



October 1, 2025

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

We pray for leaders of nations, that they may know that only you are God and act accordingly. We pray for peace that isn't just the absence of gunfire but the presence of dignity, and for justice that doesn't wait for the next election cycle. Lord, in your mercy, hear our prayer.

A petition from the Prayers of the People for the Installation of The Rev. Winnie Varghese, the 12th Dean of the Cathedral of St. John the Divine in NYC.

Our new Presiding Bishop, The Rev. Yehiel Curry, will be installed on Saturday, October 4th at 12 noon Pacific Time Zone. If you'd like to watch, the livestream will be available on the [ELCA Presiding Bishop Installation page](#) .

Upcoming Greeters and Coffee Hosts:

October 5: Mikel Oswalt and Stella Nieman, Greeters

Coffee hosts – could be YOU!

October 12: Howard & Judy Johnson, Greeters

Coffee hosts – could be YOU!

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour,
Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, October 5th at Saint Andrews:

9:00 AM Adults: Coffee & conversation

Sunday School begins!! (Pre-K – 5th Grade!)

10:00 AM Worship in-person in the Sanctuary and livestreamed

4:00 PM Lutherfest!!

Readings for October 5:

Exodus 16:1-18

John 6:35-38, 41-51

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Pastor's Bible Study will meet NOT meet October 7 or October 14. Pastor Lara returns to Bible Study on October 21st!

DORCAS NEEDS BOXES!! Dorcas Circle needs extra-large shipping boxes to ship quilts to Lutheran World Relief. We prefer boxes that are approximately *2 feet tall*. Boxes can be broken down and brought to church. If you have any question, please contact Linda Willenberg at willenberglinda@gmail.com.



Opportunities for You!

Volunteers keep our church operating. *Remember – we offer free training!*

Here's a list of opportunities coming up. To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529 or email sherry@salc.church.

Lutherfest Set up: Come to the Fellowship Hall on **Saturday, October 4th at 1 PM** to get our room ready to party like it's 1517! We will turn the FH into an Oktoberfest dream with all things German! Many hands make light work!

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 AM so this is an 8:15 AM start time. Clean up about 11:15 AM, after worship service.

Sunday School teachers!! We need **TEACHERS!!!** Can you contribute time to our youngest saints?? They have great, inquisitive minds and are fun to be around!! Curriculum is provided, you just need to like kids 😊 Contact Ann Thorpe (annthorpe@me.com) to be a teacher!

Trunk or Treat! We need 'trunks' (actually an 8' table), and helpers for this fun, family-friendly event! Sign up on the Narthex bulletin board or contact Doug (doug@salc.church)



OFFERING COUNTER NEEDED!

Our team is looking for 1 more counter to assist us for 1 month of Monday mornings for about 45 minutes each Monday morning. We count the Sunday offering, and items that arrive in the mail, in a buddy system. One buddy enters everything into the computer, while the other buddy opens envelopes, counts cash, and stamps the checks. We are looking for a volunteer to do the 2nd job which does not involve using a computer, although if you are comfortable learning our software, that would be a bonus. We rotate Monday mornings, a month at a time, over the course of a year, so the volunteer is asked to count for 3 – 4 months of Monday mornings over the course of a year. That works out to about 9 -12 hours a year. Added incentive: you can raid Kathy's candy dish! If you can lend a hand, please email Michele Vossler for a no-obligation look see after church on a Sunday of your choosing. Michele's email is: mjvossler@msn.com and she can train anyone (except Chanel, Kathy's dog) to do this job.



IT'S THAT TIME AGAIN!

