Philippines Mission Trip

This mission trip is for Christ centered leaders. Ages 12+

James 2:15-16

"Suppose a brother or sister is without clothes and daily food. If one of you says to him, "Go, I wish you well; keep warm and well fed," but does nothing about his physical needs, what good is it?"

Luke 10:2

He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."



Mission Leaders:

Trish Van Alstyne 480-272-5570 grammytrish7@yahoo.com

Frank Ruiz 480-209-0372 frank_ruiz79@yahoo.com

Emily Ruiz 490-227-8278 Emilyrae1012@aol.com

May 29 - June 11, 2026

Where in the world are we going???

Philippines, island country of Southeast Asia in the western Pacific Ocean. It is an archipelago consisting of more than 7,000 islands and islets lying about 500 miles off the coast of Vietnam. Manila is the capital, but nearby Quezon City is the country's most-populous city. Both are part of the National Capital Region (Metro Manila), located on Luzon, the largest island. The second largest island of the Philippines Mindanao, in the southeast.

The Philippines takes its name from Philip II, who was king of Spain during the Spanish colonization of the islands in the 16th century. Because it was under Spanish rule for 333 years and under U.S. tutelage for a further 48 years, the Philippines has many cultural affinities with the West. It is, for example, the second most-populous Asian country (following India) with English as an official language and one of only two predominantly Roman Catholic countries in Asia (the other being East Timor). Despite the prominence of such Anglo-European cultural characteristics, the peoples of the Philippines are Asian in consciousness and aspiration.

The <u>climate</u> of the Philippines is tropical and strongly monsoonal (i.e., wet-dry). In general, rain-bearing winds blow from the southwest from approximately May to October, and drier winds come from the northeast from November to February. Thus, temperatures remain relatively constant from north to south during the year, and seasons consist of periods of wet and dry.





<u>Davao City</u> is the regional center of Davao Region and also the center of Metro Davao, the second most populous metropolitan area in the Philippines. The city serves as the main trade, commerce, and industry hub of Mindanao, and the regional center of Davao Region. The region of Davao is home to Mount Apo, the highest mountain in the Philippines, which is highly visible in most parts of Davao City. The city is also nicknamed the "Durian Capital of the Philippines".

<u>Samal Island</u> Just a short 2-kilometer ferry ride from <u>Davao City</u>, Samal Island, officially known as the Island Garden City of Samal, is one of the top tropical escapes in the southern Philippines. This island paradise is famous for its powdery white sand beaches, crystal-clear waters, and vibrant marine life, making it a favorite among travelers seeking Samal Island tours filled with relaxation and adventure.

Who are we partnering with?



Paul Barner traveled to the Philippines when he was young. He quickly fell in love with the country and eventually Elvie. Later in life they married and made the Philippines Paul's home. He and Elvie have two beautiful children, PJ and Abigail. Together they run the Barner Christian Academy (BCA).

BCA's primary goal is character development through the knowledge of Jesus Christ as revealed in the Bible. Stress is placed upon developing the God-given talents and abilities of the child through a program which is committed to maximizing the full potential of each precious child. BCA seeks to provide each child with a Christian education (Proverbs 3:5,6), development of his or her unique skills, and achievement of personal academic excellence. Since the primary reason for the existence of the school is spiritual in nature, BCA lays a firm foundation for a child to accept Jesus Christ as his personal Lord and Savior. (Mark 10:14,15). The child will acquire basic spiritual truths, a spiritually receptive attitude, and an early motivation to make this important decision as he is prompted by the Holy Spirit.

The curriculum at BCA is very well rounded and would be considered a classical education in the sense that all subjects are taught through a varied and rich experience of environment and materials. Of the 8 listed objects of BCA, they each aim to provide fully developed children that know Christ as their foundation.





Fathers House Orphanage

Fathers house is where rescued children from the streets of Davao are living. Fathers house is not your ordinary orphanage. It is a home filled with love and Jesus.

The kids at Fathers house all have a bed, running water, attend school, fed and are daily learning about Jesus. 3 of the kids at Fathers House are sponsored by LifePoint Church.

Previous LifePoint missions' trips have built cottages for the children to sleep in, a basketball court, dug through limestone for the fishpond, built chick coops, pig pens, planted crops and SOOOO much more. The property continues to add more and more things to allow for the children of Fathers House to be fully sustainable on the property.







Typical Day in Davao and Samal

Mon-Fri

7am - Wake-up and get ready for the day.

7:30-8:15am – Breakfast w/ short devotional lead by rotating mission team members

8:30am – Travel to where we will be working - Barner Christian Academy (Davao). Fathers House (Samal).

