

trendings



September 24, 2025

Growing Together in Christ to Love and Serve All People

Prayer of the Week:

God of earth and air, water and fire, height and depth, we pray for those who work in danger, who rush in to bring hope and help and comfort when others flee to safety, whose mission is to seek and save, serve and protect, and whose presence embodies the protection of the Good Shepherd. Give them caution and concern for one another, so that in safety they may do what must be done, under your watchful eye. Support them in their courage and dedication that they may continue to save lives, ease pain, and mend the torn fabric of lives and social order; through Jesus Christ our Lord. Amen.

A prayer for emergency workers (ELW p.85)



Upcoming Greeters and Coffee Hosts:.

September 28: Brady and Joyce Kasper, Greeters

Christine and Matthew Camrud: Coffee Hosts

October 5: Mikel Oswalt and Stella Nieman, Greeters

Coffee hosts – could be YOU!

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour,
Sign up to provide flowers on the Flower Chart in the Narthex.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Sunday, September 28th at Saint Andrews:

9:00 AM Adult Education Hour/Coffee

10:00 AM Worship in-person in the Sanctuary and livestreamed

Readings for September 28:

Exodus 3:1-17

John 8:53-58

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Musicians! We have two opportunities for you to ‘make a joyful noise to the Lord’ ... Be part of CHOIR! (Rehearsals on Thursday evenings at 7:00 PM) and/or BELL CHOIR ! (Rehearsals on Tuesday evenings at 7:00 PM).
Contact Dr. Will (will@salc.church) or Vanessa Wilkie (drvwilkie@gmail.com) for more information!!

Pastor's Bible Study is back! The group meets in person in the Library or on Zoom at 10:00 AM each Tuesday. Please contact Pastor Lara for the zoom link (pastor@salc.church)



Opportunities for You!

Volunteers keep our church operating. *Remember – we offer free training!*

Here's a list of opportunities coming up. To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529 or email sherry@salc.church.

Lutherfest Set up: Come to the Fellowship Hall on **Saturday, October 4th at 1 PM** to get our room ready to party like it's 1517! We will turn the FH into an Oktoberfest dream with all things German! Many hands make light work!

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 AM so this is an 8:15 AM start time. Clean up about 11:15 AM, after worship service.

Help with Sunday Morning Bible Study – As part of our Adult Education/forum program, we will hold a monthly Bible Study at 9 AM the second Sunday of the month. **Leaders needed.** We will supply the materials. **Open dates for the fall include: October 12, November 9 and December 14.**



The church staff and Health and Wholeness committee will be undergoing their biennial **CPR and AED class on October 29, 9:00 AM until 12:30.** Church members are invited to join us for the direct cost of \$35 for the class. Please let Facilities Manager Kurt Lutterman (kurt@salc.church) know if you are interested.

DORCAS NEEDS BOXES!! Dorcas Circle needs extra-large shipping boxes to ship quilts to Lutheran World Relief. We prefer boxes that are approximately *2 feet tall*. Boxes can be broken down and brought to church. If you have any question, please contact Linda Willenberg at willenberglinda@gmail.com.

IT'S THAT TIME AGAIN!



This fall the Health and Wholeness Committee is collecting items for **Personal Care Kits**. Lutheran World Relief will give these kits to needy people throughout the world. (including the US) The need is never ending! Help us fill as many kits as we can with the following items. (We did 180 in the spring)

- **Bath towels: lightweight, dark colors, size 20"X40" to 27"X50".**
- **Soap: 4 or 5 oz.**
- **Toothbrushes: adult size. Multi-packs are ok**
- **Combs: Sturdy (no picks or fine-tooth combs)**
- **Nail Clippers: large sizes**
- **Medium size sturdy boxes, which we use for mailing.**

You may put your donations in the bin designated "LWR/Health Kits Items" in the Narthex, or leave on bench in office.

We also accept monetary donations. Clearly mark your check "Kits for LWR" and place in offering plate or mail to Saint Andrews.

On behalf of Health and Wholeness, thank you thank you thank you! *Terri Anderson*



Helping for the September lunch at Sophia's Place...*Terri Anderson, Jay Baxter, Sarah Cannon, Susie Carney, Beth Donahoe, JoAn Eklof, Janell Erickson, Carolynn Ferris, Linda Gilham, Shirley Hobson, Teresa Lutterman, Joyce Nelson, Linda Quinn, Louise Tollefson, Linda Willenberg...and SO many other St. Andrew's members!*

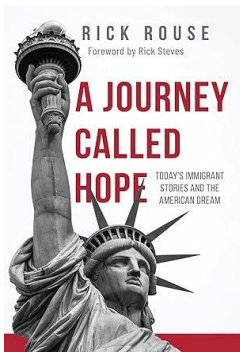
THANK YOU to ALL ST. ANDREW'S MEMBERS, for always caring about the ladies of the Eastside who are seeking an end to their homelessness! **Thank you** to those who are able to contributing clothing, food and household items! **The next lunch we donate will be a meat loaf lunch, to be picked up on Tuesday, November 25th.** More information will be coming. Meanwhile, you may always contact me for donations of any kind.