This fall the Health and Wholeness Committee is collecting items for **Personal Care Kits**. Lutheran World Relief will give these kits to needy people throughout the world. (including the US) The need is never ending! Help us fill as many kits as we can with the following items. (We did 180 in the spring)

- **Bath towels: lightweight, dark colors, size 20"X40" to 27"X50".**
- **Soap: 4 or 5 oz.**
- **Toothbrushes: adult size. Multi-packs are ok**
- **Combs: Sturdy (no picks or fine-tooth combs)**
- **Nail Clippers: large sizes**
- **Medium size sturdy boxes, which we use for mailing.**

You may put your donations in the bin designated "LWR/Health Kits Items" in the Narthex, or leave on bench in office.

We also accept monetary donations. Clearly mark your check "Kits for LWR" and place in offering plate or mail to Saint Andrews.

On behalf of Health and Wholeness, thank you thank you thank you! *Terri Anderson*



Clothing Needed! From **October 2025 through February 2026**

Dorcas Circle will be collecting men's and women's clothing and toiletries for Compass Housing Alliance in Seattle. There is a 'clothing' bin near the elevator for your donations.

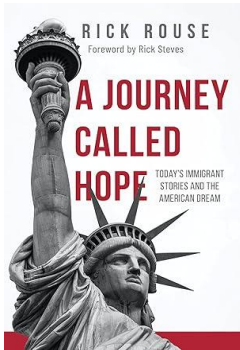
Women's clothing is most needed in sizes Medium through Extra Large.

- Underwear
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

Men's clothing is most needed in sizes Large and Extra Large.

- Boxer shorts
- White T-shirts
- Long sleeve T- shirts
- Long sleeve warm shirts
- Sweat pants
- Warm hats
- Warm scarves
- Mittens/gloves

Saint Andrew's Women's Book Group (Formerly WEBS)

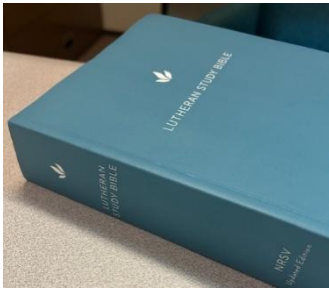


A Journey Called Hope by Rick Rouse is our book selection for Fall 2025. The author tells “today’s immigrant stories and the American Dream”. Rick Rouse is a Lutheran pastor, professor, author, and popular conference speaker. He plans to visit our group for one of our meetings in November. We are also looking forward to Bill Brueggemann being our guest speaker on October 15th on Zoom.

We will meet promptly at 10:00 am on **Wednesdays from October 8th** through November 19th. We will end on time at 11:30 am. All women are invited to join us in the Library or on Zoom. We meet together to learn, share our stories, pray, and encourage service. And, we laugh a lot!

“Author Rick Rouse weaves a tapestry of immigrant experiences - successes, hopes, challenges, and dreams - that have often unfolded amidst global conflicts and political polarization...We discover how diversity enriches America and our faith.” (back cover)

The book is available through Chalice Press (ask Carol Schneider about a discount code) or Amazon (\$19.99). Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for the reading/discussion schedule and Zoom link.



Bible Study on Sunday, October 12: Come to the Fellowship Hall at 9:00 a.m to join our new Bible Study. We will meet once a month to open our Bibles, share our insights, pray, and fellowship together. We are starting with 1 John and we will be looking at Chapter 3. *What does it mean to “love one another”? Who is my brother? Did the apostle John write this to the churches which were struggling? What does this letter from John say to us in the year 2025? What does it mean to know and belong to God?* Your leaders will be Cheryl Jurrus and Allen Bolen. Please join us for this new adventure!

*** We will have a quick review of 1 John - Chapters 1 and 2. Don't worry. There is no quiz.

Reformation Sunday Orchestra: We are going to celebrate Reformation Sunday with orchestra and choir. So far, we have about seventeen players in our orchestra for October 26th. If you are interested in being in our orchestra at Saint Andrew's, please contact Will Simpson. (will@salc.church).



The church staff and Health and Wholeness committee will be undergoing their biennial **CPR and AED class on October 29, 9:00 AM until 12:30**. Church members are invited to join us for the direct cost of \$35 for the class. Please let Facilities Manager Kurt Lutterman (kurt@salc.church) know if you are interested.