9:00— Start whatever work they have for the team, plan to do as you're told on their time, remember, this is not a vacation and not about you. There will be projects for everyone. Building, gardening, sorting books, food distribution, loving on kids, playing games.

12pm-ish - Lunch 1pm-ish – Continue working on tasks 5pm-ish - Dinner.

6pm - Devotional and games with kids when on Samal.

8pm - Back to the hotel for a good night's sleep to do it all again the next day!

Sat: Be a tourist. Relax and refresh for another full work week. Sunday: Church and hang out with church members, more time to explore.

This is a rough overview of what a typical day in the Philippines may look like. In the Philippines, time is relative. We are there to serve, not be catered to. Things can and will go wrong daily. Flexibility is a must and staying focused on God and why you are there and not the details of how it does not match up to your expectations is key. Having expectations is a guarantee for frustration and irritability. Everything we do is an amazing opportunity to serve the Lord through our service to those in the Philippines, watch for evangelism opportunities!

Total Cost, Funding, & Deadlines \$2500 per person

This amount covers transportation, lodging, most meals, and construction costs.

Can't put a price on loving on these kiddos!



Travel Dates: May 29 - June 11, 2026

Cost Breakdown per person

- Airline Cost Round Trip from Phoenix to Davao, Philippines \$1600
- Ground Transportation gas/ rental van/Ferry ride to Samal \$100
- Hotel/ includes breakfast \$300
- Food: lunch, most dinners, water, dinner out with Fathers House- \$300
- Construction Supplies- \$100
- Buffer: Hotel taxes/fees, airline price changes \$100

Any money that is raised and not used for the things listed above we will use as a team to bless the Barners. We will do special things like new shoes for Fathers House Kids, taking them out for gas station treats, things will come up that we see as needed while we are there and it is nice to have a little extra money to be able to pay for that while we are there.

^{*}These are estimated costs per person based on current prices and information.

^{*}This amount does NOT cover your antimalarial drugs OR vaccinations if needed.

Does not cover your food while traveling, eating out, snacks, or souvenirs. You may want to consider bringing approximately \$300 personal spending cash for this mission trip.

IMPORTANT DATES

Oct 12 - COMMITMENT DAY: <u>\$150 deposit due. Missions' application due</u>. Will go towards flight deposit. (deposit non-refundable)

-Application must be notarized. Notary available for free at LifePoint, schedule with launa@lifepointaz.com

Fundraising begins. Passport applications mailed in. Quick team meeting after 2nd service.

Jan – Should have a good amount of fundraising completed. Passport MUST be in process. 1hr team meeting

Feb – Fundraiser Event. All deposits for flights due (non-refundable)

March - Mandatory Meeting, Flight paid in full & passport needed for flights by March 1st.

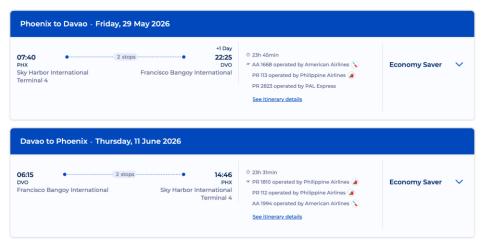
April – Mandatory Meeting. Buy supplies, gifts. \$300 for HOTEL DUE April 1

May – Final Mandatory Meeting. Travel date details. Church prayer Sunday before leaving. Pack donations/gifts. **Final \$600 due by May 15**



Flight Itinerary

Flight details



Phoenix to Davao **Davao to Phoenix** × Departs on Fri, 29 May 2026 Departs on Thu, 11 Jun 2026 Arrives on Sat, 30 May 2026 Total duration: 23h 31m Total duration: 23h 45m 06:15 Davao 07:40 Phoenix Francisco Bangoy International (DVO) Sky Harbor International (PHX) Flight number PR 1810 Flight number AA 1668 ≯ 1h Operated by Philippine Airlines Operated by American Airlines 55min AIRBUS A321 BOEING 737 MAX 8 08:10 Manila **09:14 Los Angeles** Los Angeles International (LAX) Ninoy Aquino International (MNL) 11:25 Manila Ninoy Aquino International (MNL) 1 Stop 3h 41m Los Angeles International Flight number PR 112 Operated by Philippine Airlines 35min Flight number PR 113 Operated by Philippine Airlines ₹ 14h BOEING 777-300 BOEING 777-300 10:00 Los Angeles 18:25 Manila (+1 day) Los Angeles International (LAX) Ninoy Aquino International (MNL) 2h Om 1 Stop 3h 21m 1 Stop Ninoy Aquino International Los Angeles International 20:25 Manila Ninoy Aquino International (MNL) 13:21 Los Angeles Los Angeles International (LAX) Flight number PR 2823 Operated by PAL Express 2h AIRBUS A321 Flight number AA 1994 → 1h Operated by American Airlines 25min BOEING 737-800 22:25 Davao Francisco Bangoy International (DVO) 14:46 Phoenix Sky Harbor International (PHX)

