

# Funeral Service for Frank Norman

26 September 1935 - 14 August 2025



The Cathedral Church of Saint George  
26 September 2025

*Please stand, as you are able, as the choir and clergy enter the Cathedral.*

## Opening Sentences

**I** AM the resurrection and the life, saith the Lord: he that believeth in me, though he were dead, yet shall he live: and whosoever liveth and believeth in me shall never die.  
St John 11. 25, 26.

**I** KNOW that my Redeemer liveth, and that he shall stand at the latter day upon the earth.  
Job 19. 25.

And though after my skin worms destroy this body, yet in my flesh shall I see God: whom I shall see for myself, and mine eyes shall behold, and not another.  
Job 19.26

**WE** brought nothing into this world, and it is certain we can carry nothing out. The Lord gave, and the Lord hath taken away; blessed be the name of the Lord.  
1 Timothy 6. 7. 1. 21.

**Hymn** *Sung by all - Please stand, as you are able*



I vow to thee, my country, all earthly things above,  
entire and whole and perfect, the service of my love:  
the love that asks no question, the love that stands the test,  
that lays upon the altar the dearest and the best;  
the love that never falters, the love that pays the price,  
the love that makes undaunted the final sacrifice.

2 And there's another country I've heard of long ago,  
most dear to them that love her, most great to them that know;  
we may not count her armies, we may not see her King;  
her fortress is a faithful heart, her pride is suffering;  
and soul by soul and silently her shining bounds increase,  
and her ways are ways of gentleness and all her paths are peace.

*Thaxted*

Gustav Holst 1874-1934

Cecil Spring-Rice 1859-1918

**First Eulogy:** Mark Norman

**Psalm 121** *Domine, refugium*

*Read by Holly Norman*

**I** WILL lift up mine eyes unto the hills : from whence cometh my help.

2 My help cometh even from the Lord : who hath made heaven and earth.

3 He will not suffer thy foot to be moved : and he that keepeth thee will not sleep.

4 Behold, he that keepeth Israel : shall neither slumber nor sleep.

5 The Lord himself is thy keeper : the Lord is thy defence upon thy right hand;

6 So that the sun shall not burn thee by day : neither the moon by night.

7 The Lord shall preserve thee from all evil : yea, it is even he that shall keep thy soul.

8 The Lord shall preserve thy going out, and thy coming in : from this time forth for evermore.

GLORY be to the Father, and to the Son, / and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be, / world without end. Amen.

**Second Eulogy:** Peter Norman

## The Lesson:

*Read by Jake Norman & Tasha Norman*

### *The First Epistle of Saint Paul to the Corinthians.*

NOW is Christ risen from the dead, and become the first-fruits of them that slept. For since by man came death, by man came also the resurrection of the dead. For as in Adam all die, even so in Christ shall all be made to live. But every man in his own order: Christ the first fruits; afterward they that are Christ's, at his coming. Then cometh the end, when he shall have delivered up the kingdom to God, even the Father; when he shall have put down all rule, and all authority, and power. For he must reign, till he hath put all enemies under his feet. The last enemy that shall be destroyed is death.

But some man will say, How are the dead raised up? and with what body do they come? Foolish, man, that which thou sowest is not made to live, except it die. And that which thou sowest, thou sowest not that body that shall be, but bare grain, it may chance of wheat, or of some other grain: but God giveth it a body, as it hath pleased him, and to every seed a body of its own.

So also is the resurrection of the dead. It is sown in corruption; it is raised in incorruption: it is sown in dishonour; it is raised in glory: it is sown in weakness; it is raised in power: it is sown a natural body; it is raised a spiritual body. There is a natural body, and there is a spiritual body. And so it is written, The first man Adam was made a living soul; the last Adam was made a life-giving spirit. Howbeit, that was not first which is spiritual, but that which is natural; and afterward that which is spiritual. The first man was of the earth, earthy: the second man was the Lord from heaven. As was the earthy, so also are they that are earthy: and as was the heavenly, so also are they that are heavenly. And as we have borne the image of the earthy, we shall also bear the image of the heavenly.