Outreach and Servant Ministries

hopelink

Corner of Blessing

Foods of the Months – October & November

This year, again, we will be packing Emergency Bags for the Hopelink Food Bank. So, during the months of October and November, we will be collecting the food items to go in the Emergency Bags. Hopelink has asked that we pack “No-Cook” bags as we did last year. They need these to support those with no access to cooking facilities (homeless).

The items in these bags need to be able to be eaten directly without being heated or the use of a can opener. **All canned items must have a pop-top lid.** These need to be things that can be eaten cold and plain.

There are seven different items that go in each “No-Cook” Emergency Bag. We will be collecting these items during October and November:

Here are the seven items we will be collecting:

1 - **Peanut Butter** – (~16 oz. plastic jar – no-stir)

1 - **Applesauce or Fruit Cups Package** – (packages of 4 or 6 cups (about 4 ounce cups), kept in original packaging so that it contains the label, ex: peaches, pears, fruit cocktail, applesauce)

2 - **Pouched Meat or Jerky** – (beef jerky or meat sticks (like slim Jims) , pouched meat like tuna, chicken, salmon (Starkist is a common brand) Common sizes for both are about 2.5 - 3 ounces.)

2 - **Canned Meals/Soups** – (ex: ~15-20 oz, ex: chili, beef stew, canned ravioli, hearty Progresso soups (such as: beef pot roast, chicken pot pie, Italian Wedding, etc. – **Pop-Top lid**)

6 - **Granola Bars** – (look for ones that are at least 150 – 200 calories each – total at least 1,000 calories)

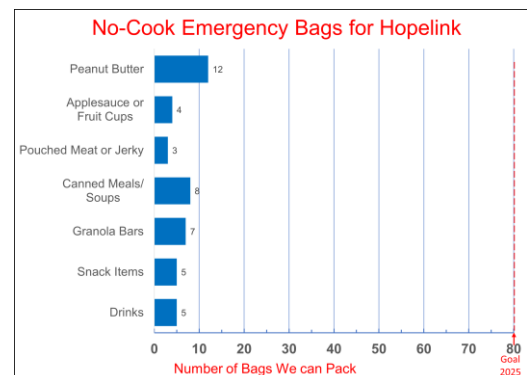
5 - **Snack Items** (high in calories & will not crush easily. Ex: dried fruit, nuts, trail mix.

Individual packages – look for ones that are at least 100 – 150 calories each - total at least 500 calories)

2 - **Shelf-Stable Drinks** – (Something that does not require refrigeration and will not puncture easily. Ex: juice boxes, water, protein shakes.)

*****NOTE: Please check expiration dates! These should be on or after February 2026! *****

On the first Sunday in October, (10/5) bring any of these items. Then watch for the chart to see what items are still needed to be able to pack the most bags. Look for the chart in the Corner of Blessing, the bulletin and in Trendings. Here is an example:





Lutherfest Tickets Still Available!

Tickets for **Luther Fest**, a party to celebrate our Lutheran roots with a German emphasis, are going fast.

The party will be at 4 p.m. on Sunday, Oct. 4. The **\$20 ticket** (suggested doation) includes a bratwurst dinner, entertainment, beer and root beer, plus a raffle of cool stuff and a mini live auction. *Beer is being provided by Fair Isle Brewery in Ballard.*

Some tickets are still available – we will be sold out at 120!

Note: *There is no online registration for this event. To reserve your tickets, email Fellowship Coordinator Sherry Grindeland at sherry@salc.hruch.*

Raffle Tickets are \$5 each or 5 for \$20!

For more information or to volunteer check with Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.

What's going to be available at our Lutherfest raffle and Auction???

