscalgary.ca)

**Incumbent:** The Rev'd Tony Hilling

**Assistants:** The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

**Wardens:** Paul Bourgeois & Ingrid Bolton

**Deputy Warden:** Muyl Ekomwenrenren

**Main Facebook Page:** [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

**X:** @stpaulscalgary

**Instagram:** [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

**YouTube:** <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

# Outreach

## Alongside Hope

This time of year, we give thanks for our many blessings - especially for good harvests and the abundance of food. It's also a moment to remember that millions around the world face severe food shortages and even starvation. Please consider sharing your good fortune by supporting *Alongside Hope* and its food security programs. Your generosity can help bring nourishment and hope to those in urgent need.



**5th Sundays of the Month are Food for Others Sundays at St. Paul's.** Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is today, **Nov. 30.**

**Inreach** Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

# Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact Betty Nadurak.

**Chemo Care Bag:** If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

**Prayer Shawl:** We meet on the first & third Wednesdays of each month at 1 pm, in person and via Zoom. Contact Laura Anne [here](#) if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

**Grief Support Group:** This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. **Meets Thursday at 1 p.m.**

**Hunger for Healing, a Christian Twelve Step Programme,** meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403 818 9879.

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## Check out these opportunities to participate

**2025 Flower Chart** is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

**Prayer Chain Requests:** Please contact Dinah Breu with your prayer requests.

**Servers:** we are looking for volunteers to be servers at our Sunday services. **Youth or Adults are welcome!** Please contact Father Cyril or Cheryl if you are interested. Training is available!

**Card Ministry:** If you know anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would appreciate receiving a greeting card from the St. Paul's Family, please contact Pauline Payne at 403-988-2546 or email her at

[Pauline\\_payne1@yahoo.com](mailto:Pauline_payne1@yahoo.com).

**Casserole Ministry:** If someone would benefit from receiving a casserole, please **contact Linda Hubert or help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and then put in freezer.

**Sign:** To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

**We are looking for volunteers** to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

# Regular Activities at St. Paul's:

- Sunday:**      **Holy Eucharist** 10 a.m.  
                 **Handchimes Practice** 11:30 –12 p.m.  
                 **Word to World Ministries Canada:** 2 - 3 p.m.  
                 **Philippines Independent Church (IFI):** 4 p.m.
- Monday:**    **Walking Group:** 1 p.m. (see the St. Paul's website under events for locations)  
                 **St. Paul's Stringers rehearsal:** 7:30 p.m.  
                 **Prayer Group - meetings** held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:**    **Girl Guides:** 6:30 – 8 p.m.  
                 **Parish council:** 7 p.m. (2<sup>nd</sup> Tuesday of the month)
- Wednesday:** **Morning Prayer:** 9:30 a.m.  
                 **Bible Study:** 10:30 a.m.  
                 **Hunger for Healing:** 11:30 a.m. (in the Chapel Room)  
                 **Prayer Shawl Ministry:** 1 p.m. (1st & 3rd Wednesdays of the month)
- Thursday:**   **Grief Support Group:** 1:00 p.m.  
                 **TOPS (Taking off Pounds Sensibly):** 6:00 p.m.  
                 **Choir Practice:** 7:30 p.m.  
                 (If you'd like to join Choir, please contact Paul Bourgeois at pbourgeois@shaw.ca.)
- Friday:**      **Handchimes Practice** 10 - 11 a.m.  
                 **S.P.Y. Group:** 6:30 p.m. 1st Friday of the month. (Check website)  
                 **Coffee House:** 7 p.m. second Friday on alternate months. **Next date is Nov. 14**
- Saturday:**    **Ladies Luncheon:** 11:20 am -2nd Saturdays. **Next date is Nov. 15.**  
                 **Men's Breakfast:** 8:30 am - 3rd Saturdays (at St. Peter's alternate month  
                 Check website to confirm location). **Next date is Oct. 18 at St. Paul's.**

## Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home.

Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.



# Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

## St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group To register use this QR code

**Nov. 21 – Craft Supply Fair, 5:30 – 9: p.m.**

**Nov. 22 – Craft Supply Fair, 10 – 4 p.m.**

**Dec. 12 – Winter Celebration, 6 – 9:30 p.m.**

# Our Ministries

## AUDIO VISUAL TECHNOLOGY: Paul Bourgeois

The screen ministry enhances the visual experience in worship using the Sanctuary screens. This ministry supports the music and worship by ensuring appropriate volume levels while minimizing feedback and other disruptions. People working the soundboard need to arrive at least 20 minutes before the service to set up lapel and hand-held mic as necessary and to set the sound level for the pre-service music. Throughout the service, it is important to anticipate the need to turn mics on and off and to adjust volumes. The board is labeled to make this job easier and first-timers will work with veterans during the service to become familiar with the board's operation. This ministry is not only required for Sunday services but also for other services such as weddings and funerals and other occasional special events.

# Stewardship Reflections:

*"Has none but this foreigner returned to give thanks to God?" LUKE 17:18*

Most of us live relatively "easy" lives. We have food, shelter, clothing, and money. We go on vacation every year and own a car or two. Most of us take this all for granted. Did you ever notice that people with the least number of possessions are usually the most grateful? Shouldn't this be the other way around? Take time every day and thank God for all He has given you and discern how He is calling you to share your gifts.

## Financial News

Our deficit at the end of September was \$14,143. Thank you to everyone for helping support our mission financially in these challenging times.



## First female Archbishop of Canterbury elected in 1,400 years

Our Primate, Archbishop Shane Parker, and the Anglican Church of Canada rejoice in the appointment of the Right Reverend and Right Honourable Dame Sarah Mullally DBE as the 106th Archbishop of Canterbury. She will legally assume the role in January 2026 and be installed as Bishop of the Diocese of Canterbury at Canterbury Cathedral in March. Bishop Sarah will be the first woman to hold this historic office since Saint Augustine's arrival in 597



## Fall 2025 Cursillo weekends

The Men's Cursillo weekend runs Oct. 30–Nov. 2; the Women's is Nov. 6–9. To learn more or register, please speak with Kerin Spaargaren, Debra or Dan Brisbin.