## The Peacemaker Week 4

## PEACE MAKER

REVISED AND UPDATED

A BIBLICAL GUIDE TO
RESOLVING PERSONAL CONFLICT

# SANDE

## Four Principles of Biblical Peacemaking

#### 4 Gs

G #1: Glorify God

G #2: Get the Log Out of Your Eye

G #3: Gently Restore

G #4: Go and Be Reconciled

## G #2: Get the Log Out of Your Eye

Overlook Minor Offenses (Overly Sensitive)

- "Conflict Starts in the Heart" (James 4:1-2)
- Progression of an Idol:
  - I Desire
  - I Demand
  - I Judge
  - I Punish

As we reflect on and rejoice in the gospel of Christ, two things happen:

- 1. Our pride and defensiveness are stripped away
- We can let go of our illusion of self-righteousness, honestly examine ourselves, and find freedom from guilt and sin by admitting our wrongs.

#### Restoration Process Involves 4 Activities

- 1. Repentance
- 2. Self-examination
- 3. Confession
- 4. Personal Change

### 1. Repentance

 Repentance is a gift from God we should continually pray for, whereby He convicts us of our sin and shows us the road to freedom

• <sup>24</sup> And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, <sup>25</sup> correcting his opponents with gentleness. God may perhaps grant them repentance leading to a knowledge of the truth, <sup>26</sup> and they may come to their senses and escape from the snare of the devil, after being captured by him to do his will. (2 Tim. 2:24-26)

## Repentance

What Repentance is **NOT**:

- Simply feeling sad and uncomfortable
- Mere apology

## Repentance

What Repentance IS:

- Literally means to change the way we think
- "coming to our senses" (Luke 15:17, 2 Tim. 2:25-26)
- Waking up to the fact that we have been deceiving ourselves and that our ideas, attitudes, values or goals have been wrong.

#### 2 Corinthians 7:9-10

- "9 As it is, I rejoice, not because you were grieved, but because you were grieved into repenting. For you felt a godly grief, so that you suffered no loss through us.
- <sup>10</sup> For godly grief produces a repentance that leads to salvation without regret, whereas worldly grief produces death."

## Worldly Sorrow

 Feeling sad because you got caught doing something wrong or because you must suffer the unpleasant consequences of your actions.

 Regret fades in time. Eventually you will repeat the same behavior but try not to get caught.

## Godly Sorrow

 Feeling bad because you have offended God. Sincerely regretting the fact that what you did was morally wrong, regardless of whether or not you must suffer unpleasant consequences.

 Involves a change of heart- which is possible only when you understand that sin is a personal offense against God Himself.

#### **Examine Yourself**

 Evidence of sincere repentance is a willingness to thoroughly examine ourselves so that we can uncover both our mistakes and our sins.

#### Confession

- As God opens your eyes to see how you have sinned against others, he offers you a way to find freedom from past wrongs: **Confession.**
- Many people have never experienced this freedom because they have never learned how to confess their wrongs honestly and unconditionally.
- Ask God to help you breath grace by humbly and thoroughly admitting your wrongs.

1. Address Everyone Involved

- Confess your sins to everyone who has been directly affected by your wrongdoing.

2. Avoid If, But, and Maybe

- Best way to ruin a confession is to use words that shift the blame to others or minimize or excuse your guilt.

- "I'm sorry IF I've upset you"
- "MAYBE I could have tried harder"
- "I shouldn't have lost my temper, BUT I was tired"

#### 3. Admit Specifically

- The more detailed and specific you are when making a confession, the more likely you are to receive a positive response.
  - Helps convince others you are honestly facing up to what you have done
  - Helps you identify the behavior you need to change

4. Acknowledge the Hurt

 Acknowledge and express sorrow for how you have hurt or affected them

- "You must have been embarrassed when I said those things in front of everyone,. I'm very sorry I did that to you."

5. Accept the Consequences

"You have every right to report me to HR because of what I have done, and I wouldn't blame you if you did."

"It will take me some time to earn the extra money, but I will see that your property is repaired or replaced as quickly as possible."

6. Alter Your Behavior

- Describing some of the attitude, character, and behavior changes you hope to make with God's help.

#### 7. Ask for Forgiveness

- Actually saying the words, "Will you please forgive me?"
- Some people need a little extra time to process the confession before they are ready to extend forgiveness—allow time.

Not every confession will require all 7 steps.

 Minor offenses can often be handled with simple statement.

More serious offenses require all 7 steps.

## Preparing to Use 7 A's of Confession

1. Address everyone involved

To whom do you need to confess?

2. Avoid if, but, and maybe

What excuses or blaming do you need to avoid?

3. Admit Specifically

 What desires have you allowed to rule you, and what sins have you committed?

4. Acknowledge the Hurt

How might others feel as a result of your sin?

5. Accept the Consequences

 What consequences do you need to accept? How can you reverse the damage you have caused?

6. Alter your behavior

 What changed do you intend to make, with God's help, in the way you think, speak, and behave in the future?

#### 7. Ask for Forgiveness

 What might make the person you have wronged reluctant to forgive you? What can you do to make it easier to forgive you?

#### Discussion

- 1. Address everyone involved
- 2. Avoid If, But, and Maybe
- 3. Admit specifically
- 4. Acknowledge the hurt
- 5. Accept the consequences
- 6. Alter your behavior
- 7. Ask for forgiveness
- Which of the 7 A's stood out to you as being especially important? Why?
- Which of the 7 A's would be the hardest for you? Why?