Now this I say, brethren, that flesh and blood cannot inherit the kingdom of God; neither doth corruption inherit incorruption. Behold, I show you a mystery: We shall not all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trump: for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. For this corruptible must put on incorruption, and this mortal must put on immortality. So when this corruptible shall have put on incorruption, and this mortal shall have put on immortality; then shall be brought to pass the saying that is written, Death is swallowed up in victory. O death, where is thy sting? O grave, where is thy victory? The sting of death is sin; and the strength of sin is the law. But thanks be to God, which giveth us the victory through our Lord Jesus Christ. Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

**Hymn** *Sung by all, standing as able*



Blest are the pure in heart,  
for they shall see our God;  
the secret of the Lord is theirs,  
their soul is Christ's abode.

3 Still to the lowly soul  
his presence doth impart,  
and for a dwelling and a throne  
chooseth the pure in heart.

2 The Lord, who left the heavens  
our life and peace to bring,  
to dwell in lowliness with men,  
our pattern and our King,

4 Lord, we thy presence seek;  
may ours this blessing be;  
give us a pure and lowly heart,  
a temple fit for thee.

*Franconia*  
*Harmonischer Liederschatz* 1738,  
adapted W. H. Havergal 1793-1870

John Keble 1792-1866  
st 2 & 3 *Mitre Hymn Book*, 1836.

**The Sermon:** The Very Rev. Douglas Michael

## **The Creed**

**I** BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate.

He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the Life of the world to come. Amen.

*Priest.* The Lord be with you;

*People.* And with thy spirit.

*Priest.* Let us pray.

Lord, have mercy upon us.

*People.* Christ, have mercy upon us.

*Priest.* Lord, have mercy upon us.

### The Lord's Prayer

Our Father who art in heaven, Hallowed be thy Name, Thy Kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. **Amen.**

### The Collect for the Dead

O LORD, the maker and redeemer of all believers: Grant to the faithful departed all the unsearchable benefits of thy Son's passion; that in the day of his appearing they may be manifested as thy true children; through the same thy Son Jesus Christ our Lord. Amen.

## **The Prayers of Intercession**

O LORD Jesus Christ, Son of the living God, who hast opened unto us the gate of everlasting life, and art the peace and light of those who rest in thee: In company with thy holy Apostles, Prophets, and Martyrs, and with all the faithful departed, we praise and glorify thee for the fulness of joy which thou givest to all who put their trust in thee; who with the Father and the Holy Spirit livest and reignest, one God, world without end. **Amen.**

O GOD, whose days are without end, and whose mercies cannot be numbered: Make us, we beseech thee, deeply sensible of the shortness and uncertainty of human life; and let thy Holy Spirit lead us in holiness and righteousness, all our days; that, when we shall have served thee in our generation, we may be gathered unto our fathers, having the testimony of a good conscience; in the communion of the Catholic Church; in the confidence of a certain faith; in the comfort of a reasonable, religious, and holy hope; in favour with thee our God, and in perfect charity with all men. Grant this, we beseech thee, through Jesus Christ our Lord. **Amen. Amen.**

O HEAVENLY Father, whose Blessed Son Jesus Christ did weep at the grave of Lazarus, his friend: Look, we beseech thee, with compassion upon those who are now in sorrow and affliction; comfort them, O Lord, with thy gracious consolations; make them to know that all things work together for good to them that love thee; and grant them evermore sure trust and confidence in thy fatherly care; through the same Jesus Christ our Lord. **Amen.**

ALMIGHTY God, Father of all mercies and giver of all comfort: Deal graciously, we pray thee, with those who mourn, that casting every care on thee, they may know the consolation of thy love; through Jesus Christ our Lord. **Amen.**