Hotels

While on Samal Island working at Fathers house we will be staying at Camp Holiday. <u>CAMP HOLIDAY</u>

2person per room. 1 queen or 2 singles

Breakfast included (typically rice, pancakes, fried eggs, meat) Coffee is extra and is instant coffee

Bathroom in each room with toilet paper

AC

Pool

Restaurant







While we are in Davao we will stay at GOHOTEL GOHOTEL

2person per room. 1 queen or 2 singles
Breakfast included- not sure what is served, but I can guarantee rice :)
Bathroom in each room with toilet paper
AC
Restaurant



Packing Your Bags

What to bring:

- Comfortable clothes you are able to do physical labor in and wouldn't mind leaving behind. This is a working trip too. We will get dirty! It's VERY humid! Do not plan on having access to laundry. Can wash small items in the shower. It will take a few days to dry as it's very humid. But plan to re-wear work clothes.
- Church clothes. Men in dress pants, polo or button-down shirts. Ladies, a longer skirt, blouse or dress. Nothing low cut. (2 nice outfits)
- Weekend clothes. We will have a chance to visit a few stores. T-shirt and shorts with walking shoes.
- Closed toe, comfortable walking shoes. We will be on our feet most of the trip
 and travel is primarily on foot while in the Village. Flip flops are not functional for
 this environment. Bring shoes you won't need to pack up to bring home. Shoes
 you will wear to church.
- A flat purse or money belt. We will be carrying cash, passport at times so it needs to be secured in an inconspicuous location.
- Backpacks are excellent as well for carrying water bottles and daily needs.
- Cooling towels, handheld fans, highly recommended.
- Baby Wipes. A quick clean up by wipes before eating will be needed. Toilet paper is not always available (will chat about this (a))
- Bug spray. There are a lot of bugs, specifically mosquitoes. Avon Skin So Soft body oil works great to keep mosquitoes away.
- Sunscreen. It will be 80-85 degrees with 80% humidity, with 100% chance of rain. Over 80% of our time will be spent outdoors.
- Non-perishable type snacks if you need more than 3 meals/day, more protein.
- Protein bars, crackers, electrolyte packs. Snacks are not readily available each day as we will be at the worksite 9am-8pm.
- Good quality reusable water bottle. You won't even believe how much water you
 will drink while we are there. Gallons of water will be available at all work sites to
 refill your bottle with. Electrolyte packs are a great idea to bring along, you will
 sweat more than you ever have before, I promise! We will have safe drinking
 water. Ice is not common or available.
- Toiletries. We will be in air-conditioned hotels the entire stay. Ladies, makeup will just melt off, no need to waste luggage space. Bath towels and sheets will be provided. Each hotel room is 2person occupancy and has a bathroom.
- Swimsuit (modest). Remember we're on an island, so plenty of opportunities to swim in the ocean or hotel pool. 1 small pool/beach towel.
- Universal power adapter

- Medication. After 18+ hrs. of travel, new foods, new country, weather, lack of sleep you have a high chance to catch something. Bring Anti-diarrhea, cold/flu meds, Advil...
- Credit card/Visa (make sure your bank is aware of travel dates). We will exchange money when we arrive, some places will take Visa.
- PASSPORT, ID, INSURANCE INFO.

What to bring for the children and families of the Philippines:

- Gently used summertime clothing. New or gently used shoes. Most kids have only 1 good pair of shoes to wear to school.
- We typically leave behind most of our clothes/shoes we brought with, they LOVE
- Color books, journals, pens, art supplies, travel size games.
- Candy, the kids are limited to what they have access to. American candy is a special treat for them.
- Outdoor play equipment like jump ropes, soccer balls, basketballs (balls must be deflated).

What to leave home:

- Any flashy jewelry. We don't expect any issues with thievery or pick pockets as
 we haven't had any issues in the past, but it is best to be low key and not appear
 wealthy.
- Large purses. Purse snatching happens all over the world. No need to place a target on your shoulder. A backpack is all that's needed.
- Electronics other than your phone. i.e. iPods, iPads, laptops, etc. The Internet will be sketchy at best, and these are the items that are targeted for theft...
- Anything that would leave you devastated, or at the very least annoyed, to lose.
- Less is more when we are traveling. Lugging your stuff through airports, customs and even to the village where we stay can be obnoxious and overwhelming.
 Space is limited in our passenger van, as we are travelling as a large group. Plan on leaving most toiletries and clothes behind to bless the villagers with, so you have room to bring home souvenirs if desired.

