**STAND**

Stand in Truth and Righteousness

October 5, 2025

*Ephesians 6:14, John 17:17, John 8:32, John 14:6, Isaiah 40:8, Proverbs 30:5, 2 Corinthians 5:21, 1 John 2:6, James 1:22, Proverbs 4:23, Romans 12:2, Ephesians 4:14,*

When the enemy attacks, he goes straight for the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, so we have to be grounded in the truth of God’s Word and covered in the righteousness of Christ.

### The battle isn’t hypothetical, it’s not \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ —it’s real and our enemy is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

### **Stand Firm with the Belt of Truth**

Without the truth of God, you’re left \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, unprepared, and wide open to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

We’re pressured to follow feelings over \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, desires over \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, culture over \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

### **Protect Your Heart with the Breastplate of Righteousness**

Spiritually speaking, the heart is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Righteousness isn’t about being perfect—it’s about being *aligned.*

Aligned with God’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.  
Aligned with God’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.  
Aligned with God’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

### **Truth and Righteousness Work Together**

What you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ always shapes how you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The belt of truth shapes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you believe. The breastplate of righteousness shapes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you live.

They’re not just protection. They’re \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. They shape you into the kind of person who can *stand* *firm*, no matter what comes.

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### What Are You Wearing at the Core?

This week’s challenge:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your life in truth. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ your life with righteousness.

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|  | Sermon Discussion Guide  STAND  Stand In Truth and Righteousness |

### What is **truth** according to Scripture—and how do you determine if your beliefs are actually aligned with it?

1. Have you ever believed something for years, only to later realize it wasn’t biblical truth? Explain.
2. What are subtle ways we can begin to build our identity on lies?

### The breastplate protects the heart—why is **righteousness** the specific armor God provides to guard it?

### How does wearing the belt of truth help you confront lies you believe about God—or yourself?

1. Can you name a lie you’ve believed about God’s character or your worth that the truth of Scripture corrected?

### How does Jesus stand for both truth and righteousness—and how does that change how we wear this armor?

1. Instead of trying to “wear” these pieces in your own strength, what does it look like to abide in Christ, who is our truth and righteousness?

### What spiritual practices help you stay “armored up” in truth and righteousness?

1. What daily rhythms are helping or hindering your ability to stand firm?
2. What needs to change?