

Based on the teaching from Sunday 28 September 2025, 'The Spirit is Life'

Sermon can be found on our website lwac.org.au, click on 'talks' top left of the page.

Text: **Rom 8:1-13**

Key Ideas from the Sermon:

- CH8 is a key chapter in Romans because in it Paul emphasises not only our righteous standing before God through faith in Jesus Christ, but now also how the Spirit of God works within us to manifest that righteousness in our lives.
- There is no condemnation now for those whose faith is in Jesus Christ as their Lord and Saviour.
- This state of grace that we find ourselves in is to become for us the power of God within us, directing us to live according to the Spirit in lives of righteousness.

Bible Study: The Swedish Method [Romans 8:1-13]

1. Begin by praying, asking God to speak through His Word
2. Read the Bible passage aloud, being careful to read slowly
3. Go back over the passage (allow about 10 minutes of silence), being on the lookout for, and making notes on the following four things:



Light bulb: This should be something that 'shine' from the passage - whatever impacts most, or draws attention.

Notes:



Question mark: Anything that is difficult to understand in the text, or a question the reader might like to ask the writer of the passage, or the Lord.

Notes:



Jesus: What does this passage teach me about who Jesus is, what he has done for me and what it means for me to follow him in my life.

Notes:



Arrow: A personal application for your life.

Notes:

4. Discussion & Prayer