Also, check the website for exciting Events to come!

BLESSINGS,

Joyce Arnold

Saint Andrew's Women's Book Group (Formerly WEBS)



A Journey Called Hope by Rick Rouse is our book selection for Fall 2025. The author tells “today’s immigrant stories and the American Dream”. Rick Rouse is a Lutheran pastor, professor, author, and popular conference speaker. He plans to visit our group for one of our meetings in November. We are also looking forward to Bill Brueggemann being our guest speaker on October 15th on Zoom.

We will meet promptly at 10:00 am on **Wednesdays from October 8th** through November 19th. We will end on time at 11:30 am. All women are invited to join us in the Library or on Zoom. We meet together to learn, share our stories, pray, and encourage service. And, we laugh a lot!

“Author Rick Rouse weaves a tapestry of immigrant experiences - successes, hopes, challenges, and dreams - that have often unfolded amidst global conflicts and political polarization...We discover how diversity enriches America and our faith.” (back cover)

The book is available through Chalice Press (ask Carol Schneider about a discount code) or Amazon (\$19.99). Contact Cheryl Jurrus (cheryljurrus74@gmail.com) for the reading/discussion schedule and Zoom link.

Outreach and Servant Ministries

Corner of Blessing - Food of the Month – September

hopelink



For the month of September Hopelink has asked us to collect **Hearty Soups!** Non-condensed, High calorie soups are what they need. **Progresso, Amy's and Chunky Campbells** are all great, well-loved brands. Here are some suggested examples: *Italian wedding soup, clam chowder, beef barley, chicken pot pie, lentil and vegetables, tomato bisque, etc.*





Lutherfest Tickets Still Available!

Tickets for **Lutherfest**, a party to celebrate our Lutheran roots with a German emphasis, are going fast.

The party will be at 4 p.m. on Sunday, Oct. 4. The **\$20 ticket** includes a bratwurst dinner, entertainment, beer and root beer, plus a raffle of cool stuff and a mini live auction. *Beer is being provided by Fair Isle Brewery in Ballard.*

Tickets will be available before and after church on Sunday, September 28.

Note: *There is no online registration for this event. To reserve your tickets, email Fellowship Coordinator Sherry Grindeland at sherry@salc.hruch.*

Look for our raffle/auction display in the Narthex on Sunday to be inspired. It's not too late to donate items! Please let Kathy know what you're donating by October 1st. **Raffle Tickets are \$5 each or 5 for \$20!**

For more information or to volunteer check with Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church.

What's going to be available at our Lutherfest raffle and Auction??? Items are still coming in! Please have to the office by October 1st !!

- A beautiful handmade wooden jewelry box, made by Ron Ryan.
 - Value: priceless
- A "Bible Story" wall-hanging quilt completed by Dianne Chong w/ Bible story books.
 - *Value: \$300
- A Paella Party; July 25, 2026 at the Getzingers. First 12 to sign up @ \$100. Pp
 - FUN!!
- Wine ! (6 bottles of red from Linda W.'s wine cellar to yours)
 - Value: \$150
- Lunch for two (2) with Pastor Lara at the Nordstrom Grill, Bellevue Square.
 - Value: Priceless
- Half day of Tech assistance (computer/smart phone/internet) from Johannes G
 - Value: Priceless!
- A 3-night stay in Hood Canal (Brinnon, WA).
 - Value: \$1000
- A "Readers" package - handmade afghan, tea+cups, a couple of good reads.
 - Value: \$200
- A Wine Tasting Party Gift basket
 - Value: \$75