O ALMIGHTY God, the God of the spirits of all flesh: Multiply, we beseech thee, to those who rest in Jesus, the manifold blessings of thy love, that the good work which thou didst begin in them may be perfected unto the day of Jesus Christ. And of thy mercy, O heavenly Father, grant that we, who now serve thee here on earth, may at the last, together with them, be partakers of the inheritance of the Saints in light; for the sake of the same thy Son Jesus Christ our Lord and Saviour. **Amen.**

Hymn *Sung by all - Please stand, as you are able*

On - ward, Chris - tian sol - diers, March - ing as to war,  
With the Cross of Je - sus Go - ing on be - fore.

Onward, Christian soldiers,  
Marching as to war,  
With the Cross of Jesus  
Going on before.  
Christ the royal Master  
Leads against the foe;  
Forward into battle,  
See, his banners go.

2 At the sign of triumph  
Satan's host doth flee;  
On then, Christian soldiers,  
On to victory.  
Hell's foundations quiver  
At the shout of praise;  
Brothers, lift your voices,  
Loud your anthems raise.

3 Like a mighty army  
moves the church of God;  
brothers, we are treading  
where the saints have trod:

we are not divided,  
all one body we,  
one in hope and doctrine,  
one in charity:

4 Crowns and thrones may perish,  
Kingdoms rise and wane,  
But the Church of Jesus  
Constant will remain;  
Gates of hell can never  
'Gainst that Church prevail;  
We have Christ's own promise,  
And that cannot fail.

4 Onward, then, ye people,  
Join our happy throng,  
Blend with ours your voices  
In the triumph song;  
Glory, laud, and honour  
Unto Christ the King;  
This through countless ages  
Men and angels sing.



**The Commendation** – BGen (retired) the Venerable John Fletcher, CD, QHC

*Priest.* O Saviour of the world, who by thy Cross and precious Blood hast redeemed us;

*People.* Save us, and help us, we humbly beseech thee, O Lord.

*Priest.* Graciously look upon our afflictions, O Lord;

*People.* Pitifully behold the sorrows of our hearts.

*Priest.* Make thy servants to be numbered with thy Saints;

*People.* In glory everlasting.

Almighty God, with whom do live the spirits of them that depart hence in the Lord, and with whom the souls of the faithful are in joy and felicity: We praise and magnify thy holy Name for all they servants who have finished their course and kept the faith; and committing our brother Frank to thy gracious keeping, we pray that we with him, and with all those that are departed in the true faith of thy holy Name, may have our perfect consummation and bliss, both in body and soul, in thy eternal and everlasting glory; through Jesus Christ our Lord. Amen

**Last Post and Reville** OCdt Merola

**The Kontakion for the Dead**

***Sung by the Choir***

*Setting: Kiev*

Give rest, O Christ, to your servants with your saints, where sorrow and pain are no more, neither sighing, but life everlasting.

“You only are immortal, the creator and maker of all; and we are mortal, formed of the earth, and to earth shall we return.

For so did you ordain when you created me, saying, You are dust, and to dust you shall return.”

All of us go down to the dust;

yet even at the grave we make our song:

Alleluia, alleluia, alleluia.

Give rest, O Christ, to your servants with your saints, where sorrow and pain are no more, neither sighing, but life everlasting.

FATHER of all, we pray to thee for those whom we love but see no longer. Grant them thy peace; and in thy loving wisdom and almighty power, work in them the good purpose of thy perfect will; through Jesus Christ our Lord. Amen.

REST eternal grant unto him, O Lord, and let light perpetual shine upon him. Amen.

**The Blessing** BGen (retired) the Venerable John Fletcher, CD, QHC

THE LORD bless you, and keep you. The LORD make his face to shine upon you, and be gracious unto you. The LORD lift up his countenance upon you, and give you peace, both now and evermore. *Amen*

**Hymn** *Sung by all - Please stand, as you are able*



Fight the good fight with all thy might;  
Christ is thy strength, and Christ thy right;  
lay hold on life, and it shall be  
thy joy and crown eternally.

