STAND

Stand In Strength

September 28, 2025

True strength begins with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: not the giving up kind, but the giving over control to the One who fights for you.

Ephesians 6:10-13 Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Paul comes at us not with a motivational speech to dig deeper or hustle harder—but with a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that changes everything: Be strong in the Lord and in His mighty power.

1. The Strength to Stand Begins with God, Not You

Ephesians 6:10 Finally, be strong in the Lord and in his mighty power

It’s a call \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on a strength that is not your own.

Isaiah 40:29 He gives strength to the weary and increases the power of the weak.

2 Corinthians 12:9 My grace is sufficient for you, for my power is made perfect in weakness.

In the kingdom of God, weakness isn’t a defect—it’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Our Battle Is Not Against Flesh and Blood

Ephesians 6:11 Put on the full armor of God, so that you can take your stand against the devil’s schemes.

The true struggle \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, beneath the surface of human conflict.

Ephesians 6:12 Our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Colossians 2:15 And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.

1. Standing Requires Surrender

In the kingdom of God, the ability to stand is not about asserting control—it’s about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

James 4:7 Submit yourselves, then, to God. Resist the devil, and he will flee from you.

2 Corinthians 12:10 Submit yourselves, then, to God. Resist the devil, and he will flee from you

1. God Doesn’t Call You to Fight Alone – He Calls You to Stand Covered

Ephesians 6:13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Notice the order: the armor comes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be strong in the Lord.

Exodus 14:14 The Lord will fight for you; you need only to be still.

Isaiah 54:17 No weapon formed against you shall prosper.

1 John 4:4 Greater is He who is in you than he who is in the world.

The victory has already been won. Your job isn’t to achieve it—but to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ it, to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in it, and to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in it.

This week, do something bold—\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

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|  | Sermon Discussion Guide  STAND  Stand In Strength |

1. Paul says, "our struggle is not against flesh and blood."
   1. Why is it important to remember this, especially when dealing with conflict or opposition?
2. How does the idea of “spiritual warfare” challenge or encourage your understanding of the Christian life?
3. When you feel spiritually attacked, what’s your typical response?
   1. How might this passage guide or reshape that response?
4. What does it look like to “put on” the armor of God in daily life? Can you think of examples from your work, school, family, or personal struggles?
5. What role does Scripture play in standing firm against spiritual attacks?
6. Is there a specific situation you’d like prayer for right now where you need help standing firm?
7. What truth about God’s power and protection stands out to you from these verses?