- A beautiful handmade wooden jewelry box, made by Ron Ryan.
 - Value: priceless
- A “Bible Story” wall-hanging quilt completed by Dianne Chong w/ Bible story books and a bunny stuffie.
 - Value: \$300
- A Paella Party; July 25, 2026 at the Getzingers. First 12 to sign up @ \$100. Pp
 - FUN!!
- Lunch for two (2) with Pastor Lara at the Nordstrom Grill, Bellevue Square.
 - Value: Priceless
- Half day of Tech assistance (computer/smart phone/internet) from Johannes G
 - Value: Priceless!
- A 3-night stay in Hood Canal (Brinnon, WA).
 - Value: \$1000
- Legendary ! Janell Erickson’s Carrot Cake! Made just for you on a mutually agreed upon date.
 - Value: Priceless!
- Wine ! (6 bottles of red from Linda W.’s wine cellar to yours)
 - Value: \$150
- A “Hygge” package – Cozy sherpa blanket, tea+cup, a couple of good reads and a candle.
 - Value: \$50
- A Wine Tasting Party Gift basket
 - Value: \$75

- “Lutheran Survival Kit...” items from Old Lutheran. “Here I Stand” socks, Saint/Sinner Nalgene and 2 Saint/Sinner bracelets, 2 “Sin Boldly” pint glasses.
 - Value: \$65
- A Lantern Hill/Mexico gift basket
 - Value: \$60
- “Cheers” gift basket – 2 bottles of prosecco + stemware to drink from!
 - Value: \$40
- “Movie Night” basket with 2 DVD’s (Elio & Inside Out 2) signed by on of the storyboard artists + movie snacks.
 - Value: \$60
- Penzey’s Spices gift basket. Assorted spices + recipe cards, “Choose Love” mug and \$50 gift card!
 - Value: \$75
- Two (2) tickets to Pacific NW Ballet “In the Upper Room” – November date. Includes access to the donor lounge, which allow the winner to join us in the Allen Room one hour before the show and at all intermissions for complimentary hors d’oeuvres, dessert, wine, coffee, and water.
 - Value: \$250
- Two tickets to the Seattle Symphony (choice of dates).
 - Value: \$120
- Two Tickets to one of the shows at Village Theater (2025-26 Season).
 - Value: \$266
- 4 tickets to the Seattle Seawolves Rugby in the 2026 season! *Voted the best Seattle Sports Team 2025 in the Seattle Times Best of the PNW!* Together we hunt.
- Framed original watercolor painting of 2 waterfowl. By Lowell Stime (former LBI professor) Value: \$300
- African fabric quilted Tote Bag w/ Address Book, gel pen + note cards
 - Value: \$60
- Vintage Italian Inlaid Bar Cart
 - Value: \$1300
- Christmas Baking #1
 - 2 potholders, Christmas Apron, embossed rolling pin, Cookie cookbook and boxes to share your treats!
- Christmas Baking #2
 - 2 potholders, Christmas Apron, whisk, Cookie cookbook, boxes to share your treats!
- Create a little Christmas Village!
 - Sweet little Christmas Village (with the nativity at the center) to leave in natural wooden form, or paint/decorate!
- Pumpkin Lovers Basket! (Chardonnay, Coffee, candles, cookies, pumpkin butter, hand soap + lotion!! All in the ‘Pumpkin Spice’ mode)
 - Value: \$50

Youth & Family Ministry Events!!

