



Heart's Desires/Passions

Passion indicates where you are best suited to serve.

Passion provides

- Focus
- Motivation

Two important questions to test your passions:

- Does it glorify God?
- Does it edify or uplift others?

Answer any 4 questions:

What do you love doing? What brings you the greatest joy? What feeds your soul?

What things are you involved in that cause you to lose track of time?

If I were to ask your friends, what would they say you are excited about?

At the end of your life, what would you want to look back and know that you had done something about it?

If money, family, and time were not factors, what would you want to do for the rest of your life in work? In church?

Where do you personally sense the needs of the world and feel the brokenness in God's creation? Where do the needs of the world tug at your heartstrings? Where does your righteous anger dwell?

Heart's Desires/Passions

If I could create a new space/time for people to connect, it would be...

Circle 5– 10 items in the list below that describe your heart's desires.

If you don't see words that describe your passions, add them here.

Administration	Faith	Newcomers
Analysis	Family	Nurturing
Animals	Finance	Organization
Art design/ graphics	Following through	Parents of teens
Automobiles	Games	Parents of young kids
Caring	Giving	Planning
Children	Giving recognition	Prayer
Communication	Health	Problem solving
Community work	Helping	Reading
Computers	High school youth	Service
Conflict management	Homeless	Single parents
Connecting	Hospitality	Singles
Construction	Immigrants	Social concerns
Cooking	Infants & toddlers	Spiritual growth
Counseling adults	Inspiring	Sports
Counseling youth	instrumental music	Teaching
Crafts	Intercessory prayer	Teambuilding
Creative arts	Interpersonal	Technical equipment
Decorating	communication	Unchurched
People with disabilities	Interviewing	Unemployed
Discipling	Landscaping	Visioning
Drama	Leadership	Visiting people
elderly/seniors	Leading	Welcoming
Empathy	Love for the lost	Women's ministry
Encouragement	Men's ministry	Worship
Environment	Mentoring	Writing
Exhortation	Missions	Young adults
Facilitating	Music, vocal	Young married couples

Abilities

Abilities are different from gifts and passions. Abilities are skills— something we can do, but would not want to do them every day.

What specialized training have you received, if any?

Which of those skills do you enjoy using?

What are you consistently complemented or commended for?

In what areas have you used skills to serve in the past?

Abilities

Circle abilities on the list that you are capable at and willing to offer to others.

- Accounting/ bookkeeping
- Budget/ finance
- Cooking – making meals,
- Computers – data entry, website maintenance, etc.
- Art – draw, paint, sculpt, create something new
- Childcare – nursery to preK
- Crafts – sewing, mending, knitting, etc.
- Decorating – ability to beautify, add warmth, and create inviting spaces
- Examining – ability to inquire, gather data, and draw conclusions
- Handyman/ fixing – ability to construct and restore
- Gardening – Yard work, planting, knowledge of plants
- Guiding – ability to counsel, encourage, and be sensitive
- Hospitality – making new friends and people feel welcome
- Hosting – ability to help people build relationships and connect to a larger group
- Interviewing – help other talk about their feelings in a secure setting
- Investigating – Inquire, seek information, and gather data
- Kitchen help – set up tables and clean up, wash dishes
- Marketing/ advertising – promote events, create positive messages on social media
- Organizing/ planning – ability to strategize, plan, and meet goals
- Performance/ music arts – emcee, sing, theater
- Placing – connecting people to places and activities
- Secretarial/ administrative work – communications, phone calls, typing
- Supervising – oversee and support a team working toward a goal
- Teaching – communicate in age appropriate ways and learning styles
- Writing – written communication, could be creative writing
- Sports – physical training, education, and coaching for play

Add your abilities here if they are not in the list.

Experiences

All of us have a story to tell of God's grace at work in our lives. Our unique story of life experiences serves as a testimony to God's work. As you pray and reflect on these questions, as God to reveal experiences—both positive and negative ones—that have shaped you.

How and why did you come to believe in God? Was there an event or experience that had an impact on you spiritually?

What have been some of the significant experiences in your life that have shaped your life and desire to follow Christ? Was there an event or experience that had an impact on your developing faith?

Sometimes God places certain events in our lives that create in us greater sensitivity to the needs of others. Have you experienced any life situations that you would be willing to share with others? Below are a few examples:

- Service trip to another country
- Adopting a child
- Empty nest
- Death of a parent, guardian, child, sibling, friend, or loved one
- Marital difficulties—divorce, separation, unfaithfulness
- Domestic abuse/ assault
- Mental illness—PTSD, depression, anxiety, cutting, etc.
- Health problems
- Relationships—breakups, conflict
- Suicide in the family
- Loss of a job
- Financial troubles
- Loss of your home
- Post partum depression
- Accident victim
- Homelessness
- Rearing a child with learning difficulties
- Rearing a child with mental or physical disabilities
- Education interrupted
- Complete change in occupation
- Witness of violence
- Going to war
- Caring for an elderly parent

This material was created from these resources: Gifts Discovery Workshop from Souderton Mennonite Church; Bugbee, Bruce. What You Do Best in the Body of Christ.; Ford, Paul R. Unleash Your Church!; Wagner, C. Peter Your Spiritual Gifts Can Help Your Church Grow.