



SAVE THE DATE

CONNECT Day

Holy Trinity Cathedral Hall, 514 Carnarvon Street



Tuesday, October 14, 2025 | 9:00 am- 11:30 am



9:00 am - 11:30 am Upper Hall

(enter from the main entrance in the laneway)

- Local service provider information fair
- Income Assistance and Service Canada on site
- Fraser Health Nurses on site for **immunizations** (Flu shots, etc.)
 - Fraser Health **iHart team** providing **footcare**
- **Burrito bag brunch in the lower hall at 10am (enter from lower level doors)**
 - Giveaways, coffee and more!