Things to consider before you commit

A mission trip is **NOT** a vacation. You will be tested in every aspect of your life once you commit to be a short-term missionary and under heavy attack from the enemy. Having the feeling of "I've always wanted to go to Philippines!" is not the same as being *called* to go. Pray. Pray a LOT!

This mission trip is physically demanding. From sitting on the plane for hours at a time to walking in the heat and humidity several times a day.

Food is typically prepared by a member of the church and the kids at Fathers House. What is prepared is what we eat, there are no other choices, so think about that specifically when planning to bring kids. I will say it's delicious!

You will have white rice for breakfast, lunch and dinner. There will be a small amount of protein with each meal. We have never left a meal hungry (but we have never had picky eaters in the Philippines)

You will be living with the people you travel with 24/7 for almost 2 weeks. Unity as a team is imperative to being a successful mission group. There are many mandatory meetings in preparation for our trip to build the team bond atmosphere. As well as to support one another in this calling.

Fundraising is a group effort, and should you decide not to go, any funds you have contributed or raised will not be refunded. Each person has a funding requirement to be met individually but should that amount be exceeded, whether by personal funds or donor funds, the money will be applied towards the team goal. No overages will be refunded to the team member. Additionally, you are required to participate in group fundraisers to benefit the entire team even if your individual goal has been met.

Everything in life has risks and there are risks involved with international travel regardless of where you go. We have never had any serious issues while in the Philippines because of strict policies set in place by leadership and LifePoint Church. However, should an issue arise, LifePoint Church and the Mission Leaders will not be held liable. Purchasing travel insurance might make sense for you.

You need to be ready and willing to accept direction from the leadership of this team as well as the leadership in the Philippines. Even if the directives do not make sense to you at the time or you feel they are outside of your own expectations, they are all in place for a reason. Submission to God, leadership, and each other is a non-negotiable part of this mission. But we are a TEAM and excited to use all of our individual gifts to make the best Philippines mission team!

No vaccines are required to travel to the Philippines. Tetanus is strongly suggested. Can visit CDC.ORG for travel vaccine recommendations for the Philippines.

Interested in bringing your kids?

We are inviting your kids to come! This is an amazing opportunity to travel across the world with your child to serve, love and encourage people on the other side of the world. Sharing the joy of Jesus in everything we do.

Truly a life changing trip.

<u>Must be 12yr or older</u>. Must have a parent attending if under 18yrs. Children must be *very* adaptable, willing to work with the team, they will not always be right next to you, so they/you would need to be ok with that. They will always be at the same location/property. Just might be working on separate things at the same location.

Picky eaters will struggle on this trip! We will eat what the people prepare for us and when they prepare it. There will be a few times we will eat at a restaurant, but the majority of the time is what's prepared for us.

Very common meals we will have most days
Breakfast - Fried eggs, White Rice, Bacon
Lunch - White Rice and 2 different chicken/pork Filipino dishes, fruit
Dinner - White Rice 2 different chicken/pork Filipino dishes, fruit, dessert

Remember we are there to serve the people of the Philippines, children will need to be mentally and physically able to do the tasks. It is a VERY long, exhausting but rewarding trip. So please carefully consider if your child is ready.

We will have a bed each night, showers (usually cold water) & flushing toilets.

There are 2 people max for hotel rooms, so keep that in mind. Cost of the trip listed below is per person. Children are the same price as an adult.



Getting your Passport

You MUST apply, **in person**, for your Passport if this is your first time applying for one. The fee is \$165 (\$130 application fee payable to U.S. Department of State and \$35 *Execution fee payable to the Clerk of Court). You cannot use a credit card for purchasing your passport. Fees must be paid by cash or check.

When applying, you will choose the Passport Book. A Passport Card will not work for international travel.