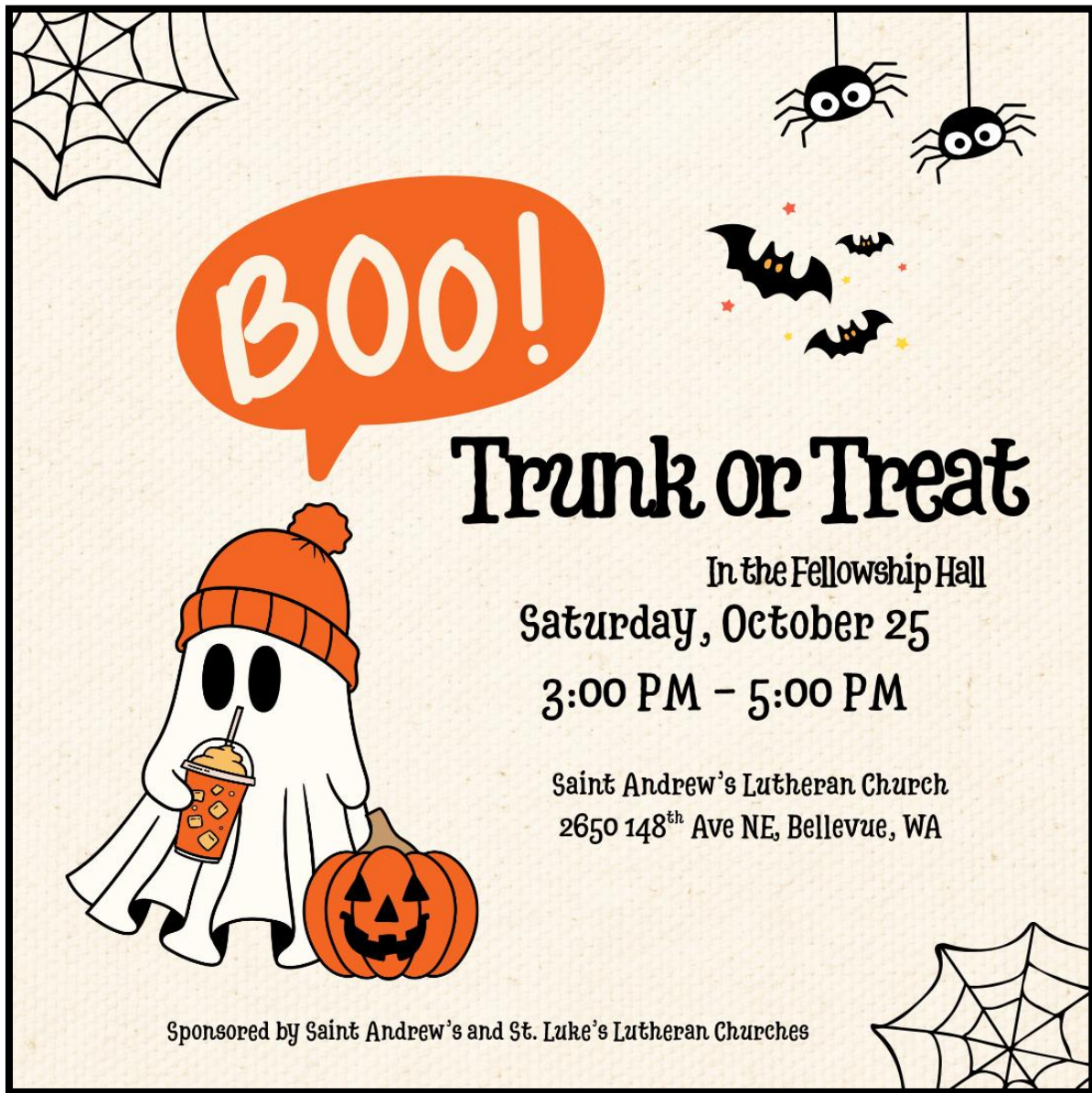


Sunday School returns October 5th !! We have great kids at Saint Andrew's who are excited about returning to Sunday school! We need **TEACHERS!!!** Can you contribute time to our youngest saints?? They have great, inquisitive minds and are fun to be around!! Curriculum is provided, you just need to like kids 😊 Contact Ann Thorpe (annthorpe@me.com) to be a teacher!



2025 Synod Fall Youth Retreat

Registration is now open for the 2025 youth retreat at Black Diamond Camp, November 7-9. If you would like your youth to attend, please complete [this registration form](#) and return it to Doug by October 15. More information will be shared in the October Youth Newsletter.