- “You might be Lutheran...” items from Old Lutheran
 - Value: \$65
- A Lantern Hill/Mexico gift basket
 - Value: \$60
- “Movie Night” basket with 2 DVD’s (Elio & Inside Out 2) signed by on of the storyboard artists + movie snacks.
 - Value: \$60
- Penzey’s Spices gift basket.
 - Value: \$75
- Two (2) tickets to Pacific NW Ballet “In the Upper Room” – November date. Includes access to the donor lounge, which allow the winner to join us in the Allen Room one hour before the show and at all intermissions for complimentary hors d’oeuvres, dessert, wine, coffee, and water.
 - Value: \$250
- Two tickets to the Seattle Symphony (choice of dates).
 - Value: \$120
- Two Tickets to one of the shows at Village Theater (2025-26 Season).
 - Value: \$266
- 4 tickets to the Seattle Seawolves Rugby in the 2026 season! *Voted the best Seattle Sports Team 2025 in the Seattle Times Best of the PNW!* Together we hunt.
- Framed original watercolor painting of 2 waterfowl. By Lowell Stime (former LBI professor) Value: \$300
- African fabric quilted Tote Bag w/ Address Book
 - Value: \$50
- Vintage Italian Inlaid Bar Cart
 - Value: \$1300
- Countdown to Christmas Basket
 - A German wooden ornament, a new Address Book to keep that card list up to date, Christmas potholders for all the baking ++ Value: \$50





Sam Wilder, a consultant with the City of Bellevue, wowed the September OWLS (Older Wiser Lutheran Saints) with a presentation about saving money and the environment at the same time. Sam sent us links to her other programs and information sites.

Plus she passed out some cool stuff!

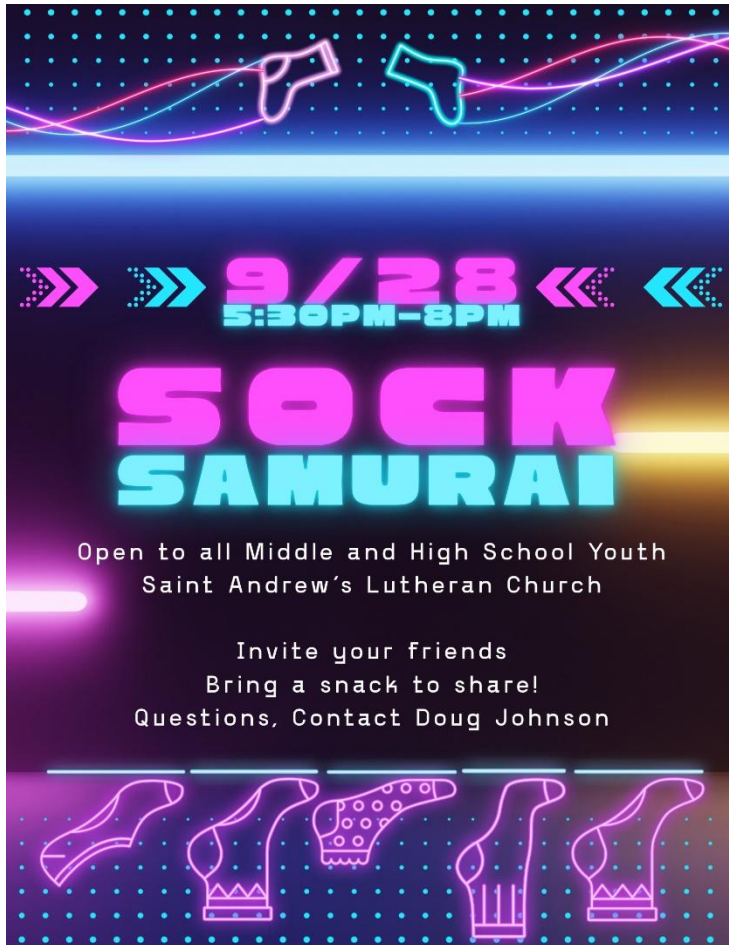
Resources from City of Bellevue for waste reduction and recycling

- Food storage
- King County Guide [Food waste prevention at home - King County, Washington](#)
- Eatbydate.com or stilltasty.com for specific date information
- Safer cleaning recipes
- [CleanGreenRecipeCard_Rev2020_English_FINAL.pdf](#)
- Recycling guide
- Service at home: [Solid Waste For Residents | City of Bellevue](#)
- Beyond home services: [Recycling and Safe Disposal for Unusual Items | City of Bellevue](#)
- City of Bellevue Classes
- Sam teaches classes for the City. They are free. They are fun. Some are via zoom and some in person. Everyone is welcome. Registration in link.
- [Greener Living Classes | City of Bellevue](#)



Sunday School returns October 5th !! We have great kids at Saint Andrew's who are excited about returning to Sunday school! We need **TEACHERS!!!** Can you contribute time to our youngest saints?? They have great, inquisitive minds and are fun to be around!! Curriculum is provided, you just need to like kids 😊 Contact Ann Thorpe (annthorpe@me.com) to be a teacher!

Youth & Family Ministry Events!!