The Passport facility nearest to us is:

General Information:

Facility Name: HIGLEY POST OFFICE

Facility Address: 3324 E. RAY RD HIGLEY, AZ 85236

Customer Conveniences:

Handicap Access: Yes Photo on site: Yes

Appointment Only

Hours of Passport Acceptance (double check if hours have changed)

MONDAY - Not Available

TUESDAY - By Appointment Only WEDNESDAY - By Appointment Only THURSDAY - By Appointment Only FRIDAY - By Appointment Only

SATURDAY - Not Available

Comments: - To schedule an appointment visit www.usps.com/scheduler

Take with you:

Evidence of U.S. Citizenship

You must submit one of the following **original documents** as primary evidence of U.S. citizenship (photocopies are not acceptable):

- Certified U.S. Birth Certificate (must meet all of the following requirements):
 - Issued by City, County, or State of birth
 - Lists bearer's full name, date of birth, and place of birth
 - Lists parent(s) full names
 - Has date filed with registrar's office (must be within one year of birth)
 - Has registrar's signature
 - Has embossed, impressed, or multicolored seal of registrar
- Previous U.S. Passport (may be expired, must be undamaged)
- Consular Report of Birth Abroad
- Certificate of Naturalization/Citizenship

Photo Identification

When you submit your application, you must present one of the following primary photo identification documents, and submit a photocopy of that document:

- Valid Driver's License (plus a second ID if issued in a different state than where you apply)
- Undamaged U.S. Passport (if issued less than 15 years ago)
- Certificate of Naturalization
- Valid government ID (city, state, or federal)
- Valid Military ID

Your passport photograph can be taken at this Passport Facility.

Here are some guidelines if you choose to have your photo completed before the appointment:

Passport Photo

Your Photograph Must Be:

- In color 2 x 2 inches in size
- Printed on thin photo-quality paper
- Taken within the past 6 months, showing current appearance
- Full face, front view with a plain white or off-white background
- Between 1 inch and 1 3/8 inches from the bottom of the chin to the top of the head
- Taken in normal street attire:
 - Uniforms should not be worn in photographs except religious attire that is worn daily
 - o Do not wear a hat or headgear that obscures the hair or hair line
 - If you normally wear prescription glasses, a hearing device, wig or similar articles, they should be worn for your picture
 - Dark glasses or non-prescription glasses with tinted lenses are not acceptable unless you need them for medical reasons (a medical certificate may be required)

Articles worn for religious or medical reasons should be accompanied by a statement to that effect

You can go online to http://travel.state.gov and complete and print the passport application from there. You will need to take the completed form, whether typed and printed or handwritten, with you to the passport facility with all your required documents.

Donation letter example

Dear friends and family, I hope this letter finds you well.

The Ruiz family is heading to the Philippines in June 2026!

Frank and Emily have been blessed to previously serve on short term missions in the Philippines back in 2016, 2017 & 2018.

Eight years will have passed since our last mission to the Philippines but our love for the people and desire to go back only got stronger. God has now opened the door to return!

Frank and Emily will be leading a team from our church in San Tan Valley, AZ. LifePoint Church.

We also have the amazing opportunity to take our 2 daughters, Davyn and Ashlyn with us. It's something we have talked about with them for years and we are all beyond excited to serve together as a family in the Philippines.

So, what will we be doing?

While we are in the Philippines we will be working with the same orphanage as previous years, Fathers House which is located on Samal Island. Many of the kids we met in 2016 when they were just littles are still living at Fathers House and are now teenagers. We cannot wait to hug them! We will be doing physical labor projects around the property to continue to allow for more Filipino children to be rescued from the streets and have a safe place to call home.

We will also be serving the school children and their families at Barner Christian Academy located in Davao. BCA has over 600 kids. The kids at BCA are bussed to school, fed, given an education, uniforms, school supplies all from amazing sponsors from all over the world! We will be working to get the school ready for the 2026 school year, doing neighborhood ministry, visiting and loving on the people of the surrounding neighborhoods in Davao City. God always has more projects ready for us than we ever thought we could do, but we are ready to be the hands and feet for whatever we are presented with.

How can you support us?

As you can imagine a trip like this does require much financial support. As a family we are needing to raise \$10,000. This is the ask of our family and friends, to join us and be part of what God is doing in the Philippines. Your financial partnership allows for God's continued provision and love to be shared on the other side of the world. It goes towards purchasing our building supplies to allow for safe accommodations for the orphans at Fathers House. Giving them a safe place where they are loved, fed, all attend school and daily learning scriptures and building a personal relationship with Jesus.

We ask for prayer! We are flying to the other side of the world. Your prayer as we prepare over the next several months, knowing the enemy will try to attack. Please pray for safety for our family and team members as we travel and are in the Philippines. Pray for our health. Pray the Lord will put those who need to know him on our path.

If you would like to be a financial supporter. Please give here https://pushpay.com/g/lifepointaz Under the "funds" drop down, click "Philippines Mission Donations" Memo: Ruiz Family.

We are so grateful for your support! Serving Him The Ruiz Family