It's October! That means *Trunk or Treat* is coming soon!! Sign up on the Narthex bulletin board to have a 'trunk' (actually – an 8' table in the Fellowship Hall) or contact Doug (doug@salc.church). More tables = more fun! Let him know if you can assist in set up, games, food or other adventures for the event!



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) has created a new logo and the website has been updated with events throughout the summer to mark on your calendars!

Be sure to check out the website [HERE](#).

NBCC
Senior Chorus

Fridays, 10:30 a.m.-12 p.m. | FREE!

The NBCC Senior Chorus is looking for new singers of all skill levels!

Every Friday morning, the chorus gathers at NBCC to sing and build community through music. This is an informal singing club that is open to everyone, no audition is required. With live piano accompaniment, the chorus enjoys a wide variety of music from the 1920s to the 1960s with a focus on classic tunes from the Great American Songbook. Participants may sing with the group, take a solo, or join a duet or serenade.

This is a free, drop-in program; no pre-registration is required. If you love making music and want to connect with some new friends, this could be a great group for you.

North Bellevue Community Center | Open to ages 55+
For more information, contact us at the NBCC front desk at 425-452-7681 or nbcc@bellevuewa.gov

King County
VSHSL Veterans, Seniors, & Human Services Levy

This program receives funding from the King County Veterans, Seniors, and Human Services Levy intended for those individuals aged 55 or older.

For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-7681 (voice) or email nbcc@bellevuewa.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.

ST. LUKE'S LUTHERAN CHURCH
PRESENTS
LOVE & JUSTICE
Coffee House Night
SATURDAY | 10.11.2025
7:00 pm - 9:00 pm

OPEN MIC
WITH MUSIC FROM THE 1960'S-1970'S

MUSIC TRIVIA
ENJOY WITH FRIENDS & FAMILY

DESSERT
FROM THE DECADES TO TRY!

COFFEE & TEA

BRING YOUR FAVORITE MUG
SEE YOU THERE!

OPEN MIC REQUIRES SIGN-UP W/ CHERI PRIOR TO 10-11-25 AND NAME OF SONG TO BE PERFORMED

ST. LUKES LUTHERAN CHURCH
3030 BELLEVUE WAY NE BELLEVUE WA 98004

MORE INFORMATION
[|contact.cheri@slukes.org|](mailto:contact.cheri@slukes.org)

Weekly Calendar – You can access our full calendar [HERE](#).

Wednesday, October 1

Thursday, October 2

2:00 PM Timber Ridge Worship
7:00 PM Choir rehearsal

Friday, October 3

Office is closed

Saturday, October 4

10:00 AM Spice Pack, Mt. Si
1:00 PM Lutherfest set up

Sunday, October 5

9:00 AM Adults: Coffee & Conversation
Sunday School begins!
10:00 AM Worship
4:00 PM Lutherfest

Monday, October 6

10:00 AM Health & Wholeness meeting
1:00 PM Staff meeting
6:00 PM Finance Committee meeting
7:00 PM Executive Committee meeting

Tuesday, October 7

8:30 AM Tuesday Morning Men
7:00 PM Bell Choir

Wednesday, October 8

10:00 AM Women's Book Group

Thursday, October 9

7:00 PM Choir Rehearsal

Friday, October 10

Office is closed.

Saturday, October 11

Sunday, October 12

9:00 AM Adults: Bible Study
Sunday School
10:00 AM Worship
11:00 AM Sunday Brunch

Monday, October 13

1:00 PM Staff meeting
7:00 PM Congregation Council meeting

Tuesday, October 14

8:30 AM Tuesday Morning Men
7:00 PM Bell Choir

Wednesday, October 15

10:00 AM Women's Book Group

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

Find us on:



SALC Family Social Media Accounts:



**We are a Reconciling in Christ (RIC)
Congregation**



**Do you have an item for "Trendings"? Please send it
to Kathy by 12 Noon on Tuesday (kathy@salc.church)**