3 Cast care aside, lean on thy guide;  
his boundless mercy will provide;  
trust, and thy trusting soul shall prove  
Christ is its life, and Christ its love.

2 Run the straight race through God's good  
grace,  
lift up thine eyes, and seek his face;  
life with its way before us lies;  
Christ is the path, and Christ the prize.

4 Faint not nor fear, his arms are near;  
he changeth not, and thou art dear;  
only believe, and thou shalt see  
that Christ is all in all to thee.

*Pentecost*  
William Boyd 1847-1928

John Monsell 1811-75  
The Royal Military College of Canada Hymn

**“Trooping of the Colour”, Doug Green, Piper**

# **The family invite you to join them at Fort Frontenac for a reception following the service.**

## **Clergy:**

The Very Rev. Douglas Michael

The Rev. Gerald Moore

BGen (retired) the Venerable John Fletcher, CD, QHC

Brad Barbeau, organist

The Cathedral Choir

## **Major General (Retd) Francis. J. Norman, CStJ, CD**

After a short hospitalization, Frank passed peacefully at Kingston General Hospital on the morning of Thursday August 14, 2025.

The younger son of the Hon. Harry Norman and Molle Norman, he was born on 26 September, 1935, at the Royal Victoria Hospital in Montreal. He attended Selwyn House School in Montreal, and Trinity College School at Port Hope, Ontario.

Frank Norman joined the Regular Force as an Officer Cadet at Royal Roads in Victoria in 1952. He graduated from RMC in 1956 and studied at McGill for one year thereafter. He served as an Infantry officer in The Royal Canadian Regiment for 39 years until to his retirement in 1990. His last appointment was Commandant of the National Defence College of Canada; prior appointments included command of First Battalion, The RCR, and Commandant and Vice-Chancellor of the Royal Military College of Canada. Although he never identified his favourite appointment, his affiliation with RMC was probably one of the defining experiences of his life. On his retirement he continued to work with RMC in a variety of informal advisory capacities and was awarded an Honorary Doctorate from the College in 1995. He continued to serve in uniform as the Honorary Lieutenant-Colonel and then Honorary Colonel of the Canadian Grenadier Guards of Montreal, stepping down from the latter appointment in 2005.

He was Chairman of the Board of Kingston General Hospital from 1995-1998 and was Chairman of the Board of the Ontario Hospital Association in 2000-2001; he remained a Life Member of that Association. He served in a governance role with the local Loyalist Branch of St. John's Ambulance for a number of years and was an honorary member of the Chapter of the Priory of St. John's in Canada. In 2012, he became the Secretary-Treasurer of the Heritage & Museum Committee of the Royal Military College, stepping down from that appointment in 2024.

He married Anne Marie Lemon, daughter of Frank and Marion Lemon of London, Ontario on 10 June 1961, his best friend and sharer of all sorts of fun and experiences over the years following. They had two sons – Mark and Peter. They were grandparents to Holly (Nick Poulin), daughter of Mark and Beverly Norman and to Jacob and Natasha, children of Peter and Jennifer Baird-Norman. As “Grandad”, he admired and encouraged all of their individual talents. He also leaves behind Anne’s brother Ross Lemon and his wife Tova of London, Ontario. Frank was predeceased by his brother Michael and sister Marie, both of Vancouver.

The family would like to thank the staff at the Kingston General Hospital for their kind and compassionate care.

**“It was not merely a world full of miracles: it was a miraculous world.”**

*GK Chesterton*

*We acknowledge that in Kingston we are situated on traditional territory of the Anishinaabe, Haudenosaunee, and Huron Wendat peoples. We seek a new relationship with the original peoples of this land, one rooted in and based upon honour and deep respect.*

### ***The Cathedral Church of St George***

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