2025 Synod Fall Youth Retreat

Registration is now open for the 2025 youth retreat at Black Diamond Camp, November 7-9. If you would like your youth to attend, please complete [this registration form](#) and return it to Doug by October 15. More information will be shared in the October Youth Newsletter.



Sunday, September 28
Adult Education Hour - 9:00 AM

Our **JEDI** (Justice, Equity, Diversity and Inclusion) Team is going to explore **White Christian Nationalism** - what is it, where did it come from and why Pastor called it an Idol in one of her Revelation sermons.

Be part of the conversation!
Coffee will be available.

Saint Andrew's in the Community:

Dave Vossler: The Board of Directors of the American Epilepsy Society; Professional Advisory Board of the Epilepsy Foundation of Washington.

Joyce Arnold: The Sophia Way support network member.

Kurt Lutterman: Vice Chair, City of Bellevue Environmental Services Commission

Are you involved with a community board/non-profit/organization? Let Kathy know!



ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:

The Eastside Lutheran Church Community (ELCC) has created a new logo and the website has been updated with events throughout the summer to mark on your calendars!

Be sure to check out the website [HERE](#).

NBCC
Senior Chorus

Fridays, 10:30 a.m.-12 p.m. | FREE!

The NBCC Senior Chorus is looking for new singers of all skill levels!

Every Friday morning, the chorus gathers at NBCC to sing and build community through music. This is an informal singing club that is open to everyone, no audition is required. With live piano accompaniment, the chorus enjoys a wide variety of music from the 1920s to the 1960s with a focus on classic tunes from the Great American Songbook. Participants may sing with the group, take a solo, or join a duet or serenade.

This is a free, drop-in program; no pre-registration is required. If you love making music and want to connect with some new friends, this could be a great group for you.

North Bellevue Community Center | Open to ages 55+
For more information, contact us at the NBCC front desk at 425-452-7681 or nbcc@bellevuewa.gov

King County
VSHSL Veterans, Seniors, & Human Services Levy

This program receives funding from the King County Veterans, Seniors, and Human Services Levy intended for those individuals aged 55 or older.

For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-7681 (voice) or email nbcc@bellevuewa.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.

ST. LUKE'S LUTHERAN CHURCH PRESENTS
LOVE & JUSTICE
Coffee House Night
SATURDAY | 10.11.2025
7:00 pm - 9:00 pm

OPEN MIC
WITH MUSIC FROM THE 1960'S-1970'S

MUSIC TRIVIA
ENJOY WITH FRIENDS & FAMILY

DESSERT
FROM THE DECADES TO TRY!

COFFEE & TEA

BRING YOUR FAVORITE MUG
SEE YOU THERE!

OPEN MIC REQUIRES SIGN-UP W/ CHERI PRIOR TO 10-11-25 AND NAME OF SONG TO BE PERFORMED

ST. LUKES LUTHERAN CHURCH
3030 BELLEVUE WAY NE BELLEVUE WA 98004

MORE INFORMATION
[|contact.cheri@slukes.org|](mailto:contact.cheri@slukes.org)

Weekly Calendar – You can access our full calendar [HERE](#).

Wednesday, September 24

10:00 AM Care Team meeting
7:00 PM JEDI meeting

Thursday, September 25

7:00 PM Choir Rehearsal

Friday, September 26

Office is closed.

Saturday, September 27

Sunday, September 28

9:00 AM Education Hour – JEDI program
10:00 AM Worship
5:30 PM Sock Samuri event

Monday, September 29

1:00 PM Staff meeting

Tuesday, September 30

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
7:00 PM Bell Choir

Wednesday, October 1

Thursday, October 2

2:00 PM Timber Ridge Worship
7:00 PM Choir rehearsal

Friday, October 3

Office is closed

Saturday, October 4

10:00 AM Spice Pack, Mt. Si
1:00 PM Lutherfest set up

Sunday, October 5

9:00 AM Education Hour
10:00 AM Worship
4:00 PM Lutherfest

Monday, October 6

10:00 AM Health & Wholeness meeting
1:00 PM Staff meeting
6:00 PM Finance Committee meeting
7:00 PM Executive Committee meeting

Tuesday, October 7

8:30 AM Tuesday Morning Men
10:00 AM Pastor's Bible Study
7:00 PM Bell Choir

Wednesday, October 8

10:00 AM Women's Book Group

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Soren Lester, Facilities Set-up

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

Find us on:



SALC Family Social Media Accounts:



**We are a Reconciling in Christ (RIC)
Congregation**



**Do you have an item for "Trendings"? Please send it to Kathy by 12 Noon on Tuesday
(kathy@salc.church)**