



# MISSION CREEK

## Alliance Church

### ENVY- The Seven Deadly Sins

#### **1. Opening Reflection**

- The sermon mentioned that unlike other sins, envy “hits different” because it never brings satisfaction. Can you think of a recent situation where comparison or envy robbed you of joy?

#### **2. Everyday Life Connections**

- Social media was described as a “breeding ground for envy.” How have you seen comparison through social media (or other settings) affect your contentment? What boundaries could help you guard your joy?

#### **3. God’s Goodness**

- “Envy is resenting God’s goodness to others and ignoring God’s goodness to us.” What is one blessing in your life that you may have overlooked or taken for granted recently?

#### **4. Relationships and Envy**

- Envy often keeps us from rejoicing in other people’s successes. Who is one person you find it hardest to celebrate right now, and what might it look like to love them instead of envy them?

#### **5. Love vs. Envy**

- 1 Corinthians 13:4 says “Love does not envy.” How does envy block us from genuinely loving others? What practical steps could help you shift from rivalry to love this week?

#### **6. Receiving God’s Love**

- The sermon taught that the cure for envy is receiving God’s love, and the practice against envy is giving thanks. How do you personally experience God’s love? What specific gratitude practices could you adopt this week (journaling, prayer, conversations)?

#### **7. Embracing Your God-Given Identity**

- At the end of life, God won’t ask why you weren’t more like someone else, but why you weren’t more like the “you” He made. What would it look like for you to embrace being the person God created you to be, here and now?